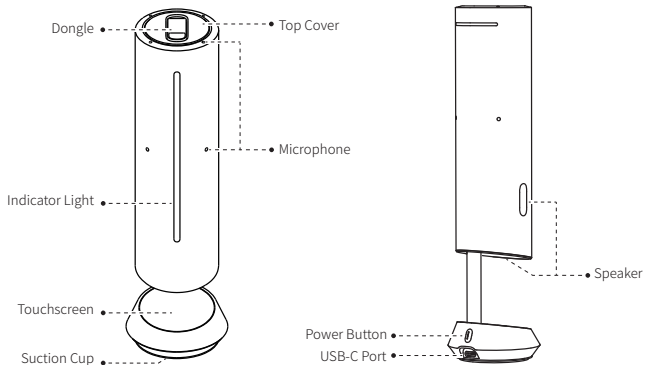


Insta360 Wave

Instructions for Use

Product Appearance



Standard Accessories



1.5m USB-C Cable



USB-A to USB-C Adapter



Carry Bag

*A 3.1m USB-C Cable and Adapter can be purchased separately.

How to Use

■ Placement

Place Insta360 Wave on a smooth, stable, flat surface. The base has a suction cup, so to move the speakerphone, hold the top and tilt it to one side to loosen it.

■ Power On/Off

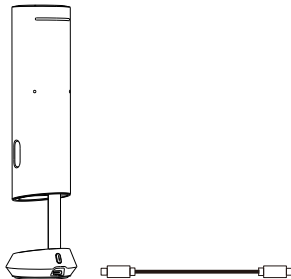
Power On: Press and hold the Power Button to power on Insta360 Wave. The main body of the speakerphone will rise. Press the Power Button once to turn the touchscreen off or on.

Power Off: Press and hold the Power Button to power off Insta360 Wave. The main body will lower and close.

Note: Insta360 Wave will automatically power on when connected to an external power source using a USB-C cable.

■ Charging

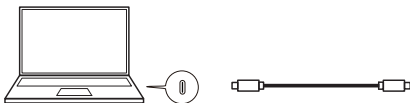
Charge Insta360 Wave using the included USB-C cable.



■ Connecting

1. Via USB-C Cable

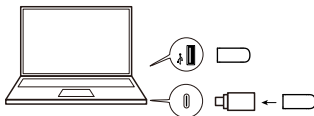
Insta360 Wave is compatible with both Windows and macOS systems. To avoid compatibility issues, it is recommended to use the included USB-C cable to connect it to your device.



2. Via Dongle

Remove the Dongle from Insta360 Wave and insert it into a computer or device to connect.

Note: You can also connect the Dongle to a USB-C port with the USB-A to USB-C adapter.



3. Via Bluetooth

Enable Bluetooth on Insta360 Wave's touchscreen, then turn on Bluetooth on your device and pair.

4. Via Wi-Fi

Install Insta360 Wave Controller on your computer, then connect Insta360 Wave with a USB-C cable to set up and connect to Wi-Fi.

■ Touchscreen

When you power on Insta360 Wave for the first time, select the language, region, and time zone on the touchscreen, review the user agreement, and proceed to the Insta360 Wave Controller installation guide before entering the main home screen. You can also skip the Wave Controller installation guide and go directly to the home screen.

• Speaker Volume

 Adjust the speaker volume and mute or unmute the speaker.

• Mute/Unmute Microphone

 Microphone on: the indicator light is solid green.

 Microphone muted: the indicator light is solid red.

• AI Record

 AI audio recording and transcription.

 Transcription only.

Adjust settings under **System Settings > AI Record Settings**.

• Speakerphone Body Height

 Set the main body to low, medium, or high positions.

• Audio Mode

 Choose between noise reduction or original audio settings (Omni, Cardioid, Supercardioid, Figure 8, or Stereo).

■ Install Insta360 Wave Controller

Visit <https://www.insta360.com/download/insta360-wave> to download and install Insta360 Wave Controller to adjust settings and use AI features.

■ Mount Insta360 Link 2

You can use Insta360 Wave with the webcam Insta360 Link 2 (sold separately). Remove the top cover from Insta360 Wave and mount Insta360 Link 2, ensuring that the contact points are aligned. Connect Insta360 Wave to your computer via a USB-C cable to use it.

