

UDFINE

Udfine Watch Starry

Operation manual



Scan the QR code for more function information

Shanghai Udfine Technology Co.,Limited.

Quick start guide

1. Product overview



Physical button operation

Short press

1. To return.
2. To wake the screen when it is off.

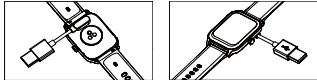
Long press

1. To turn on the watch.
2. Under the power on state, long press for 8s to restart.

2. Turning on/off

Turning on

Whilst the watch is off, it automatically turns on when you put it on charge.



Note: Charge the watch to activate it before first use. The original power adapter must be used for charging.

Long press the button to turn on the watch.

Turning off

To turn off the watch: go to Settings -> Turning off menu.



App downloads and pairing

1. App downloads

Download and install the "VeryFit" app on the App Store, Google Play or by scanning the QR code below.



2. Pairing

Turn on VeryFit app -> Activate Bluetooth connection on your phone -> Search on the app for the device to pair with (or scan the QR code on the device) -> Finish binding on the app (or on the device).

Screen operation

Swipe up/down

1. To toggle through menu.
2. To view long text/details.

Swipe left/right

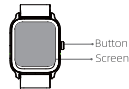
1. To toggle through menu.

Tap the screen

1. To enter the menu.
2. To operate according to the prompts.

Tap and hold on the screen

1. To switch between watch faces.



Features

Udfine Watch Starry has features such as 5ATM water resistance, ultra-long battery life, full-screen touch control, low latency, 100 workout modes and multiple cloud watch faces. It supports heart rate monitoring and stress detection throughout the day, blood oxygen detection and sleep monitoring, etc. For operating instructions and FAQs on these features, please turn on the app and go to "User Guide" section.

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- Reorient or relocate the receiving antenna.
 - Increase the separation between the equipment and receiver.
 - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
 - Consult the dealer or an experienced radio/TV technician for help.
- Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
- This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
- (1) this device may not cause harmful interference, and
 - (2) this device must accept any interference received, including interference that may cause undesired operation.

Responsible Party
Company name: Americas Compliance consulting, LLC dba iCertifi
Address: 1001 SW Disk Drive, ste 250, Office 3, Bend, OR 97702, United States
Tel: (866) 885-4575
E-mail: Paul@icertifi.com

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UDFINE

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操作説明書



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クイックスタートガイド

1. 製品概要



物理ボタンの操作

短く押す

1. 戻ります。
2. 画面がオフの時、画面を起動します。

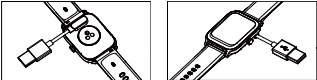
長く押す

1. ウォッチの電源をオンにします。
2. 電源オン状態で、8秒長押しすると再起動します。

2. 電源オン/オフ

電源オン

ウォッチがオフになっている間、充電を開始すると自動的にオンになります。



注意：初回使用前にウォッチを充電してから起動してください。充電には必ず純正の電源アダプターを使用してください。

ボタンを長押ししてウォッチをオンにします。

電源オフ

ウォッチの電源を切るには：[設定] -> [電源オフ]メニューに移動します。



アプリのダウンロードとペアリング

1. アプリのダウンロード

App Store、Google Playから、または下のQRコードをスキャンして「VeryFit」アプリをダウンロードしてインストールしてください。



2. ペアリング

VeryFitアプリをオンにする -> スマホでBluetooth接続を有効にする -> アプリでペアリングするデバイスを検索する（またはデバイスのQRコードをスキャンする） -> アプリ（またはデバイス）でペアリングを完了します。

画面の操作

上方向/下方向にスワイプ

1. メニューを切り替えます。
2. 長いテキスト/詳細を表示します。

右方向/左方向にスワイプ

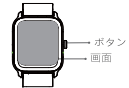
1. メニューを切り替えます。

画面をタップする

1. メニューを表示します。
2. プロンプトに従って操作します。

画面をタップして長押しする

1. ウォッチフェイスを切り替えます。



機能

Udfine Watch Starryには、5ATM耐水性、超長寿命バッテリー、全画面タッチコントロール、低レイテンシー、100種類のワークアウトモード、複数のクラウドウォッチフェイスなどの特徴があります。1日中の心拍数モニタリングやストレス検出、血中酸素の検出、睡眠モニタリングなどに対応しています。これらの機能の操作方法やFAQ（よくある質問）については、アプリをオンにして「ユーザーガイド」のセクションに進んでください。

UDFINE

Udfine Watch Starry

Betriebshandbuch



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Kurzanleitung

1. Produktübersicht



Tastenfunktion

Kurz drücken

1. um zurückzukehren,
2. um den Bildschirm aufzuwecken, wenn er ausgeschaltet ist.

