

Smart Watch Operation Manual



Thanks for purchasing this product.
Please read this Manual carefully before use.

Wristband size	16mm	Screen Type	1.09-inch screen
Battery capacity	200mAh	Charging Voltage	5V±0.2v
Charging Time	about 2.5 hours	Battery Life	7days
Waterproof level	IP68	Weight of Product	35g
Operating Temperature	-20°C-60°C	Bluetooth Version	BLE5.0

Typical working time 7 days: Typical usage scenarios are determined by most users' usage habits, and the specific usage time depends on the user's usage habits and frequency of the watch. (1. Turn on smart heart rate, scientific sleep; 2. Turn on message notification, daily message 6 notifications for 50 incoming calls, 3 alarms; 3. Bright screen 100 times a day)



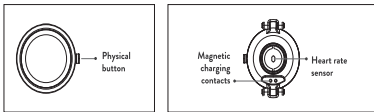
Scan the QR code
for more function information



Quick start guide

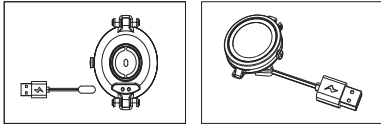
(EN)

1. Product overview



2. Charging guidelines

Automatically attract the magnetic head close to the watch.



App downloads and pairing

1. App downloads

Scan the QR code below to download "DaFit" or search for "DaFit", and download "DaFit" on the "APP Store" on your mobile phone.



2. Pairing

Open the APP and mobile Bluetooth, search and select the device in the application, and finally bind the device in the application.

Screen operation

Swipe up: Enter the push information page
Swipe down: Enter the shortcut key function setting page
Swipe to the left: Enter the menu page.
Swipe to the right: Enter the page of steps, mileage and consumption status of the day.

Features

Colorful aluminum alloy metal, ultra-thin body, exclusive skin-friendly silicone strap (multiple colors are available), heart rate, precise step counting, APP massive dials are optional, custom dials can be edited, support Android/iOS mobile message push

Attention information

1. When using the watch for the first time, please fully charge the watch.
2. Please do not disassemble it by yourself. If your watch fails, please contact our designated after-sales service center.

3. Charging must be carried out under the condition of good ventilation and heat dissipation, away from flammable and explosive materials.

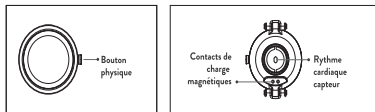
- Avoid using it in an environment where the temperature is too high and then too low, and avoid exposing it to strong sunlight or an environment with high humidity.
- When the use of the watch may cause interference or danger, please do not turn it on.
- Keep the equipment dry. For stains that are difficult to remove, it is recommended to use a non-soa cleaner and scrub with alcohol.
- Waterproof performance: This product is not suitable for diving, swimming, swimming in the sea or the wild, suitable for shower (cold water) and shallow water play. Please wipe off the water stains before using it after contact with water.
- If the content described in this manual does not match your watch, please refer to the actual product.

Please scan the QR code at the bottom of the first page of the manual for details

Guide de démarrage rapide

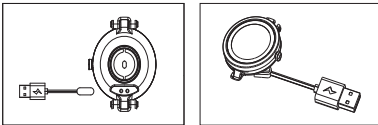
(FR)

1. Product overview



2. Charging guidelines

Automatically attract the magnetic head close to the watch.



Téléchargements d'applications et couplage

1. Téléchargements d'applications

Scannez le code QR ci-dessous pour télécharger "DaFit" ou recherchez "DaFit", et téléchargez "DaFit" sur "APP Store" sur votre téléphone mobile.



2. Couplage

Ouvrez l'APP et le Bluetooth mobile, recherchez et sélectionnez l'appareil dans l'application, et enfin liez l'appareil dans l'application.

Fonctionnement de l'écran

- Faites glisser vers le haut: accéder à la page d'informations push
- Faites glisser vers le bas: accéder à la page de réglage de la fonction des touches de raccourci

- Faites glisser vers la gauche : Entrez dans la page des menus.
- Faites glisser vers la droite: entrez dans la page des étapes, du kilométrage et de l'état de consommation de la journée.

