Easleep Luxury 3 奢华版

用户使用手册

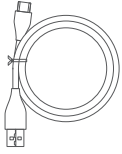
User Manual

BrainCo

一、产品说明

1 包装清单

① 多功能智能睡眠仪 *1



② Type C 充电线 *1

③ 凝胶电极片 *9对

④ 快捷使用指南 *1

⑤ 用户使用手册 *1

目录

Contents

一、产品说明 1

I. Product description 23

1. 包装清单 1

1. Package contents 23

2. 产品介绍 2

2. Product introduction 24

3. 产品规格 3

3. Product specification 25

4. 指示灯语音音效 4

4. Indicator light, voice and sound effects 26

5. 按键操作 5

5. Key-press operation 27

6. App安装于配对 6

6. App installation and pairing 28

7. 佩戴设备 7

7. Wearing the device 29

8. 两种使用方式 9

8. Two ways of use 31

9. 充电 10

9. Battery charging 32

10. 维护与保养 11

10. Care and maintenance (C&M) 33

11. 常见问题 12

11. Frequently asked questions (FAQs) 34

二、安全说明 14

II. Safety instructions 36

1. 禁忌症 14

1. Contraindications 36

2. 注意事项 15

2. Cautions 37

3. 操作警示 16

3. Operation warning 38

4. 其他安全说明 17

4. Other 39

三、认证 19

III. Authentication 41

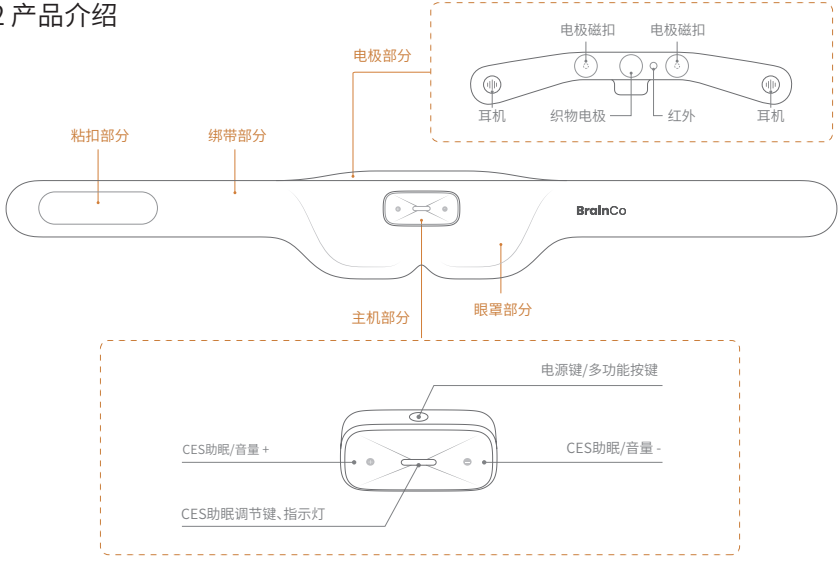
四、免责声明 21

IV. Disclaimer 45

五、三包凭证 22

V. Warranty 46

2 产品介绍


电极磁扣
电极磁扣
电极部分
耳机
织物电极
红外
耳机
粘扣部分
绑带部分
BrainCo
主机部分
眼罩部分
电源键/多功能按键
CES助眠/音量 +
CES助眠/音量 -
CES助眠调节键、指示灯

3 产品规格

产品名称	Easleep Luxury 3 奢华版
设备名称	多功能智能睡眠仪
尺寸	70cm（长）*9.1cm（宽）*4.8cm（高）
重量	132g
电池容量	500mAh
输入	5v ⎓ 1A
续航时间	24小时连续工作
无线连接	经典蓝牙 4.2　低功耗蓝牙 5.0
充电接口	Type C接口
工作环境	温度范围：-10°C-45°C　湿度范围：15%RH-85%RH 非凝露
充电环境	温度范围：0°C-45°C

4 指示灯、语音音效

指示灯说明

白色常亮	正常工作状态
指示灯熄灭	佩戴设备后的工作状态
红色常亮	充电中
红色闪烁后熄灭	关机提示
红色持续闪烁	充电异常(温度过高或过低)
橙色常亮	设备电量低于20%
蓝色常亮	固件升级,方案上传
蓝色闪烁	设备配对中

语音音效说明

语音

根据用户操作或佩戴情况有人声语音提示

音效

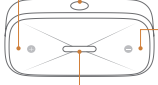
① 佩戴音效:佩戴设备成功后有音效提示

② 档位调节音效:档位调节时有滴声音效

③ 档位调节最大/最小音效:音量或CES助眠调整到最大或最小会有连续两声滴声提示

④ 设备电量低:电量低于20%有音效提示

5 按键操作



① 电源键/多功能按键

开、关机：长按约1.5秒开机；长按约1.5秒关机
播放、暂停：开机下，短按1次播放音乐；短按暂停音乐
切歌：连按2次切换到下一首
配对：长按4秒，进入配对状态
切换至设备音乐：连按3次切换到设备本地音乐播放

③ CES助眠档位/音量 +

CES助眠强度加大：在CES助眠调节模式下，短按增加档位
音量加大：在常态（非CES助眠调节模式）下，短按增加音量

④ CES助眠档位/音量 -

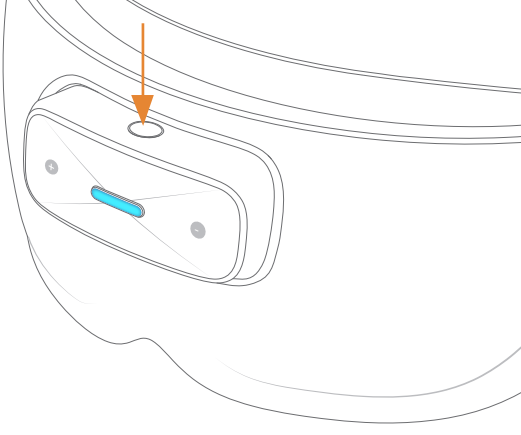
CES助眠强度减小：在CES助眠调节模式下，短按降低档位
音量减小：在常态（非CES助眠调节模式）下，短按降低音量