Ge drückt halten

1. um die Uhr einzuschalten,
2. drücken Sie im anschaltenden Zustand 8 Sekunden lang auf, um das Gerät neu zu starten.

2. Einschalten/Ausschalten

Einschalten

Solange die Uhr ausgeschaltet ist, schaltet sie sich automatisch ein, wenn Sie aufgeladen wird.



Hinweis: Laden Sie die Uhr auf, um sie vor Erstgebrauch zu aktivieren. Zum Laden muss das Original-Netzteil verwendet werden.

Halten Sie die Taste gedrückt, um die Uhr einzuschalten.

Ausschalten

Uhr ausschalten: Navigieren Sie im Menü zu Einstellungen -> Ausschalten.



App herunterladen und koppeln

1. App herunterladen

Laden Sie die App „VeryFit“ im App Store, bei Google Play oder durch Scannen des nachstehenden QR-Codes herunter und installieren Sie sie.



2. Koppeln

Schalten Sie die VeryFit-App ein -> Aktivieren Sie die Bluetooth-Verbindung auf Ihrem Handy -> Suchen Sie in der App nach dem Gerät, mit dem Sie koppeln möchten (oder scannen Sie den QR-Code auf dem Gerät) -> Schließen Sie die Kopplung in der App (oder auf dem Gerät) ab.

Bildschirmbedienung

Aufwärts/abwärts wischen

1. um das Menü zu durchlaufen,
2. um lange Texte/Details anzuzeigen.

Nach links/rechts wischen

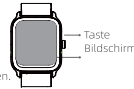
1. um das Menü zu durchlaufen.

Auf den Bildschirm tippen

1. um das Menü aufzurufen,
2. um gemäß den Aufforderungen zu arbeiten

Bildschirm gedrückt halten

1. um zwischen Zifferblättern umzuschalten



Funktionen

Die Udfine Watch Starry verfügt über Funktionen wie 5ATM Wasserbeständigkeit, ultralange Akkulaufzeit, Vollbild-Touch-Bedienung, geringe Latenz, 100 Trainingsmodi und mehrere Cloud-basierte Zifferblätter. Sie unterstützt Herzfrequenzüberwachung und Stresserkennung während des Tages, Blutsauerstofferkennung und Schlafüberwachung usw. Für eine Bedienungsanleitung und häufig gestellte Fragen zu diesen Funktionen, aktivieren Sie bitte die App und besuchen Sie den Abschnitt „Bedienungsanleitung“.



• Guide de démarrage rapide

1. Synthèse du produit



Fonctionnement du bouton physique

Pression brève

1. pour revenir en arrière.
2. pour réveiller l'écran lorsqu'il est éteint.

Pression longue

1. pour allumer la montre.
2. pression longue pendant 8 s en état de démarrage pour redémarrer.



• Guía de inicio rápido

1. Vista general de producto



Funcionamiento del botón físico

Pulsación breve

1. para volver.
2. para activar la pantalla cuando está apagada.

Mantener pulsado

1. para encender el reloj.
2. bajo el estado de encendido, pulse prolongadamente durante 8 s para reiniciar.



• Guida introduttiva

1. Panoramica prodotto



Funzionamento del pulsante fisico

Premere brevemente

1. per tornare indietro.
2. per riattivare lo schermo quando è spento.

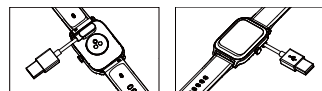
Premere a lungo

1. per accendere l'orologio.
2. nello stato di accensione, premere a lungo per 8 secondi per riavviare.

2. Allumer/éteindre

Allumer

Lorsque la montre est éteinte, elle s'allume automatiquement lorsque vous la chargez.



Remarque : Chargez la montre pour l'activer avant la première utilisation. L'adaptateur d'alimentation d'origine doit être utilisé pour la charge.

Appuyez longuement sur le bouton pour allumer la montre.

Éteindre

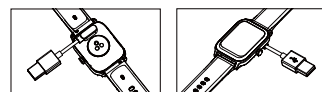
Pour éteindre la montre : accédez au menu Réglages -> Éteindre.



2. Encendido/apagado

Encendido

Si el reloj está apagado, se enciende automáticamente al ponerlo a cargar.



Nota: Cargue el reloj para activarlo antes de usarlo por primera vez. Se debe usar el adaptador de corriente original para cargar.

