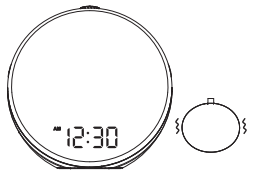
Instruction Manual

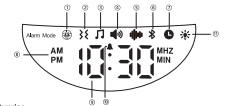
Sunrise Alarm Clock Sound Machine with Bed Shaker

Model: LT288



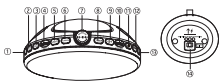
Thank you for purchasing LT288 Sunrise Alarm Clock. To ensure the best product performance, please read this user manual in detail and retain it for future reference.

Screen Overview



1. Sunrise
2. Bed Shaker
3. Alarm Sound
4. Alarm Volume
5. Sleep Sound
6. Bluetooth
7. Timer
8. AM/PM
9. Time
10. Alarm Icon
11. Light

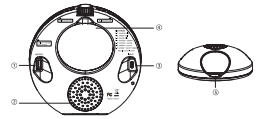
Button Overview



1. ON/OFF : Press to enable or disable the alarm
   When the alarm goes off, press to stop it for the day

2. ALARM SET : Press to enter alarm setting mode
3. ALARM MODE : Press repeatedly to select the alarm mode
4. – LIGHT + : Scroll to adjust the light brightness
5. LIGHT : Press to turn on the light
   Press again to change the light color
   Hold to turn off the light
6. SUNRISE : Press to enter sunrise setting mode
7. SNOOZE : **When alarm goes off**
   press to enter snooze mode
   hold to turn off the alarm
8. TIMER : Press to enter timer setting mode
9. : Press to turn on the sleep sound
   Press repeatedly to change the sleep sound
   Hold to turn off the sleep sound
10. + VOLUME – : Scroll to adjust the sleep sound and Bluetooth volume
11. : Press to turn Bluetooth on/off
    Hold to clear the paired device
12. TIME SET : Press to enter time setting mode
    Hold to change the time format
13. DIMMER : Press repeatedly to adjust the display brightness level (OFF-L04)
14. **Vibration Level Switch :** Slide to adjust the vibration level

Back View



1. USB Charging Port (Output)
2. Speaker
3. Type C Input
4. Shaker Charging Dock
5. Coin Cell Battery Compartment

Get Started

Connect the clock to a working power outlet using the included adapter.

Note:

1) The clock is equipped with a coin-cell battery that preserves the settings during a power outage.
2) For normal performance of the clock, please use the included power adapter and USB cord.

Bed Shaker

The bed shaker provides a vibrating alarm function. When the shaker alarm mode is activated, the bed shaker will vibrate to wake you up.

Slide the vibration level switch to select the desired vibration level (1–3).

Charge the Bed Shaker

When the bed shaker's battery is low, the red indicator flashes every 5 seconds. Place the bed shaker on the charging dock on the back of the clock to charge it. The indicator turns red while charging and green when the battery is fully charged.

Note:

Charge the bed shaker before using it for the first time. The charging contacts must be clean and properly aligned for charging to work correctly.

Set Time

Tip: Connecting Bluetooth to your phone will automatically sync the time.

1. Press the TIME SET button to enter time setting mode. The hour digits will flash.
2. Rotate the button to set the hour.
3. Press the button. The minute digits will flash.
4. Rotate the button to set the minute.
5. Press the button to save and exit.

Set Time Format

Press and hold the TIME SET button to switch the time display between 12-hour format (AM/PM) and 24-hour format (00:00–23:59).

Set Display Brightness

In timekeeping mode, press the DIMMER button repeatedly to adjust the display brightness level (OFF–L04).

Set Alarm

1. Press the ALARM SET button to enter alarm setting mode. The hour digits will flash.
2. Rotate the button to set the hour.
3. Press the button. The minute digits will flash.
4. Rotate the button to set the minute.
5. Press the button. The alarm sound code (S01–S07) digits will flash.

6. Rotate the button to select the alarm sound.
7. Press the button. The alarm volume digits will flash.
8. Rotate the button to set the alarm volume (V01–V16).
9. Press the button to save and exit.

** After setting the alarm, the alarm function is automatically enabled and the alarm icon will appear on the display.*

Set Alarm Mode

Press the ALARM MODE button repeatedly to set the alarm mode. *When an alarm mode is selected, the corresponding sunrise / shaker , and sound icons will appear on the display.*

There are 7 modes:

1) A-1: sunrise only
2) A-2: shaker only
3) A-3: sound only
4) A-4: sunrise and shaker
5) A-5: sunrise and sound
6) A-6: shaker and sound
7) A-7: sunrise, sound and shaker

Set Sunrise

The sunrise alarm clock simulates the sun rising up gradually to wake you up naturally. You can set how early the clock starts to light up before alarm goes off and the maximum brightness of the sunrise light.

1. Press the **SUNRISE** button to enter sunrise setting mode. The sunrise duration digits will flash.
2. Rotate the button to set the sunrise duration (0/10/20/30/40/50/60 minutes).
3. Press the button. The sunrise brightness digits will flash.
4. Rotate the button to set the sunrise brightness (L01–L20).
5. Press the button to save and exit.

** Examples of when sunrise light turns on based on the alarm time and sunrise duration you set.*

Alarm Goes off at	Sunrise Duration	Light Comes on at
7:00 AM	0 Minute	7:00 AM
7:00 AM	10 Minutes	6:50 AM
7:00 AM	30 Minutes	6:30 AM
7:00 AM	60 Minutes	6:00 AM

** If you set the sunrise duration shorter, it will light up to the maximum brightness you set faster.*

Snooze

When the alarm goes off, press the SNOOZE button to activate snooze mode. The alarm will go off again in 9 minutes.

