

User Instructions

Please read the user instructions before using the FitRx PRO. Keep this manual for reference.

CAUTION

1. The battery should be fully charged before use.
2. To charge the battery, plug the USB-C cable into the charging port and the other into a USB power source.
3. The LED will flash while charging and then turn solid white once fully charged.
4. The average running time of the massage is 240 minutes depending on speed and pressure levels.

USING THE FITRX PRO

1. Select the message head you would like to use and insert it into the round hole in front of the massager.
2. Press and hold the on button to turn the massager ON. It will start at the lowest speed.
3. To increase the speed of the massage, press the power button.
4. Each press on the button will increase the frequency of your massage up to level 5.
5. Press the power button again to stop the massager and go into standby mode.
6. Press and hold the power button for three seconds to turn the massager OFF.
7. After five minutes of non-use, the massage gun will automatically power OFF.
8. The massage has a built-in protection mode that will turn the massage off after 15 minutes of continuous use.

Better Results For Your Fitness Goals

Included in your package

- FitRx PRO
- Charger
- Four message heads
- Manual
- Case
- Power cord

Use it the way you want

- Mobility & flexibility
- Pre-workout warm-up
- Post-workout recovery
- Bone-muscle relief
- Better blood circulation
- Athletic performance
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation

CUSTOMER SUPPORT

If you have any questions about setting up your FitRx PRO, we are here to help! Call or email us and we'll respond as fast as possible. Your satisfaction is our priority. We'll be happy to assist you! 1-855-10-TZUMI or www@tzumi.com

Adjusting the Massage Angle



- Turn the massager off before adjusting the arm angle.
- Press and hold the arm adjustment button, adjust the massage arm to the desired position and release the button.
- There are three angle adjustment options 0°, 45° and 90°.

User Manual

For more details on the FitRx family of products or to view more home and phone innovation visit tzumi.com

tzumi
live awesome.



Congrats!

You're now one step closer to improved physical fitness and overall wellness.

Created with you in mind, the **FitRx PRO** delivers results everyone will benefit from. Whether your goal is relief from workout fatigue or chronic joint pain, to improved athletic performance and blood circulation, or you just want a relaxing massage, we couldn't be happier to take this journey together while helping promote a healthier you from the inside out.

Welcome to the **FitRx PRO** Team.

Are you ready?

SPECIFICATIONS

Speed:
1000-3000 RPM

Stroke length: 6.5-Inch

Working time: 4 hours

BATTERY

Type: Lithium Ion

Capacity:
11,400mAh/22.2Wh

Input: 5V/2A

Charging time: 4 hours

**relieve.
recover.
relax.**

Disclaimer

Read the instructions carefully before using the massager. The use of the equipment is subject to following the instructions closely. Tzumi is not liable for any damage or loss caused by inappropriate use of the device.

Do not use the massager without the approval of your doctor if you are pregnant, diabetic, have a pacemaker, recovering from surgery, suffer from neuropathy, disorders, disc protrusion or spinal inflammation. If you feel pain or discomfort while using the massager stop using it immediately and consult your doctor or physiotherapist.

FitRx PRO Massage Massager Gun. Don't hesitate to turn us on! © 2020. All rights reserved. All trademarks and trade names are the property of their respective owners. All other names and trademarks are the property of their respective owners. Actual product may vary due to product development. Subject to change without prior notice.

Safety Instructions

To reduce the risk of electric shock, fire, and injury follow these instructions carefully.

- This device is recommended to be used by adults only.
- Do not use the massager directly on the surface of your skin. To avoid injury the massaged area should be covered by clean clothes or a dry towel.
- Briefly press and move the massager. Do not massage the same part of the body for more than 60 seconds.
- Use high speed on soft body tissue only. Do not use high speed and pressure on the head, bones, and joints.
- Always choose the right massage head for the respective body part.
- Frequent use of high pressure may cause abrasions. If you experience pain or discomfort stop using the massager immediately.
- The massager should not be submerged in water. Do not allow water or other liquids to enter the vent of the massager.
- Do not modify or make changes to the device's equipment.
- Do not charge or leave the device ON while unattended.
- As a safety measure, if the massager is pressed too strong it will automatically turn off. Press the speed button to turn it back on.

WARNING: The use of this device for massage on injured part of the body should be avoided without consulting your doctor.

MAINTAINING THE MIDDLE MASSAGE GUN

To keep this device in pristine condition, wipe it's surface with a slightly damp towel and dry it with a soft cloth. Keep this device away from liquids and heat.

Get to Know Your FitRx PRO

The **FitRx PRO** is your new portable solution for personal fitness, relaxation, and physical therapy needs. Multi-level percussive frequencies penetrate deeply into your muscles and fascia to help with long lasting pain relief, decreasing tension, improving blood circulation, and reducing inflammation of hard to reach areas. Equipped with four massage heads that target specific areas on your body, the **FitRx PRO** has the precision you need and want.

Multipurpose Performance and Power

- ➔ **Elevate your workouts:** Reduce muscle tension improve flexibility, and reduce your chances of injury.
- ➔ **Recover faster and better:** Decreases inflammation, looses tight joints, and break down scar tissue.
- ➔ **Relieve your pain:** Effectively treat trigger points, sore muscles and chronic pain caused by tendinitis, bursitis, carpal tunnel, and more.
- ➔ **Relax more:** Boost your circulation and immune system, reduce stress levels, and get better sleep.

Note: Please consult with your doctor or physician before use of the FitRx PRO if you have any injuries or medical conditions that may be of concern. This is not a medical device.

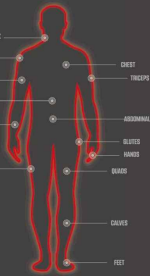
Versatile Precision Therapy

Four message heads are included to target specific areas of the body - ensuring specialized recovery and relief.



Total Body Fitness & Recovery

The **FitRx PRO** is an absolute game changer in rehabilitation and sports performance. Massage guns are proven to significantly boost athletic performance and reduce muscle soreness. The **FitRx PRO**'s benefits are for everyone—from office and labor workers to professional athletes, weightlifters, and endurance athletes.



FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following

two conditions: (1) This device may not cause harmful interference, and (2) this device

must accept any interference received, including interference that may cause undesired

operation.

This equipment has been tested and found to comply with the limits for a Class B digital

device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the

user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications not expressly approved by the party responsible

for compliance could void the user's authority to operate the equipment.