② CES助眠调节按键

强度调节：开机并佩戴设备后，短按激活CES助眠调节（默认1档），然后按“+/-”键调节档位
调节完成：再次短按，完成CES助眠调节

6 App安装与配对

扫描二维码下载app



① 扫描二维码下载App，安装后登录；

② 打开App进入设备配对界面；

③ 长按设备电源键4s，指示灯变为蓝灯快闪，进入配对模式；

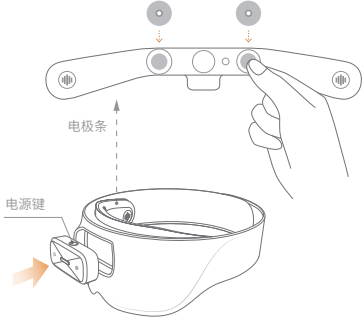
④ 打开手机系统蓝牙界面，找到名为「Easleep-XXXXX」的设备，点击进行配对连接；

⑤ 返回App显示蓝牙连接成功。

7 佩戴设备

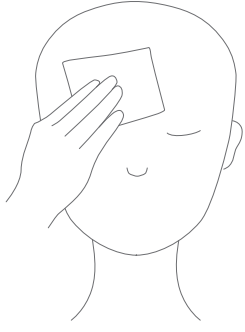
① 安装设备

将主机盒与眼罩部分磁吸安装，注意电源键方向向上，充电口方向向下。
从配件盒中取出两枚电极片，安装在电极条对应位置上。



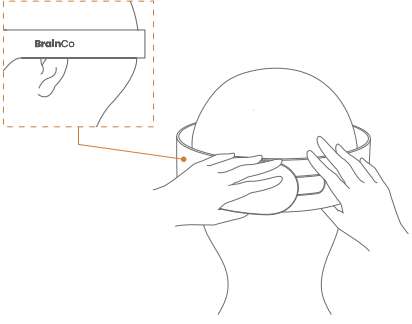
② 擦拭额头

请先用湿纸巾擦拭额头。



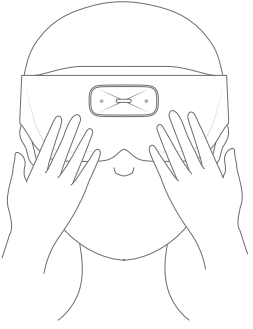
③ 佩戴设备

开机后将设备佩戴在头部，在头后方用粘扣粘牢。佩戴后，绑带是半压耳朵的效果。



④ 调整位置

使电极条与额头贴合，电极位置在眉心上方2cm左右。



8 两种使用方式

连按电源键3次，可从「联机使用」切换为「脱机使用」，即播放本地音乐。

联机使用

支持播放Easleep软件音乐及第三方媒体软件音频。

- 设备连接手机app；
- 点击Easleep音频播放键，或点击第三方音频软件播放键；
- 佩戴设备，即可听到手机音频播放；
- 开启并调节CES助眠；
- 安心入眠，醒来后可在App查看睡眠报告。

脱机使用

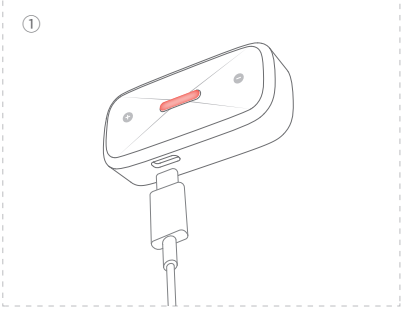
可在设备存储6首音乐，佩戴即用，无需依赖手机。

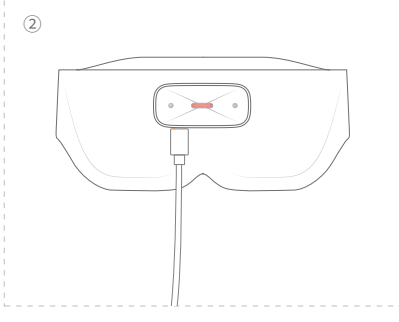
- 设备预设了睡眠方案，可直接使用，也可在app界面调整设置，上传至设备中；
- 佩戴设备，无需与手机连接。按电源键开始播放脱机音乐；
- 开启并调节CES助眠；
- 安心入眠，醒来后可在App查看睡眠报告。

9 充电

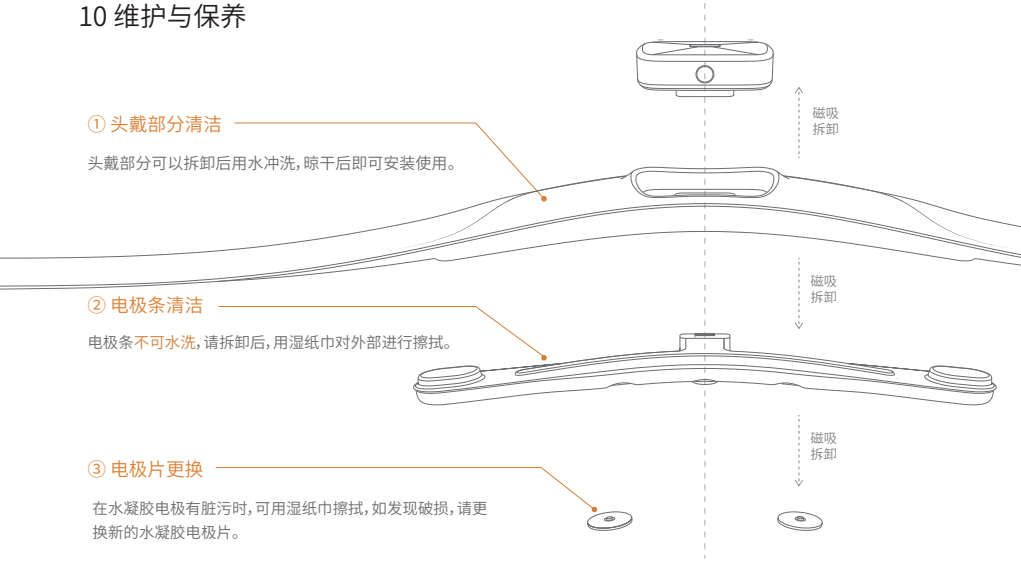
充电方式有两种：
① 主机盒可拆卸下来，单独充电；
② 主机盒可以在与眼罩连接下充电。

电量低于20%时会有音效提示，同时指示灯变为橙色，建议尽快充电。
本产品支持快充，充电时，指示灯显示红色，充满后，指示灯显示绿色。
请在0°C-4°C温度范围内充电。请使用随产品配套的充电线，充电器请使用5v⎓1A 充电器。





10 维护与保养



① 头戴部分清洁

头戴部分可以拆卸后用水冲洗，晾干后即可安装使用。

② 电极条清洁

电极条不可水洗，请拆卸后，用湿纸巾对外部进行擦拭。

③ 电极片更换

在水凝胶电极有脏污时，可用湿纸巾擦拭，如发现破损，请更换新的水凝胶电极片。

11 常见问题

可在App中查看更多常见问题及解答

1.什么是CES助眠?

CES助眠原理,其作用于大脑皮层结构和脑干结构,并产生显著的、微量的弱脉冲电流。相关研究发现,CES能够有效地刺激大脑分泌具有镇静作用的内啡肽,并减少了皮质醇水平含量,降低焦虑、压力水平。

2.如何调节CES助眠强度?

从安全角度考虑,每次开启方案后,设备CES助眠强度默认为0,请在设备上调节按钮,初次使用建议强度从低档位开始,慢慢调至您所能承受的范围内,从较短时长(30-45分钟)开始进行初步尝试。

3.CES助眠会工作整晚吗?

不会。初次使用,设备会默认CES助眠时长为30分钟,若您需要自定义CES助眠时长可打开App「方案」时长设置,来调整CES助眠定时时长。

4.针刺感是否正常,有没有办法降低?针刺感好像比刚开始弱了,设备是否还正常?

a.当接触部分出现轻微的酥麻感、针刺感、微微眩晕感,都是正常的体验感受。可以通过调节CES助眠档位来降低体感。此外,这与人自身补水量、天气干燥程度等都有关系。所以调整强度时,不用固定在某个强度上,每次都应从最低挡位向上调节,直到出现轻微的酥麻感、针刺感、微微眩晕感的档位即可。

b.如果已经调节到最高强度仍没有感觉, 您可以做以下几种检查:

第一:设备可能没电了,需要及时充电;

第二:建议换一副CES助眠电极片重新尝试调节档位,如还是没有任何感觉,请咨询客服人员。

5.CES助眠时左右感觉不一致是否正常?

这是正常的。出现这种感觉是因为人的前额两侧的敏感度是不同的,对电流的刺激感觉也不同,这不会影响设备使用的效果。

6.佩戴之后电极位置有红印,是否正常,多长时间会消?

佩戴后电极位置有红印是正常现象,请不用担心。红印会在约15分钟后消失。

7.CES助眠过程中是否可以调整电极位置?

可以适当调整电极位置,直至电极贴片充分接触皮肤即可。

8.什么时间使用,多长时间有效?

晚上睡觉前1-2小时使用,初次使用建议30分钟。另外,建议您一天使用CES助眠的时长控制在90分钟以内,单次使用时长不超过60分钟。

9.什么样的环境下可以使用CES助眠?

建议您找到舒适放松的环境及状态之下使用本产品。使用产品的时间段,建议保持相对固定,规律的时间可以助眠效果更好。若您处于驾车、需要保持兴奋或专注等场景下不建议开启CES助眠。

10.为什么使用时感觉头晕头疼头胀,晕晕沉沉的?

因为您的强度调节过高,请您调节至较低档位,直至不适感消失。设备效果不是强度越高越好,最佳体验强度是只有轻微的酥麻感、针刺感、微微头晕感。

二、安全说明

1 禁忌症

目前 在临床实践中暂未发现任何副作用，也没有已知禁忌症，因缺乏对下列疾病的临床数据，所以不建议下列人群使用：

① 重度的抑郁症患者和近期中风的患者；

② 使用植入式电子装置(例如心脏起搏器、胰岛素泵)或植入金属内置物患者；

③ 近期有出血性脑卒中病人；

④ 癫痫病患者和孕妇；

⑤ 医嘱不能使用CES助眠的人。

可能有少量的未见临床观察的副作用。极少数使用者或有轻微的头痛，调低电刺激档位即可得到缓解，如若感到严重的头痛、眩晕、恶心等不良反应，请停止使用。

⊖ 切勿将凝胶贴片用在眼睛、破损皮肤、伤口或过敏皮肤部位。

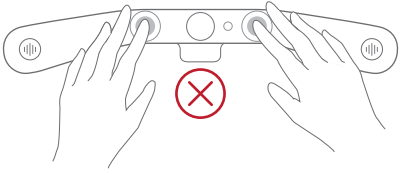
2 注意事项

- 儿童或无法表达意识的人请勿使用；
- 在操作复杂和危险设备，或驾车时请勿使用；
- 加油站、高粉尘车间、煤气站等易燃易爆场所请勿使用；
- 请勿在浴室等湿度高的场所使用，洗澡时请勿使用本产品，可能会受到电击或导致本产品损坏；
- 对本产品废弃元器件等的处理，按当地法规的规定处理；
- 避免长时间、高CES助眠档位进行使用；如果发现皮肤有不适现象，在以后的使用中可以间隔休息几分钟并调低电刺激档位，若仍感到皮肤不适，请停止使用；
- 使用中或使用后出现身体不适，请停止使用，并咨询医生。

为保证用户使用安全，若您将该设备提供给他人使用，请让使用者先登录Easleep App确认用户须知。

请扫描二维码下载App

3 操作警示



① 请勿双手同时接触左右电极；

② 请勿把高频手术设备和本产品同时连接到一个用户，否则本产品电极处可能引起灼伤并导致产品损坏；

③ 请勿将本产品与心电图仪等医用电子器械一起使用，可能会造成这些医用电子器械产生误动作；

④ 请勿靠近短波或微波治疗设备使用本产品，可能引起本产品的输出不稳定；

⑤ 勿靠近胸部使用电极，产品电极不可置于心脏前后，否则会增加心脏纤颤的危险；

⑥ 产品电极应避免接触伤口或瘢痕；

⑦ 电极使用时应与皮肤紧密、均匀接触，以免影响产品效果。

4 其他安全说明

请阅读并保留所有安全和使用说明

⚠ 警告/小心：

重要安全说明：只能使用制造商制定的附件/配件。请使用本产品附带的USB线进行充电，充电接口为5V/1A。

1.请勿将本产品存放在潮湿、高温、太阳直接照射处及强磁场、强微波场附近。

2.请勿将产品接触高温设备。

3.请勿将主机及电极条丢入水中，可能对产品内部造成损伤。

4.请将电极片储存在密封袋中，防止电极片失水。

远离儿童，谨防儿童误食

使用本产品时，应遵守基本的预防措施，具体内容如下：

① 使用设备之前，请仔细阅读《用户使用手册》、《快捷使用指南》；

② 请在温度-10°C~45°C之间的环境下使用设备，请在环境温度3°C~43°C之间对设备进行充电；

③ 主机盒不得接触水、雨、液体或雪等物质；其他部件请参考维护和保养；

④ 使用未经产品制造商推荐或出售的电源或充电器会导致火灾或人员受伤的风险；

⑤ 不得使用已损坏或改装过的设备，请勿使用表面有缺口、损坏的电极，否则可能会发生事故、产生故障；

⑥ 本产品含有锂电池，不得拆卸、挤压设备或将设备抛入火中或置于高温中。置于火中或温度超过100°C的环境中会导致爆炸；

⑦ 请勿擅自拆卸、修理和改造本产品，否则可能会导致故障或触电事故。

三、认证

产品中有害物质或元素的名称及含量

根据中国《电器电子产品有害物质限制使用管理办法》

部件名称	有害物质					
	铅（Pb）	汞（Hg）	镉（Cd）	六价铬（Cr(VI)）	多溴联苯（PBBs）	多溴二苯醚（PBDEs）
控制盒	×	○	○	○	○	○
电极条	○	○	○	○	○	○
-----	○	○	○	○	○	○

本表格依据SJ/T 11346的规定编制。

○：表示该有害物质在该部件所有均质材料中的含量均在GB/T 26572规定的限量要求以下。

×：表示该有害物质至少在该部件的某一均质材料中的含量超出GB/T 26572规定的限量要求。

本产品符合国际RoHS环保要求。

型号	FCC ID	IC:	CMIIT ID
V51A	2AXO8-V51A	26555-V51A	2022DP6888
V51B	2AXO8-V51A	26555-V51A	2022DP6884

有明文规定禁止使用无线设备的场所，请勿使用本设备，否则会干扰其它电子设备或导致其它危险。

本产品非医疗器械，所提供的健康资料及建议仅供参考，不可作为诊断和治疗的依据。由于个人体质差异，若佩戴时感到皮肤不适，请停止佩戴并咨询医生。

四、免责声明

1.为保护用户的合法权益，请您在使用本产品前务必仔细阅读我们随附本产品提供的《用户使用手册》(以下统称《用户手册》)、《快捷使用指南》等产品说明文档。浙江强脑科技有限公司保留对上述文档进行更新的权利。

2.一旦开始使用本产品，即视为您已阅读、理解、认可和接受本产品的《用户手册》的全部条款和内容。用户承诺对自己的行为及因此而产生的所有后果负责。用户承诺仅出于正当目的使用本产品，并且同意本条款及浙江强脑科技有限公司可能制定的任何相关政策或者准则。

3.在使用本产品的过程中，请您务必严格遵守并执行包括但不限于《用户手册》里的要求。对于违反安全使用说明所提示的使用行为或不可抗因素导致的一切人身伤害、事故、财产损失、法律纠纷，及其他一切造成利益冲突的不利事件，均由用户自己承担相关责任和损失，浙江强脑科技有限公司将不承担任何责任。

4.用户使用本产品直接或间接发生的任何违反法律规定的行为，浙江强脑科技有限公司将不承担任何责任。

5.法律法规规定的其他免责事由。

注:

