

 使用指南 USER GUIDE  扫描二维码下载	【手表充电与激活】 1. 将手表充电线插入手表背面充电触点。 2. 将充电线另一端插入USB充电器。 3. 长按手表侧键，直至手表屏幕亮起并显示激活界面。 	【快速上手】 1. 长按手表侧键，直至手表屏幕亮起并显示激活界面。 2. 按照屏幕提示，完成初始设置。 	【手表操作指南】 1. 手表支持多种表盘，可通过长按侧键进入表盘选择界面。 2. 手表支持多种天气显示，可通过长按侧键进入天气设置界面。 	【手表功能简介】 1. 心率监测：通过光学心率传感器，实时监测心率。 2. 血氧监测：通过光学血氧传感器，实时监测血氧饱和度。 	【手表功能简介】 1. 睡眠监测：通过加速度传感器，实时监测睡眠质量。 2. 压力监测：通过压力传感器，实时监测压力水平。 	【手表功能简介】 1. 运动模式：支持多种运动模式，如跑步、骑行、游泳等。 2. 运动数据：记录运动时间、距离、速度等数据。 	【手表功能简介】 1. 天气显示：支持多种天气显示，如晴天、雨天、雪天等。 2. 天气提醒：当天气发生变化时，手表会通过震动提醒用户。 	【手表功能简介】 1. 消息提醒：支持来电、短信、微信、QQ等消息提醒。 2. 闹钟功能：支持定时闹钟、智能闹钟等。 	【手表功能简介】 1. 蓝牙连接：支持蓝牙连接手机、电脑等设备。 2. 无线充电：支持无线充电功能。 	【常见故障与解决】 1. 手表无法开机：检查手表是否电量耗尽，尝试充电后开机。 2. 手表无法连接手机：检查手机蓝牙是否开启，尝试重新配对。	【常见故障与解决】 1. 手表无法连接电脑：检查电脑USB接口是否正常，尝试更换接口。 2. 手表无法同步数据：检查手表与手机是否连接正常，尝试重新同步。	【维护与保养】 1. 避免手表接触水、火、电等危险源。 2. 避免手表接触腐蚀性液体、气体等。	【维护与保养】 1. 避免手表接触水、火、电等危险源。 2. 避免手表接触腐蚀性液体、气体等。	【产品保修】 1. 本产品享受一年质保服务。 2. 质保期内，非人为损坏，可免费维修或更换。
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 USER MANUAL SMART WATCH	Downloading the App Scan QR code and download 	Charging and Active When the battery is low, the watch will vibrate and the screen will show a low battery warning. Please charge the watch in time. 	Pairing 1. Turn on the Bluetooth of your smartphone. 2. Open the Smart Watch App and click "Pairing". 3. Select the watch from the list of devices. 4. Confirm the pairing code on the watch screen. 5. The watch is successfully paired with the smartphone.	Use the Touch Screen The watch screen is a touch screen. You can touch the screen to operate the watch. 	Smart Watch Features Step 1: Press the power button to turn on the watch. Step 2: Press the touch screen to enter the main menu. Step 3: Press the touch screen to select the function you want to use.	Smart Watch Features Smart Watch Time: The watch can display the time in 12-hour or 24-hour format. You can set the time zone and the date. Smart Watch Alarm: The watch can set an alarm. You can set the alarm time and the alarm sound.	Smart Watch Features Smart Watch Weather: The watch can display the weather forecast. You can set the weather forecast location and the weather forecast period.	Smart Watch Features Smart Watch Heart Rate: The watch can monitor your heart rate. You can set the heart rate monitoring mode and the heart rate monitoring interval.	Smart Watch Features Smart Watch Sleep: The watch can monitor your sleep. You can set the sleep monitoring mode and the sleep monitoring interval.	Smart Watch Features Smart Watch Messages: The watch can receive and send messages. You can set the message notification mode and the message notification interval.	Smart Watch Features Smart Watch Phone Calls: The watch can make and receive phone calls. You can set the phone call notification mode and the phone call notification interval.	Smart Watch Features Smart Watch App Control: The watch can control the smart home appliances. You can set the smart home appliance control mode and the smart home appliance control interval.	Getting to Know Your Device The watch is a smartwatch. It can be used to monitor your health, receive messages, and control smart home appliances. It is a convenient and useful device.	General Data & Specifications Model: Smart Watch Material: Plastic Color: Black, White, Gold Size: 42mm x 42mm x 12mm Weight: 45g Screen: 1.3 inch, 240 x 240 pixels Battery: 200mAh, 1-2 days Charging: USB Type-C Bluetooth: 4.2 GPS: No Waterproof: IP68	Maintenance Please keep the watch clean and dry. Do not use harsh chemicals to clean the watch. Please avoid wearing the watch in the shower or in the pool. Please avoid wearing the watch in the rain.	Maintenance Please keep the watch clean and dry. Do not use harsh chemicals to clean the watch. Please avoid wearing the watch in the shower or in the pool. Please avoid wearing the watch in the rain.	Maintenance Please keep the watch clean and dry. Do not use harsh chemicals to clean the watch. Please avoid wearing the watch in the shower or in the pool. Please avoid wearing the watch in the rain.
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Bluetooth version	Bluetooth 4.2
Operation Frequency	2402~2480 MHz
Modulation Type	GFSK
Number Of Channel	40
Antenna Type	Monopole
Antenna Gain	0dBi
Max. E.I.R.P	-4.76dBm

CE Maintenance

EUT Operating temperature range: -10°C to 50°C

Power supply: DC 3.7V

The device complies with RF specifications when the device used at less than 20cm from your body.

Declaration of Conformity

Shenzhen Chiteng Technology Co., Ltd. hereby declares that this equipment is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU. This product is allowed to be used in all EU member states.

Manufacturer: Shenzhen Chiteng Technology Co., Ltd.

Address: 2/F, 4A Block, Huiye Technology Park, No. 8 Huiye Road, Guang Ming New District, Shenzhen, China



This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
 - (2) this device must accept any interference received, including interference that may cause undesired operation.
- Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15

of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.