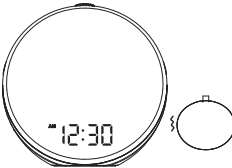


Instruction Manual

Sunrise Alarm Clock FM Radio with Bed Shaker

Model: LT286



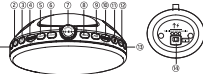
Thank you for purchasing LT286 Sunrise Alarm Clock. To ensure the best product performance, please read this user manual in detail and retain it for future reference.

Screen Overview



1. Sunrise
2. Bed Shaker
3. Alarm Volume
4. Alarm Sound
5. FM Radio
6. Bluetooth
7. Timer
8. AM/PM
9. Time
10. Alarm Icon
11. Light

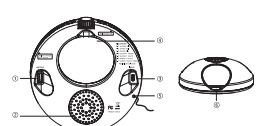
Button Overview



1. **ON/OFF** : Press to enable or disable the alarm. When the alarm goes off, press to stop it for the day.

2. **ALARM SET** : Press to enter alarm setting mode.
3. **ALARM MODE** : Press repeatedly to select the alarm mode.
4. **- LIGHT +** : Rotate to adjust the light brightness. Press again to change the light color. Hold to turn off the light.
5. **LIGHT** : Press to turn on the light. Press again to change the light color. Hold to turn off the light.
6. **SUNRISE** : Press to enter sunrise setting mode.
7. **When alarm goes off** : press to enter snooze mode, hold to turn off the alarm.
8. **TIMER** : Press to enter timer setting mode.
9. **FM** : Press to turn FM radio on or off. Hold to auto-scan.
10. **+ VOLUME -** : Rotate to adjust the radio and Bluetooth volume.
11. **Bluetooth** : Press to turn Bluetooth on/off. Hold to clear the paired device.
12. **12/24H TIME SET** : Press to enter time setting mode. Hold to change the time format.
13. **DIMMER** : Press repeatedly to adjust the display brightness level (OFF-L04).
14. **Vibration Level Switch** : Slide to adjust the vibration level.

Back View



1. USB Charging Port (Output)
2. Speaker
3. Type C Input
4. Shaker Charging Dock
5. Radio Antenna
6. Coin Cell Battery Compartment

Get Started

- Connect the clock to a working power outlet using the included adapter.
- Note:**
- 1) The clock is equipped with a coin-cell battery that preserves the settings during a power outage.
 - 2) For normal performance of the clock, please use the included power adapter and USB cord.

Bed Shaker

The bed shaker provides a vibrating alarm function. When the shaker alarm mode is activated, the bed shaker will vibrate to wake you up.

1. Slide the vibration level switch to select the desired vibration level (1-3).

Charge the Bed Shaker

When the bed shaker's battery is low, the red indicator flashes every 5 seconds. Place the bed shaker on the charging dock on the back of the clock to charge it. The indicator turns red while charging and green when the battery is fully charged.

Note:

Charge the bed shaker before using it for the first time. The charging contacts must be clean and properly aligned for charging to work correctly.

Set Time

- Tip:** Connecting Bluetooth to your phone will automatically sync the time.
1. Press the **12/24H TIME SET** button to enter time setting mode. The hour digits will flash.
 2. Rotate the **- LIGHT +** button to set the hour.
 3. Press the **- LIGHT +** button. The minute digits will flash.
 4. Rotate the **- LIGHT +** button to set the minute.
 5. Press the **- LIGHT +** button to save and exit.

Set Time Format

1. Press and hold the **12/24H TIME SET** button to switch the time display between 12-hour format (AM/PM) and 24-hour format (00:00-23:59).

Set Display Brightness

1. In timekeeping mode, press the **DIMMER** button repeatedly to adjust the display brightness level (OFF-L04).

Set Alarm

1. Press the **ALARM SET** button to enter alarm setting mode. The hour digits will flash.
2. Rotate the **- LIGHT +** button to set the hour.
3. Press the **- LIGHT +** button. The minute digits will flash.
4. Rotate the **- LIGHT +** button to set the minute.
5. Press the **- LIGHT +** button. The alarm sound code (S01-S08) digits will flash.

Set Alarm Mode

1. Press the **ALARM MODE** button repeatedly to set the alarm mode. When an alarm mode is selected, the corresponding sunrise shaker icon, and sound icon will appear on the display. There are 7 modes:
 - 1) A-1: sunrise only
 - 2) A-2: shaker only
 - 3) A-3: sound only
 - 4) A-4: sunrise and shaker
 - 5) A-5: sunrise and sound
 - 6) A-6: shaker and sound
 - 7) A-7: sunrise, sound and shaker
2. Rotate the **- LIGHT +** button to select the alarm sound. ** If S08 (FM radio) is selected, the alarm will play the last station you listened to.*
3. Press the **- LIGHT +** button. The alarm volume digits will flash.
4. Rotate the **- LIGHT +** button to set the alarm volume (V01-V16).
5. Press the **- LIGHT +** button to save and exit. ** After setting the alarm, the alarm function is automatically enabled and the bell icon will appear on the display.*

Set Sunrise

The sunrise alarm clock simulates the sun rising up gradually to wake you up naturally. You can set how early the clock starts to light up before alarm goes off and the maximum brightness of the sunrise light.

1. Press the **SUNRISE** button to enter sunrise setting mode. The sunrise duration digits will flash.
2. Rotate the **- LIGHT +** button to set the sunrise duration (0/10/20/30/40/50/60 minutes).
3. Press the **- LIGHT +** button. The sunrise brightness digits will flash.
4. Rotate the **- LIGHT +** button to set the sunrise brightness (L01-L20).
5. Press the **- LIGHT +** button to save and exit.

