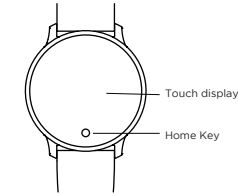
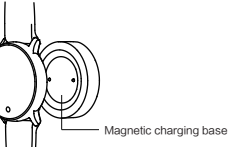


Lenovo Lenovo Smart Watch HW10H User Manual	>>Know the product 	When fully charged,the battery icon will stop scrolling and the charging is full. Note: Before connecting the charging base to the USB port, make sure that any 2 pins on the charging base are not connected to conductive materials such as nails and iron. After fully charging, remove the charging cable from the USB port.  Step 2: Power on and wear Press and hold the power button for about 3 seconds to turn the watch on. Put your watch on your wrist and lock the strap buckle in place. For the accuracy of the heart rate test data, keep the sensor close to the skin to avoid movement and light leakage. Step 3: Download and install the smartphone app  Lenovo Life Please use the smartphone to scan the QR code, or open the Google play store or Apple Store to search for the "Lenovo Life" app for download and installation.	Note: For mobile phone system minimum requirements, you need to use Android 5.0 or iOS 9.0 and above, Bluetooth 4.2 or above. Android users should strictly follow the prompts of the "Lenovo Life" app and ensure that all permission requests for the "Lenovo Life" app are allowed. Otherwise, the operation of the APP may be abnormal, resulting in a problem that the watch connection fails, Bluetooth cannot communicate, and so on.After the installation is complete, the icon of Lenovo Life appears on the mobile phone desktop. Click on the "Lenovo Life" app and follow the tips of the APP to complete the user registration and permission.Andor phone users please pop up the first time when installing the "Lenovo Life" app,please allow the "Lenovo Mobile Services" program is approved for installation. This service mainly allows the "Lenovo Life" APP to run in the background. It has prevented the Android Android system from forcibly terminating the operation of the "Lenovo Life" APP when you use the watch normally, causing the watch to be disconnected from the "Lenovo Life" APP and cannot be transmitted data. Step 4: Connect the band with phone to synchronize information TConnect your smart watch to your smartphone properly, make sure your phone's Bluetooth is turned on. After opening the "Lenovo Life" APP login successfully → Set personal information → Click "Add Device" → Smart Watch → Search for device name "HW10H" in "Profile" to bind. After the binding is successful, the app will automatically synchronize the data, including the number of steps, distance, calorie consumption, sleep, heart rate and other data on the watch. When the watch is connected to the mobile phone Bluetooth, the effective interaction distance of data transmission is within 10 meters. Note: When the Apple mobile phone connection watch is bound to the "Lenovo Life" app, you also need to click the Bluetooth pairing request.	>>Use the watch Set smart reminder After successfully binding the watch, you can set the smart reminder function to be turned on or off on the APP side, and choose to open the required reminder function (call reminder, SMS reminder, QQ, WeChat, Facebook, etc.) when receiving a call or information push, the watch Alert the vibration and display the relevant information. Operation steps: Open Lenovo Life → Profile → HW10H → Smart Reminder. Note: This product default smart reminder is set to off, users should enable this function through the APP settings.First you need to turn on the status bar notification feature of your phone. <Home Interface> Display time information and basic motion information and target achievement. Press and hold for about 2 seconds to enter the dial selection interface. There are three dial styles for you to choose. Slide left in the display area to go to the next one. <Step Counting Interface> Display the cumulative amount of steps in real time on the day; long press on this interface to view the mileage and calorie consumption converted by the current step.The time of a day is defined as 24 hours between 0:00 am and 0:00 am on the next day; the cumulative number of steps during this 24-hour period will be cleared at the next 0. Slide left in the display area to go to the next screen. <Sleep interface> Record the sleep time and sleep quality of the night, and press the touch to enter the next interface. <Heart Rate Measurement> Click on the display to make a heart rate measurement. Keep it calm when measuring.You can also use the "Lenovo Life" app to set the heart rate measurement automatically, and the heart rate measurement device on the charging base correctly, and use 5V/1A power supply. Computer USB interface and adapter can support. 2. Can't receive the reminder after turning on reminder function ?	