Stop Alarm

When the alarm goes off or is in snooze mode, there are 3 methods to stop it for the day.

1. Press the ON/OFF button.

2. Press the ALARM SET button.

3. Press and hold the SNOOZE button for 2 seconds.

** If no operation is performed, the alarm will automatically turn off after 30 minutes.*

Enable/Disable Alarm

Press the ON/OFF button to enable or disable the alarm. If disabled, the alarm icon ▲ will disappear from the display.

Bluetooth Mode

Tip: After connecting your phone via Bluetooth, the time will synchronize automatically. Some phones may display a prompt asking for permission to access messages. Please allow access so the time can sync.

1. Press the ✱ button to turn on Bluetooth. The Bluetooth icon will flash on the display, indicating that it is in pairing mode.

2. Turn on Bluetooth on your phone and select "LT288" from the Bluetooth list to initiate pairing.

** If pairing is successful, a voice prompt saying "connected" will be played, and the Bluetooth icon ✱ will remain steady.*

3. Press the SNOOZE button to play or pause audio.

4. Rotate the SNOOZE button to play the previous or next track.

5. Press the ✱ button to turn off Bluetooth.

Adjust the Audio Volume

1) Scroll the volume wheel + VOLUME − on the clock.
2) Turn your phone's volume up or down.

Clear the Pairing History

Press and hold the ✱ button for 2 seconds to clear the pairing history. A voice prompt "disconnected" will be played and the Bluetooth icon ✱ will flash on the display.

Set Sleep Sounds

1. Press the ◆ button to turn on the sleep sound.

2. Rotate the SNOOZE button to switch to the previous or next sound.

3. Scroll the volume wheel + VOLUME − to adjust the volume.

4. Press and hold the ◆ button for 2 seconds to turn off the sleep sound.

** There are 26 sounds with the order as below*

1. Brown Noise	*2. Pink Noise*	*3. Blue Noise*
4. White Noise	*5. Soft Fan*	*6. Household Fan*
7. Industrial Fan	*8. Loud Fan*	*9. Rain*
10. Rain with Thunder	*11. Stream in the Cave*	*12. Brook*
13. River	*14. Gentle Sea Wave*	*15. Strong Sea Wave*
16. Little Sea Wave	*17. Bird*	*18. Bonfire*
19. Train	*20. Tik-Tok*	*21. Alpha Wave Music*
22. Heartbeat	*23. Summer Night*	*24. Lullaby 1*
25. Lullaby 2	*26. Lullaby 3*	

Light

1. Press the **LIGHT** button to turn on the light.

2. Press the **LIGHT** button repeatedly to change the light color.

** There are 16 optional color light modes (C01–C16):*
C01–C05: RGB light
C06–C07: RGB music light
(the light effect follows the audio rhythm)
C08–C16: fixed-color light

3. Scroll the light wheel − BRIGHT + to adjust the brightness (L01–L20).

4. Press and hold the **LIGHT** button for 2 seconds to turn off the light.

Set Countdown Timer

1. When the light, sleep sound or Bluetooth is on, press the **TIMER** button to enter timer setting mode.

2. While the countdown time flashes, rotate the SNOOZE button to set the countdown time (10–480 minutes optional).

3. Or press the **TIMER** button repeatedly to set the countdown time.

** In timekeeping mode, press the **TIMER** button once to check the remaining countdown time.*

Turn off the Timer

Press and hold the **TIMER** button for 2 seconds to turn off the timer. The current light, sleep sound or Bluetooth will also be turned off.

USB Charging

There is a USB port at the back of the clock to charge your cellphone or other electronic gadgets.

** It is not recommended to charge high-power electronic products such as tablets and hair dryers.*

FAQ

1, No sound/shaking/sunrise when the alarm goes off?

- Please ensure the alarm is turned on (the alarm icon ▲ is shown on the display).
- Please check the alarm mode you selected.
- Please check whether the alarm time is set to AM or PM.
- Please charge the shaker in case it has no power.
- Press SUNRISE twice and rotate SNOOZE to set the sunrise brightness higher.

2, The clock time does not sync with my phone after Bluetooth pairing.

On your phone, find Bluetooth device LT288 and forget it. Then scan for LT288 and pair it again. If a pop-up window asks for access to your phone, please allow it (see the **Bluetooth Mode** section for details).

Our Warranty

30 days money back for any reason

Within 30 days after the date of purchase, you can return your undamaged product to Amazon and get a full refund for any reason.

12 months replacement for quality-related issue

Within 12 months after the date of purchase, we provide replacement for quality-related issues.

Kind reminder: be sure to use your products per instructions.

FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference,

(2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by

one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/ TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. In order to avoid the possibility of exceeding the FCC radio frequency exposure limits, Human proximity to the antenna shall not be less than 20cm (8 inches) during normal operation.

BATTERY SAFETY: The product contains a 3V CR2032 button cell battery. Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate. Even used batteries may cause severe injury or death. Call a local poison control center for treatment information. Non-rechargeable batteries are not to be recharged. Do not force discharge, recharge, disassemble, heat above 60°C or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns. Ensure the batteries

are installed correctly according to polarity (+ and –). Remove and immediately recycle or dispose of batteries from equipment not used for an extended period of time according to local regulations. Always completely secure the battery compartment. If the battery compartment does not close securely, stop using the product, remove the batteries, and keep them away from children.

⚠ WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours.**
- **KEEP** new and used batteries **OUT OF REACH** of **CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.