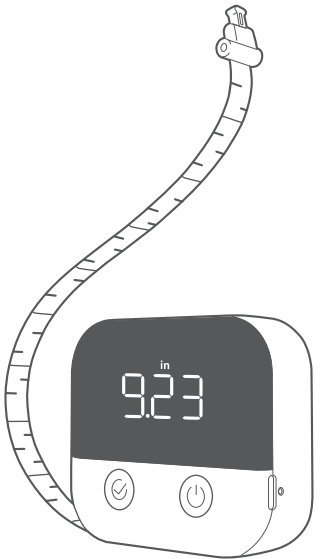


Smart Health Simplified

User Manual



Model: ER308UWB

SMART BODY TAPE MEASURE

IMPORTANT SAFETY INSTRUCTIONS

READ ALL INSTRUCTIONS CAREFULLY BEFORE USE.

DO NOT use this device for any purpose other than outlined in this manual.

The device is not intended for use by children aged 8-12 or persons with reduced physical, sensory or cognitive capabilities unless they have been given supervision or instructions concerning the use of the device in a safe way and understood the hazards involved.

Children should be supervised to ensure that they do not play with the device.

DO NOT disassemble / modify the device. There are no user-serviceable parts inside.

DO NOT subject, expose the device to extreme conditions: extreme temperatures beyond operating temperatures, high vibrations, dusty areas, humid conditions (including any liquid) or direct sunlight.

DO NOT use excessive force on the gear or pull the tape over 150cm/60inch. Stretching the tape or grinding the gear can damage the device permanently.

DO NOT fold or twist the tape to avoid permanent damage.

Be very careful when measuring neck circumference. The tape may accidentally cause choking.

Be cautious when retracting the tape to avoid minor injuries.

Do not heat, short-circuit, force discharge, encapsulate and/or modify the battery. Do not deform or dismantle the battery.

Be aware of the risk of terminals of the battery-operated device or battery being short-circuited by metal objects.

A lithium battery with a damaged container should not be exposed to water.

Only use the provided charging cable and charger (DC 5V 0.5A, not included) to charge the device.

SAVE THESE INSTRUCTIONS

01



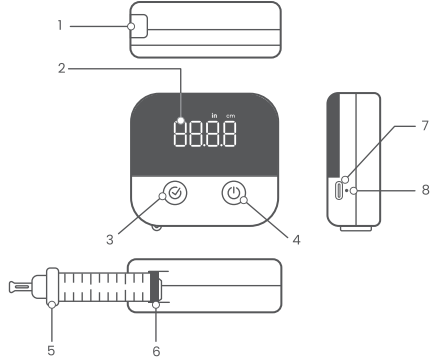
WHAT'S IN THE BOX

Smart Body Tape Measure x1

USB-C Charging Cable x1 (For charging only, not for data transfer)

User Manual x1

ABOUT YOUR SMART TAPE



02

Retract Button

Press to retract the tape

LED Display

Confirm Button

Press to confirm the measurement

Press and hold for 3 seconds to zero the measurement

Power Button

Press to turn on / switch the units

Press and hold for 3 seconds to turn off

Locking Pin

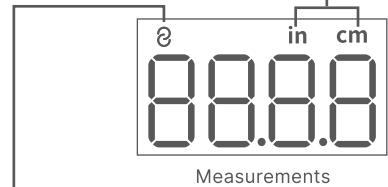
Tape Receptacle

USB-C Charging Port

Reset Button

To reset the device, insert a pin (not included) into the Reset Button, press and release.

LED DISPLAY

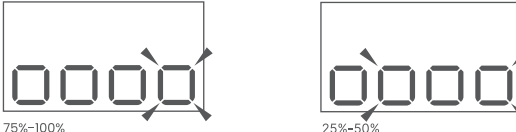


Measurements

 The tape is not connected with app.

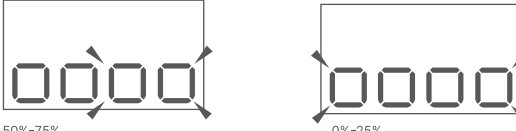
 The tape is connected with app.

03



75%~100%

25%~50%



50%~75%

0%~25%



Low battery. Charge the device.

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Smart Health Simplified

US Importer: JOICOM CORPORATION

14129 The Merge Street, Building 3 Unit A, Eastvale, CA 92880

Manufactured by:

Guangdong Welland Technology Co., Ltd.