Note: When testing, the interface icon will flash,and the heart rate LED of the watch will flash at the same time; the sensor should be close to the skin during testing to avoid external light affecting the test accuracy; the skin in contact with the heart rate sensor should be kept clean, sweat or stain will affect the test result.Open the method of automatically measuring heart rate: Open the "Lenovo Life" APP, the homepage enters the "Heart Rate" column,click the [Settings] button in the upper right corner of the page to operate the automatic measurement switch, and set the heart rate warning line value. <Sports interface> Click on the display to enter the sport mode selection interface. There are 7 sports modes for you to choose. Click to enter the sport mode selection interface. After selecting the corresponding sport mode,swipe from bottom to top to pause, exit, and return to the current sport mode.Slide the display area of the motion interface to the left to enter the next screen. <Weather interface> This screen displays the weather conditions of the day.After connecting the "Lenovo Life" app, it will update the weather conditions of the day and the next two days.Slide left in the display area to go to the next screen. <Music Control Interface> Control the mobile phone music player to perform the previous, next, play, pause, etc. actions while connected to the APP. Slide left in the display area to go to the next screen. <Other function interface> Click this interface to enter more rich functions: stopwatch, mute switch, photo control, and a few people with special physical conditions, the test data may have deviation. FAQ 1. How to charge the device? This device uses contact charging, you just need to put the device on the charging base correctly, and use 5V/1A power supply. Computer USB interface and adapter can support. 2. Can't receive the reminder after turning on reminder function ?	clock, find smartband/smartwatch,find mobile phone, sedentary reminder,drink water reminder, dial push and other functions.Please refer to the help documentation in the Lenovo Life app for more information. Note: The "Lenovo Life" app and smart hardware will continue to be upgraded, bringing more new features and a more stable experience to users. >> Notes 1. Please do not wear the watch to shower or swim; 2. Please do not remove, repair or modify the watch, replace the built-in battery, etc.; 3. Please use standard USB port to charge the watch; 4. Please do not place the watch in high temperature and humidity for a long time; At the same time very low temperature may have influences for the band function; 5. When the watch is wet, please wipe it dry with a soft cloth before charging, otherwise it will corrode the charging contact point and lead to charging failure; 6. If you have sensitive skin or wear the band too tight, you may feel uncomfortable; 7. If used regularly, recommend to clean the watch every week. Wipe it with a damp cloth and remove grease or dust with a mild soap 8. The test data obtained by using this product is for reference only. The test data are affected by many factors and the test results may be different under different conditions. Such as professional athletes, pregnant women, and a few people with special physical conditions, the test data may have deviation.	First, you need to turn on the notification function of social APP on the phone. Android phone: confirm the phone and watch are normally connected, and turn on the corresponding permissions in the Settings of the phone after connecting. Allow "Lenovo Life" APP to access calls, messages and contacts, and keep "Lenovo Life" APP running in the phone background; If the phone is equipped with security software, please add "Lenovo Life" APP as trust. Apple phone: if there is no reminder after connection, it is suggested to restart the phone to reconnect. When connecting to the watch again, you must wait for the phone to pop up "Bluetooth pairing request", then click "Pairing" to receive reminder. 3. Does the Bluetooth connection need to be opened all the time? Is there data left after disconnection? Data is retained locally on the watch before synchronizing data. When the Bluetooth connection between phone and watch is successful, the watch data will be automatically uploaded to the "Lenovo Life" APP. Generally, the watch can keep the data for three days. Please timely synchronize the data to the "Lenovo Life" APP for backup 4. If you need to stop using this watch on this phone, please remove the binding relationship between the watch and the phone. ① Open the "Lenovo Life" APP on the phone → in [Profile] → click HW10H → unbind. ② For Apple phone, in addition to the first step, but also need to open the phone Bluetooth → click "HW10H" right button ⌵ → ignore this device. 5. How to upgrade the device through OTA? "Lenovo Life" will remind you when a new version needs to be upgraded. Follow the instructions of "Lenovo Life" APP and complete OTA upgrade step by step. After the upgrade, manually start the watch, and OTA upgrade is completed. To	ensure the smooth upgrade process, you need to ensure that: ①Internet network of the phone is normal; ②The watch power is more than 50% ; ③Keep the distance of mobile phone and watch within 3 meters and do not do anything other than upgrade. 