

Please read this user manual carefully before using the product and keep it properly

Smart Watch Product Parameters

Product model: Life Ring S5
Screen size: 1.54" 320x320
Product weight: 65g(without watchband)
Battery capacity: 710mAh
Communication mode: 2G,3G,4G,WiFi,Bluetooth
Manufacturers: Skyring Smart Technologies (Shenzhen) Co., Ltd.
Address: 6F GDC Building, 9 Gaoxin Central Avenue 3rd, Nanshan District, Shenzhen, P.R.China 518057
Website: <http://www.skyringtech.com>
Service Tel.: +(86) 269 119 90



Life Ring S5
Manual

Important tips before use:

1. Activate Nano SIM card
Please insert the nano SIM card before use, and activate the new SIM card first.

2. Open data flow service
Please make sure the SIM card has data traffic service.

3. Open the call display
Please make sure that the SIM card can activate the call display function, otherwise normal use will be affected.

4. Replace nano SIM card
Please turn off the watch before replacing the SIM card.

5. Safety first
Do not use the watch when charging.

6. When flying
Please turn off your watch or turn on "flight mode" when flying.

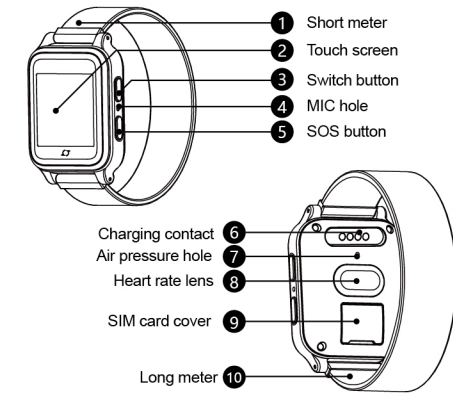
7. keep away from special environment

- Hospitals or health care institutions may use sensitive equipment for wireless frequency, please effectively comply with relevant regulations or guidelines;
- May cause interference. Consult the medical equipment manufacturer or doctor before using the equipment;
- Please keep the product away from fire source, high temperature, high heat and other extreme environment;
- It is strictly prohibited to use the product in gas stations, fuel depots, chemical plants and other environments;
- Do not immerse the watch in water for a long time;
- Not for diving; avoid contact with high-speed water, such as rafting, surfing and water skiing;
- If taking bath in sauna, steaming and hot spring, please do not wear watch;
- Avoid the watch falling or being hit (the waterproof performance of the watch may be damaged);
- In case of water intrusion, it is recommended to remove the SIM card cover after shutdown and air dry it naturally;
- Do not make the watch encounter sudden temperature change (such as blowing the watch with a hot air blower);
- The waterproof is affected by water temperature, water depth, water quality and user's usage;
- The water resistance is not permanent and may weaken with time;

8. Important safety information

- Before using the equipment, please read all safety information to ensure correct and safe use;
- The machine is composed of high-precision components, which can not be disassembled by users;
- In case of any fault, please send it to the after-sales service department in your area for maintenance;
- Please avoid falling from a high place or being under too much pressure. Do not touch the LCD with sharp objects to avoid scratching the LCD;
- Do not use, store or vibrate the machine in high temperature, high pressure, strong static electricity, strong magnetic field or dusty environment to avoid damage to the machine;
- Do not place the power cord in the place where people often go in and out.

1. Appearance introduction

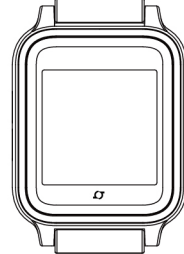


Notes: there is waterproof Layer in the air pressure hole, do not needle

2. Install SIM card

- Use a standard Nano-SIM card.
- In the off state, open SIM card cover, put the SIM card into the back cover of SIM card cover correctly, and then fasten the SIM card cover to the card slot.
- After installation, press the power key to start the watch.

3. Turn on the device



Long press the power key to start the watch

4. Equipment pairing

To ensure the successful pairing of device, mobile phone and device should be kept close

1. Scan the QR code below by mobile phone or search "SKYRING-Heath" APP through mobile app market.
Follow the prompts to complete the download and installation:



Mobile system requirements: Android 5.0 / IOS 9.0 and above.

2. After opening the downloaded app, creating and logging in the account, you can complete adding and pairing devices through the following two paths.

a. On the group and device page, select Add device. On the device selection page, select the watch icon, and enter the device unique value (IMEI / device ID / device serial number) in the input box.

b. Select Add Device on group and device page, select watch icon on device selection page, open watch QR code page, scan QR code to complete pairing.

5. Battery warning

This equipment uses lithium battery, and the charging temperature of the battery is 0°C - 42°C.
Do not try to open or repair the non replaceable battery components by yourself, to avoid any disassembly, extrusion, penetration, short circuit of the battery, or put it into water, fire and exposure to the environment with temperature above 80°C.
Executive standard of battery: GB31241-2014
Product waterproof grade: IPX7
Remark: The watch is splash, water, and dust resistant and were tested under controlled laboratory conditions with a rating of IPX7. Splash, water, and dust resistance are not permanent conditions and resistance might decrease as a result of normal wear. Please do not charge your watch in high temperature or humid conditions. Liquid damage is not covered under warranty.

