

87 mm

696 mm

Insta360 App

Tutorials
教学视频

User Manual
用户手册

<https://www.ista360.com/guide/goutra>

Press and hold the lock to remove the Standalone Camera.
长按解锁键的同时取下单相机

Align the Standalone Camera with the pogo pins when returning it to the Action Pod.
单相机放回拓展舱时请对准信号触点

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Insta360 GO Ultra

Safety Guidelines

安全概要

EN · CN · JA · DE · ES · FR · IT · NL · PL · PT
RU · KO · TC · AR · HI · ID · MS · TH · VI · TR

Safety Information

Disclaimer

Please read this Disclaimer carefully. Using this product means that you acknowledge and accept the terms of this disclaimer. By using this product, you hereby acknowledge and agree that you are solely responsible for your own conduct when using this product and any consequences thereof. You agree to use this product only for proper and lawful purposes. You understand and agree that Arashi Vision Inc. (hereinafter referred to as "Insta360") accepts no liability for any and all misuse, consequences, damages, injuries, penalties, or any other legal responsibility directly or indirectly incurred by your using this product and associated accessories. Before every use, make sure that your accessories are functioning properly. If there's any damage or irregularity, stop using them immediately. Within the scope of state laws and regulations, Insta360 reserves the right of final explanation and revision for the commitment.

Warnings

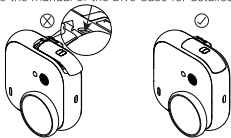
- ① Insta360 GO Ultra contains magnets. Keep it away from pacemakers and other devices affected by magnetic interference.
- ② Only use GO Ultra in an environment with a temperature range of -4°F to 104°F (-20°C to 40°C).
- ③ After use, do not charge Go Ultra until the battery cools to room temperature. Only charge in an environment between 32°F and 140°F (0°C and 40°C). Charging in extreme temperatures may damage the battery.
- ④ Do not leave Go Ultra near heat sources such as a radiator or furnace, nor inside a vehicle on hot days.
- ⑤ If left unused for 30 days or longer, the battery may be depleted. Charge the battery regularly to ensure proper operation.
- ⑥ Do not disassemble or repair Go Ultra by yourself.

- ⑦ Do not drop or strike Go Ultra, and do not place it under heavy objects.
- ⑧ Ensure the charging points on the standalone camera and Action Pod are clean and undamaged.
- ⑨ Do not expose the charging points on the standalone camera and Action Pod to perfumes, cosmetics, or other chemicals. Chemical residues may corrode metal surfaces, resulting in poor connectivity.
- ⑩ Clean the charging points on the standalone camera and Action Pod with a soft, dry cloth. Do not use any liquid detergents as this may cause corrosion and rust.

Notes

- ① Do not use Go Ultra in locations with sand, dust, and other particulate matter.
- ② Do not use Go Ultra in extreme weather conditions.
- ③ Do not leave Go Ultra or the battery in an extremely hot or cold environment. Cold or high temperatures may temporarily shorten battery life or cause the product to stop working.
- ④ Avoid dramatic temperature or humidity changes as condensation may form on or within Go Ultra.
- ⑤ Do not use Go Ultra outside the recommended temperature range or in high humidity environments such as saunas, steam rooms, hot tubs and hot springs for an hour or longer.
- ⑥ The camera is waterproof to 32.8ft (10m) and can be used underwater for a maximum of one hour. Do not use the Action Pod in water.
- ⑦ Ensure the lens guard is installed correctly to prevent water ingress. If water enters the lens, it will result in poor shooting results and may cause damage.
- ⑧ Use the Insta360 Dive Case when using Go Ultra during high-intensity water-based activities such as diving and surfing. The product can be damaged and waterproofing can be compromised by the impact of entering water at high speed. Please refer to the manual of the Dive Case for detailed installation instructions.

- ⑨ To ensure the waterproof performance of the standalone camera, securely close the microSD card cover. When it is closed correctly, no part of the orange markings will be visible. If you still see orange markings, lift the microSD card cover and close it again.