(1)若用户是未满18周岁的未成年人，应在监护人监护、指导并获得监护人同意情况下认真阅读本协议后，方可使用本产品。

(2)未成年用户及其监护人理解如因未成年人违反法律法规、本协议内容，则未成年人及其监护人应依照法律规定承担因此而可能引起的全部法律责任。

五、三包凭证

商品名称：

商品商标：

商品序列号：

商品产地：

销售单位名称：

销售单位地址：

销售单位邮政编码：

销售发票号码：

销售日期：

消费者姓名：

消费者地址：

消费者邮政编码：

消费者联系电话：

感谢您购买本公司产品，您将获得从购买之日起整机壹年的保用。

一、为购买商品的消费者实行三包。若服务条款与三包规定有不符之处，以三包规定及三包凭证内容为准。对于执行特别三包目录的地区，公司承诺遵守当地的相关规定。

二、请注意保修的范围仅限于产品主机。电源线等配件不在保修范围内。

凡有下列情况之一者，不属于三包范围：

1.超过三包有效期的；

2.未按产品使用说明的要求使用、维护、保管而造成的损失的；

3.非承担三包的修理者拆动造成损失的；

4.无有效三包凭证及有效发票的（能够证明该商品在三包有效期内的除外）；

5.擅自涂改三包凭证的；

6.三包凭证上的产品或编号与商品实物不符合的；

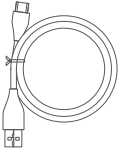
7.无厂名、厂址、生产日期、产品合格证的；

8.因不可抗力造成损坏的。

I. Product description

1 Package contents

① Multifunctional BCI Sleep Device*1



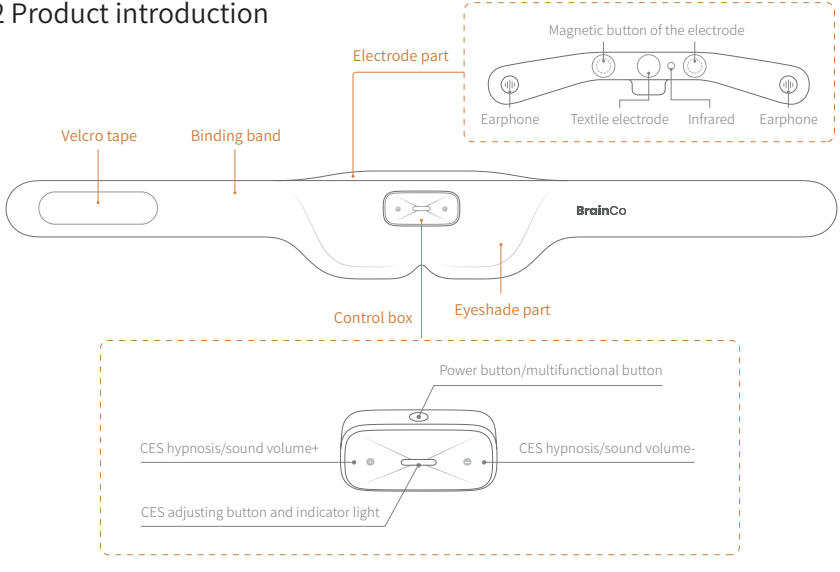
② Type C charging cable*1

③ Gel electrode*9 pairs

④ *Quick Start Guide*1*

⑤ *User Manual*1*

2 Product introduction



3 Product specification

Product name	Easleep Luxury 3
Device name	Multifunctional BCI Sleep Device
Size	70cm (length) *9.1cm (width) *4.8cm (height)
Weight	132g
Battery capacity	500mAh
Input	5v ⎓ 1A
Time of endurance	24-hour continuous operation
Wireless connection	Bluetooth V5.2 Dual mode
Charging interface	Type C Charging Cable
Working environment	Temperature range: -10°C-45°C; Humidity range: 15%RH-85%RH (No Condensation)
Charging environment	Temperature range: 0°C-45°C

4 Indicator light, voice and sound effects

Description of indicator light

If the light remains white	Normal operation condition
If the indicator light is off	The operating state after the device is worn
If the light remains red	In charging
If red light flashes and then goes out	Shutdown prompt
If red light keeps flashing	Abnormal charging (the temperature is too high or too low)
If the light remains orange	The power of the device is less than 20%
If the light remains blue	Firmware upgrading and scheme uploading
If blue light flashes	Pairing state of the device

Description of voice and sound effects

Voice

A voice prompt is given according to the user's operation or wearing condition.

Sound effects

① The sound effect for wearing: There is a sound effect prompt after the device is worn successfully.
② The sound effect during gear adjustment: There is "beep" sound effect during gear adjustment.
③ Maximum/minimum sound effect during gear adjustment: When the sound volume or CES hypnosis is adjusted to the maximum or minimum, there will be two continuous "beep" prompts.
④ Low power of the device: There will be a sound effect prompt when the electric power is less than20%.

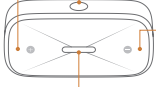
5 Key-press operation

① Power button/Multifunctional button

Turn on/off : Press here for about 1.5s to turn it on; press here for about 1.5s to turn it off.
Play&pause : When the device is on, press here once to play music; press here once to pause music.
Song switching : Press here twice to switch to the next song.
Pairing: Press here for 4s to enter the pairing state.
Switch to local music : Press here 3 times to switch to local music.

③ CES hypnosis gear position/sound volume+

To increase the intensity of CES hypnosis : In the adjustment mode of CES hypnosis, just press here briefly.
To increase the sound volume : In the normal state (not the adjustment mode of CES hypnosis), just press here briefly.



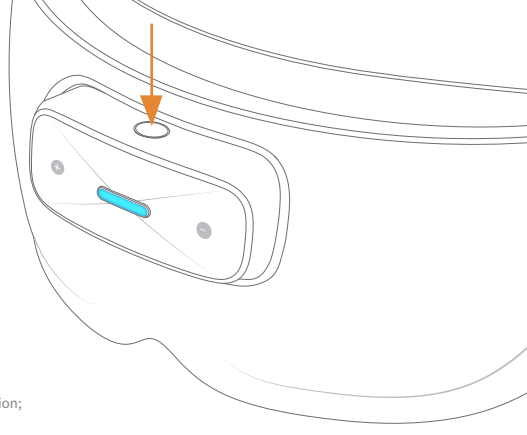
④ CES hypnosis gear position/sound volume-

To decrease the intensity of CES hypnosis : In the adjustment mode of CES hypnosis, just press here briefly.
To decrease the sound volume : In the normal state (not the adjustment mode of CES hypnosis), just press here briefly.

② CES hypnosis adjusting button

Intensity adjustment : After turning on the device and wearing it, just press here briefly to activate CES hypnosis adjustment (with Gear 1 being the default), and then press the "+/-" button to adjust the gear position.
To finish adjustment : Press here briefly again to finish CES hypnosis adjustment.

6 App installation and pairing



Scan the QR code to download the App

① Scan the QR code to download the App, and log in after installation;

② Open the App to enter the pairing interface of the device;

③ Press the power button for 4 seconds when the indicator light will flash blue, the device will enter the pairing mode;

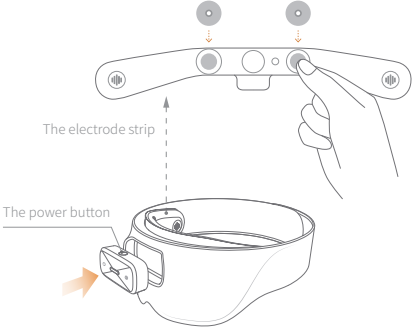
④ Open the Bluetooth interface of the mobile phone system, find the device named "Easleep-XXXXX", and click to connect for pairing;

⑤ Return to the App to show that the Bluetooth connection is successful.

7 Wearing the device

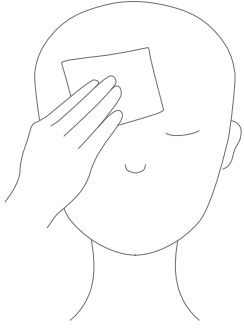
① Installing the device

Install the multifunction box on eyeshade with power button facing up.
Take out two electrode tabs and install them at the corresponding positions on eyeshade.



