

Quick Start Guide

For full user manual, scan the QR code on the right, or visit "help.runmefit.com"



FCC ID:2ASAU-GTS12
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V1

⚠️ Activate Your Watch

Please charge your watch to activate it before first use.

⚡ Charge Your Watch

- (1) Plug the magnetic charging cable into USB power adapter.
- (2) Attach the other end of the cable to your watch, make sure it is firmly connected.
- (3) Charge your watch for a few minutes until the screen turns on. A full charge may take 1.5 to 2 hours.

Note:

- Before charging, please clean your watch's charging contacts to remove any sweat or moisture.
- After fully charging, disconnect your watch from the charging cable.

⬇️ Download the Runmefit App

Download the "Runmefit" app from Google Play or the App Store, or you can scan the QR code below to get the app.



🔗 Pair with the App

Pair your watch in the "Runmefit" app is required.

- (1) Open the "Runmefit" app, tap the "+" icon in the upper right corner of "Home" to search for your device.
- (2) Select your device name from the Bluetooth list, and confirm the pairing request on your watch.

* You can also tap "📄" icon to scan the QR code on your watch to pair.

Watch Crown and Button



Rotate	Browse menu
Press	View watch face Menu list Return to home screen
Press and hold	Power on/off SOS call

Precautions

- DO NOT attempt to disassemble the device or replace the built-in battery.
- Keep away from high temperatures to prevent damages or safety risks.
- This product is water resistant, but is NOT suitable for bathing, diving, surfing, swimming, skiing, or any hot and steamy activities. Damage to the device structure may affect its water resistance performance.
- This product is NOT a medical device. All data and measurements are not intended for medical use.

Learn More

- To learn more about settings and features or for tech support, you can scan the QR code on the right to visit our help center "help.runmefit.com".
- To share your feedback, navigate to "My" > "Question and help" in the Runmefit app.



FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition, compliance with exposure requirements.