

Digital Smart Scale
Instruction Manual

Thanks for choosing our product, please read the instruction manual carefully and keep it for future reference.

1. SPECIFICATION

- 1).Max Capacity: 180kg / 396 lb
- 2).Auto on and auto off
- Remark: The scale would be switched on when weight of 5 kg or more is placed on it.
- 3). Measurement: Body Weight, BMI, BFR, Muscle, Moisture, Bone mass, BMR, Visceral fat, Protein rate, Body age, Standard weight, Weight control,Body fat,Weight without fat,Muscle weight,The amount of protein,&The degree of obesity and so on.
- 4). High precision strain gauge sensor system and High Performance CPU, make sure of good accuracy.
- 5).Low battery and overload indication

Battery

Power: AAA battery
For the first time use, please open the battery cover to insert the battery according to the polarity. If the scale fails to operate, remove the battery completely and reinsert it.

2. OPERATION

A.How to measure Body weight
If you don't connect Bluetooth, then stand on the scale, the scale will only measure your body weight. Please follow below step:

1)Please use the scale on the hard & flat surface. Don't use on the carpet or soft surface.



- 2)Carefully step on the platform of the scale. Stand as stationary as possible until the weight reading is shown and locked on the LCD
- 3)The scale will be automatically off if without further operation

B. How to connect with Bluetooth for Body Weight, BMI, BFR, Muscle, Moisture, Bone mass, BMR, Visceral fat, Protein rate, Body age, Standard weight, Weight control,Body fat,Weight without fat,Muscle weight,The amount of protein &The degree of obesity and so on.

1)Download App
APP Name: AIFit



- Please kindly scan below QR code and download <AIFit> to your phone.
- Remark: Our APP is available for iOS and android device with IOS version 8.0 or Android version 5.0 and Bluetooth 4.0(Or higher version)



Avaiable on Google Play

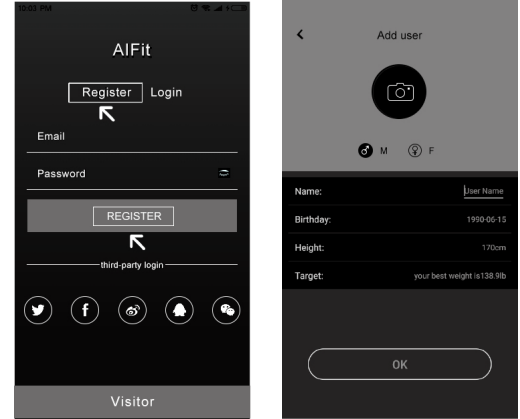


Avaiable on Apple store

- Download APP “AIFit” on Apple store or Google play online store

2) Registered User

- Start <AIFit>
- Open the “ Bluetooth”
- Open the “Location” or “GPS”
- Register an account or use the third-party to log in
- Edit user and complete user profile



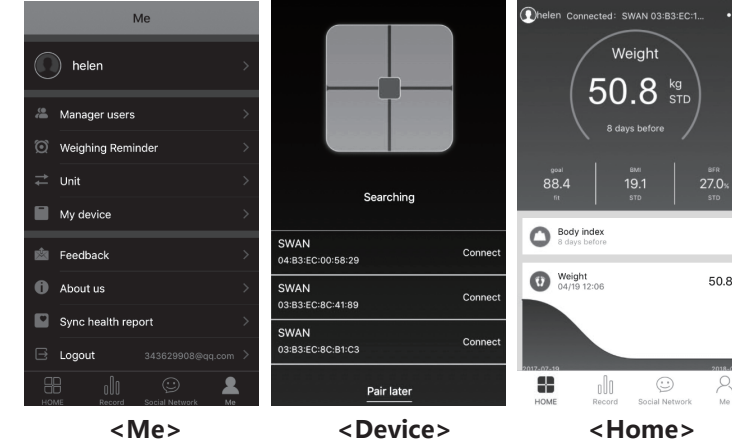
3).Pair The Device

- When app pair Bluetooth scale, please step on the Bluetooth scale to power on. Then Press <me> and click <my device> to do searching , then click <sync the device>

- Back to <Home> page and you will see the device is : Scanning > Connecting > Connected.

Measuring can start after the device is connected

Tips: First time to pair the app and Bluetooth scale, scale must be in power on status.



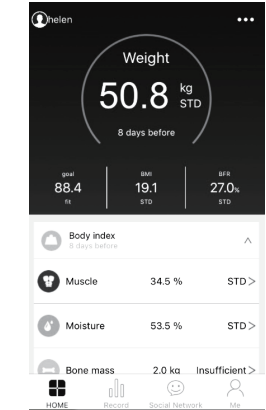
- If users want to pair another device please click <Me>---<My Device> to unpair another device

4). Unit

If users want to change units, please click <Me>---<Unit> to select weight unit :kg/lb/st, Height unit: cm/inch

5).Measure

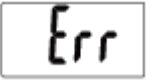
- Put the scale on the hard & flat surface and open the scale make the display shown“00.0”.
- Step on the platform of the scale with bare feet and stand as steady as possible (steadily) until the weight reading is shown and locked on the display, and wait a second until your measure data are shown on the app.
- Tips: follow steps: weighing > Analyzing > Test done



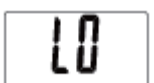
3. ERROR ICON OF THE SCALE

Overload Or Measure In Error Operations:

the LCD will indicate “Err”, when scale is over max capacity. Please remove the weight to avoid any damage.



Low Battery : The LCD will indicate “Lo” , Please open the battery cover and replace the new battery with correct way.



Faulty Measurement:

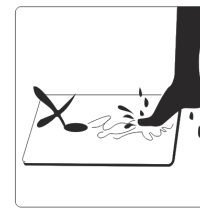
- Measurement fail indicates“Err1”, for below 2 conditions:
- 1.Body fat percentage is less 5% or over 50%,
- 2.Unsuccessful test



4. ATTENTION

- 1)Please take off shoes and socks and keep your bare feet in touch with the electrodes when taking Body Weight, BMI, BFR, Muscle, Moisture, Bone mass, BMR, Visceral fat, Protein rate, Body age, Standard weight, Body Fat measurement.
- 2).Please check the batteries if the scale malfunctions. Change new batteries if necessary.
- 3).Please use soft tissue with alcohol or glass cleaner to clean the surface if it is dirty. No soap or other chemicals. Keep it away from water, heat and extreme coldness.
- 4).The scale is high precision measuring device. Never jump or stomp on the scale or disassemble it and please handle it carefully to avoid breaking when moving it.
- 5).The scale is for family use only and not suitable for professional use. Body Weight, BMI, BFR, Muscle, Moisture, Bone mass, BMR, Visceral fat, Protein rate, Body age, Standard weight, Body Fat measured are for reference only. You should consult a doctor when you undertake any diet or exercise program.

Caution: Slippery when wet ! The scale platform maybe pretty slippery when wet, thus please make sure both the scale platform and your feet are dry before use. Never step on the scale platform with wet foot.



This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction