

Test Report

FCC ID: 2ASTA-LIFECONNECT

Date of issue: Apr. 02, 2019

Report Number:	MTi190328E124
Sample Description:	Health and Wellness band
Model(s):	LifeConnect, 00857013006204
Applicant:	Life365, Inc.
Address:	80 East Rio Salado Parkway, #711 Tempe, Arizona, USA 85281
Date of Test:	Mar. 21, 2019 to Apr. 02, 2019

Shenzhen Microtest Co., Ltd.
<http://www.mtitest.com>

This test report is valid for the tested samples only. It cannot be reproduced except in full without prior written consent of Shenzhen Microtest Co., Ltd.

Table of Contents

1	GENERAL DESCRIPTION	4
1.1	FEATURE OF EQUIPMENT UNDER TEST (EUT).....	4
1.2	OPERATION CHANNEL LIST	4
1.3	TEST CHANNEL LIST	4
1.4	ANCILLARY EQUIPMENT LIST.....	4
1.5	DESCRIPTION OF SUPPORT UNITS	5
1.6	EUT OPERATION MODE	5
2	SUMMARY OF TEST RESULT	6
3	TEST FACILITIES AND ACCREDITATIONS	7
3.1	TEST LABORATORY	7
3.2	ENVIRONMENTAL CONDITIONS	7
3.3	MEASUREMENT UNCERTAINTY.....	7
3.4	TEST SOFTWARE	7
4	LIST OF TEST EQUIPMENT	8
5	TEST RESULT	9
5.1	ANTENNA REQUIREMENT	9
5.1.1	<i>Standard requirement</i>	9
5.1.2	<i>EUT Antenna</i>	9
5.2	CONDUCTED EMISSION	10
5.2.1	<i>Limits</i>	10
5.2.2	<i>Test setup</i>	10
5.2.3	<i>Test procedure</i>	11
5.2.4	<i>Test results</i>	12
5.3	RADIATED EMISSIONS	14
5.3.1	<i>Limit</i>	14
5.3.2	<i>Test Procedure</i>	14
5.3.3	<i>Test Setup</i>	15
5.3.4	<i>Test Result</i>	16
5.4	FIELD STRENGTH OF FUNDAMENTAL EMISSIONS	18
5.4.1	<i>Limits</i>	18
5.4.2	<i>Test Setup</i> :	18
5.4.3	<i>Test Procedures</i>	19
5.4.4	<i>Test Result</i>	19
5.5	20DB BANDWIDTH	20
5.5.1	<i>Limit</i>	20
5.5.2	<i>Requirement</i>	20
5.5.3	<i>Test Procedure</i>	20
5.5.4	<i>Test results</i>	21
5.6	FREQUENCY STABILITY	22
5.6.1	<i>Limit</i>	22
5.6.2	<i>Test Procedure</i>	22
5.6.3	<i>Test result</i>	22
6	PHOTOGRAPHS OF THE EUT.....	23

Test Result Certification

Applicant's name: Life365, Inc.

Address: 80 East Rio Salado Parkway, #711 Tempe, Arizona, USA 85281

Manufacture's Name: Skytech Creations Limited

Address: Unit 507, 5/F, IC Development Centre, 6W Science Park West Avenue, Shatin, Hong Kong

Product name: Health and Wellness band

Trademark: Life365

Model name: LifeConnect, 00857013006204

Standards: FCC Part 15.225

Test Procedure: ANSI C63.10-2013

This device described above has been tested by Shenzhen Microtest Co., Ltd. and the test results show that the equipment under test (EUT) is in compliance with the FCC requirements. And it is applicable only to the tested sample identified in the report.

Tested by:



Demi Mu

Apr. 02, 2019

Reviewed by:



Blue Zheng

Apr. 02, 2019

Approved by:



Smith Chen

Apr. 02, 2019

1 General description

1.1 Feature of equipment under test (EUT)

Product name:	Health and Wellness band
Model name:	LifeConnect
Series model:	00857013006204
Difference of series model:	All the model are the same circuit and RF module, except the appearance color and model No..
Operating frequency:	NFC:13.56MHz
Modulation type:	ASK
Antenna Tpye:	Ceramic antenna
Maximum Field Strength:	52.73 dBμV/m at 3 meter
Hardware Version:	V1.0
Software Version:	V1.0
Power Supply:	DC 3.7V from battery or DC 5V from adapter
Battery:	DC 3.7V 200mAh
Adapter information:	N/A

1.2 Operation channel list

Channel	Frequency (MHz)
01	13.56

1.3 Test channel list

Channel	Frequency (MHz)
01	13.56

1.4 Ancillary equipment list

Equipment	Model	S/N	Manufacturer	Certificate type
Adapter	HW-059200CHQ	/	HUAWEI	/

1.5 Description of support units

The EUT has been tested as an independent unit together with other necessary accessories or support units. The following support units or accessories were used to form a representative test configuration during the tests.

Item	Equipment	Brand	Model/Type No.	Series No.	Note
/	/	/	/	/	/
/	/	/	/	/	/

Note:

(1)The support equipment was authorized by Declaration of Confirmation.