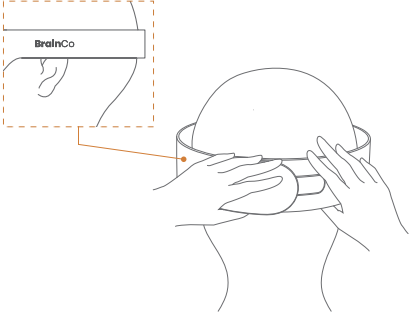
② Wiping your forehead

Please wipe your forehead with a wet tissue first.



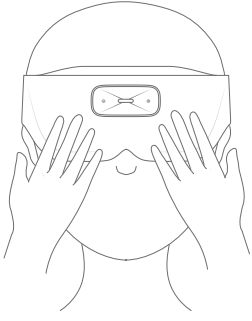
③ Wearing the device

After turning on the device, put it on the head and stick it with the space on the back of the head. During wearing, you have part of your ear covered by the binding band.



④ Adjust the position

Put the electrode strip close to the forehead, with the electrodes being about 2cm above the eyebrows.



8 Two ways of use

Press the power button three times to change from “Online use” to “Offline use”.

Online use

It supports playing Easleep software music and third-party media software audio.

- Connect the device to the app in the mobile phone;
- Click the play key of the Easleep audio or the third-party audio software;
- Wear the device, and then you can hear the audio of the mobile phone;
- Turn on and adjust CES hypnosis;
- Feel at ease and fall asleep. When you wake up, you can check the sleep report in the app.

Offline use

You can store 6 pieces of music in the device, which can be played in the wearing state, with no need to rely on the mobile phone.

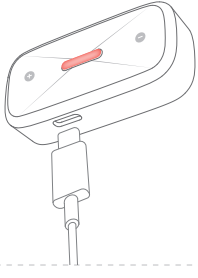
- The device has a preset sleep scheme, which can be used directly. You can also adjust the settings in the app and then upload it to the device;
- Wear the device, without connecting it to the mobile phone. Press the power button to begin playing offline music;
- Turn on and adjust CES hypnosis;
- Feel at ease and fall asleep. When you wake up, you can check the sleep report in the app.

9 Battery charging

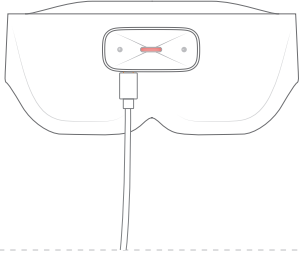
There are two ways of battery charging:
① The multifunction box can be removed and charged independently;
② The multifunction box can be charged when connected with the eyeshade.

When the electric power is less than 20%, there will be a sound prompt and the indicator light will turn orange. It is recommended to charge it as soon as possible.
This product supports fast charging. In charging, the indicator light is red. When the device is fully charged, the indicator light will turn green. Please charge in the temperature range of 0°C-45°C. Please use the charging cable that comes with the product. Please use the 5v ⎓1A charger.

①



②



10 Care and maintenance (C&M)

① Cleaning of the wearing part

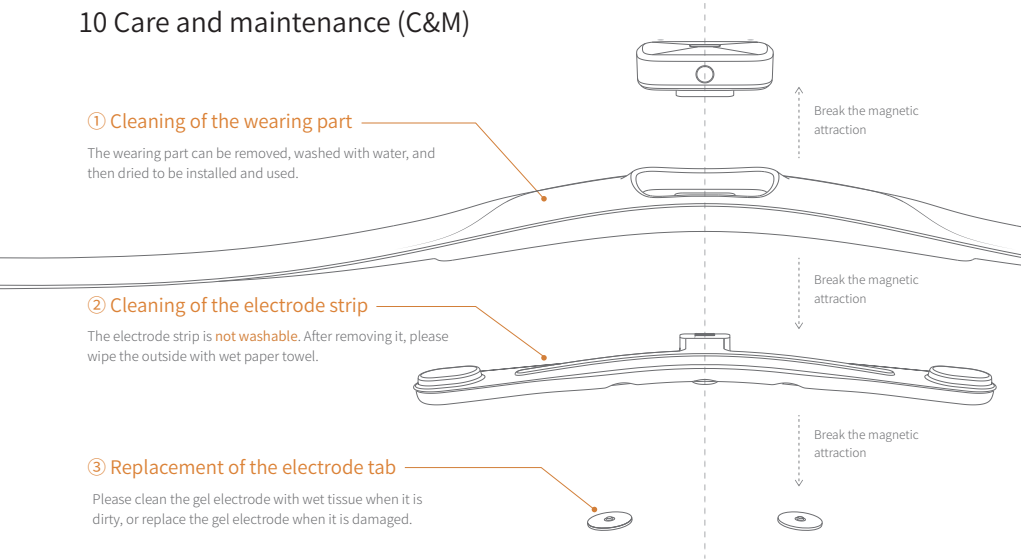
The wearing part can be removed, washed with water, and then dried to be installed and used.

② Cleaning of the electrode strip

The electrode strip is not washable. After removing it, please wipe the outside with wet paper towel.

③ Replacement of the electrode tab

Please clean the gel electrode with wet tissue when it is dirty, or replace the gel electrode when it is damaged.



11 Frequently asked questions (FAQs)

See more frequently asked questions and answers in the App

1.What is CES hypnosis?

The principle of CES hypnosis is that it acts on the cerebral cortex structure and brain stem structure, and produces significant and a trace of weak pulse current. According to the relevant studies, CES can effectively stimulate the brain to secrete endorphins with sedative effects, reduce cortisol level, and decrease anxiety and stress.

2.How to adjust the intensity of CES hypnosis?

From the perspective of safety, every time the scheme is launched, the intensity of CES hypnosis of the device is 0 by default. Please adjust the button of the device. It is recommended for the first time of use that the intensity be adjusted from the low gear, slowly to the range you can bear, and that you start the initial attempt from a short period of time (30-45 minutes).

3.Does CES hypnosis operate all night?