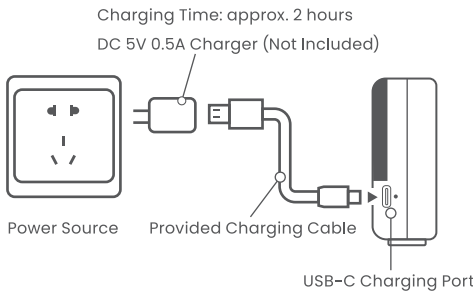
NO. 85 Minke East Road, Min Ying Science and Technology Park, Shiqi District,Zhongshan, Guangdong, China, 528400

Made in China

NA1

成品尺寸	110 x 80 mm
	铜版纸128g
	无
	四色印刷
装订方式：风琴页	

CHARGING YOUR SMART TAPE



Charging Time: approx. 2 hours

DC 5V 0.5A Charger (Not Included)

Power Source

Provided Charging Cable

USB-C Charging Port

INSTALLING THE APP & PAIRING

1. Download the Renpho Health App

Scan the QR code below or search for “Renpho Health” from the App Store or Google Play to download the app.

System requirement: iOS 12.0 or later, Android 7.0 or later



Note: Due to continuous updates and improvements, the “Renpho Health” App may appear slightly different.

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2. Log in / Sign up

Log in directly with an existing Renpho App account.

If you do not have any Renpho App account, tap “Sign up” using your email address and fill in the personal information; this step is required for calculating your health measurements accurately.

Note: You may also log in using Guest Mode if you do not wish to measurement data will not be saved if you log it in on another device.

3. Connect the Tape with the App

Before pairing, enable the wireless setting on your smartphone.

Open the Renpho Health App and press Power Button.

Tap “+” in the upper-right corner of the “Home” page and select your smart tape from the device list.

Follow the in-app instructions to complete pairing.

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USING YOUR SMART TAPE

Press Power Button to turn on the smart tape. When”“on the smart tape display turns solid, it indicates a successful connection.

Press Power Button again to choose the unit (in/cm) you prefer.

Once the device is connected, tap the body part name on the App.

Press the locking pin until a “click” is heard, pull out the tape and wrap it around your target body part.

Insert the locking pin into the receptacle until a “click” is heard.

Press Retract Button to tighten the tape and press Confirm Button to get your measurement on the tape display or App.

Tap “ Save ” on the app to save all the measurements.

Note:

If the smart tape is turned on and left idle, it will shut off automatically after 20 seconds.

After measuring, retract the tape for easy storage and to keep it in good condition.

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TECHNICAL SPECIFICATIONS

Product Name: Smart Tape

IC: 29649-ER308UWB

HVIN: ER308UWB

Model Name: ER308UWB

PMN: ER308UWB

Unit: cm / in

Size: 73.5 x 68 x 27mm / 2.9 x 2.6 x 1in

Measuring Range: 150cm / 60in

Resolution: 1mm, 1/16in

Accuracy: ±3mm, ±3/32in

Working Temperature: 0°C~40°C / 32°F~104°F

Working Humidity: 40%~85%

Battery Capacity: 300mAh 1.11Wh

Input: 5V  0.5A

FCC Regulatory Compliance

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is

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encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

RF Exposure Compliance

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED Regulatory compliance

This device contains licence-exempt transmitters that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s).

Operation is subject to the following two conditions:

(1) This device may not cause interference.

(2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

(1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.

Cet équipement est conforme aux limites d'exposition aux radiations IC CNR-102 établies pour un environnement non contrôlé.

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WARRANTY POLICY

Your RENPHO product purchase is covered by a one-year limited manufacturer warranty from the date of delivery.

For warranty terms and conditions, please visit:

<https://renpho.com/pages/warranty-terms-and-conditions>

Note: Product registration is not required for the warranty.

If you choose not to register your product, it will not void the product warranty.

CUSTOMER SERVICE

Please feel free to contact us if you have any questions or concerns.

RENPHO Customer Service Team guarantees a quick response and hassle-free solutions to any issue you may have within business hours.

 TEL: +1(844) 417 0149 (US&CA)

Monday-Friday 9:00AM-4:30PM

1800 MY RENPHO (1800 69 7367) (AU ONLY)

Monday-Friday 9:00AM-6:00PM (AEST)

 Email: support@renpho.com (US&CA)

support-au@renpho.com (AU)

*For defective products or the return of items, please contact us with your order number within the specified warranty period. DO NOT dispose of any product parts as they may be required for inspection/repair.

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