(2)For detachable type I/O cable should be specified the length in cm in 『Length』 column.

1.6 EUT operation mode

During testing, the EUT is operated in a keeping TX mode.

2 SUMMARY OF TEST RESULT

Test procedures according to the technical standards:

No.	Standard Section	Test Item	Result	Remark
1	15.203	Antenna Requirement	Pass	
2	15.207	Conducted Emission	Pass	
3	15.225(d)/15.209	Radiated Emissions	Pass	
4	15.227(a)(b)(c)/15.205	Field Strength of Fundamental Emissions	Pass	
5	15.215	20dB Bandwidth	Pass	
6	15.225(e)	Frequency Tolerance	Pass	

3 Test Facilities and Accreditations

3.1 Test laboratory

Test Laboratory	Shenzhen Microtest Co., Ltd
Location	No.102A & 302A, East Block, Hengfang Industrial Park, Xingye Road, Xixiang, Bao'an District, Shenzhen, Guangdong, China
FCC Registration No.:	448573

3.2 Environmental conditions

Temperature:	15°C~35°C
Humidity	20%~75%
Atmospheric pressure	98kPa~101kPa

3.3 Measurement uncertainty

The reported uncertainty of measurement $y \pm U$, where expanded uncertainty U is based on a standard uncertainty multiplied by a coverage factor of $k=2$, providing a level of confidence of approximately 95 %

No.	Item	Uncertainty
1	Conducted Emission Test	$\pm 1.38\text{dB}$
2	RF power, conducted	$\pm 0.16\text{dB}$
3	Spurious emissions, conducted	$\pm 0.21\text{dB}$
4	All emissions, radiated(<1G)	$\pm 4.68\text{dB}$
5	All emissions, radiated(>1G)	$\pm 4.89\text{dB}$
6	Temperature	$\pm 0.5^\circ\text{C}$
7	Humidity	$\pm 2\%$

3.4 Test software

Software Name	Manufacturer	Model	Version
RF Test System	Farad	LZ-RF	Lz_Rf 3A3

4 List of test equipment

Equipment No.	Equipment Name	Manufacturer	Model	Serial No.	Calibration date	Due date
MTI-E001	Spectrum Analyzer	Agilent	E4407B	MY41441082	2018/09/18	2019/09/17
MTI-E004	EMI Test Receiver	Rohde&schwarz	ESPI	1000314	2018/09/18	2019/09/17
MTI-E006	Broadband antenna	schwarabeck	VULB9163	872	2018/09/18	2019/09/17
MTI-E007	Horn antenna	schwarabeck	BBHA9120D	1201	2018/09/18	2019/09/17
MTI-E014	amplifier	America	8447D	3113A06150	2018/09/18	2019/09/17
MTI-E015	Conduction Immunity Signal Generator	Schloder	CDG6000	126A1343/2015	2018/09/18	2019/09/17
MTI-E016	Coupled decoupling network	Schloder	CND M2/M3	A2210332/2015	2018/09/18	2019/09/17
MTI-E032	Comprehensive test instrument	Rohde&schwarz	CMW500	124192	2018/09/13	2019/09/12
MTI-E034	amplifier	Agilent	8449B	3008A02400	2018/08/22	2019/08/21
MTI-E040	Spectrum analyzer	Agilent	N9020A	MY49100060	2018/09/05	2019/09/04
MTI-E041	Signal generator	Agilent	N5182A	MY49060455	2018/09/23	2019/09/22
MTI-E042	Analog signal generator	Agilent	E4421B	GB40051240	2018/09/23	2019/09/22
MTI-E043	Power probe	Dare Instruments	RPR3006W	16I00054SN016	2018/09/29	2019/09/28
MTI-E047	10dB attenuator	Mini-Circuits	UNAT-10+	15542	2018/09/24	2019/09/23
MTI-E049	spectrum analyzer	Rohde&schwarz	FSP-38	100019	2018/09/18	2019/09/17
MTI-E050	PSG Signal generator	Agilent	E8257D	MY46520873	2018/09/24	2019/09/23
MTI-E061	Active Loop Antenna 9kHz - 30MHz	Schwarzbeek	FMZB 1519 B	00044	2018/09/26	2019/09/25
MTI-E052	18-40GHz amplifier	Chengdu step Micro Technology	ZLNA-18-40G-21	1608001	2018/09/18	2019/09/17
MTI-E053	15-40G Antenna	Schwarzbeek	BBHA9170	BBHA9170582	2018/09/18	2019/09/17
MTI-E058	Artificial power network	Schwarzbeck	NSLK8127	#841	2018/12/05	2019/12/04
Note: the calibration interval of the above test instruments is 12 months and the calibrations are traceable to international system unit (SI).						

5 Test Result

5.1 Antenna requirement

5.1.1 Standard requirement

15.203 requirement: For intentional device, according to 15.203: an intentional radiator shall be designed to ensure that no antenna other than that furnished by the responsible party shall be used with the device

5.1.2 EUT Antenna

The antenna is an Ceramic antenna (-0.5dBi), which was permanently affixed to the device and un-replaced, complies with 15.203. In addition, the maximum antenna gain is -0.39dBi.

