

Insta360 ONE X2

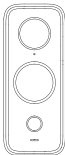
QUICKSTART GUIDE

快速入门指南

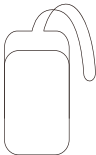
English · 简体中文

1 What's Included

This package includes the following items. If any item is missing or broken, please contact Insta360.



Insta360 ONE X2



Protective Pouch



Battery

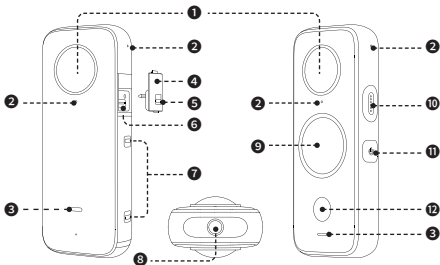


Charge Cable



Lens Cloth &
Documentation

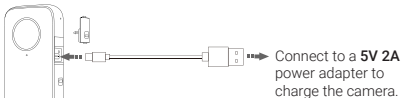
2 Names of Parts



- | | |
|-------------------------------------|---------------------------------------|
| 1 Lens | 7 Battery Lock Buckles |
| 2 Microphone | 8 Standard 1/4" Mounting Point |
| 3 Status Indicator | 9 Touch Screen |
| 4 USB Lock Cover (removable) | 10 Speaker |
| 5 USB Lock Buckle | 11 Power / Function Button |
| 6 USB Type C Port | 12 Shutter Button |

3 Before You Start

❶ Ensure the battery has been fully charged. Please connect the included charge cable to ONE X2 in case of low or depleted battery.

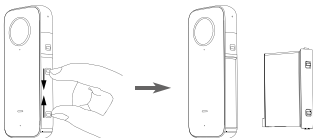


Note:

You can also use the official Insta360 ONE X2 Smart Charger (sold separately).

❷ Insert a Micro SD card

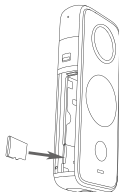
a. First, remove the battery. Squeeze the battery lock buckles as the two small arrows indicate, then the battery will pop out automatically.



b. Insert a Micro SD card
(With its label facing outward towards the touch screen)

Supported Micro SD cards:

Please use exFAT Format MicroSD cards of speed classes UHS-I and V30 to ensure normal recording. The maximum supported storage space is 1TB.



③ Be sure to **close the battery lock cover and USB lock cover completely** (The yellow indication marks should be covered) to ensure waterproofing is not affected.



4 Know Your Insta360 ONE X2

Power on / off

When the camera is turned off, press the Power / Function button to power it on.

In standby mode, press the Power / Function button to turn the touch screen light off / on.

In standby mode, long press the Power / Function button for 2 seconds to power it off.

Using the Touch Screen

* The first time you turn on the camera, the following will be displayed on the screen.



Important: When using ONE X2 in water, please lock the touch screen to avoid accidental presses. After locking the touch screen, you can use the Power / Function Button to change modes.

* Basic operations for the touch screen:

Swipe down to access System modes

Swipe right to access
Media Gallery



Swipe left to adjust
camera settings

Swipe up to change capture mode

5 Control via WiFi

- 1 Download the Insta360 app. The first time you use it, please follow onscreen instructions to activate the app.
- 2 Turn on the WiFi and Bluetooth of your mobile device.
- 3 When the camera is turned off, press the Power / Function button to power it on.
- 4 After installing the app, tap the camera icon  at the bottom of the app homepage and select "**Connect now**" in the WiFi panel. Then, follow the onscreen instructions to connect your device.
- 5 After successfully connecting the camera, you can take photos or

shoot videos via the app.

Note:

The WiFi connection range is 10 meters (33 ft) in optimal conditions with no interference.

* For more product information, visit

<https://www.insta360.com/support/product-support>

*** Disclaimer**

Please read this Disclaimer carefully. Using the camera and its relevant accessories means that you acknowledge and accept the terms of this disclaimer.

By using this camera, you hereby acknowledge and agree that you are solely responsible for your own conduct when using this camera and any consequences thereof. You agree to use this camera only for proper and lawful purposes. You understand and agree that Arashi Vision Inc. (hereinafter referred to as 'Insta360') accepts no liability for any and all misuse, consequences, damages, injuries, penalties, or any other legal responsibility directly or indirectly incurred by your using this camera and associated accessories.

Before every use, make sure that your accessories are functioning properly. If there's any damage or irregularity, stop using them immediately.

Within the scope of state laws and regulations, Insta360 reserves the right of final explanation and revision for the commitment.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two

conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

IC STATEMENT

This device complies with Industry Canada's licence-exempt RSSs. Operation is subject to the following two conditions:

- (1) This device may not cause interference; and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

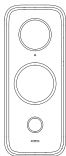
- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

5.2 GHz band is restricted to indoor use only

The distance between user and device should be no less than 20cm.
la distance entre l'utilisation et l'appareil ne doit pas être inférieure à 20 cm.