Please note compatible webcam models are continuously updated; please check the Insta360 official website for the latest compatible models.

Update Firmware

1. Via Insta360 Wave Controller

Open Wave Controller and go to Settings > About to check the current firmware version. If a newer version is available, follow the onscreen instructions to update.

2. Via USB Mode

Connect Insta360 Wave to your computer with a USB-C cable and navigate to System Settings > USB Mode > File Transfer on the touchscreen. Download the latest firmware from the Insta360 website and copy it to the device's file. When a pop-up appears on the touchscreen, tap 'Update'.

3. Via Wi-Fi

After connecting Insta360 Wave to Wi-Fi, the system will automatically check if the current firmware is up-to-date. If there is an update available, Insta360 Wave will automatically download the newest firmware when in standby mode. Go to System Settings > General > Software Update on the touchscreen to update.

Notes:

1. Do not disconnect the USB cable while the firmware is being updated via Wave Controller or USB Mode.
2. Do not use Insta360 Wave during the firmware update.
3. For the best experience, it's recommended to update via Wave Controller.

Indicator Light

Device Status	Indicator Light Status
Powered on/Bluetooth paired successfully	Solid green
Powered off and charging	Slowly flashing orange
Firmware updating	Pulsing blue
Microphone muted	Solid red
In a conference call/AI recording in progress	Solid cyan
Hardware malfunction/Bluetooth pairing failed/Firmware update failed	Flashing yellow

Safety Information

Disclaimer

Please read this Disclaimer carefully. Using this product means that you acknowledge and accept the terms of this disclaimer. By using this product, you hereby acknowledge and agree that you are solely responsible for your own conduct when using this product and any consequences thereof. You agree to use this product only for proper and lawful purposes. You understand and agree that Arashi Vision Inc. (hereinafter referred to as 'Insta360') accepts no liability for any and all misuse, consequences, damages, injuries, penalties, or any other legal responsibility directly or indirectly incurred by your using this product and associated accessories. Before every use, make sure that your accessories are functioning properly. If there's any damage or

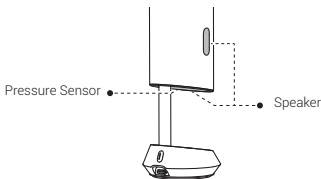
irregularity, stop using them immediately. Within the scope of state laws and regulations, Insta360 reserves the right of final explanation and revision for the commitment.

Warning

- The device should be used in temperatures between 32°F–104°F (0°C–40°C).
- Keep the device away from liquids. Do not expose it to moisture.
- The device contains magnets. Keep it away from pacemakers and other sensitive equipment to prevent interference.
- Ensure nothing obstructs the device from being extended or retracted when it is powered on or off.
- If the device is left unused for an extended period, the battery may be depleted. Please charge it before use.

Note

- This is a precision-engineered device. Keep it dry and clean during storage, transport, installation, and use.
- Avoid drops or impacts to prevent damage.
- Place the device on a well-ventilated, stable, and level surface.
- Do not place heavy objects on the device.
- Do not disassemble or attempt to repair the device.
- Keep the device away from heat sources or open flames, such as candles or portable heaters.
- Please use the accessories provided or authorized by Insta360 only.
- Keep the volume at an appropriate level to protect your hearing.
- The base features a suction cup. To move the device, hold it at the top and gently tilt it to one side. Do not pull it forcefully.
- The device has a built-in pressure sensor and speaker. Do not touch or press that area.



- Before cleaning the device, turn it off and disconnect it from the power source. Clean with a soft, dry, anti-static cloth.

Specifications

Product	Insta360 Wave
Model	CINSABCA
Input	5V $\equiv$ 3A, 9V $\equiv$ 2.2A
Power	12W–19.8W
Bluetooth	Operating Frequency: 2400MHz–2483.5MHz Output Power (E.I.R.P.): < 10dBm
Wi-Fi	Operating Frequency: 2.4GHz Wi-Fi: 2400MHz–2483.5MHz 5.1GHz Wi-Fi: 5150MHz–5250MHz 5.8GHz Wi-Fi: 5725MHz–5850MHz Output Power (E.I.R.P.): 2.4GHz Wi-Fi: < 20dBm; 5.1GHz Wi-Fi: < 23dBm; 5.8GHz Wi-Fi: < 23dBm.
Voice Pickup Distance	5 meters
Environment	Operating Temperature: 0°C to 40°C Max Operating Humidity: $\leq$ 80% Storage Temperature: -30°C to 70°C

