

EMS Foot Massager

Model No.: ER205A

ErgoRelax

Search "ErgoRelax" in App Store or Google Play to download the app.



IOS App



Android App

Contact Us:

- 📱 ErgoRelax App
- ✉ support@ergorelax.com
- 🌐 www.ergorelax.com

EMS Foot Massager

Model No.: ER205A



Thank you for purchasing your new ErgoRelax massager. It is well known that massage is not a mechanical movement and everyone has their own favourite mode. We've done our best to have the massager delicately designed. Learning how to use your new massager is simple. Let's get started.

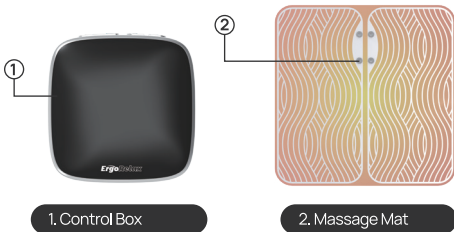
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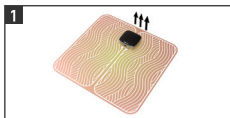
Product Brief Introduction

ErgoRelax EMS Foot Massager Fit for Foot and other body Relax. Great Device You Can Use at Home or Travel. Also the best gift. By placing the massager exactly at the site of the body, you get fast relief. If you have any type of strain from exercise or household work activities, it can provide you with immediate relief. It is just like a natural process.

Product Parts



Installation

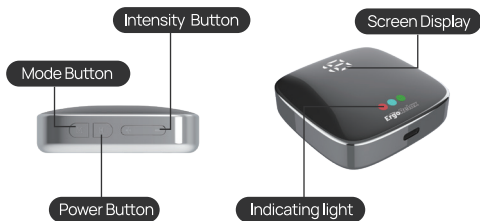


Attach the device to the foot mat



Pull out the insulator of the remote control

Buttons & Operation



A. Power Button

Pressing this button 3sec to power on and start mode 1. The red indicator lights up. Press the button again for 3sec to turn off the device.

B. Mode Button

Press this button to change the massage mode. Each press can change from mode 1 to mode 8.

C. Intensity Button

Press "+" button to increase the intensity of the massage.

Press "-" button to reduce the intensity of the massage.

You can set it from intensity 1 to intensity 16.

The green indicator lights up.

Note:

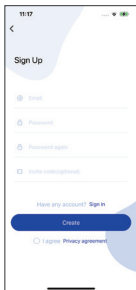
1. It will auto shut down after 15 minutes of use, so as to prevent discomfort

APP

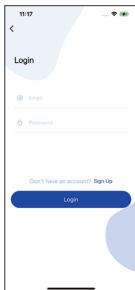
In order to provide more intelligent and convenient operation, ErgoRelax developed an APP for you. It also will add more functions to the APP for you.

Note:

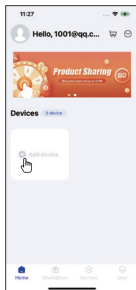
1. Search "ErgoRelax" in the App Store or in the Google Play and then download the app.
2. In order to give you a better experience, the app may be updated in the future and the following images may be different from your app.



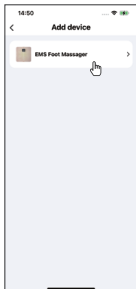
Step 1: Register your account with your email address



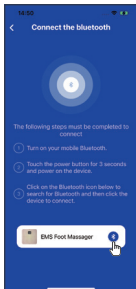
Step 2: Log in to your account



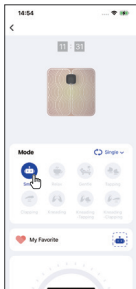
Step 3: Add device



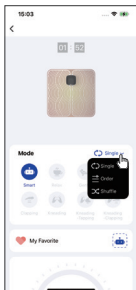
Step 4: Add your massage product.



