

Insta360

Underwater Selfie Stick with Remote 潜水遥控自拍杆

Instructions for Use

使用说明

取扱説明

Gebrauchsanleitung

Instrukcja użytkowania

Video Tutorial / 视频教程 / Video-Tutorial
/ 動画チュートリアル / Film Instruktażowy



Scan QR code to watch tutorial.

请扫描二维码观看视频教程。

QR コードをスキャンしてチュートリアルを見る。

Scanne den QR-Code, um dir das Tutorial anzusehen.

Zeskanuj kod QR, aby obejrzeć instrukcję.

In the Box



1 X Underwater
Selfie Stick with
Remote



1 X 1/4" to
2-Prong Adapter



1 X Pogo Pin to
USB-C Charging
Adapter

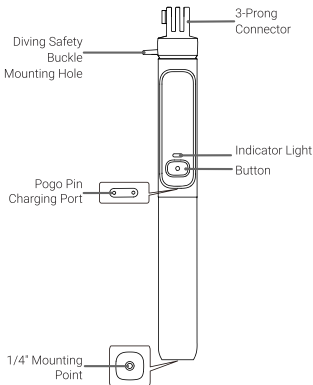


1 X Stabilizing
Clip



1 X Thumb Screw

Names of Parts



Indicator Light

Selfie Stick Status	Indicator Light Status
Battery Status	
Low battery	Flashing yellow
Charging (powered off)	Solid orange (solid green when fully charged)
Camera Connection	
Not connected	Flashing cyan
Connected	Solid cyan
Recording a video	Flashing red
Taking photo/saving file	Off
Firmware Update	
Updating	Flashing blue
Camera Malfunction	
High temperature warning or other errors	Flashing yellow
Insufficient storage/no memory card	Solid yellow

Specs

Model	CINSEAVZ
Pogo Pin Charging Port	Input: 5V $\equiv$ 1A
Minimum Length	10.6 $\pm$ 0.2in (270 $\pm$ 5 mm)
Maximum Length	36.6 $\pm$ 0.4in (929 $\pm$ 10mm)
Weight	11.3 $\pm$ 0.2oz (320 $\pm$ 5g)
Maximum Weight Limit	24.7oz (700g)
Maximum Depth	196.9ft (60m)

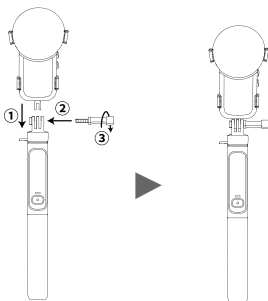
Operating Temperature	14°F to 113°F (–10°C to 45°C)
Charging Temperature	32°F to 113°F (0°C to 45°C)
Storage Temperature	23°F to 95°F (–5°C to 35°C)
Bluetooth	Protocol: BLE 5.0
	Operating Frequency: 2402MHz-2480MHz
	Transmitter Power (E.I.R.P.): <10dBm
Battery	Type: Li-ion
	Capacity: 410mAh
	Rated Energy: 1.517W

Installation

1 Install Camera

Used with a dive case

Place the camera into the dive case and mount the dive case onto the top of the selfie stick. Tighten the thumb screw.

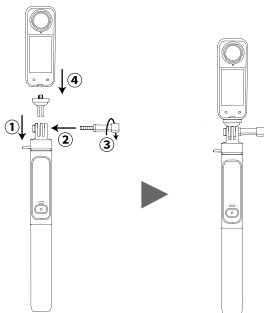


Note: When using a 360 camera, attach the included stabilizing clip to keep the selfie stick and dive case aligned in a straight line. The selfie stick will then be invisible in the shot.

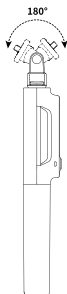


Used without a dive case

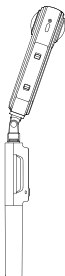
1. Mount the camera onto the selfie stick using the included 1/4" to 2-Prong Adapter or a Standard Mount (sold separately). Ensure the camera is securely mounted.



2. After loosening the thumb screw, the 1/4" to 2-Prong Adapter or Standard Mount (sold separately) can be adjusted up to 180°. After adjusting to the desired angle, tighten the thumb screw.