Product	Insta360 Wave Dongle
Model	CINSBBCA
GFSK	Operating Frequency: 2402MHz–2480MHz Output Power (E.I.R.P.): < 10dBm

Compliance Information

Supplier's Declaration of Conformity

Product Name: Insta360 Wave, Insta360 Wave Dongle

Model Number: CINSABCA, CINSBBCA

Responsible Party: Arashi Vision (U.S.) LLC

Responsible Party Address: 2323 Main St, Unit 16, Irvine, CA 92614, United States

Website: www.insta360.com

We, Arashi Vision (U.S.) LLC, being the responsible party, declares that the above mentioned model was tested to demonstrate complying with all applicable FCC rules and regulations.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

RF Exposure Information

This product complies with FCC radiation exposure limits set forth for an uncontrolled environment. In order to avoid the possibility of exceeding the FCC radio frequency exposure limits, human proximity to the antenna shall not be less than 20cm during normal operation. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

This device is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

ISED Compliance Information

CAN ICES (B) / NMB (B)

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- (1) L'appareil ne doit pas produire de brouillage;
- (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with RSS-102 radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. The portable device is designed to meet the requirements for exposure to radio waves established by the RSS-102.

Cet équipement est conforme aux limites d'exposition aux rayonnements CNR-102 établies pour un environnement non contrôlé. L'utilisateur final doit suivre les instructions spécifiques pour satisfaire les normes. Cet émetteur ne doit pas être co-implanté ou fonctionner en conjonction avec toute autre antenne ou transmetteur. Le dispositif portable est conçu pour répondre aux exigences d'exposition aux ondes radio établie par le développement énergétique DURABLE.

The device for operation in the band 5150–5250 MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite systems.

Les dispositifs fonctionnant dans la bande de 5 150 à 5 250 MHz sont réservés uniquement pour une utilisation à l'intérieur afin de réduire les risques de brouillage préjudiciable aux systèmes de satellites mobiles utilisant les mêmes canaux.

This equipment complies with IC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance of 20 cm between the radiator and your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Cet équipement est conforme aux limites d'exposition aux rayonnements de la IC établies pour un environnement non contrôlé. Cet équipement doit être installé et fonctionner à au moins 20cm de distance d'un radiateur ou de votre corps.

EU & UK Compliance Notice



Declaration of Conformity

Arashi Vision Inc. hereby declares that this product is in compliance with the essential requirements and other relevant provisions of the directive 2014/53/EU. The full text of the EU Declaration of Conformity is available online at <https://www.insta360.com/euro-compliance>

EU contact: Insta360 GmbH, Gartenfelder Straße 29-37, Gebäude 31/31.12 1.OG, 13599 Berlin Germany

Déclaration de conformité

Arashi Vision Inc. déclare par les présentes que ce produit est conforme aux exigences essentielles et aux autres dispositions pertinentes de la directive 2014/53/UE. Le texte intégral de la déclaration de conformité de l'UE est disponible en ligne à l'adresse <https://www.insta360.com/euro-compliance>

Contact pour l'UE : Insta360 GmbH, Gartenfelder Straße 29-37, Gebäude 31/31.12 1.OG, 13599 Berlin Allemagne

GB Compliance Statement

Arashi Vision Inc. hereby declares that this product is in compliance with the essential requirement and other relevant provisions of Radio Equipment Regulations 2017. The full text of the GB Declaration of Conformity is available online at <https://www.insta360.com/euro-compliance>

This device is restricted to indoor use when operating in the 5150-5250MHz frequency range in all EU/EFTA member states, Türkiye and UK.