- ⑩ Ensure the standalone camera is dry before removing the microSD card to prevent water from entering the slot.
- ⑪ After using the standalone camera in saltwater, rinse the camera with fresh water then soak in fresh water for 10 minutes. After this, wipe the camera with a soft, dry cloth and allow it to dry naturally in a cool, well-ventilated area. Ensure that the charging point on the back of the standalone camera is clean and dry before you place it into the Action Pod.
- ⑫ Do not use a hair dryer to dry the speaker or microphone as this may damage the internal waterproof membrane inside Go Ultra.
- ⑬ When the standalone camera is wet, the wind guard's noise reduction capabilities and the microphone's audio quality will be affected. If the standalone camera gets wet but does not get fully submerged, leave it for 6–8 hours to dry before using it again. If the standalone camera does get fully submerged, leave it to dry for at least 24 hours before using it again.
- ⑭ When opening the Magnetic Easy Clip, keep your fingers away from the hinge and the clasp to avoid injury. To avoid damaging the Magnetic Easy Clip, do not bend or twist it with excessive force. The Magnetic Easy Clip supports hat brims of a 2–4mm (0.04–0.16in) thickness.
- ⑮ When using the Magnet Pendant, wear the pendant under your clothes with the silicone side against your body and the standalone camera over your clothes. Do not use the Magnet Pendant while wearing thick clothes as this can weaken the magnetic hold and cause the standalone camera to fall.
- ⑯ Do not use the Magnet Pendant or Magnetic Easy Clip during intense activities, water sports, or in high-vibration scenarios as the camera may become loose.
- ⑰ Do not use the standalone camera with the Magnet Pendant or Magnetic Easy Clip if you have a pacemaker.
- ⑱ Do not use GO Ultra in environments with strong magnetic fields, such as MRI rooms.
- ⑲ The Magnet Pendant and safety cord feature a lanyard. Ensure that children use them under adult supervision to prevent strangulation.
- ⑳ Always use the Magnet Pendant with the safety cord during high-intensity activities or events that require whole-body movement, such as running, jumping, biking, and fishing.
- ㉑ Do not attach the Magnetic Easy Clip to smooth fabric, as it may slip off due to insufficient grip.

- ② Please ensure you have selected your desired bundle when purchasing GO Ultra, as included accessories may vary.

Specifications

Name	Insta360 GO Ultra
Operating temperature	-4°F to 104°F (-20°C to 40°C)
Charging temperature	32°F to 104°F (0°C to 40°C)

Standalone Camera

Model	CINSABEA
Input	5V $\equiv$ 3A
Bluetooth	Operation frequency: 2400MHz-2483.5MHz
	Output power (E.I.R.P): <10dBm
Wi-Fi	Operation frequency 2.4GHz Wi-Fi: 2400MHz-2483.5MHz 5GHz Wi-Fi: 5150MHz-5250MHz 5250MHz-5350MHz 5470MHz-5725MHz 5725MHz-5850MHz
	Output power (E.I.R.P) 2.4GHz Wi-Fi: <13dBm (FCC/CE/SRRC/MIC) 5GHz Wi-Fi: 5150-5250 MHz: <20 dBm (FCC/CE/SRRC/MIC) 5250-5350 MHz: <20 dBm (FCC/CE/SRRC/MIC)

Wi-Fi	5470–5725 MHz: <20 dBm (FCC/CE/SRRC/MIC) 5725–5850 MHz: <20 dBm (FCC/SRRC) <13.97 dBm (CE)
	Protocol: 802.11 a/b/g/n/ac/ax
Battery	Capacity: 500mAh
	Energy: 1.935Wh
Action Pod	
Model	CINSBBEA
Input	5V-11V $\equiv$ 3A Max
2.4GHz Wi-Fi	Operation frequency: 2400MHz-2483.5MHz
	Output power (E.I.R.P.): <16dBm (FCC/CE/SRRC/MIC)
	Protocol: 802.11 b/g/n/ax
Bluetooth	Operation frequency: 2400MHz-2483.5MHz
	Output power (E.I.R.P.): <12dBm
Battery	Capacity: 1450mAh
	Energy: 5.65Wh

Compliance Information

Apple, Apple Find My, Apple Watch, iPad, iPadOS, iPod touch, Mac, macOS and watchOS are trademarks of Apple Inc., registered in the U.S. and other countries. iOS is a trademark or registered trademark of Cisco in the U.S. and other countries and is used under license.