5.2 Conducted emission

5.2.1 Limits

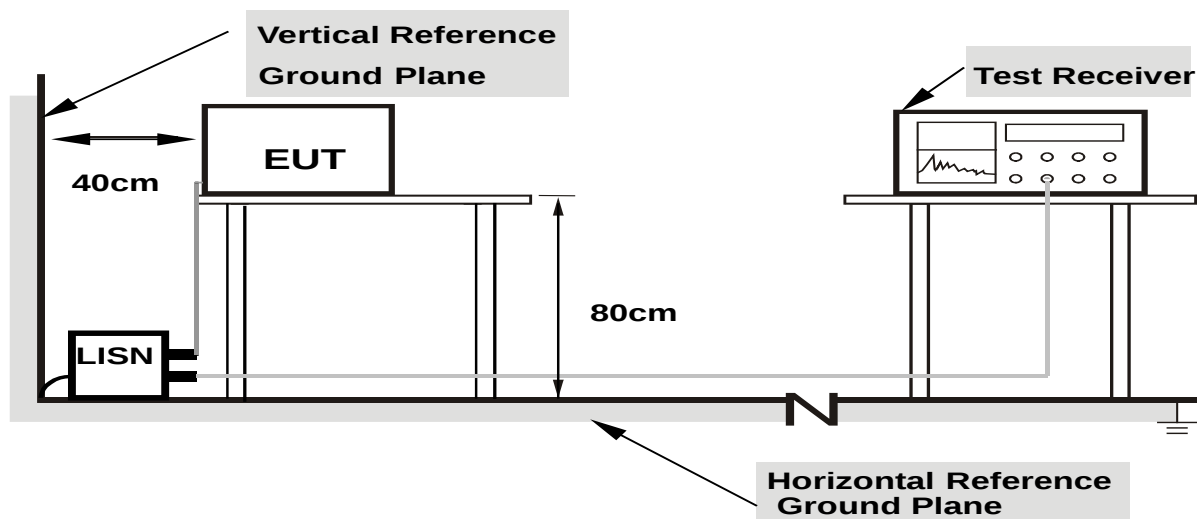
FREQUENCY (MHz)	Class B (dBuV)	
	Quasi-peak	Average
0.15 -0.5	66 - 56 *	56 - 46 *
0.50 -5.0	56.00	46.00
5.0 -30.0	60.00	50.00

Note

(1)The tighter limit applies at the band edges.

(2)The limit of " * " marked band means the limitation decreases linearly with the logarithm of the frequency in the range.

5.2.2 Test setup



Note: 1.Support units were connected to second LISN.

2.Both of LISNs (AMN) are 80 cm from EUT and at least 80 from other units and other metal planes

5.2.3 Test procedure

a. EUT Operating Conditions

The EUT was configured for testing in a typical fashion (as a customer would normally use it). The EUT has been programmed to continuously transmit during test. This operating condition was tested and used to collect the included data.

b. The following table is the setting of the receiver

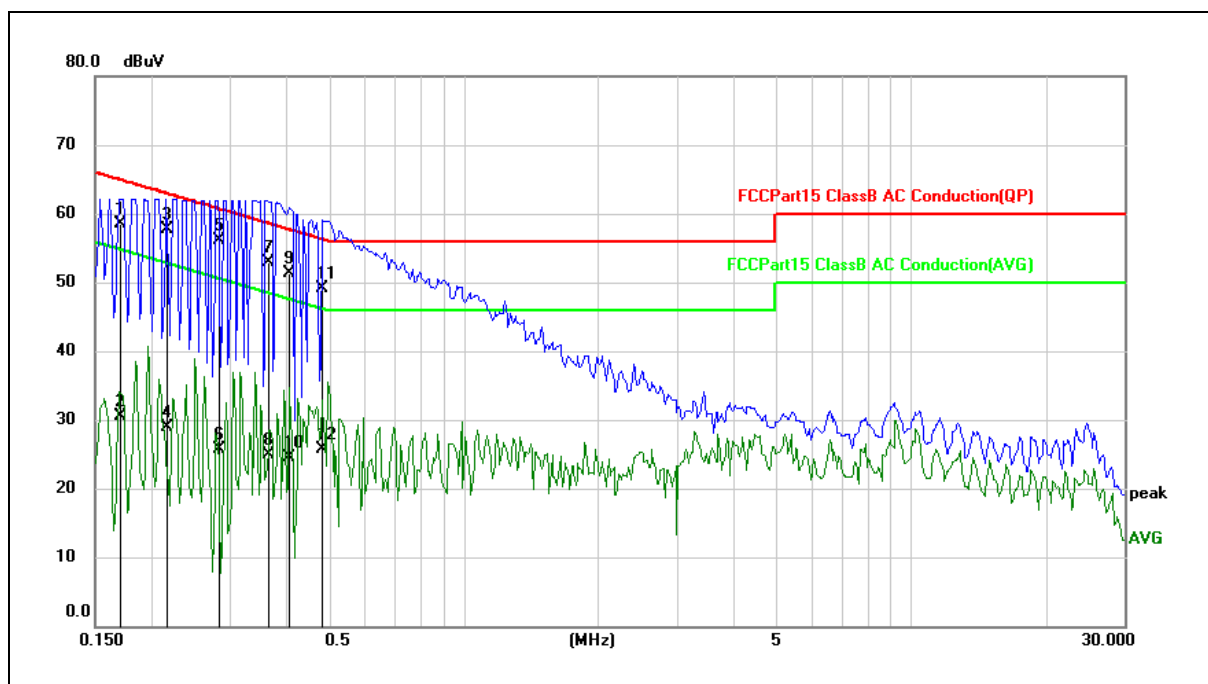
Receiver Parameters	Setting
Attenuation	10 dB
Start Frequency	0.15 MHz
Stop Frequency	30 MHz
IF Bandwidth	9 kHz

