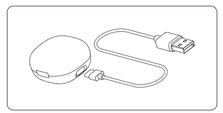
英语

Quick Guide of Smart Ring

Overview And Packaging

Ring, charging cable, charging case and quick guide.



Power On

Put the ring into the charging compartment and you can turn it on.

Wearing Method

Wear the ring on your suitable finger and choose a comfortable size.
Suggest wear it on the index finger, middle finger, and ring finger for better monitoring of data.

Please let the sensor on the inside of your fingers for more accurate measurement of heart rate and blood oxygen when wear it.

Connection

Search and download the app, open and pair rings.

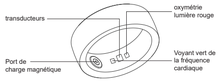
Download on the App Store
APP Store: QRing

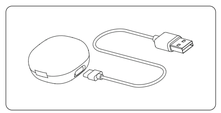
Android app on Google Play
Google Play: QRing

QRing

Vue d'ensemble et liste d'emballage

Anneau, câble de chargement, compartiment de chargement et guide rapide





Mise en marche

L'anneau est mis en marche en le plaçant dans le compartiment de charge.

Style de port

Portez la bague au doigt approprié et choisissez une taille confortable.
Il est recommandé de la porter à l'index, au majeur et à l'annulaire pour un meilleur suivi des données.

Portez le capteur à l'intérieur de votre doigt pour une mesure plus précise de la fréquence cardiaque et de l'oxygène dans le sang.

Connexion

Rechercher et télécharger l'APP, ouvrir et appairer la bague

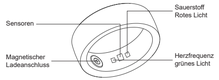
Download on the App Store
APP Store: QRing

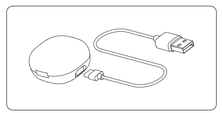
Android app on Google Play
Google Play: QRing

QRing

Übersicht und Packliste

Ring, Ladekabel, Ladefach und Kurzanleitung





Einschalten

Der Ring wird eingeschaltet, indem man ihn in das Ladefach legt.

Tragestil

Tragen Sie den Ring an Ihrem passenden Finger und wählen Sie eine bequeme Größe.
Es wird empfohlen, ihn am Zeige-, Mittel- und Ringfinger zu tragen, um die Daten besser überwachen zu können.

Bitte tragen Sie den Sensor auf der Innenseite Ihres Fingers, um eine genauere Herzfrequenz- und Blutsauerstoffmessung zu erhalten.

Quick Guide of Smart Ring

Anschluss

Suche und lade die APP herunter, öffne und kopple den Ring

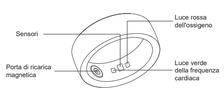
Download on the App Store
APP Store: QRing

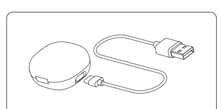
Android app on Google Play
Google Play: QRing

QRing

Panoramica e lista degli imballaggi

Anello, cavo di ricarica, scomparto di ricarica e guida rapida





Accensione

L'anello si accende inserendolo nel vano di ricarica.

Stile di utilizzo

Indossare l'anello sul dito adatto e scegliere una misura comoda.
Si consiglia di indossarlo su indice, medio e anulare per un migliore monitoraggio dei dati.

Per una misurazione più accurata della frequenza cardiaca e dell'ossigeno nel sangue, indossare il sensore sul lato interno del dito.

Connessione

Cercare e scaricare l'APP, aprire e associare l'anello

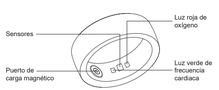
Download on the App Store
APP Store: QRing

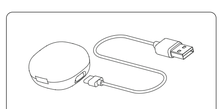
Android app on Google Play
Google Play: QRing

QRing

Descripción general y lista de embalaje

Anillo, cable de carga, compartimento de carga y guía rápida





Encendido

El anillo se enciende colocándolo en el compartimento de carga.

Estilo de uso

Póngase el anillo en el dedo que más le convenga y elija una talla cómoda.
Se recomienda llevarlo en los dedos índice, corazón y anular para una mejor monitorización de los datos.

Lleve el sensor en la parte interior del dedo para obtener una medición más precisa de la frecuencia cardíaca y el oxígeno en sangre.

Conexión

Buscar y descargar APP, abrir y emparejar el anillo

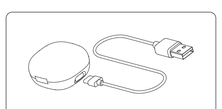
Download on the App Store
APP Store: QRing

Android app on Google Play
Google Play: QRing

QRing

概览与包装清单

戒指、充电线、充电仓和快速指南



开机

戒指放入充电仓即可开机

佩戴方式

将戒指佩戴在自己适宜的手指上，选择舒适尺寸
建议佩戴在食指、中指、无名指上，能够更好的监测数据

请将传感器佩戴在手指内侧，心率、血氧测量结果更准确

连接

搜索下载APP，打开并配对戒指

Download on the App Store
APP Store: QRing

Android app on Google Play
Google Play: QRing

QRing

Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide Reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

•Reorient or relocate the receiving antenna.

•Increase the separation between the equipment and receiver.

•Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

•Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by

ShenZhen YaWell intelligent Technology Co.,Ltd.

may void the FCC authorization to operate this device.Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.