W09

打开包装，按步骤将表带
连接到智能手表。

在手机上下载Metawatch
APP，并打开链接手表

Metawatch

若要充电，请将磁吸线放在手表背面电极上

1.手表与手机的连接

1.1手机下载"Metawatch"APP到手机上并安装可在APP 商城直接搜索"Metawatch"进行下载也可扫描以下二维码跳转连接下载(浏览器、微信等都可扫码)

1.2连接手表

❖ 扫码连接：

■ 首次开机/恢复出厂设置时开机连接:开机选择语言后，弹出下载APP二维码+配对二维码直接使用APP扫描配对二维码添加设备即可，可根据手表上的视频提示来完成。

■ 常规使用连接:打开设置--通用--连接手机，可查看下载APP二维码+配对二维码。直接使用APP扫描配对二维码添加设备即可，可根据手表上的视频提示来完成。

2.主要功能

2.1表盘

2.1.1 内置表盘：内置多个视频表盘和静态表盘，不可更换；

2.1.2 表盘市场：APP内置表盘商城，可下载多个视频表盘和静态表盘，可自由更换。

2.2基础功能

2.2.1 菜单方式：内置三种菜单风格，可切换菜单风格；

2.2.2 组件管理：表盘快捷功能，支持心率、睡眠等功能；

2.2.3 消息提醒：可同步手机端推送消息内容；

2.2.4 设置：抬腕亮屏、亮度调节、息屏时间、健康提醒、语言、按键定义、声音与振动、勿扰式连接手机、关机、重启、关于手表、时间设置、恢复出厂等；

2.2.5 快捷功能：蓝牙通话、找手机、支付宝、抬腕亮屏、设置等。

2.3运动

2.3.1 包含多种运动模式：室内跑步、室内骑行、室外骑行、健步、足球、羽毛球、篮球等。

2.4 健康监测

2.4.1 睡眠监控：每天 上到第二天早上会记录您的睡眠时长跟质量，帮助您更好的调整您的作休时间，提高睡眠质量。在睡眠功能界面，查询关于睡眠功能的选项；

2.4.2 心率：将手表贴紧手腕，最佳佩戴位置在手腕骨靠手臂上方，可测出实时的心率值，一般人正常值为60-90次/分；

2.4.3 血氧：将手表贴紧手腕，最佳佩戴位置在手腕骨靠手臂上方，可测出血氧值；

2.4.4 呼吸训练：能快速放松自己，缓解压力以及能快速给身体补充氧气的方式。

2.5日常工具

2.5.1 天气：连接天气APP可同步天气；

2.5.2 音乐播放器：支持本地播放，通过手机APP下载音乐到手机，即可本地播放音乐；

2.5.3 查找手机：手机非静音状态下，操作手表，使手机响铃；

2.5.4 支付宝：手表支付宝，可绑定手机支付宝，二维码支付功能；

2.5.5 秒表：支持秒表计时；

2.5.6 电话：连接手机通话蓝牙，可以在手机端实现通话；

2.5.7 闹钟：支持手表设置闹铃；

2.5.8 计算器：可进行简易计算。

2.5.9 指南针：户外运动的向导

2.5.10 小游戏：多款经典小游戏

2.5.11 拍照预览：打开APP:拍照时可以在手表端预览 。

2.5.12 视频播放：可以支持AVI格式的小视频播放，通过指定链接下载视频转换器，把视频文件转换成AVI格式。

2.5.13 蓝牙连接：可连接蓝牙耳机

3.支付宝（付款码）

3.1绑定支付宝

在手表应用列表中选择支付宝，根据屏幕提示操作，直至屏幕显示 扫码开始绑定二维码。

打开支付宝App，扫描手表上的二维码，根据提示绑定手表。

根据支付宝App界面提示，完成绑定操作。

手表在与手机、平板断连、无网、离线的情况下也可以完成支付。

若未存入零花钱绑定，则使用手表二维码付款的扣款顺序与手机支付宝本身设置的扣款方式顺序一致。

4.2扫码付款

手表与支付宝App绑定成功后，购物时，只需在手表滑至支付宝界面，向商家出示手表上的支付宝二维码或条形码，即可完成支付。

在手表应用列表或下拉快捷栏中，选择支付宝。双击手表下按键可直接打开支付宝左右滑动选择二维码或条形码付款，商家扫描即可完成支付。

注意事项

1、本产品的测量结果仅供参考，不作为任何医疗用途及依据。请遵从医生指导切不可依此测量结果自我诊断及治疗。

2、本产品不可用于深度潜水以及长时间泡在水中。另外，本产品不防热水，因为水蒸气会对手环造成影响。

3、本公司保留不作任何通知的情况下，对本说明书内容进行修改的权利，恕不另行通知。部分功能在对应的软件版本中有区别，为正常情况。

基本参数

机身材质:锌合金+IML注塑工艺	智能手表尺寸:46*38*11 .4mm
电池容量:350mAh	表带材质:食品级硅胶
设备要求:Android5.0或IoS10.0及以上版本	蓝 牙:BT5.2

注意危险

1、请勿在潮湿有水的环境下充电；

2、请确保手表背面与无线充电器表面干净完全接触；

3、请定期用干净的绒布清洁手表背面和无线充电器表面确保手表和无线充电器表面完全接触以保证正常充电；

4、本产品不配备电源适配器，为了保证家人及财产安全，在充电时，可以使用电脑USB 接口或选用输出不超过5V—1A的电源适配器。请通过正规渠道购买电源适配器，杜绝使用低质、伪劣的电源适配器避免引起爆裂或起火；

5、电池(或电池组)不得暴露在高温环境下使用；

6、用错误型号电池更换会有爆炸危险，务必按照说明处置用完的电池；

Open the package and follow the steps to connect the strap to the smartwatch.