- c. The EUT was placed 0.8 meters from the horizontal ground plane with EUT being connected to the power mains through a line impedance stabilization network (LISN). All other support equipments powered from additional LISN(s). The LISN provide 50 Ohm/ 50uH of coupling impedance for the measuring instrument.
- d. Interconnecting cables that hang closer than 40 cm to the ground plane shall be folded back and forth in the center forming a bundle 30 to 40 cm long.
- e. I/O cables that are not connected to a peripheral shall be bundled in the center. The end of the cable may be terminated, if required, using the correct terminating impedance. The overall length shall not exceed 1 m.
- f. LISN at least 80 cm from nearest part of EUT chassis.

For the actual test configuration, please refer to the related Item –EUT Test Photos.

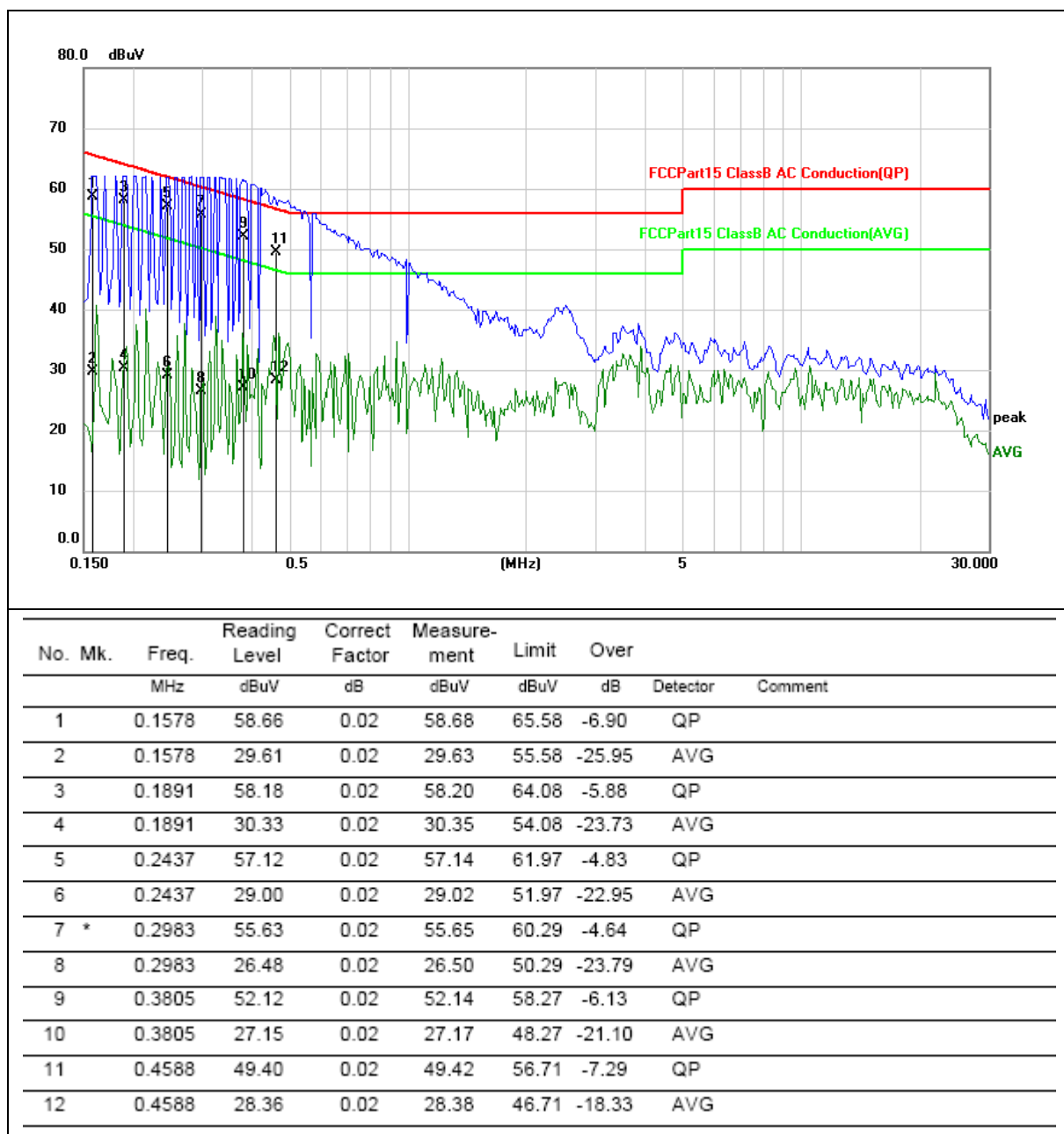
5.2.4 Test results

Temperature:	24°C	Relative Humidity:	48%
Pressure:	101kPa	Phase:	L
Test voltage:	DC 5V from adapter AC 120V/60Hz	Test mode:	Normal link