No. For the first time of use, the device takes 30 minutes as the default duration of CES hypnosis. If you need to customize the duration of CES hypnosis, you can open the duration setting of "Scheme" in the app to adjust the set duration of CES hypnosis.

4.Is the prickling sensation normal? Is there any way to reduce it? If the prickling sensation seems weaker than the beginning, is the device still operating in a normal state?

a. Slight numbness, prickling and dizziness in the contact part are normal feelings of experience. You can reduce your body feeling by adjusting the gear of CES hypnosis. In addition, it is related to the amount of water replenishment and the dryness of the weather. Therefore, when you adjust the intensity, it is not necessary to see it fixed at a certain degree. Each time, it should be adjusted upward from the lowest gear until you feel slight numbness, prickling and dizziness.
b. If you have adjusted to the maximum intensity and still don' t feel anything, you can do the following to check:
Firstly, the device may be out of power and needs to be charged in time;
Secondly, it is recommended to change the electrode tab of CES hypnosis and try to adjust the gear again. If you still don' t feel anything, please consult the customer support

5.Is it normal to feel inconsistent between the left and right during CES hypnosis?

This is normal. This feeling occurs because the two sides of the forehead have different sensitivities and correspondingly different feelings for current stimulation. It will not affect the effect of equipment use.

6.After wearing, there is a red mark on the electrode position. Is it normal? How soon will it disappear?

It is normal that there will be a red mark on the electrode position after wearing. Please don' t worry. The red mark will disappear in about 15 minutes.

7. Can the electrode position be adjusted during CES hypnosis?

The electrode position can be adjusted appropriately until the gel electrode fully contacts the skin.

8.When should it be used and how long will it be effective?

Use it 1-2 hours before going to bed at night. It is recommended for the first time of use that you use it for 30 minutes. In addition, it is recommended that you use CES hypnosis within 90 minutes a day, and for every single use, the time should not exceed 60 minutes.

9.Under what circumstances can CES hypnosis be used?

It is suggested that you use this product in a comfortable and relaxed environment/state. It is recommended to keep the time period of using the product relatively consistent, which can result a better treatment effect. If you are driving, or need to stay excited or focused, you are not advised to turn on CES hypnosis.

10.Why do I feel dizzy, headache, fullness in the head, etc. when using it?

Because you have adjusted the intensity too high. Please adjust it to a lower gear until the discomfort disappears. The effect of the device is not positively related to the intensity; instead the best intensity only provides the feeling of slight numbness, prickling and dizziness.

II. Safety instructions

1 Contraindications

At present, no side effects have been found in clinical practice, and there are no known contraindications. Due to the lack of clinical data on the following diseases, the following populations are not recommended to use it:

① Patients with severe depression and recent stroke;

② Patients using implantable electronic devices (such as cardiac pacemakers and insulin pumps) or patients who have metal implants in their body;

③ Patients with hemorrhagic stroke recently;

④ Patients with epilepsy and pregnant women;

⑤ People who are warned against CES hypnosis by doctors.

There may be a small number of side effects that have not been observed clinically. Very few users may suffer slight headache, which can be relieved by turning down the gear of electrical stimulation. If severe headache, dizziness, nausea and other adverse reactions occur, please stop using it.

⊖ Do not use gel patch on eyes, damaged skin, wounds or allergic skin.

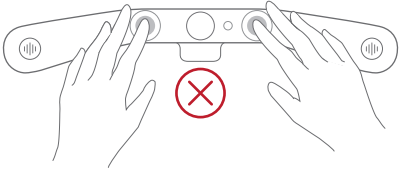
2 Cautions

- Children or people who can’ t express their consciousness are forbidden to use the device;
- Please do not use it when operating complex and dangerous equipment or driving;
- Please do not use it in flammable and explosive places such as refueling stations, high dust workshops and coal gas stations;
- Please do not use it in the bathroom or other places with high humidity. Do not use it when taking a bath. They may cause electric shock or damage to this product;
- The discarded components, etc. of this product shall be disposed in accordance with the provisions of local laws and regulations;
- Avoid long-time use with high CES hypnosis gear. If you feelskin discomfort, you can rest for a few minutes at intervals and turn down the electric stimulation gear in the future use. After that, if you still feel skin discomfort, please stop using;
- If you feel unwell during or after use, please stop using it and consult a doctor.

To ensure the users’ safety, if you provide the device to others, please ask them to log in to Easleep App first to confirm the instructions for the users.

Please scan the QR code to download the App

3 Operation warning



① Please do not touch the left and right electrodes with both hands at the same time;
② Please do not connect high-frequency surgical equipment and the product to the same user at the same time, otherwise the electrode of the product may cause burns and damage to the product;
③ Please do not use this product with medical electronic devices such as electrocardiographs, which may cause misoperation of these medical electronic devices;
④ Please do not use this product near short-wave or microwave therapy equipment, which may cause unstable output of this product;
⑤ Do not use the electrode near your chest, and the electrode of the product should not be placed in front of or behind your heart, otherwise it would increase the risk of heart fibrillation;
⑥ Keep wounds or scars away from the electrode of the product;
⑦ The electrode should be in close and even contact with the skin to avoid affecting the effect of the product.

4 Other

Please read and keep all the safety and operating instructions

⚠ Warning/caution:

Important safety instructions: Use only the accessories/fittings provided by the manufacturer. Please use the USB cable attached to this product for charging. The charging interface should be 5V/1A.

1. Please do not store this product in the place with humidity, high temperature, direct sunlight or near strong magnetic field or strong microwave field;
2. Please do not make the product contact high-temperature equipment;
3. Please do not throw the main unit or electrode strip into water, which may cause damage to the interior of the product;
4. Please store the electrode tabs in a sealed bag to prevent them from losing water.

Keep out of reach of children to prevent swallowing

When using this product, you should observe the basic precautions as follows:

① Before using the device, please read the *User Manual* and *Quick Start Guide* carefully;

② Please use the device in an environment with a temperature of -10°C-45°C, and charge the device at an ambient temperature of 0°C-45°C;

③ The main unit box shall not be exposed to water, rain, liquid or snow; for other parts, please refer to maintenance and repair;

④ The use of the power supply or charger that is not recommended or sold by the product manufacturer may lead to the risk of fire or personal injury;

⑤ Do not use damaged or modified device, and do not use electrodes with defective or damaged surface, otherwise accidents and failures might occur;

⑥ This product contains lithium batteries. Do not disassemble or squeeze the device, or throw it into fire or place it in high temperature. It will cause explosion if placed in fire or in an environment with a temperature exceeding 100°C;

⑦ Please do not disassemble, repair or modify this product without authorization, otherwise it might cause failure or electric shock.