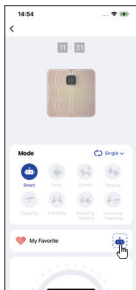
Step 5: Connect Bluetooth and select your product Bluetooth number (ERXXXXXXX)



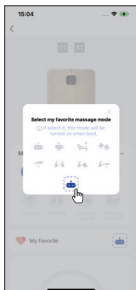
Step 6: Click on any mode you want to massage.



Step 7: Choose the loop you like



Step 8: Click "my favorite" mode



Step 9: Drag your favorite mode into the box

Note:

1. After selecting my favorite mode, your boot mode will be set to the current mode.
2. There are 3 loops to choose from, including single/order/shuffle.
Single: That's default loop, it will only be used in current mode unless you change the mode manually.
Order: When you choose "order", modes will begin the massage in order from 1 to 8.
Shuffle: When you choose "shuffle", you will feel different mode at different times, it's not a fixed mode.

Charge

Please charge first when you use it for the first time

It's charged by a 5V/1A adapter, safe and reliable. You can use your cellphone charger or other USB charger. It does not support fast charging and may not be able to charge it if you use a fast charging plug.

- A. When the battery is low, the indicator light flashes to remind you to charge in time.
- B. Use the DC 5V adapter to connect one end of the product and the other to the power supply to start charging.
- C. When charging, the blue indicator light breaths, and the indicator light goes out after the battery is full.

Note:

1. Do not use the fast charger, it may not charge your massager.

Maintenance

**When cleaning the product,
the control box removed from the massage pad.**

1. If dirty, only need to rinse with water to dry, do not brush it.

Diagnosis

This chapter lists the most common questions about this product. If you cannot find the answer to your question, please contact our services by email.

Situation	Reason	Solution
The button is pressed but does not work.	No power	Please charge it.
Unable to power on	No power	Please charge it.
Stop working while using the product	The default time of automatic massage is 15 minutes	Restart the massage
Not feeling enough or not feeling at all	Intensity is too low	Press "+" button to increase the massage intensity.
Feel powerful or uncomfortable	Intensity is too high	Press "-" button to reduce the massage intensity.
Unable to connect to Bluetooth	You may not turn on the phone's Bluetooth	Please turn on the phone's Bluetooth, or disconnect the phone's Bluetooth and then reconnect it
	The massager is not turned on.	Turn on the massager
	Bluetooth device is not nearby	Please keep the device within a valid Bluetooth distance of 3 meters

Important Safety Instructions

1. If any of the following apply to you, please consult a doctor before use:
Pregnant women, children, or the elderly

- People who suffer from skin infections or have redness and bumps on the skin
- People who use a pacemaker or similar implantable medical device
- Patients with heart disease or malignant tumors
- People who are receiving medical treatment or feel discomfort
- People suffering from osteoporosis
- People with high blood pressure or abnormal blood pressure

2. This product should not be used for any medical purposes.
It is designed for personal and non-professional use only

- 3.
- Do not use spare parts that are not approved by the manufacturer
 - Non-professional repair personnel should not dismantle or replace the parts of the leg massager without permission.
 - Do not use or store the product in a place with humidity or high temperature.
 - Stop using it immediately if any adverse reactions occur.
 - Stop using it immediately and cut off the power if the product becomes extremely hot or the product begins to smell or emit an odor.
4. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Warning

NOTE:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: —Reorient or relocate the receiving antenna. —Increase the separation between the equipment and receiver. —Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. —Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF exposure:

The device has been evaluated to meet general RF exposure requirement

Specification

Product Name	EMS Foot Massager
Model No.	ER205A
Charging Voltage	5V
Battery Capacity	300mAh
Storage Condition	-20~60 °C/ 30~85%RH
Usage Condition	10~40 °C/ 30~85%RH

Packing List

Massage Pillow	1pcs
Control Box	1pcs
User Manual	1pcs
Type-C Cable	1pcs

WARRANTY

- Within one year after the purchase date, you will receive a free warranty service due to non-human damage such as poor manufacturing process.
- This free service excludes consumable spare parts (battery, cable, etc.) that need to be replaced from time to time