No.	Mk.	Freq. MHz	Reading Level dBuV	Correct Factor dB	Measure- ment dBuV	Limit dBuV	Over dB	Detector	Comment
1		0.1695	58.51	0.02	58.53	64.98	-6.45	QP	
2		0.1695	30.50	0.02	30.52	54.98	-24.46	AVG	
3		0.2164	57.76	0.02	57.78	62.96	-5.18	QP	
4		0.2164	28.86	0.02	28.88	52.96	-24.08	AVG	
5	*	0.2828	56.01	0.02	56.03	60.73	-4.70	QP	
6		0.2828	25.77	0.02	25.79	50.73	-24.94	AVG	
7		0.3634	52.94	0.02	52.96	58.65	-5.69	QP	
8		0.3634	24.96	0.02	24.98	48.65	-23.67	AVG	
9		0.4078	51.19	0.02	51.21	57.69	-6.48	QP	
10		0.4078	24.53	0.02	24.55	47.69	-23.14	AVG	
11		0.4820	48.99	0.02	49.01	56.30	-7.29	QP	
12		0.4820	25.61	0.02	25.63	46.30	-20.67	AVG	

Temperature:	24°C	Relative Humidity:	48%
Pressure:	101kPa	Phase:	N
Test voltage:	DC 5V from adapter AC 120V/60Hz	Test mode:	Normal link



5.3 Radiated Emissions

5.3.1 Limit

According to FCC section 15.209 (a), except as provided elsewhere in this subpart, the emissions from an intentional radiator shall not exceed the field strength levels specified in the following table:

Frequency (MHz)	Field Strength ($\mu\text{V}/\text{m}$)
0.009 - 0.490	2400/F(kHz)
0.490 - 1.705	24000/F(kHz)
1.705 - 30.0	30
30 - 88	100
88 - 216	150
216 - 960	200
Above 960	500

Note1: For Above 1000 MHz, the emission limit in this paragraph is based on measurement instrumentation employing an average detector, measurement using instrumentation with a peak detector function, corresponding to 20 dB above the maximum permitted average limit.

Note2: For above 1000 MHz, limit field strength of harmonics: 54dBuV/m@3m (AV) and 74dBuV/m@3m (Peak).

5.3.2 Test Procedure

The measurement frequency range is from 9 kHz to the 10th harmonic of the fundamental frequency. The Turn Table is actuated to turn from 0° to 360°, and both horizontal and vertical polarizations of the Test Antenna are used to find the maximum radiated power. Mid channels on all channel bandwidth verified. Only the worst RB size/offset presented. The power of the EUT transmitting frequency should be ignored.

All Spurious Emission tests were performed in X, Y, Z axis direction. And only the worst axis test condition was recorded in this test report.

Use the following spectrum analyzer settings:

Span = wide enough to fully capture the emission being measured

RBW = 1 MHz for $f \geq 1$ GHz, 100 kHz for $f < 1$ GHz

VBW $\geq$ RBW

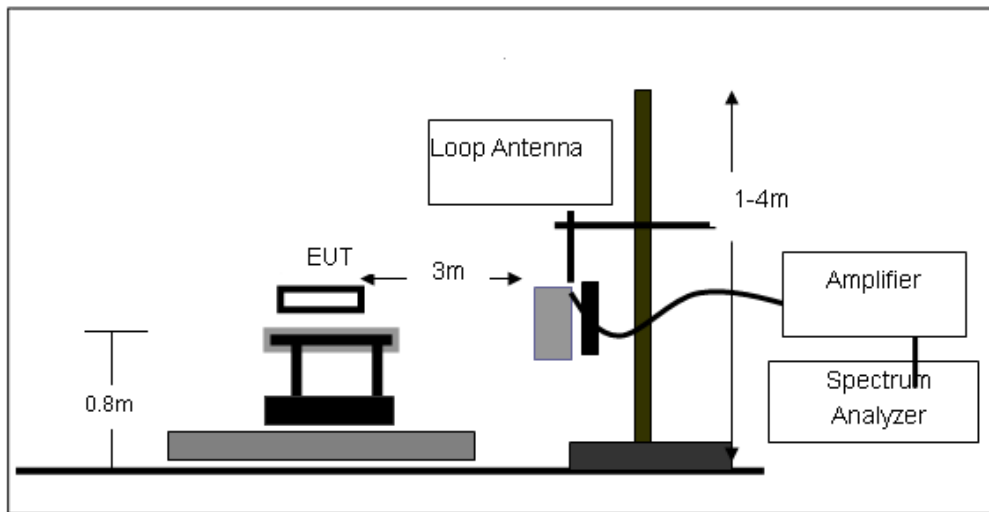
Sweep = auto

Detector function = peak

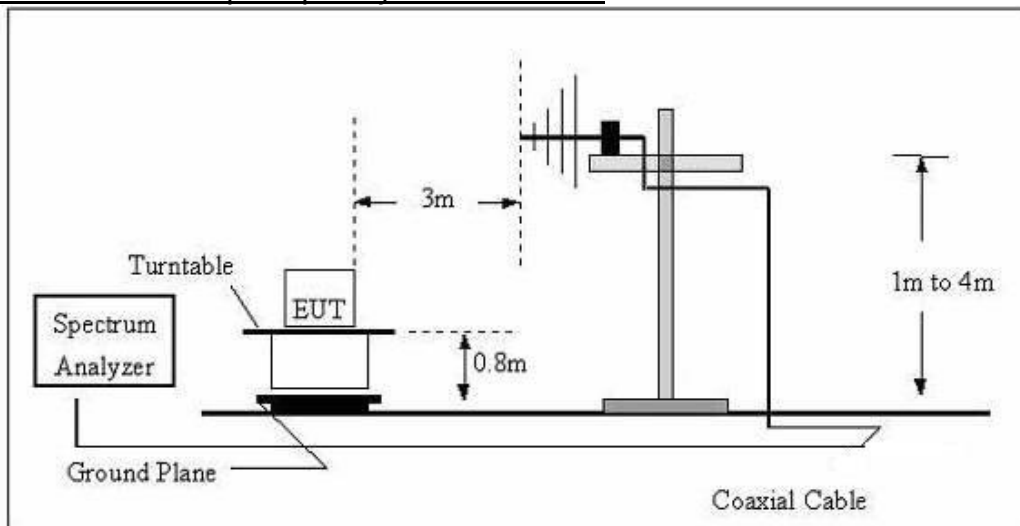
Trace = max hold

5.3.3 Test Setup

Radiated emission test-up frequency below 30MHz



Radiated emission test-up frequency 30MHz~1GHz



5.3.4 Test Result

9 kHz- 30MHz

No.	Freq.	Level	Factor	Measurement	Limit	Margin
	MHz	dBuV	dBuV/m	dBuV/m	dBuV/m	dB
1	0.0311	22.54	20.42	42.96	117.62	-74.66
2	0.0677	20.34	20.44	40.78	110.9	-70.12
3	0.1100	24.65	20.44	45.09	106.7	-61.61
4	1.2034	18.32	20.26	38.58	66.02	-27.44
5	1.464	14.12	20.26	34.38	64.32	-29.94
6	1.7437	11.17	20.26	31.43	69.5	-38.07

30MHz – 1GHz

EUT:	Health and Wellness band	Model Name :	LifeConnect
Relative Humidity:	52%	Phase:	H/V
Pressure:	1010 hPa	Test Voltage :	DC 5V from adapter AC 120V/60Hz
Test Mode :	NFC		

Test result 30MHz-1GHz					
Test Mode : 13.56MHz					
Frequency	Antenna	Result	Limit	Margin	Conclusion
(MHz)	polarization	(dBm)	(dBm)	(dB)	
174.63	H	-64.91	-54	-10.91	PASS
182.39	H	-65.34	-54	-11.34	PASS
273.47	H	-64.52	-36	-28.52	PASS
436.58	H	-62.23	-36	-26.23	PASS
581.27	H	-67.38	-54	-13.38	PASS
753.34	H	-65.57	-54	-11.57	PASS
249.62	V	-63.39	-36	-27.39	PASS
371.84	V	-64.61	-36	-28.61	PASS
453.57	V	-63.25	-36	-27.25	PASS
482.71	V	-65.51	-54	-11.51	PASS
509.14	V	-65.39	-54	-11.39	PASS
636.28	V	-66.25	-54	-12.25	PASS

5.4 Field Strength of Fundamental Emissions

5.4.1 Limits:

According to FCC section 15.225, for <30 MHz, Radiated emissions were measured according to ANSI C63.4. The EUT was set to transmit at the highest output power. The EUT was set 10 meter away from the measuring antenna. The loop antenna was positioned 1 meter above the ground from the center of the loop. The measuring bandwidth was set to 10 KHz. (Note: During testing the receive antenna was rotated about its axis to maximize the emission from the EUT)

There was no detected Restricted bands and Radiated suprious emission below 30MHz. The 30m limit was converted to 3m Limit using square factor(x) as it was found by measurements as follows; 3 m Limit(dBuV/m) = $20\log(X) + 40\log(30/3) = 20\log(15848) + 40\log(30/3) = 124\text{dBuV}$

Except as provided elsewhere in this Subpart, the emissions from an intentional radiator shall not exceed the field strength levels specified in the following table:

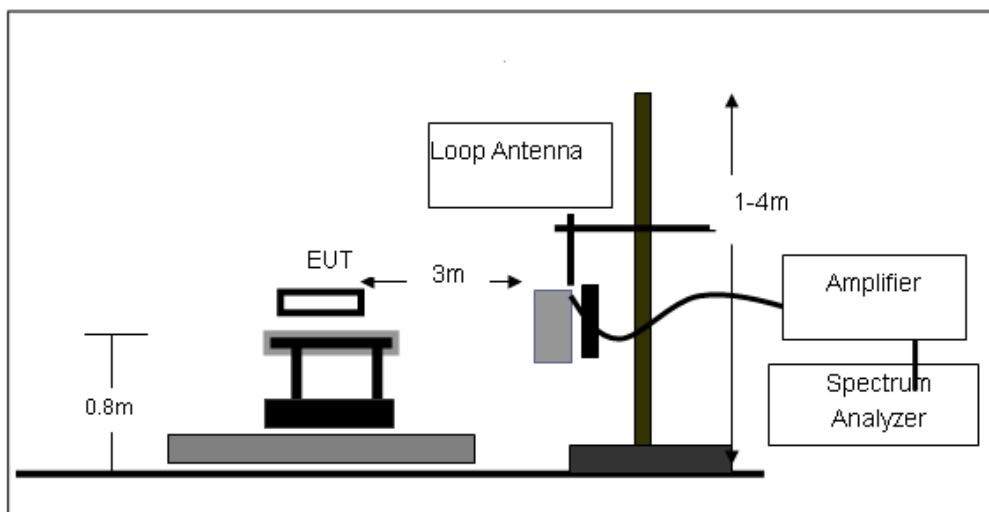
Frequency range (MHz)	Field Strength@30m		Field Strength@3m
	$\mu\text{V/m}$	$\text{dB}\mu\text{V/m}$	$\text{dB}\mu\text{V/m}$
Below 13.110	30	29.5	69.5
13.110 ~ 13.410	106	40.5	80.5
13.410 ~ 13.553	334	50.5	90.5
13.553 ~13.567	15.848	84	124
13.567 ~ 13.710	334	50.5	90.5
13.710 ~14.010	106	40.5	80.5
Above 14.010	30	29.5	69.5

Note:

1. Field Strength ($\text{dB}\mu\text{V/m}$) = $20 \cdot \log[\text{Field Strength } (\mu\text{V/m})]$.
2. In the emission tables above, the tighter limit applies at the band edges.

5.4.2 Test Setup:

Radiated emission test-up frequency below 30MHz



5.4.3 Test Procedures

As the radiation test, set the RBW=10kHz VBW=30kHz, observed the outside band of 13.110 MHz to 14.010 MHz, than mark the higher-level emission for comparing with the FCC rules.

5.4.4 Test Result

Maximum Field Strength:

13.553 MHz – 13.567 MHz					
Frequency (MHz)	Level dBuV	Factor dBuV/m	Result @3m (dBμV/m)	Limit @3m dBuV/m	Margin dB
13.56	32.37	20.42	52.79	124	-71.21

13.410 MHz – 13.553 MHz and 13.567 MHz – 13.710 MHz					
Frequency (MHz)	Level dBuV	Factor dBuV/m	Result @3m (dBμV/m)	Limit @3m dBuV/m	Margin dB
13.52	23.14	20.42	43.56	90.5	-46.94
13.63	24.25	20.42	44.67	90.5	-45.83

13.110 MHz – 13.410 MHz and 13.710 MHz – 14.010 MHz					
Frequency (MHz)	Level dBuV	Factor dBuV/m	Result @3m (dBμV/m)	Limit @3m dBuV/m	Margin dB
13.36	21.67	20.42	42.09	80.5	-38.41
13.95	22.32	20.42	42.74	80.5	-37.76

5.5 20dB bandwidth

5.5.1 Limit

Operation within the band 13.110 MHz to 14.010 MHz

5.5.2 Requirement

Intentional radiators operating under the alternative provisions to the general emission limits, as contained in §§15.217 through 15.257 and in subpart E of this part, must be designed to ensure that 20dB bandwidth of the emission, or whatever bandwidth may otherwise be specified in the specific rule section under which the equip compliance with the 20dB attenuation specification may base on measurement at the intentional radiator's antenna output terminal unless the intentional radiator uses a permanently attached antenna, in which case compliance shall be. Demonstrated by measuring the radiated emissions.

5.5.3 Test Procedure

The 20dB bandwidth is measured with a spectrum analyzer connected via a receiver antenna placed near the EUT while the EUT is operating in transmission mode.