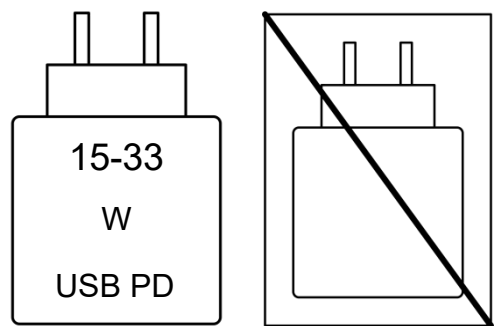


	BE	BG	CZ	DK	DE	EE
	IE	EL	ES	FR	HR	IT
	CY	LV	LT	LU	HU	MT
	NL	AT	PL	PT	RO	SI
	SK	FI	SE	UK(NI)	TR	NO
	CH	IS	LI			

WEEE Directive



Correctly dispose of this product. This marking indicates that this product should not be disposed with other household wastes throughout the EU/UK. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle responsibly to promote the sustainable reuse of material resources. To safely recycle your device, please use return and collection systems or contact the retailer where the device was originally purchased.



Information on charging specifications

The power delivered by the charger must be between min 15 Watts required by the radio equipment, and max 33 Watts in order to achieve the maximum charging speed.

Information on fast charging specifications

USB PD fast charging



部件名称	有害物质					
	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr ⁺⁶)	多溴联苯 (PBB)	多溴二苯 醚 (PBDE)
外壳	○	○	○	○	○	○
线路板	○	○	○	○	○	○
液晶面板	○	○	○	○	○	○
内部线材	○	○	○	○	○	○
金属部件	X	○	○	○	○	○
其他配件	X	○	○	○	○	○

本表格依据 SJ/T 11364 的规定编制。
○：表示该有害物质在该部件所有均质材料中的含量均在 GB/T

26572 规定的限量要求以下。
X:表示该有害物质至少在该部件的某一均质材料中的含量超出 GB/T 26572 规定的限量要求。（产品符合欧盟 RoHS 指令环保要求）

Japan Warning message

5.2 GHz band is restricted to indoor use only 電波法により 5.2 GHz 帯は屋内使用に限ります。

KC Compliance Notice

해당 무선설비는 운용 중 전파혼신 가능성이 있음 .

해당 무선설비는 운용 중 전파 혼신 가능성이 있으므로 인명안전과 관련된 서비스는 할 수 없습니다 .

NCC Compliance Notice

取得審驗證明之低功率射頻器材，非經核准，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

低功率射頻器材之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。

前述合法通信，指依電信管理法規定作業之無線電通信。低功率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

應避免影響附近雷達系統之操作。

高增益指向性天線只得應用於固定式點對點系統。

使用過度恐傷害視力

注意：

- 使用 30 分鐘請休息 10 分鐘。
- 未滿 2 歲幼兒不看屏幕，2 歲以上每天看屏幕不要超過 1 小時。

BSMI Compliance Notice

設備名稱: Insta360 Wave

型號(型式): CINSABCA

Equipment name

Type designation(Type)

單元 Unit	限用物質及其化學符號 Restricted substances and its chemical symbols					
	鉛 Lead (Pb)	汞 Mercury (Hg)	鎘 Cadmium (Cd)	六價鉻 Hexavalent chromium (Cr ⁺⁶)	多溴聯苯 Polybrominated biphenyls (PBB)	多溴二苯醚 Polybrominated diphenyl ethers (PBDE)
外殼	○	○	○	○	○	○
電路板	○	○	○	○	○	○
液晶面板	○	○	○	○	○	○
內部線材	○	○	○	○	○	○

金屬部件	-	○	○	○	○	○
其他配件	-	○	○	○	○	○

備考 1. “超出 0.1 wt %” 及 “超出 0.01 wt %” 係指限用物質之百分比含量超出百分比含量基準值。

Note 1: “Exceeding 0.1 wt %” and “exceeding 0.01 wt %” indicate that the percentage content of the restricted substance exceeds the reference percentage value of presence condition.

備考 2. “○” 係指該項限用物質之百分比含量未超出百分比含量基準值。

Note 2: “○” indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of presence.

備考 3. “-” 係指該項限用物質為排除項目。

Note 3: The “-” indicates that the restricted substance corresponds to the exemption

請當心—有潛在傷害的危險：本產品內的電池如果更換不正確會有爆炸的危險。
請依製造商說明書處理用過之電池。

To find camera's Regulatory Information, please swipe down touch screen on your camera, then tap Settings > Certification.

相机屏幕预览页面下拉快捷菜单，点击进入设置 > 法规认证，即可看到认证信息。