Caractéristiques

Métal en alliage d'aluminium coloré, corps ultra-mince, bracelet exclusif en silicone doux pour la peau (plusieurs couleurs sont disponibles), fréquence cardiaque, comptage précis des pas, les cadrans massifs APP sont facultatifs, les cadrans personnalisés peuvent être modifiés, prennent en charge le message mobile Android/iOS

Attention informations

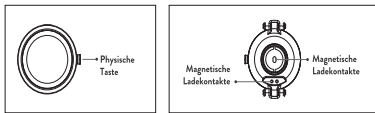
- Lorsque vous utilisez la montre pour la première fois, veuillez la charger complètement.
- Veuillez ne pas la démonter vous-même.Si votre montre tombe en panne, veuillez contacter notre centre de service après-vente désigné.
- La charge doit être effectuée dans des conditions de bonne ventilation et de dissipation thermique, à l'écart des matières inflammables et explosives.
- Évitez de l'utiliser dans un environnement où la température est trop élevée puis trop basse, et évitez de l'exposer à une forte lumière du soleil ou à un environnement avec une humidité élevée.
- Lorsque l'utilisation de la montre peut provoquer des interférences ou un danger, veuillez ne pas l'allumer.
- Gardez l'équipement au sec. Pour les taches difficiles à éliminer, il est recommandé d'utiliser un nettoyant sans soa et de frotter avec de l'alcool.
- Performances imperméables : ce produit ne convient pas à la plongée, à la natation, à la natation dans la mer ou dans la nature, convient à la douche (eau froide) et aux jeux en eau peu profonde. Veuillez essuyer les taches d'eau avant de l'utiliser après avoir rencontré de l'eau.
- Si le contenu décrit dans ce manuel ne correspond pas à votre montre, veuillez vous référer au produit réel.

Pour des instructions détaillées, veuillez scanner le code QR au bas de la page d'accueil des instructions

Kurzanleitung

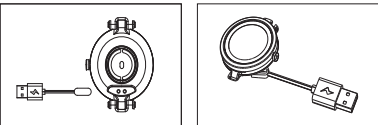
(DE)

1. Produktübersicht



2. Laderichtlinien

Ziehen Sie den Magnetkopf automatisch in die Nähe der Uhr.



APP-Herunterladung und Verbindung

1. APP-Herunterladung

Scannen Sie den untenstehenden QR-Code, um „DaFit“ herunterzuladen oder suchen Sie nach „DaFit“ und laden Sie „DaFit“ im „APP Store“ auf Ihr Mobiltelefon herunter.



2. Verbindung

Öffnen Sie die APP und das mobile Bluetooth, suchen und wählen Sie das Gerät in der Anwendung aus und binden Sie das Gerät schließlich an die Anwendung.

Bildschirmbedienung

- Nach oben Wischen: Rufen Sie die Push-Informationssseite auf.
- Nach unten Wischen: Rufen Sie die Einstellungsseite für die Tastenkombination auf.
- Nach links Wischen: Rufen Sie die Menüseite auf.
- Wischen Sie nach rechts: Geben Sie die Seite mit den Schritten, dem Kilometerstand und dem Verbrauchsstatus des Tages ein.

Eigenschaften

Buntes Aluminiumlegierungsmetall, ultradünnes Gehäuse, exklusives hautfreundliches Silikonarmband (mehrere Farben sind verfügbar), Herzfrequenz, präzise Schrittzählung, APP massive Zifferblätter sind optional, benutzerdefinierte Zifferblätter können bearbeitet werden, unterstützen Android/iOS Mobile Message Push