Instructional Safeguards in Battery

1. Replacement of a battery with an incorrect type that can defeat a safeguard (for example,in the case of some lithium battery tytpes);
2. Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
3. Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas; and
4. A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

III. Authentication

Name and content of harmful substances or elements in the product
in accordance with China' s *Administrative Measures for Restricting the Use of Harmful Substances in Electrical and Electronic Products*

Component name	Harmful substances					
	Plumbum (Pb)	Hydrargyrum (Hg)	Cadmium (Cd)	Hexavalent chrome[Cr(VI)]	Polybrominated biphenyls (PBBs)	Polybrominated diphenyl ethers(PBDEs)
Control box	×	○	○	○	○	○
electrode strip	○	○	○	○	○	○
-----	○	○	○	○	○	○

This form is compiled according to SJ/T 11346.
○ : It means that the content of this harmful substance in all homogeneous materials of the component is within the scope of limited amount specified in GB/T 26572.
× : It means that the content of this harmful substance in at least one homogeneous material of the component goes beyond the scope of limited amount specified in GB/T 26572.
This product meets the international RoHS environmental protection requirements.

FCC Regulatory Compliance

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
changes or modifications not expressly approved by the party responsible for compliance could void the user' s authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISED Regulatory Compliance

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada' s licence-exempt RSS(s). Operation is subject to the following two conditions: (1)This device may not cause interference.(2)This device must accept any interference, including interference that may cause undesired operation of the device.
L' émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d' Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L' exploitation est autorisée aux deux conditions suivantes :(1)L' appareil ne doit pas produire de brouillage; (2)L' appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d' en compromettre le fonctionnement.
This equipment complies with IC RSS‑102 radiation exposure limits set forth for an uncontrolled environment.
Cet équipement est conforme aux limites d'exposition aux radiations IC CNR‑102 établies pour un environnement non contrôlé.

Model	FCC ID	IC:	CMIIT ID
V51A	2AXO8-V51A	26555-V51A	2022DP6888
V51B	2AXO8-V51A	26555-V51A	2022DP6884

Do not use this device in places where the use of wireless devices is expressly prohibited, otherwise it would interfere with other electronic devices or cause other dangers.

This product is not a medical device. The health information and suggestions provided are for reference only, and cannot be used as the basis for diagnosis and treatment. As the situation differs on a case by case basis, if you feel skin discomfort when wearing it, please stop wearing it and consult a doctor.

IV.Disclaimer

1. To protect the legitimate rights and interests of the users, please make sure to carefully read the *Users' Manual* (hereinafter collectively referred to as *User Manual*), *Quick Start Guide* and other product description documents provided with this product before using this product. Zhejiang BrainCo Technology Co., Ltd. reserves the right to update the above documents.
2. Once you start using this product, you shall be deemed to have read, understood, approved and accepted all the terms and contents of the *User Manual* of this product. The users are deemed to promise to be responsible for their own actions and all consequences arising there from. The users are deemed to promise to use this product only for legitimate purposes, and agree to these terms and any relevant policies or guidelines that Zhejiang BrainCo Technology Co., Ltd. may formulate.
3. In the process of using this product, please make sure to strictly observe and meet the requirements included in but not limited to the *User Manual* . For all personal injuries, accidents, property losses, legal disputes and other adverse events resulting in conflicts of interest caused by violation of the use behavior defined by the safety use instructions or irresistible factors, the user shall bear the relevant responsibilities and losses, and Zhejiang BrainCo Technology Co., Ltd. will not bear any responsibilities.
4. Zhejiang BrainCo Technology Co., Ltd. will not bear any responsibility for any violation of the laws directly or indirectly caused by the users' use of this product.
5. Other exemptions prescribed by laws and regulations.

Note:
(1) If the user is a minor under the age of 18, he/she can use this product only after carefully reading this agreement with the guardian' s supervision, guidance and consent.
(2) Minor users and their guardians understand that if minors violate laws, regulations and the contents of this agreement, the minors and their guardians shall bear all possible legal liabilities in accordance with the law.

V. Warranty

Commodity name: _____

Trademark: _____

Serial number: _____

Place of production: _____

Name of the sales unit: _____

Address of the sales unit: _____

Postal code of the sales unit: _____

Number of the sales invoice: _____

Sales date: _____

Consumer name: _____

Consumer address: _____

Postal code of the consumer: _____

Telephone number of the consumer: _____

Thank you for purchasing our products. The whole unit of the product you have bought will be guaranteed for one year from the date of purchase.

I. Three Guarantees will be implemented for consumers who have bought this commodity. In case of any discrepancy between the service terms and the Three Guarantees regulations, the Three Guarantees regulations and the contents of the Three Guarantees certificate shall prevail. The company undertakes to abide by the relevant local regulations for the regions where the special Three Guarantees catalogue is implemented.

II. Please note that the scope of guaranteed repair is limited to the main unit of the product, and accessories such as power cord are not covered by the warranty.

Any of the following situations does not fall within the scope of Three Guarantees:

1. Beyond the validity period of Three Guarantees;
2. Loss caused by failure to use, maintain and keep the product according to the requirements of the product instructions;
3. Loss caused by dismantling by the repairer who does not bear Three Guarantees responsibility;
4. Without valid Three Guarantees certificate and valid invoice (except the case that the commodity can be proved within the validity period of Three Guarantees);
5. The Three Guarantees certificate altered without authorization;
6. The product or serial number on the Three Guarantees certificate inconsistent with the real commodity;
7. Without factory name, address, production date and approved certificate for the product;
8. Damage caused by force majeure.

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service of BrainCo

网址/Website：http://www.brainco.cn/

技术支持热线/Technical support hotline：4006 886 289