

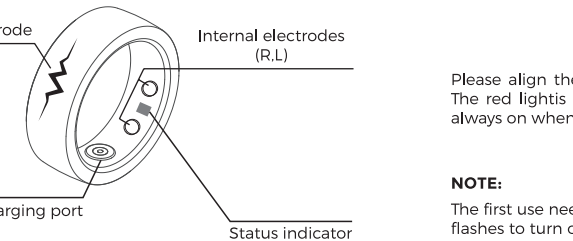
Smart Ring R1E



USER GUIDE

Please read the user manual thoroughly before use and keep it for future reference.

INTRODUCTION OF COMPONENTS



CHARGING METHOD

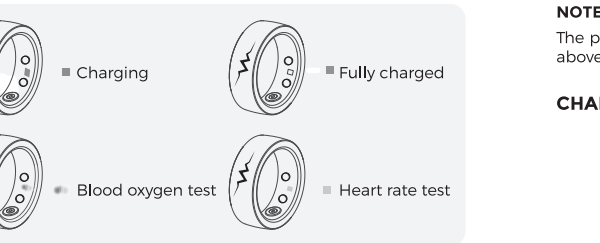


Please align the magnetic charging port with the charging pin. The red light is always on when charging, and the green light is always on when fully charged.

NOTE:

The first use needs to be charged and activated, and the ring light flashes to turn on, and it will automatically shut down when there is no power.

- The red light is always on when charging, and the green light is always on when fully charged.
- The green light flashes during the heart rate test and the traffic light flashes during the blood oxygen test.



NOTE:

Check the power level on the power icon in the upper right corner of the main page of the APP. The charging time is about 30 minutes.

SOFTWARE DOWNLOADS

1. Method 1: Scan the QR code with your mobile phone to download the APP.
2. Method 2: Use the App store to search for the iPhone "HealthWear" download and install.
3. Android phones select Google Play and search for "HealthWear" download and install.



NOTE:

The phone needs to support iOS 12.0 and above, Android 8.0 and above, and support Bluetooth Version 5.1 or later.

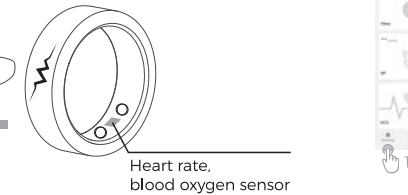
CHARGING METHOD



1. Click Home.
2. Tap on the ring icon.
3. Find the device with the Bluetooth name R1E and tap Connect.

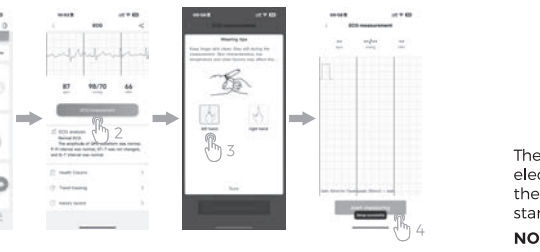
WEARING STYLE

Choose a comfortable size and wear the ring on the fingers that suit you. It is recommended to wear it on the index finger, middle finger, and ring finger for better data monitoring.



Please wear the sensor on the inside of your finger for more accurate heart rate and blood oxygen measurement.

ELECTROCARDIOGRAM(ECG) TEST



1. Click on the ECG icon on the home page.
2. Click on ECG measurement.
3. Choose to wear your left and right hands.
4. Click Measure.

OTHER FEATURES

Heart rate

On the APP homepage, click the heart rate to start measurement, and the indicator light will turn green to start testing.

Blood oxygen

Click on the homepage of the APP to start the measurement of blood oxygen, and the indicator light will turn red and green to start testing.

Body temperature

On the APP homepage, click on the body temperature to start the measurement, and the indicator light will turn green to start the test.

Sleep

The complete sleep cycle is recorded in real time, and the scientific algorithm analyzes the duration of each stage such as awake, light sleep, and deep sleep, and generates record charts.

Step counting

Record the number of steps per hour in real time, generate a step record chart, and automatically synchronize the data after connecting to the APP.

Blood pressure measurement

On the homepage of the APP, press to start measuring blood pressure. When the indicator light turns green, you can begin the test.

Blood glucose measurement

On the homepage of the APP, click on the blood glucose to start the measurement, and the indicator light will turn green to start the test.

NOTE:

For the first time, please use professional medical equipment to collect numerical calibration reference values, and the measured values are for reference only and cannot be used as medical values.

PRECAUTIONS

1. Before using and operating the equipment, please read and observe the following precautions to be sure ensure optimal performance of your equipment and avoid dangerous or illegal situations.
2. In daily use, please choose the size suitable for your fingers, avoid wearing too tight, please protect hold the dry contact part of the ring, and wipe it dry in time after contact with water. If there is redness and swelling at the contact site. If you have any symptoms, discontinue use immediately and consult a physician.
3. This product is not a medical device, and the measurement results are for reference only and are not intended for any medical use or basis. Please follow your doctor's guidance and do not self-diagnose and treat based on the test results.

FCC WARNING

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any

interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.