** Examples of when sunrise light turns on based on the alarm time and sunrise duration you set.*

Alarm Goes off at	Sunrise Duration	Light Comes on at
7:00 AM	0 Minute	7:00 AM
7:00 AM	10 Minutes	6:50 AM
7:00 AM	30 Minutes	6:30 AM
7:00 AM	60 Minutes	6:00 AM

** If you set the sunrise duration shorter, it will light up to the maximum brightness you set faster.*

Snooze

When the alarm goes off, press the  button to activate snooze mode. The alarm will go off again in 9 minutes.

Stop Alarm

When the alarm goes off or is in snooze mode, there are **3 methods to stop it for the day**.

1. Press the  **ON/OFF** button.
2. Press the  **ALARM SET** button.
3. Press and hold the  button for 2 seconds.
** If no operation is performed, the alarm will automatically turn off after 60 minutes.*

Enable/Disable Alarm

Press the  **ON/OFF** button to enable or disable the alarm. If disabled, the bell icon  will disappear from the display.

Bluetooth Mode

Tip: After connecting your phone via Bluetooth, the time will synchronize automatically. Some phones may display a prompt asking for permission to access messages. Please allow access so the time can sync.

1. Press the  button to turn on Bluetooth. The Bluetooth icon will flash on the display, indicating that it is in pairing mode.
2. Turn on Bluetooth on your phone and select "LT286" from the Bluetooth list to initiate pairing.
** If pairing is successful, a voice prompt saying "connected" will be played, and the Bluetooth icon  will remain steady.*
3. Press the  button to play or pause audio.
4. Rotate the  button to play the previous or next track.
5. Press the  button to turn off Bluetooth.

Adjust the Audio Volume

- 1) Rotate the volume wheel  on the clock.
- 2) Turn your phone's volume up or down.

Clear the Pairing History

Press and hold the  button for 2 seconds to clear the pairing history. A voice prompt "disconnected" will be played and the Bluetooth icon  will flash on the display.

FM Radio

Tip: For best reception, please uncoil the antenna at the back and adjust

the antenna's direction or position.

1. Press the **FM** button to turn on the FM radio.
2. Rotate the  button to tune in to a radio station manually.
Or press and hold the **FM** button for 2 seconds to auto-scan.
3. Rotate the volume wheel  to adjust the radio volume.
4. Press the **FM** button to turn off the radio.

Light

1. Press the **LIGHT** button to turn on the light.
2. Press the **LIGHT** button repeatedly to change the light color.
** There are 16 optional color light modes (C01–C16):
C01–C05: RGB light
C06–C07: RGB music light
(the light effect follows the audio rhythm)
C08–C16: fixed-color light*

3. Rotate the light wheel  to adjust the brightness (L01–L20).

4. Press and hold the **LIGHT** button for 2 seconds to turn off the light.

Set Countdown Timer

1. When the light, FM radio or Bluetooth is on, press the **TIMER** button to enter timer setting mode.
2. While the countdown time flashes, rotate the  button to set the countdown time (10–480 minutes optional).

Or press the **TIMER** button repeatedly to set the countdown time.

Turn off the Timer

Press and hold the **TIMER** button for 2 seconds to turn off the timer. The current light, FM radio or Bluetooth will also be turned off.

USB Charging

There is a USB port at the back of the clock to charge your cellphone or other electronic gadgets.
** It is not recommended to charge high-power electronic products such as tablets and hair dryers.*

FAQ

1. How to set radio as alarm?

Enter alarm setting mode and select S08 at the alarm sound setting step (see the **Set Alarm** section for details).

2. How to set radio alarm to go off with the station I prefer?

If radio (S08) is selected as alarm sound, it will go off with the last station you listened to.

For example, if 90.5 MHz is the last station you listened to, when alarm goes off, it will play the 90.5 MHz station. If you change radio station to 104.3 MHz, when alarm goes off, it will play the 104.3 MHz station.

3. No sound/shaking/sunrise when the alarm goes off?

- Please ensure the alarm is turned on (the bell icon  is shown on the display).
- Please check the alarm mode you selected.
- Please check whether the alarm time is set to AM or PM.
- Please charge the shaker in case it has no power.
- Press SUNRISE twice and rotate  to set the sunrise brightness higher.

4. The clock time does not sync with my phone after Bluetooth pairing.

On your phone, find Bluetooth device LT286 and forget it. Then scan for LT286 and pair it again. If a pop-up window asks for access to your phone, please allow it (see the **Bluetooth Mode** section for details).

Our Warranty

30 days money back for any reason

Within 30 days after the date of purchase, you can return your undamaged product to Amazon and get a full refund for any reason.

12 months replacement for quality-related issue

Within 12 months after the date of purchase, we provide replacement for quality-related issues.

Kind reminder: be sure to use your products per instructions.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by

one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. In order to avoid the possibility of exceeding the FCC radio frequency exposure limits, Human proximity to the antenna shall not be less than 20cm (8 inches) during normal operation.

BATTERY SAFETY:

The product contains a 3V CR2032 button cell battery. Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate. Even used batteries may cause severe injury or death. Call a local poison control center for treatment information. Non-rechargeable batteries are not to be recharged. Do not force discharge, recharge, disassemble, heat above 60°C or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns. Ensure the batteries

are installed correctly according to polarity (+ and -). Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations. Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours**.
- **KEEP** new and used batteries **OUT OF REACH** of **CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.