Hinweis

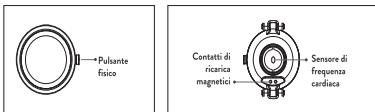
- Wenn Sie die Uhr zum ersten Mal verwenden, laden Sie sie bitte vollständig auf.
- Bitte zerlegen Sie es nicht selbst. Wenn Ihre Uhr beschädigt ist, fragen Sie bitte unseres spezielles Kundendienstzentrum.
- Der Ladevorgang muss unter der Bedingung einer guten Belüftung und Wärmeableitung durchgeführt werden, fern von brennbaren und explosiven Materialien.
- Tragen Sie nicht die Smartwatch in der Umgebung, in der die Temperatur zu hoch oder zu niedrig ist. Wenn Sie die Uhr nicht tragen, stellen Sie sie an einem belüfteten und trockenen Ort, nicht unter glühender Sonne.
- Falls die Smartwatch zu den Störungen oder Gefahren wahrscheinlich führt, verwenden Sie sie bitte nicht.
- Halten Sie das Gerät trocken. Wir schlagen Ihnen vor, Sie können dickköpfig Flecken mit Nicht SOA Reiniger und Alkohol aufräumen.
- Wasserdichte Leistung: Dieses Produkt ist nicht zum Tauchen, Schwimmen, Schwimmen im Meer oder in der Wildnis geeignet, geeignet zum Duschen (kaltes Wasser) und zum Spielen in flachem Wasser.Bitte Wischen Sie die Wasserflecken ab, bevor Sie es nach dem Auftreffen auf Wasser verwenden.
- Wenn Smartwatch mit beschriebenem Inhalt des Handbuchs nicht übereinstimmt, beziehen Sie sich bitte auf das Produkt.

Für eine detaillierte Anleitung scannen Sie bitte den QR-Code unten auf der Startseite der Anleitung

Guida introduttiva

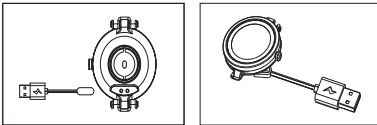
(IT)

1. Panoramica del prodotto



2. Linee guida per la ricarica

Attira automaticamente la testina magnetica vicino all'orologio.



Download e associazione di app

1. Download di app

Scansiona il codice QR qui sotto per scaricare "DaFit" o cerca "DaFit" e scarica "DaFit" su "APP Store" sul tuo cellulare.



2. Accoppiamento

Aprire l'APP e il Bluetooth mobile, cercare e selezionare il dispositivo nell'applicazione e infine associare il dispositivo all'applicazione.

Funzionamento dello schermo

- Scorrere verso l'alto: accedere alla pagina delle informazioni push
- Scorrere verso il basso: accedere alla pagina di impostazione della funzione del tasto di scelta rapida
- Scorrere verso sinistra: Entra nella pagina del menu.
- Scorri verso destra: entra nella pagina dei passi, del chilometraggio e dello stato dei consumi del giorno.

Caratteristiche

Metallo colorato in lega di alluminio, corpo ultrasottile, cinturino in silicone esclusivo per la pelle (sono disponibili più colori), frequenza cardiaca, conteggio dei passi preciso, quadranti massicci APP sono opzionali, quadranti personalizzati possono essere modificati, supporto push messaggi mobili Android / IOS

Informazioni sull'attenzione

- Quando si utilizza l'orologio per la prima volta, caricare completamente l'orologio.
- Si prega di non smontarlo da soli Se l'orologio si guasta, contattare il nostro centro di assistenza post-vendita designato.

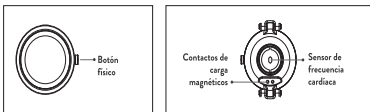
- La carica deve essere eseguita in condizioni di buona ventilazione e dissipazione del calore, lontano da materiali infiammabili ed esplosivi.
- Evitare di utilizzarlo in un ambiente in cui la temperatura è troppo alta e poi troppo bassa ed evitare di esporlo a una forte luce solare o un ambiente con elevata umidità.
- Quando l'uso dell'orologio può causare interferenze o pericoli, non accenderlo.
- Tenere l'attrezzatura asciutta. Per le macchie difficili da rimuovere, si consiglia di utilizzare un detergente non soa e strofinare con alcol.
- Prestazioni impermeabili: questo prodotto non è adatto per immersioni, nuoto, nuoto in mare o in natura, adatto per la doccia (acqua fredda) e giochi in acque poco profonde. Si prega di pulire le macchie d'acqua prima di utilizzarlo dopo aver incontrato l'acqua.
- Se il contenuto descritto in questo manuale non corrisponde al tuo orologio, fai riferimento al prodotto reale.

Per istruzioni dettagliate, scansiona il codice QR nella parte inferiore della home page delle istruzioni

Guía de inicio rápido

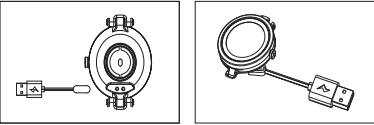
(ES)

1. Descripción general del producto



2. Pautas de carga

Atrae automáticamente la cabeza magnética cerca del reloj.