Use the following spectrum analyzer settings:

Span = approximately 2 to 3 times the 20 dB bandwidth

RBW $\geq$ 1% of the 20 dB bandwidth

VBW $\geq$ RBW

Sweep = auto

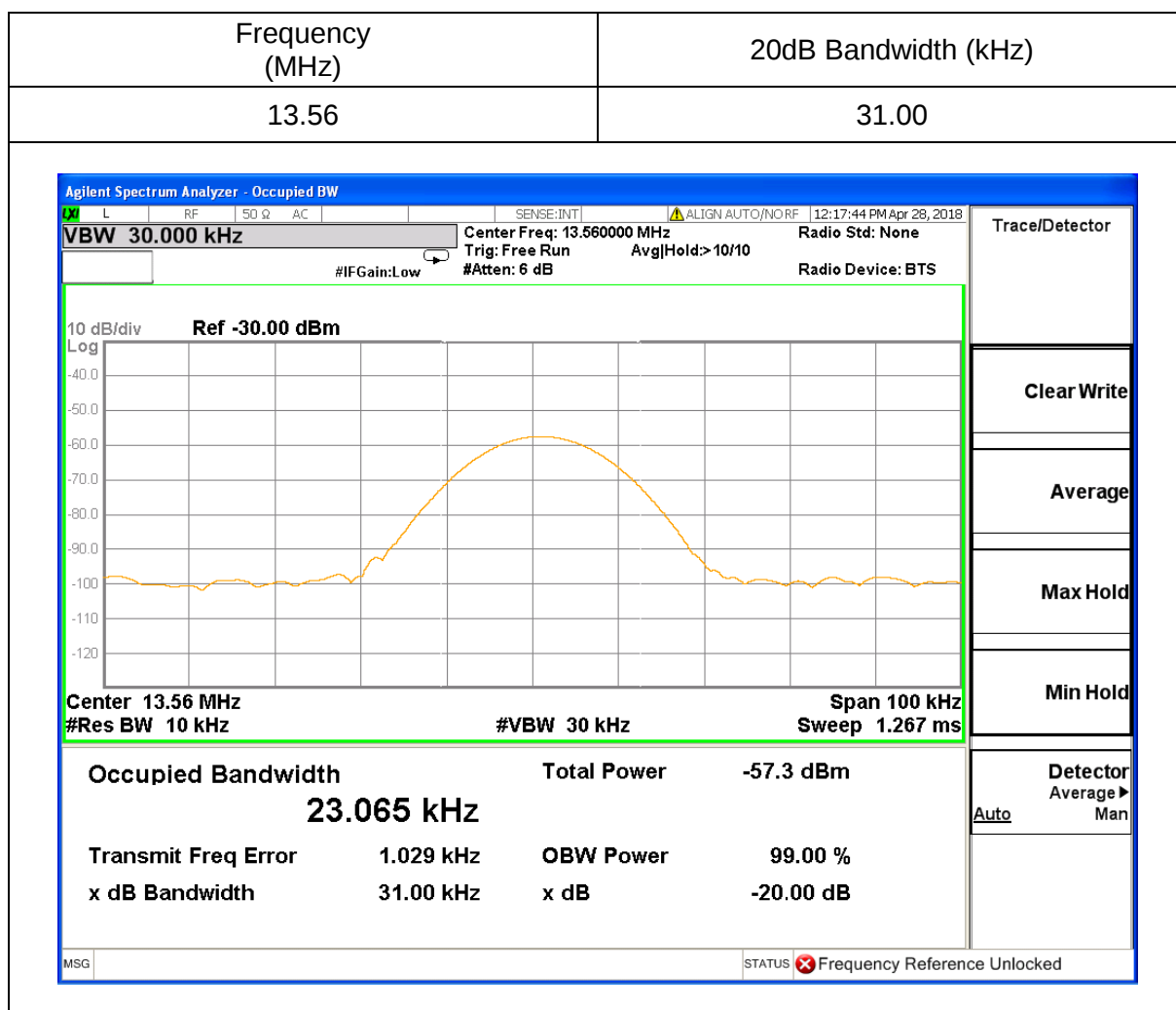
Detector function = peak

Trace = max hold

5.5.4 Test results

EUT:	Health and Wellness band	Model Name :	LifeConnect
Temperature:	25 °C	Relative Humidity:	60%
Pressure:	1012 hPa	Test Voltage :	DC 5V from Adapter
Test Mode :	TX Mode		

The test plot as follows:



5.6 Frequency stability

5.6.1 Limit

The frequency tolerance of the carrier signal shall be maintained within $\pm 0.01\%$ of the operating frequency over a temperature variation of -20 degrees to $+ 50$ degrees C at normal supply voltage, and for a variation in the primary supply voltage from 85% to 115% of the rated supply voltage at a temperature of 20 degrees C. For battery operated equipment, the equipment tests shall be performed using a new battery.

5.6.2 Test Procedure

1. The test is performed in a Temperature Chamber.

5.6.3 Test result

Voltage (Vdc)	Temp. (°C)	Frequency (MHz)	Deviation (%)	Limit (%)
7.40	-20	13.560346	0.002%	+/-0.01%
7.40	-10	13.560264	0.001%	
7.40	0	13.560538	0.003%	
7.40	10	13.560672	0.004%	
7.40	20	13.560469	0.003%	
7.40	30	13.560583	0.004%	
7.40	40	13.560588	0.004%	
7.40	50	13.560264	0.001%	
6.29	20	13.560683	0.005%	
8.40	20	13.560395	0.002%	

6 PHOTOGRAPHS OF THE EUT

See the APPENDIX 1: EUT PHOTO in the report No.: MTi190328E122-1.

----END OF REPORT----