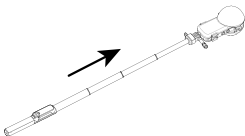


Note: When using a 360 camera, keep the selfie stick and camera aligned in a straight line. The selfie stick will then be invisible in the shot.



2 Extend the Selfie Stick

Extend the selfie stick to the desired length. When storing, push the selfie stick back into the handle.

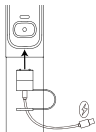


3 Attach Other Accessories

1. You can attach other accessories to the 1/4" mounting point at the bottom of the selfie stick. However, do not use the selfie stick during intense activities such as motorcycle riding, cycling, or skiing.
2. You can attach a diving safety buckle to the diving safety buckle mounting hole on the selfie stick for easier handling underwater.

Charging

1. Connect the pogo pin to USB-C charging adapter to a USB-C charging cable.
2. Before charging the Underwater Selfie Stick with Remote, wipe the pogo pin charging port and make sure it is dry. Then connect the charging adapter to the pogo pin charging port. It takes about 2 hours to fully charge.
3. Use a compatible 5V = 1A power adapter to charge the Underwater Selfie Stick with Remote.



How to Use

Power On/Off

- Press and hold the button for 2 seconds to power on the Underwater Selfie Stick with Remote.
- When powered on and not connected to the camera, press and hold the button for 3 seconds to power off the Underwater Selfie Stick with Remote.
- When powered on and connected to the camera, press and hold the button for 3 seconds to power off the camera and the Underwater Selfie Stick with Remote at the same time.

Connect to Camera

Power on the Underwater Selfie Stick with Remote and the camera. Swipe down on the camera's touchscreen and go to Bluetooth > Bluetooth Remote > Underwater Selfie Stick. Once connected, the indicator light on the selfie stick will stay solid cyan.

Wake the Camera

After connecting to the camera via Bluetooth:

- Press and hold the button for 2 seconds to wake the camera and power on the selfie stick at the same time.
- Press the button once to activate QuickCapture and start recording when the camera is powered off.

Take Photo/Video

Once connected to the camera:

- Press the button once to take a photo or start recording a video. If recording, press the button again to stop.
- When not recording, double-press the button to switch shooting mode.

Mark Video

While recording with a wide-angle camera, double-press the button to mark the video as a highlight.

Switch Lens

When recording a 360 video, double-press the button on the selfie stick to switch lenses.

Note: If the camera is in InstaFrame Mode, double-press the button to switch between Fixed View and Selfie View.

Notes:

- After the first successful connection, the remote

can directly wake the camera without repeating the connection steps.

- Update your camera to the latest official firmware before using the Underwater Selfie Stick with Remote.

Firmware Update

Open the Insta360 app > Me > Accessory Settings, search for and connect to the Underwater Selfie Stick with Remote. If a new firmware is available, the app will prompt you to update. Follow the on-screen instructions to complete the firmware update.

Notes

1. This product is compatible with Insta360 X5 and Insta360 Ace Pro 2. Supported models are continuously updated. Please check the official Insta360 website for the latest compatibility list.
2. When installing a dive case or camera onto the selfie stick, make sure to tighten the thumb screw securely to avoid the dive case or camera falling and causing damage.
3. Do not exceed the maximum load capacity (700g) when mounting devices on the selfie stick. Hold the device securely to prevent accidental drops.
4. Do not use the selfie stick during high-impact activities such as motorcycling, cycling, or skiing, as it may fall and cause damage.
5. Do not disassemble the product in any way.
6. Do not subject the selfie stick to mechanical impacts, crushing, or throwing. Do not place heavy objects on it.
7. If the selfie stick will not be used for an extended period, charge it in time and power it on occasionally.
8. Do not use any cleaning liquids on the selfie stick. After

using it in seawater, gently rinse the selfie stick with fresh water to prevent salt from crystallizing in gaps.

9. Before charging, wipe the pogo pin charging port with a soft, dry cloth. Do not use cleaning agents on the charging port, as they may cause corrosion or rust and affect normal operation.
10. Only use this product in environments with temperatures between 14°F and 113°F (-10°C and 45°C).