Descargas y emparejamiento de aplicaciones

1. Descargas de aplicaciones

Escanee el código QR a continuación para descargar "DaFit" o busque "DaFit" y descargue "DaFit" en la "Tienda de aplicaciones" en su teléfono móvil.



2. Emparejamiento

Abra la APLICACIÓN y el Bluetooth móvil, busque y seleccione el dispositivo en la aplicación, y finalmente vincule el dispositivo en la aplicación.

Operación de pantalla

- Deslizar hacia arriba: Ingrese a la página de información push
- Deslizar hacia abajo: Ingrese a la página de configuración de función de la tecla de acceso directo

3.Deslizar hacia la izquierda: Ingrese a la página del menú.
4.Deslizar hacia la derecha: Ingrese a la página de pasos, kilometraje y estado de consumo del día.

Características

Metal de aleación de aluminio colorido, cuerpo ultrafino, correa de silicona exclusiva para la piel (hay varios colores disponibles), frecuencia cardíaca, recuento de pasos preciso, los diales masivos de la aplicación son opcionales, los diales personalizados se pueden editar, admite la inserción de mensajes móviles Android / IOS

Información de atención

- Quando utilize el reloj por primera vez, cárguelo por completo.
- No lo desmonte usted mismo. Si su reloj falla, comuníquese con nuestro centro de servicio posventa designado.
- La carga debe realizarse en condiciones de buena ventilación y disipación de calor, lejos de materiales inflamables y explosivos.
- Evite usarlo en un ambiente donde la temperatura sea demasiado alta y luego demasiado baja, y evite exponerlo a la luz solar intensa o un ambiente con mucha humedad.
- Quando el uso del reloj pueda causar interferencia o peligro, no lo encienda.
- Mantenga el equipo seco. Para las manchas difíciles de eliminar, se recomienda utilizar un limpiador sin jabón y frotar con alcohol.
- Rendimiento a prueba de agua: este producto no es adecuado para bucear, nadar, nadar en el mar o en la naturaleza, adecuado para la ducha (agua fría) y juegos en aguas poco profundas. Limpie las manchas de agua antes de usarlo después de encontrarse con el agua.
- Si el contenido descrito en este manual no coincide con su reloj, consulte el producto real.

Para obtener instrucciones detalladas, escanee el código QR en la parte inferior de la página de inicio de las instrucciones

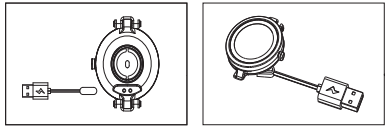
快速入门指南

1. 产品概述



2. 充电指南

将自动吸引磁头靠近手表。



下载和配对

1. 下载APP

扫描下方二维码下载“DaFit”或搜索“DaFit”，在手机上“APP Store”下载“DaFit”。



2. 连接APP

打开APP和手机蓝牙，在应用程序中搜索并选择设备，最后在应用程序中绑定设备。

屏幕操作

往上滑动: 进入推送信息页面
往下滑动: 进入快捷键功能设置页面
往左滑动: 进入菜单页面。
往右滑动: 进入当日步数、里程、消耗状态页面。

功能

多彩铝合金金属，超薄机身，独家设计亲肤硅胶表带（多种颜色可选）、心率、精准计步、APP海量表盘可选，自定义表盘可编辑、支持安卓/iOS手机消息推送

阅读以下信息

- 第一次使用手表时，请将手表充满电。
- 请勿自行拆，若您的手表发生故障，请与我们制定的售后服务中心联系。
- 充电必须在通风和散热良好的情况下进行，远离易燃易爆品。
- 避免在温度过高后过低的环境下使用，避免将其暴露在强烈阳光下或者温度较高的环境中。
- 当手表使用可能造成干扰或危险时，请不要开机。
- 保持设备干燥，对于难以去除的污渍，建议使用无soa清洁剂，用酒精擦拭。
- 防水性能:本品不适合潜水、游泳，不适合在大海或野外游泳，适合淋浴(冷水)和浅水游玩，遇水后使用前请将水渍擦拭干净。
- 如本手册中所描述内容与您的手表不符，请以实际产品为准。

详细说明书内容请扫描说明书首页下方二维码

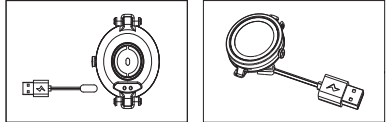
퀵 가이드

1. 제품소개



2. 충전 가이드

마그네틱 헤드를 위치 가까이할시 자동으로 위치 충전단자에 부착이 됩니다.