Downloading "Metawatch APP" on your mobile phone and open the linked watch.

Metawatch

To charge it, place the back of the watch on the wireless charger

1. Watch and mobile phone connection

1.1 Downloading "Metawatch"on your mobile phone and installing it can be done by searching "Metawatch" in the app store
Download can also scan two-dimensional code jump connection download (browser, wechat, etc can scan code)

1.2 Connecting the Watch

❖ Scanning code connection:

■ Startup connection for first startup/factory Settings restoration: After language selection, APP QR code + paired QR code will pop up
You can directly use the APP to scan the matching QR code and add the device

■ Use connection: Open Settings -- General -- connect your phone, and you can view the QR code for downloading APP + QR code for pairing. The name of the device will be displayed below the matching QR code, and the device can be added to the APP. After scanning the corresponding device, the device can be connected

2.Main function

2.1 Dial

2.1.1 Built-in dial: built-in dial,can be freely replaced;

2.1.2 Dial market :APP built-in dial mall,download dial,free replacement;

2.2 Basic functions

2.2.1 Menu Mode: Built in three menu styles that can be switched;

2.2.2 Component management: dial shortcut function, supporting functions such as heart rate and sleep;

2.2.3 Message reminder: can synchronize the content of mobile push messages;

2.2.4 Settings: wrist up screen, brightness adjustment, screen rest time, health reminder, language, button definition, sound and vibration, undisturbed connection to phone Shutdown, restart, watch settings, time settings, factory restoration, etc;

2.2.5 Shortcut functions: Bluetooth call, looking for mobile phone, Alipay, raising wrist to light the screen, setting, etc.

2.3 Exercise

2.3.1 Includes a variety of sports modes: indoor running, indoor cycling, outdoor cycling, hiking, football, badminton, basketball, etc.

2.4 Health

2.4.1 Sleep monitoring: Every night until the next morning, your sleep duration and quality will be recorded to help you better adjust your rest time and improve sleep quality. In the sleep function interface, search for options related to sleep function;

2.4.2 Heart rate: Place the watch tightly against the wrist, with the best wearing position above the wrist bone and arm. Real time heart rate values can be measured, with a normal value of 60-90 beats per minute for most people;

2.4.3 Blood oxygen: Place the watch tightly against the wrist, with the best wearing position above the wrist bone and arm, to measure the blood oxygen value;

2.4.4 Breathing training: a way to quickly relax oneself, relieve stress, and quickly replenish oxygen to the body.

2.5 Tools

2.5.1 Weather: Connect to the weather app to synchronize the weather;

2.5.2 Music player: supports local playback, and music can be downloaded to the phone through the mobile app to play locally;

2.5.3 Search for mobile phone: When the phone is not in a silent state, operate the watch to make the phone ring;

2.5.4 Alipay: watch Alipay, which can be bound to mobile Alipay, QR code payment function;

2.5.5 Stop watch: can support stopwatch timing;

2.5.6 Telephone: Connect to a mobile phone for Bluetooth calls, which can be achieved on the mobile phone;

2.5.7 Alarm clock: supports watch setting alarms;

2.5.8 Calculator: can perform simple calculations。

2.5.9 Compass: Outdoor sports guide

2.5.10 Games: A variety of classic games

2.5.11 Photo Preview: Preview the photos taken on the app.

2.5.12 Video Playback: Support AVI format video playback (provide the link to download the video converter to convert the video to AVI format)

2.5.13 Bluetooth connection: The watch can be directly connected to the Bluetooth headset

Watch out for danger

1. Don't charge in a humid environment;

2. Please ensure that the back of the watch is in clean and complete contact with the surface of the wireless charger;

3. Please regularly clean the back of the watch and the surface of the wireless charger with clean flannelette to ensure that the watch and the wireless charger fully contact the normal charging;

4. This product is not equipped with a power adapter, in order to ensure the safety of family and property, when charging, you can use the computer USB interface or choose to lose Power adapters not exceeding 5V-1A are supplied. Please purchase power adapters through regular channels. Do not use inferior power adapters to avoid bursting or fire.

5. The battery (or battery pack) shall not be exposed to high temperature environment for use;

6. With the wrong type of battery replacement will have explosion risk, be sure to dispose of the battery according to the instructions;

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

Radiation Exposure Statement
The device has been evaluated to meet general RF exposure requirement in portable exposure condition without restriction.

W09