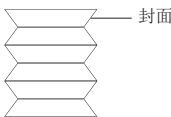
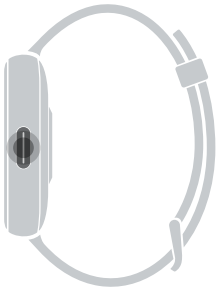


产品型号:	规格：成形后92x57mm（风琴折）；单黑+Pantone cool gray 6c；80g哑粉纸+双面印刷过哑油；	版本:
产品名称：realme Watch 3		修改历史:
零件图号：-		

实物要求符合Rohs、Reach、无卤、包装指令和OPPO环保标准，适用于一切OPPO项目、realme项目及其衍生项目





1

Enter pairing mode

Press and hold the power button on the side to power on.



2

Download realme Link

Search realme Link in Google Play Store (Android) or App Store (iOS), or scan the QR code to download realme Link.



3

Set up and pair

Tap the plus icon in realme Link to add device. Select realme Watch 3 in nearby devices, or scan the QR code on the watch screen to pair up with the watch.



On home screen

Swipe down to expand quick settings

Swipe up to see notifications

Swipe left to see widgets

Swipe right to see widgets

Press and hold to change the watch face

Cover watch with palm

Turn off the screen

● Press once

Wake the watch

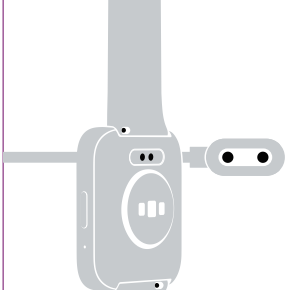
Pause or resume workout

Return to the previous screen in an app

To browse applications at home screen

Power on, off or restart

Upon 8s., force restart



Charging

To charge the watch, place the watch on the charging line. Make sure both metal pads on the back of the watch are aligned with the metal tips on the line.



Change straps

Slide the spring pin and hold it to remove a strap from the watch or attach a strap to the watch.



Documentation & Help

Need help or more information? Please scan QR code or visit:
<https://iot-wiki.realme.com/faq.html?deviceId=realme%20Watch%203>
You can also visit realme Link for frequently asked questions.

Safety Instructions

1. If you currently have any preexisting physical diseases, and using this product may have an impact on this disease, please consult your doctor first;

2. Do not check the display information when driving, being distracted or in other potentially dangerous situations;

3. This product is not a toy. Do not allow children or pets to play with this product. Small components of the product may cause suffocation;

4. The product function may be affected by external factors, so the data is for reference only;

5. The product has a heart rate recording function. Wearing it for a long time may cause some users to have skin discomfort and allergic symptoms, or bring certain risks to users with certain diseases. Please consult your doctor before using or stop using the product in any of the following situations:

- Epilepsy or sensitive to light;
- Poor blood circulation or prone to have bruises; heart disease or other diseases;
- You are taking any light-sensitive drugs.

Parameters

Model: RMW2108
Frequency band of operation: 2402MHz-2480MHz
Bluetooth transmit power: ≤10dBm (max)
Ingress protection level: IP68
Input rating: 5V ≈ 0.5A
Working temperature range: 0°C-45°C
Storage temperature range: -20°C-60°C

Contents

Smart watch
Charging line
User manual

Regulatory Information

To view regulatory information, please go to Settings - About - Regulatory Information

CE

Disclaimer

This product is not a medical device and should not be used as a substitute for professional medical judgment. It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare provider prior to making any decisions related to your health.

EU Declaration of Conformity (DoC)

Hereby, realme, declares that this device is in compliance with the essential requirements and other relevant provisions of Radio Equipment Directive 2014/53/EU. The declaration of conformity may be consulted at <https://www.realme.com/eu/support/declaration>

Warnings

Replacement of a battery with an incorrect type that can defeat a safeguard (for example, in the case of some lithium battery types);

Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;

Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;

A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas;

Please charge with a special adapter;

Do not swallow, dismantle, Pierce, ram, squeeze or throw into fire or the water;

Do not continue to use if severe swelling occurs;

Keep small cells and batteries which are considered swallowable out of the reach of children;

Swallowing may lead to burns, perforation of soft tissue, and death. Severe burns can occur within 2h of ingestion;

In case of ingestion of a cell or battery, seek medical assistance promptly.

This symbol means that according to local laws and regulations your product and/or its battery shall be disposed of separately from household waste. When this product reaches its end of life, user has the choice to give his product to a competent recycling organization. Proper recycling of your product will protect human health and the environment.

FCC Statement:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF Exposure

The SAR limit adopted by FCC is 1.6 W/kg averaged over one gram of tissue. Device types RMW2108 (FCC ID: 2AUYFRMW2108) has been tested with 0mm (at the limbs) and tested with 10mm (at the front of face) against this SAR limit.

-

Warranty

Thank you for purchasing realme products. If any manufacturing defect problems occur within 12 months from the date of purchase, user can enjoy our company's warranty service.

Matters Needing Attention:

1. When you buy the product, the sales unit will issue a valid proof of purchase;

2. The warranty card and the proof of purchase should be kept by the user properly, and it will not be replaced if lost;

3. If the product fails due to non-human factors, the user can present the warranty card and proof of purchase to the realme customer service center for free maintenance during the warranty period.

Non-warranty situation:

This warranty does not cover the following cases:

1. Out of warranty period;

2. Damage caused by use not in accordance with the instructions;

3. Damage caused by man-made causes;

4. Failure caused by unauthorized disassembly, maintenance, or modification of the product;

5. Damage caused by force majeure factors (such as floods, earthquakes, lightning, etc.);

6. There is no warranty card, invoice, or warranty card that does not match the invoice information;

7. The product wears naturally;

8. Other failures and damages that are not caused by the quality of the product itself.

Email : techlifeservice@realme.com
Website : www.realme.com
Toll free : 1800 102 2777

Warranty Card (Stub Copy)

Dear user, thank you for using the product of our company. Please read and keep properly the warranty card after purchasing the product so that we can provide better services to you.

User Information

User's name _____ Phone Number _____

Address _____

Email _____

Product Information

Product Model _____ Product Serial Number _____

Sales Information

Purchase Date _____ Invoice Number _____

Sales Unit _____ Phone Number _____

Address _____

Warranty Card (Customer Copy)

Dear user, thank you for using the product of our company. Please read and keep properly the warranty card after purchasing the product so that we can provide better services to you.

User Information

User's name _____ Phone Number _____

Address _____

Email _____

Product Information

Product Model _____ Product Serial Number _____

Sales Information

Purchase Date _____ Invoice Number _____

Sales Unit _____ Phone Number _____

Address _____

realme Watch 3

User Guide

封面