6. The watch has no heart rate data Watch wear should not be too loose, try to make the back of the watch close to the skin of the arm, and then switch to the heart rate test interface to manually test the heart rate. Try to stay calm during the test for heart rate accuracy. If you need to turn on the automatic heart rate test function, please turn on the automatic heart rate measurement through the setting function of heart rate option on the main interface of "Lenovo Life" APP. 7. Unable to connect the watch to the phone Following the right steps is the key to a successful connection. If you are unable to connect, read carefully and follow these steps. Step 1: Please confirm whether the watch has Bluetooth symbol first, the dial interface will display (long press for 2 seconds in the standby interface). If yes, please turn on your smartphone's system Settings - Bluetooth-HW10H and click the right button ⌵ of HW10H and choose ignore. The Bluetooth icon in the watch will disappear. Then go to step two. If there is no Bluetooth symbol display: firstly, make sure the Bluetooth of the phone is turned on (if any questions, please consult your smartphone manufacturer for the way to turn on the Bluetooth of the phone). Secondly, make sure you download and successfully install Lenovo Life app on your smartphone. Thirdly, open Lenovo Life on the smart phone, click Profile → Add device → Smart Watch →HW10H. After searching HW10H smart watch, the phone will successfully connect	with the watch. If Bluetooth pairing prompt appears, click Pair. After successful pairing, Bluetooth symbol will appear in the lower right corner of the standby interface screen, and Lenovo Life APP will automatically display the date and time, sports data, heart rate data on the APP function page synchronously.If the data cannot be synchronized successfully after the above steps, uninstall Lenovo Life APP after ignoring HW10H in the Bluetooth setting of the system, and then download and install Lenovo Life APP again. In the process, make sure to click on allow various authorization applications initiated by the APP. Then go to step 3 above.	Lenovo Limited Warranty and Notice Service and Support information The following information describes the technical support that is available for your product,during the 1 year warranty period or thr oughout the life of your product. Refer to the Lenovo Limited Wa rranty for a full explanation of Lenovo warranty terms. See "Leno vo Limited Warranty notice"later in this document for details on accessing The full warranty. Telephone technical support You can get help and information from the Customer Support Ce nter by telephone.Before contacting a Lenovo technical support representative, please have the following information available: model and serial number, the exact wording of any error messa ge,and a description of the problem. Your technical support repr esentative might want to walk you through the problem while yo u are at your device during the call. Worldwide Lenovo Support Telephone list Important:Service Contact list are subject to change without notice.The most up to date Service contact list is always available at https://support.lenovo.com. If the telephone number for your country or region is not listed Co ntact your Lenovo reseller or Lenovo marketing representative. Warranty information Lenovo Limited Warranty notice This product is covered by the terms of the Lenovo Limited Warr anty,Version 1.505-0010-02 08/2011. Read the Lenovo Limited W aranty (LLW)at http://www.lenovo.com/warranty/llw_02. You can view the LLW in a number of languages from this web site. If you cannot view the LLW either form the Web site or from your device,contact your local Lenovo dealer or reseller to obtain a pri nted version of the LLW. Note:Please take the purchase evidence with you when you claim the service.	Warranty period and type of Warranty service Product Type:Accessory Environmental,recycling,and disposal inormation General recycling statement Lenovo encourages owners of information technology (IT) equipm ent to Responsibly recycle their equipment when it is no longer nee ded, and offer a variety of programs and services to assist equip ment Owners in recycling their IT products. Important WEEE information  Electrical and electronic equipment marked with the s ymbol of a crossed-Out wheeled bin may not be dispo sed as unsorted municipal waste. Waste of electrical and electronic equipment (WEEE)shai be treated sepa rately Using the collection framework available to custo mers for the reum,Recycling,and treatment of WEEE. Service call :+86 400-6506-635 FCC ID:2AU15-HW10H	FCC Statement This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1)This device may not cause harmful interference. (2)This device must accept any interference received, including interference that may cause undesired operation. 2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. Note:This equipment has been tested and found to comply with FCC Part 15 and Class B digital device,pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and,if not installed and used in accordance with the instructions,may cause harmful interference to radio communications.However,there is no guarantee that interference will not occur in a particular installation.If this equipment does cause harmful interference to radio or television reception,which can be determined by turning the equipment off and on,the user is encouraged to try to correct the interference by one or more of the following measures: • Reorient or relocate the receiving antenna. • Increase the separation between the equipment and receiver. • Connect the equipment into an outlet on a circuit different from that to which the receiver is connectec. • Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement. The devicecan be used in portable exposure condition without restriction. RED DoC Declaration of Conformity: "Hereby, Shenzhen Enjoy Technology Co.,Ltd., declares that this HW10H is in compliance with the essential requirements and other relevant provisions of 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: support.lenovo.com"
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