6. Health reminder

1. If you are wearing a pacemaker (including heart rate regulator), hearing aid or other electronic device implanted into your body, please consult your doctor before using the heart rate detection device.

2. During health measurement, the sensor will flash red and green light. If you have epilepsy or are allergic to flash light, please consult your doctor first.

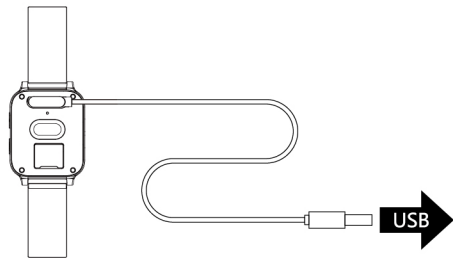
3. Related data of this equipment and accessories, heart rate sensor are for reference only. It cannot be used for medical purposes, diagnosis, monitoring, treatment or prevention of diseases. The company shall not be responsible for the consequences caused by any data error.

4. The device sensor measures and tracks your displacement and other data to help you better understand your daily activities, but the test results will be affected by personal physical characteristics, wearing methods, types of activities, intensity and other situations. We provide you with detection and data as accurate as possible, but not completely accurate.

7. Equipment charging

For initial use, please charge the device for 2.5 hours.

This product charge is magnetic. The smaller end of charging line is the charging end, with four metal contacts visible. The USB interface end is connected with the power adapter. When charging the equipment, the metal contact of the charging line shall be aligned and close to the metal contact at the bottom of the watch, which can automatically absorb to the corresponding position and start charging.



8. Schematic diagram of common icons of equipment (excluding all functions)

	Battery Power		History Record
	SOS		Health Detection
	Health Step Counting		Blood Oxygen Content
	Medication Reminder		Setting
	Volume		Bluetooth
	Device QR code		Connect
	Flight Mode		Language Switching
	Address Book		Brightness
	Heart Rate Value		WiFi
	Search Device		Hang up

9. Simple troubleshooting

- Is the watch a little hot?
Long time use of the watch will cause slightly heat, which is a normal phenomenon. Suggest dispersion before continue to use after heating.
- After changing the watch card, does the app need to rebind the watch?
No, the app is bound to the watch itself. It has nothing to do with the watch card. If the watch card is changed, the app can update the watch number.
- What circumstances can it not be located?
A. Watch is in the off state
B. Watch owes the phone charge
C. App network is not unblocked
D. Watch network is not unblocked
E. The concealed room, basement, or the areas with complex electromagnetic signals.

10. Tips:

1. This product is not equipped with a power adapter. When charging, the computer USB interface or the power adapter with international certification can be used. The output voltage and power current of adapter should meet the following specifications: output DC voltage: 5V, output DC current: not less than 800mA.

2. If the battery is not replaced properly, there will be explosion risk. Only the same type or equivalent battery can be used for replacement.

3. The battery (battery pack and combined battery) shall not be exposed to the sun, fire or similar overheated environment.

4. There is an explosion risk if the wrong type of battery is used for replacement. Be sure to dispose the used battery according to the instructions.

5. Power connection instructions:
Since the power plug is used to cut off the main power for supply of the machine, please connect the machine to an easily accessible AC socket.
The equipment shall keep away from water drop or splashing

when charging, and items filled with liquid such as vases shall not be placed beside the equipment.

6. Simple troubleshooting for charging failure:

- Please confirm whether there are any foreign matters on the pin of the charging wire head and the PIN surface of the bottom shell. If there are any, please use a clean cloth to remove them;
- Please confirm whether the pin pin surface is oxidized due to other reasons, if so, please clean it with a clean cloth;
- If the pin of the charging head is seriously retracted and sagged, so that the pin cannot contact the charging base of the host computer.
- Please replace the new charging line;
- If the charging symbol does not appear for a short time, please continue charging for 10 minutes to confirm whether there is a charging symbol.

11. FCC RF Exposure Information and Statement

This device meets the government's requirements for exposure to radio waves. The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons regardless of age or health. The SAR limit of USA (FCC) is 1.6 W/kg averaged. Device types: smartwatch (FCC ID:2AWG8-LIFERINGSS) has also been tested against this SAR limit. SAR information on this and other pad can be viewed on - line at <http://www.fcc.gov/oet/ea/fccid/>. Please use the device FCC ID number for search. This device was tested simulation typical 0mm wear on wrist and 10 mm to mouth. To maintain compliance with FCC RF exposure requirements, use accessories should maintain a separation distance between the user's bodies mentioned above.

12. FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC ID: 2AWG8-LIFERINGSS

制作要求:
1, 展开尺寸: 160mm*80mm
2, 材质: 157g双铜纸 1C+双骑马钉