다운로드 및 매칭

1. app 다운로드

아래의 QR 코드를 스캔하여 "DaFit"을 다운로드하거나 "DaFit"을 검색하고 휴대폰의 "APP Store"에서 "DaFit"을 다운로드합니다.



2. app접속

APP 및 모바일 블루투스를 열고 애플리케이션에서 디바이스를 검색 및 선택하고 마지막으로 애플리케이션에서 디바이스를 바인딩합니다.

사용방법

스크린 밑 부분에서 위로 스와이프: 즉시 메시지 레이저 스크린 및 부분에서 아래로 스와이프: 단축키 기능 설정 페이지 스크린 왼쪽에서 오른쪽으로 스와이프: 메뉴 페이지로 들어갑니다. 스크린 오른쪽에서 왼쪽으로 스와이프: 당일 걸음 보수, 걸음거리, 칼로리 소모 등 페이지

기능

다채로운 알루미늄 합금 금속, 초박형 바디, 피부 친화적 인 독점적 인 실리콘 스트랩 (여러 색상 사용 가능), 심박수, 정확한 걸음 수 계산, APP 대용량 다이얼은 선택 사항, 사용자 지정 다이얼 편집 가능, Android/iOS 모바일 메시지 즉시 지원

아래 정보를 읽어 주세요

- 손목시계를 처음 사용할 때에는 완전히 충전하여 사용하셔야 합니다.
- 자세적으로 분해하지 마세요. 폭어 와치가 고장 발생시 저희 지정된 A/S 센터로 연락해주시기 바랍니다.
- 충전시 반드시 폐쇄된 환경 혹은 고열가능성이 있는 환경을 피해야 하며 인화성, 폭발성 물질을 멀리하여야 합니다.
- 운도가 너무 높은 환경이나 너무 낮은 환경에서 사용하지 마시고 강한 일조하 또는 습도가 높은 환경에 노출시키지 말아주세요.
- 와치의 사용이 해당 환경에 위험을 조성할수 있을시 사용을 금지하시기 바랍니다.
- 펄소 와치를 건조하게 유지하지는것을 권장하며 제거하기가 어려운 얼룩은 SOA 청정제를 사용하지 않고 알코올로 닦는것을 권장합니다.
- 방수 성능: 본 제품은 다이빙, 수영, 바다 또는 야생에서의 수영에 적합하지 않으며 샤워(환물) 및 알은 물놀이에 적합합니다.물을 만난 후 사용하기 전에 물 일록을 닦아내십시오.
- 본 가이드에 설명된 내용과 고객님의 와치의 사용상황이 일치하지 않을시 실제 제품을 기준으로 보시길 바랍니다.

자세한 안내 내용은 설명서 하단의 QR코드를 스캔해주세요.

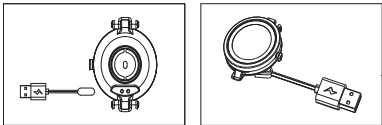
Краткое руководство пользователя

1. Обзор продукта



2. Рекомендации по зарядке

Автоматически притяните магнитную головку к часам.



Загрузка приложений и сопряжение

1. Загрузки приложений

Отсканируйте приведенный ниже QR-код, чтобы загрузить «DaFit», или найдите «DaFit» и загрузите «DaFit» в «APP Store» на свой мобильный телефон.



2. Сопряжение

Откройте приложение и мобильный Bluetooth, найдите и выберите устройство в приложении и, наконец, привяжите устройство в приложении.

Работа экрана

- Проведите пальцем вверх: войдите на страницу push-информации.
- Проведите пальцем вниз: войдите на страницу настройки функций сочетания клавиш.
- Проведите пальцем влево: Войдите на страницу меню.
- Проведите пальцем вправо: войдите на страницу с шагами, пробегом и состоянием потребления за день.