FCC Statement

Supplier's Declaration of Conformity

Product Name: Insta360 GO Ultra, Insta360 GO Ultra Action Pod

Model Number: CINSABEA, CINSBBEA

Responsible Party: Arashi Vision (U.S.) LLC

Responsible Party Address: 2323 Main St, Unit 16, Irvine, CA 92614, United States

Website: www.insta360.com

We, Arashi Vision (U.S.) LLC, being the responsible party, declares that the above mentioned model was tested to demonstrate complying with all applicable FCC rules and regulations.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is

connected.

—Consult the dealer or an experienced radio/TV technician for help.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

FCC SAR

This product complies with FCC radiation exposure limits set forth for an uncontrolled environment. The device can be used in portable exposure condition without restriction. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

These requirements set a SAR limit of 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the head and body.

These requirements set a SAR limit of 4 W/kg averaged over ten gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the limbs.

ISED STATEMENT

CAN ICES-(B) / NMB-(B)

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions: (1) This device may not cause interference. (2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes : (1) L'appareil ne doit pas produire de brouillage; (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with RSS-102 radiation exposure limits set forth for an uncontrolled environment.

End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. The portable device is designed to meet the requirements for exposure to radio waves established by the RSS-102.

Cet équipement est conforme aux limites d'exposition aux rayonnements CNR-102 établies pour un environnement non contrôlé. L'utilisateur final doit suivre les instructions spécifiques pour satisfaire les normes. Cet émetteur ne doit pas être co-implanté ou fonctionner en conjonction avec toute autre antenne ou transmetteur. Le dispositif portatif est conçu pour répondre aux exigences d'exposition aux ondes radio établie par le développement énergétique DURABLE.

These requirements set a SAR limit of 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the head and body.

Ces exigences un SAR limite de 1,6 W/kg en moyenne pour un gramme de tissu. La valeur SAR la plus élevée signalée en vertu de cette norme lors de la certification de produit à utiliser lorsqu'il est correctement porté sur le tête et corps.

These requirements set a SAR limit of 4W/kg averaged over ten grams of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the limbs.

Ces exigences un SAR limite de 4 W/kg en moyenne pour dix gramme de tissu. La valeur SAR la plus élevée signalée en vertu de cette norme lors de la certification de produit à utiliser lorsqu'il est correctement porté sur le membres.

The device for operation in the band 5150–5250 MHz is only for indoor use to reduce the potential for harmful interference to co-channel mobile satellite systems.

Les dispositifs fonctionnant dans la bande de 5 150 à 5 250 MHz sont réservés uniquement pour une utilisation à l'intérieur afin de réduire les risques de brouillage préjudiciable aux systèmes de satellites mobiles utilisant les mêmes canaux.

KC Compliance Notice

해당 무선설비는 운용 중 전파혼신 가능성이 있음 .

해당 무선설비는 운용 중 전파 혼신 가능성이 있으므로 인명안전과 관련된 서비스는 할 수 없습니다.

EU&UK Declaration of Conformity



Declaration of Conformity

Arashi Vision Inc. hereby declares that this product is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU. A copy of the EU Declaration of Conformity is available online at <https://www.insta360.com/euro-compliance>.

RF Exposure Information (SAR)

This device is in compliance with Specific Absorption Rate (SAR) limits for general population/uncontrolled exposure (Localized 10-gram SAR for head and trunk, limit: 2.0W/kg) specified in Council Recommendation 1999/519/EC, ICNIRP Guidelines, and RED (Directive 2014/53/EU).

