

HiDock H1L

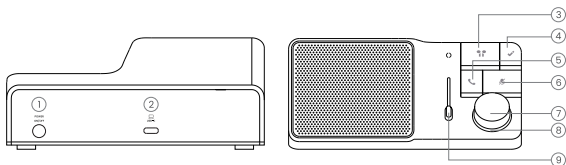
Quick Start Guide

クイックスタートガイド

What's In the Box

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Button Overview



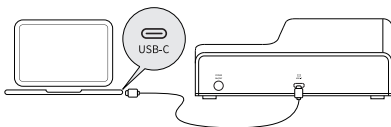
#	Part	Description
1	Power Button	Power the device on or off
2	USB-C Port	Connect to computer
3	BlueCatch™ Key	Pair and connect Bluetooth earphones
4	HiDock Key	Start/stop recording or mark moments with VoiceMark
5	Answer Key	Answer incoming calls
6	Mute Key	Mute/unmute microphone during a call
7	Wheel Button	Scroll to volume up and down, press to play/pause
8	Ring LED Indicator	Shows status: recording, pairing and more
9	BNC Slide	Toggle Bi-directional Noise Cancellation (BNC)

Step 1: Connect and power on

Press the power button on the real panel.

Connect the device to your laptop via the USB-C port.

The ring LED under the wheel button will light up GREEN for 5 seconds. The device is powered through your laptop's USB-C port — no charger needed.



Step 2: Start Using as a Speakerphone

Once connected, **H1L** works as a USB speakerphone right away. Go to your laptop's sound settings and select HiDock H1L as your speaker and microphone. You can now use it for calls on Zoom, Teams, Google Meet, or any other app.

Step 3: Record a Meeting

Long press the **HiDock Key** button on the device to start recording. Long press it again to stop. Your recording is saved to the device's local storage.



Step 4: Sync Your Recordings

1. Visit **hinotes.ai** on your browser.
2. Your recordings will sync automatically when HIL is connected to your laptop.
3. HiNotes will transcribe and summarize your recordings with AI.

Step 5: Record with Your Own Earphones (BlueCatch™)

HIL supports recording audio from your Bluetooth earphones during calls — so both sides of the conversation are captured clearly.

1. Make sure HIL is connected to your computer via USB-C.
2. Go to **hinotes.ai** to connect your Bluetooth earphones to HIL.
3. Start your call and press the **Record** button on HIL.
4. BlueCatch™ captures both your voice and the other party's audio through your earphones.

Need Help?

1. Full user manual: <https://www.hidock.com/pages/user-manual>
2. HiNotes Web App: hinotes.ai
3. Community: reddit.com/r/HiDockOfficial
4. Email us: support@hidock.com

REGULATORY AND LEGAL INFORMATION

FCC REGULATORY CONFRORMANC:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions

- (1) This device may not cause harmful interference
- (2) This device must accept any interference received, including interference that may cause undesired operation

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment . This transmitter must not be co - located or operating in conjunction with any other antenna or transmitter.

This equipment should be installed and operated with minimum distance 20cm between the radiator& your body.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

FCC ID: 2AXGWHIL1

Model: HiDock H1L

The product in this system have been certified in accordance with the provisions set out in the Radio Law.



211-260412



HiDock hereby declares that this product is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU and all other applicable EU directive requirements.

FOR EUROPE:

RF exposure information: The EIRP power of the device at maximal case is below the exempt condition, 20mW specified in EN62479: 2010. RF exposure assessment has been performed to prove that this unit will not generate the harmful EM emission above the reference level as specified in EC Council Recommendation(1999/519/EC).

Hereby, HiDock declares that the radio equipment type HiDock H1L is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address: www.hidock.com

Operation temperature: 0~40°C

Operation frequency(Max power)

Bluetooth: 2402MHz ~ 2480MHz (9dBm)

同梱物



HiDock H1L 本体

× 1



USB-Cケーブル

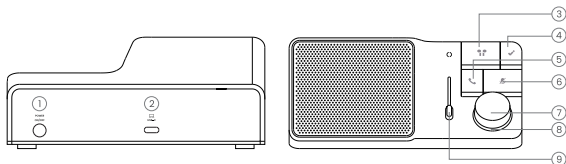
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クイックスタートガイド

× 1

ボタンの説明



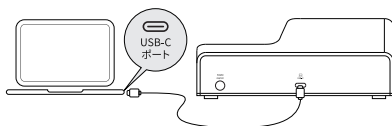
番号	名称	説明
1	電源ボタン	電源をオン/オフにする
2	USB-Cポート	パソコンと接続する
3	BlueCatch™ボタン	Bluetoothイヤホンとペアリング・接続する
4	HiDockボタン	・ 録音を開始/停止 ・ 重要箇所にボイスマーカーを付ける
5	通話応答ボタン	着信通話に応答
6	ミュートボタン	通話中にマイクをミュート/ミュート解除する
7	ボリュームノブ	・ 回転:音量調整 ・ 1回押す:再生/一時停止
8	リングLEDインジケータ	録音・ペアリング等のステータス表示
9	BNCボタン	双方向ノイズキャンセリング (BNC) の強度を上下にスライドして調節する

Step 1: 接続と電源オン

本体背面の電源ボタンを押してください。

USB-CケーブルでH1Lとノートパソコンを接続します。

ボリュームノブ下部のリングLEDが5秒間緑色に点灯します。本製品はノートパソコンのUSB-Cポートから給電されるため、別途充電器は不要です。



Step 2: スピーカーフォンとして使用する

接続が完了すると、H1LはUSBスピーカーフォンとしてすぐにご利用いただけます。ノートパソコンのサウンド設定を開き、スピーカーおよびマイクとして「HiDock H1L」を選択してください。

Zoom・Teams・Google Meetなど、お使いのアプリでそのままご利用いただけます。

Step 3: 会議を録音する

本体の**HiDockボタン**を長押しすると録音が始まります。もう一度長押しすると録音が停止します。録音データは本体内蔵ストレージに保存されます。



Step 4: 録音データを同期する

1. ブラウザで **hinotes.ai** にアクセスします。
2. H1L をノートパソコンに接続すると、録音データが自動的に同期されます。
3. HiNotesがAIを使って録音内容を文字起こし・要約します。

Step 5: お使いのイヤホンで録音する (BlueCatch™)

H1L のBlueCatch™機能を使うと、通話中にBluetoothイヤホン越し音声を録音できるため、会話の両側をクリアに記録できます。

1. H1L がUSB-Cでパソコンに接続されていることを確認します。
2. **hinotes.ai** にアクセスし、BluetoothイヤホンをH1Lに接続します。
3. 通話を開始し、H1L 本体の録音ボタンを押します。
4. BlueCatch™がイヤホンを通じて、自分の声と相手の音声の両方をキャプチャします。

サポート情報

1. 取扱説明書: <https://jp.hidock.com/pages/user-manual>
2. HiNotes Webアプリ: hinotes.ai
3. チュートリアル動画: <https://www.youtube.com/@hidockjapan>
4. メールサポート: support@hidock.com