Disclaimer

Please read this Disclaimer carefully. Using this product means that you acknowledge and accept the terms of this disclaimer. By using this product, you hereby acknowledge and agree that you are solely responsible for your own conduct when using this product and any consequences thereof. You agree to use this product only for proper and lawful purposes. You understand and agree that Arashi Vision Inc. (hereinafter referred to as 'Insta360') accepts no liability for any and all misuse, consequences, damages, injuries, penalties, or any other legal responsibility directly or indirectly incurred by your using this product and associated accessories. Before every use, make sure that your accessories are functioning properly. If there's any damage or irregularity, stop using them immediately. Within the scope of state laws and regulations, Insta360 reserves the right of final explanation and revision for the commitment.

After-Sales Service

The warranty period of the attached product is 1 year from the original retail purchase. Warranty service may vary according to the applicable laws of your state or jurisdiction. For detailed warranty policies, please visit [**https://insta360.com/support**](https://insta360.com/support).

Compliance Information

Supplier's Declaration of Conformity

Product Name: Underwater Selfie Stick with Remote

Model Number: CINSEAVZ

Responsible Party: Arashi Vision (U.S.) LLC

Responsible Party Address: 2323 Main St, Unit 16, Irvine, CA 92614, United States

Website: www.insta360.com

We, Arashi Vision (U.S.) LLC, being the responsible party, declares that the above mentioned model was tested to demonstrate complying with all applicable FCC rules and regulations.

This device complies with part 15 of the FCC Rules.

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician

for help.

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

RF Exposure Information

This product complies with FCC radiation exposure limits set forth for an uncontrolled environment. The device can be used in portable exposure condition without restriction.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

This device is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government.

These requirements set a SAR limit of 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the body.

ISED Compliance Information

CAN ICES (B) / NMB (B)

This device contains licence-exempt transmitter(s)/ receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence.

L'exploitation est autorisée aux deux conditions suivantes :

- (1) L'appareil ne doit pas produire de brouillage;
- (2) L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with RSS-102 radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. The portable device is designed to meet the requirements for exposure to radio waves established by the RSS-102.

Cet équipement est conforme aux limites d'exposition aux rayonnements CNR-102 établies pour un environnement non contrôlé. L'utilisateur final doit suivre les instructions spécifiques pour satisfaire les normes. Cet émetteur ne doit pas être co-implanté ou fonctionner en conjonction avec toute autre antenne ou

transmetteur. Le dispositif portatif est conçu pour répondre aux exigences d'exposition aux ondes radio établie par le développement énergétique DURABLE.

These requirements set a SAR limit of 1.6 W/kg averaged over one gram of tissue. The highest SAR value reported under this standard during product certification for use when properly worn on the body.

Ces exigences un SAR limite de 1,6 W/kg en moyenne pour un gramme de tissu. La valeur SAR la plus élevée signalée en vertu de cette norme lors de la certification de produit à utiliser lorsqu'il est correctement porté sur et corps.

EU & UK Compliance Notice



Declaration of Conformity

Arashi Vision Inc. hereby declares that this product is in compliance with the essential requirements and other relevant provisions of the directive 2014/53/EU. The full text of the EU Declaration of Conformity is available online at <https://www.insta360.com/euro-compliance>

EU contact: Insta360 GmbH, Emmy Noether Ring 4, 85716 Unterschleissheim, Germany



RACCOLTA
CARTA



Arashi Vision Inc. 影石创新科技股份有限公司 影石創新股份有限公司

TEL / 服务热线 : 400-833-4360

WEB / 官网 : www.insta360.com

EMAIL / 邮箱 : service@insta360.com

ADDRESS/ 地址 : 11th Floor, Building 2, Jinlitong Financial Center, Bao'an District, 518000, Shenzhen, Guangdong, China

深圳市宝安区新安街道海旺社区兴业路 1100 号金利通金融中心大厦 2 栋 1101、1102、1103

深圳市宝安区新安街道海旺社区興業路 1100 號金利通金融中心大厦 2 棟 1101、1102、1103

Arashi Vision (U.S.) LLC

TEL: +1 800 6920 360

WEB: www.insta360.com

EMAIL: service@insta360.com

ADDRESS: 2323 Main St, Unit 16, Irvine, CA 92614, United States

Insta360 GmbH



TEL: +49 30 330 81669

WEB: www.insta360.com

EMAIL: service@insta360.com

ADDRESS: Emmy-Noether-Ring 4, 85716 Unterschleißheim Germany



V1.1

305010100232