1. 物品清单

打开包装，请确认包含以下物件。如有缺失或破损，请联系 Insta360。



Insta360 ONE X2 相机



便携收纳袋



电池

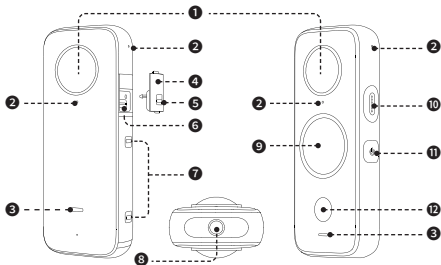


充电线



擦镜布 & 文档资料

2. 认识部件

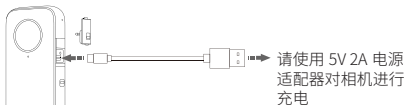


- ❶ 镜头
- ❷ 麦克风
- ❸ 状态指示灯
- ❹ USB 护盖 (可拆卸)
- ❺ USB 护盖拨钮
- ❻ USB Type-C 接口

- ❼ 电池盖拨钮
- ❽ 标准 1/4 螺口
- ❾ 触摸屏
- ❿ 扬声器
- ⓫ 电源 / 功能键
- ⓬ 快门键

3. 使用前准备

❶ 确保电池电量充足。请使用随附的充电线连接机身一侧的 USB Type-C 接口，对相机进行充电。

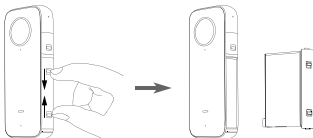


温馨提示：

您还可以使用 Insta360 ONE X2 官方适配的充电座（另售）对电池进行充电。

❷ 插入 Micro SD 卡。

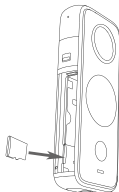
a. 取出电池：根据箭头示意方向，拨动电池盖拨钮，电池会自动弹出。



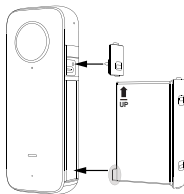
b. 插入 Micro SD 卡
(标签朝向相机有屏幕的一侧)

支持的 Micro SD 卡：

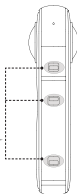
请使用 **UHS-I、V30** 及以上和 **exFAT** 格式的 Micro SD/TF 存储卡，速度过低可能导致无法正常录像；Micro SD 卡最大内存可支持 1TB。



③ 确保电池盖和护盖已完全锁紧（黄色标识显示不可见），否则将影响整机的防水性能。



确保黄色标识
显示不可见



4 了解 Insta360 ONE X2

■ 开机 / 关机

关机时，按压电源 / 功能键，相机**开机**。

开机时，按压电源 / 功能键，相机**熄屏 / 亮屏**。

开机时，长按电源 / 功能键 2 秒，相机**关机**。

■ 使用触摸屏

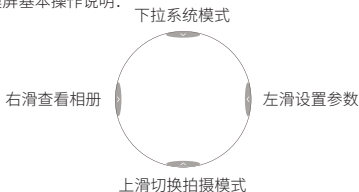
* 下图为首次开机，屏幕预览界面：



重要：

当相机在水下使用时，请使用锁屏功能，将屏幕锁定，以防误触屏。
此时，使用机身电源 / 功能键可切换拍摄模式。

* 触摸屏基本操作说明：



5 WiFi 连接

- ① 移动设备下载、安装 app。首次使用，请先根据 app 页面提示激活 app。
- ② 打开移动设备蓝牙和 WiFi 功能。
- ③ 相机关机状态下，按压电源键，相机开机。
- ④ 打开 app，点击 app 页面下方的相机图标 ，在“使用 WiFi 连接”一项点击“立即连接”。当 app 页面跳转至提示【**搜寻相机中**】，选择你需要连接的相机，然后按照 app 页面提示完成操作。

⑤ 连接成功后，可在 app 页面进行拍照、录像、设置等操作。

注意：

WiFi 连接有效距离为 10 米（无干扰无遮挡）。

* 更多产品信息，请访问：

<https://www.insta360.com/support/product-support>

*** 免责声明**

请仔细阅读本声明，一旦使用相机及其相关配件，即视为对本声明的全部认可和接受。

每次使用前，请仔细检查相机及其相关配件，若出现破损、变形，请勿使用。使用本相机，就意味着您认可并同意，您将对使用本相机的行为和可能产生的后果负全部责任。您承诺仅会出于正当合法的目的使用本相机。您理解并同意，对于直接或间接因使用本相机而造成的滥用、不利影响、损害、伤害、惩罚或者其他法律后果，影石创新科技股份有限公司（以下简称“Insta360”）将不承担任何责任。用户应遵循包括但不限于本文提及的使用注意事项。

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Arashi Vision Inc.

ADD: 6F, Building A, Logan Century Center, 23 Haixiu Road, Bao'an District, Shenzhen, Guangdong, China

WEB: www.insta360.com

TEL: 400-833-4360 +1 800 6920 360

EMAIL: service@insta360.com