Konformitätserklärung

Arashi Vision Inc. erklärt hiermit dass dieses Produkt die grundlegenden Anforderungen und andere relevante Bestimmungen der Richtlinie 2014/53/EU erfüllt. Eine Kopie der EU Konformitätserklärung ist online unter <http://www.insta360.com/euro-compliance> verfügbar.

Informationen zur HF-Exposition (SAR) Dieses Gerät entspricht den Grenzwerten für die spezifische Absorptionsrate (SAR) für die Allgemeinbevölkerung/unbeaufsichtigte Exposition (lokal gemittelte 10-Gramm-SAR für Kopf und Rumpf, Grenzwert: 2,0 W/kg), festgelegt in der Ratsempfehlung 1999/519/EG, den ICNIRP-Richtlinien und der RED-Richtlinie 2014/53/EU.

Déclaration de conformité

Arashi Vision Inc. déclare par la présente que ce produit est conforme aux exigences essentielles et autres dispositions pertinentes de la directive 2014/53/EU. Une copie de la déclaration de conformité UE est disponible en ligne à l'adresse <http://www.insta360.com/euro-compliance>.

Informations sur l'exposition aux RF (DAS)

Cet appareil est conforme aux limites de Débit d'Absorption Spécifique (DAS) pour la population générale/exposition non contrôlée (DAS localisé sur 10 grammes pour la tête et le tronc, limite : 2,0 W/kg) spécifiées dans la Recommandation du Conseil 1999/519/CE, les Directives ICNIRP et la Directive RED 2014/53/UE.

PRÉCAUTIONS D'USAGE DE L'APPAREIL

N'utilisez pas l'appareil dans un hôpital, un avion ou un équipement automobile en raison des radiofréquences qui peuvent produire des interférences.

Maintenez une distance minimale de 15 cm entre votre appareil et un stimulateur cardiaque pour éviter toute interférence.

Eloigner les équipements radioélectriques du ventre des femmes enceintes.

Eloigner les équipements radioélectriques du bas-ventre des adolescents.

Le débit d'absorption spécifique (DAS) local quantifie l'exposition de l'utilisateur aux ondes électromagnétiques de l'équipement concerné.

Le DAS maximal autorisé est de 2 W/ kg pour la tête et le tronc et de 4 W/ kg pour les membres.

La ou les valeurs du débit d'absorption spécifique pour l'Appareil photo autonome : DAS tête : 0,111 W/kg, DAS tronc : 0,45 W/kg, DAS membre : 0,45 W/kg.

La ou les valeurs du débit d'absorption spécifique pour l'Action Pod : DAS tronc : 0,50 W/kg, DAS membre : 0,50 W/kg.

Dichiarazione di conformità

Arashi Vision Inc. dichiara che questo prodotto è conforme ai requisiti essenziali e ad altre disposizioni pertinenti della direttiva 2014/53/UE. Una copia della dichiarazione di conformità UE è disponibile online all'indirizzo <http://www.insta360.com/euro-compliance>.

Informazioni sull'esposizione alle RF (SAR)

Questo dispositivo è conforme ai limiti di Tasso di Assorbimento Specifico (SAR) per la popolazione generale/esposizione non controllata (SAR localizzato su 10 grammi per testa e tronco, limite: 2,0 W/ kg) specificati nella Raccomandazione del Consiglio 1999/519/CE, nelle Linee Guida ICNIRP e nella Direttiva RED 2014/53/UE.

Declaración de Conformidad

Por la presente Arashi Vision Inc. declara que este producto cumple los requisitos esenciales y otras disposiciones relevantes de la Directiva 2014/53/EU. Una copia de la Declaración UE de conformidad está disponible online en <http://www.insta360.com/euro-compliance>.

Información sobre exposición a RF (SAR) Este dispositivo cumple con los límites de Tasa de Absorción Específica (SAR) para población general/exposición no controlada (SAR localizado de 10 gramos para cabeza y torso, límite: 2,0 W/kg) establecidos en la Recomendación del Consejo 1999/519/CE, las Directrices ICNIRP y la Directiva RED 2014/53/UE.