Функции

Цветной металл из алюминиевого сплава, ультратонкий корпус, эксклюзивный силиконовый ремешок, приятный для кожи (доступны несколько цветов), частота сердечных сокращений, точный подсчет шагов, массивные циферблаты приложения не являются обязательными, настраиваемые циферблаты можно редактировать, поддержка мобильных сообщений Android / IOS

Информация о внимании

- При первом использовании часов полностью зарядите часы.
- Не разбирайте часы самостоятельно, если ваши часы выйдут из строя, обратитесь в наш назначенный центр послепродажного обслуживания.
- Зарядка должна производиться при условии хорошей вентиляции и отвода тепла, вдали от легковоспламеняющихся и взрывоопасных материалов.

Operação da tela

- Swipe up: Entra na página de informações push
- Swipe down: Entra na página de configuração da função da tecla de atalho
- Swipe to the left: Entre na página do menu.
- Deslize para a direita: entre na página de etapas, quilometragem e status de consumo do dia.

Características

Metal de liga de alumínio colorido, corpo ultrafino, pulseira de silicone exclusiva para a pele (várias cores disponíveis), frequência cardíaca, contagem precisa de passos, diais massivos APP são opcionais, diais personalizados podem ser editados, suporte para envio de mensagem móvel Android / IOS

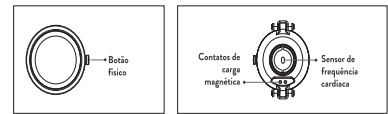
Informação de atenção

- Ao usar o relógio pela primeira vez, carregue-o totalmente.
- Não o desmonte sozinho. Se o seu relógio falhar, entre em contato com nosso centro de serviço pós-venda designado.
- O carregamento deve ser realizado em condições de boa ventilação e dissipação de calor, longe de materiais inflamáveis e explosivos.
- Evite usá-lo em um ambiente onde a temperatura seja muito alta e, em seguida, muito baixa e evite expô-lo à luz solar forte ou um ambiente com alta umidade.
- Quando o uso do relógio puder causar interferência ou perigo, não o ligue.
- Mantenha o equipamento seco. Para manchas de difícil remoção, recomenda-se usar um limpador anti-sabão e esfregar com álcool.
- Desempenho à prova d'água: Este produto não é adequado para mergulho, natação, natação no mar ou na selva, adequado para banho (água fria) e jogos em águas rasas. Limpe as manchas de água antes de usá-lo depois de encontrar água.
- Se o conteúdo descrito neste manual não corresponder ao do seu relógio, consulte o produto real.

Para obter instruções detalhadas, leia o código QR na parte inferior da página inicial das instruções

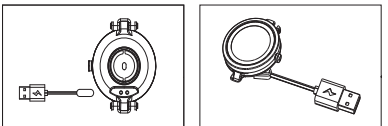
Guia rápido

1. Visão geral do produto



2. Diretrizes de carregamento

Atraia automaticamente a cabeça magnética para perto do relógio.



Downloads e pareamento de aplicativos

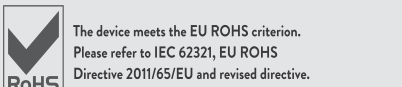
1. Downloads de aplicativos

Leia o código QR abaixo para baixar "DaFit" ou procure "DaFit" e baixe "DaFit" na "APP Store" do seu celular.



2. Emparelhamento

Abra o APP e o Bluetooth móvel, pesquise e selecione o dispositivo no aplicativo e, por fim, vincule o dispositivo no aplicativo.



This device complies with Part 15 of the FCC Rules.Operation is subject to the following two conditions:

- this device may not cause harmful interference, and
- this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could avoid the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general R.F. exposure requirement.

CAUTION

- Risk of explosion if the battery is replaced by an incorrect type;
- disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
- leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
- a battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

If you experience discomfort or skin irritation when wearing your smart watch, then we recommend you try cleaning your device. Sometimes residue or foreign materials build up around your device and may aggravate your skin. It's also possible that you are not wearing the watch correctly. We recommend making sure to clean and adjust your watch regularly for a more comfortable fit.

Caution:

- If you experience skin irritation when wearing your watch, please refrain from wearing, and wait two to three days to see if your symptoms ease. If symptoms persist or worsen, please consult a physician.
- If you have eczema, allergies or asthma, you may be more likely to experience a skin irritation or allergy from a wearable device.