Mantenga pulsado el botón para encender el reloj.

Apagar

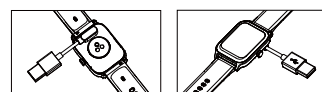
Para apagar el reloj: vaya al menú de Ajustes -> Apagado.



2. Accensione/Spegnimento

Accensione

Quando l'orologio è spento, si accende automaticamente durante la ricarica.



Nota: ricaricare l'orologio per attivarlo prima del primo utilizzo. Per la ricarica deve essere utilizzato un alimentatore originale.

Premere a lungo il pulsante per accendere l'orologio.

Spegnimento

Per spegnere l'orologio: accedere a Impostazioni -> Menu di spegnimento.



• Téléchargements d'applications et jumelage

1. Téléchargements d'applications

Téléchargez et installez l'application « VeryFit » à partir de l'App Store, de Google Play ou en scannant le code QR ci-dessous.



2. Jumelage

Activez l'application VeryFit -> Activez la connexion Bluetooth sur votre téléphone -> Recherchez dans l'application l'appareil à jumeler (ou scannez le code QR sur l'appareil) -> Terminez l'association dans l'application (ou sur l'appareil).

• Fonctionnement de l'écran

Balayer vers le haut ou le bas.

1. pour faire défiler le menu.
2. pour afficher les longs textes/détails.

• Descarga de aplicaciones y vinculación

1. Descarga de aplicaciones

Descargue e instale la aplicación "VeryFit" de la App Store, Google Play o escaneando el código QR siguiente.



2. Vinculación

Abra la aplicación VeryFit. Active la conexión Bluetooth en su teléfono. En la aplicación, busque el dispositivo para vincularlo (o escanee el código QR en el dispositivo). Complete la vinculación en la aplicación (o en el dispositivo).

• Funcionamiento de la pantalla

Deslizar hacia arriba/abajo

1. para desplazarse por el menú.
2. para ver textos largos/detalles.

• Download e associazione di app

1. Download di app

Scaricare e installare l'app "VeryFit" su App Store, Google Play o scansionando il codice QR qui sotto.



2. Associazione

Attivare l'app VeryFit -> Attivare la connessione Bluetooth sul telefono -> Cercare nell'app il dispositivo da associare (o scansionare il codice QR sul dispositivo) -> Terminare l'associazione sull'app (o sul dispositivo).

• Funzionamento dello schermo

Scorrere verso l'alto/il basso

1. per scorrere il menu.
2. per visualizzare testo lungo/dettagli.

Balayer vers la gauche/droite

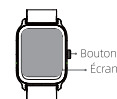
1. pour faire défiler le menu.

Appuyer sur l'écran

1. pour accéder au menu.
2. pour utiliser en fonction des messages.

Maintenir le doigt appuyé sur l'écran

1. pour alterner entre les cadrans de montre.



• Caractéristiques

L'Udfine Watch Starry dispose de caractéristiques telles que la résistance à l'eau de 5ATM, une autonomie de batterie ultra longue, un contrôle tactile total de l'écran, une faible latence, 100 modes d'entraînement et plusieurs cadrans de montre cloud. Elle prend en charge la surveillance du rythme cardiaque et la détection du stress tout au long de la journée, la détection de l'oxygène dans le sang et la surveillance du sommeil, etc. Pour les instructions d'utilisation et les FAQ sur ces caractéristiques, activez l'application et allez à la section « Guide de l'utilisateur ».

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Deslizar hacia la izquierda/derecha

1. para desplazarse por el menú.

Tocar la pantalla

1. para acceder al menú.
2. para operar siguiendo las indicaciones.

Mantener pulsada la pantalla

1. para alternar entre las esferas de reloj.



• Funciones

El Udfine Watch Starry tiene funciones como la resistencia al agua 5ATM, vida de batería ultra larga, control táctil total de pantalla, baja latencia, 100 modos de ejercicio y múltiples esferas de reloj en la nube. Permite monitorizar la frecuencia cardíaca y detectar el estrés durante el día, calcular el oxígeno en sangre y monitorizar el sueño, etc. Para conocer las instrucciones de uso y las preguntas frecuentes acerca de estas funciones, abra la aplicación y vaya a la sección "Guía de usuario".

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Scorrere verso sinistra/destra

1. per scorrere il menu.

Toccare lo schermo

1. per accedere al menu.
2. per operare secondo le indicazioni.

Toccare e tenere premuto sullo schermo

1. per passare da un quadrante dell'orologio all'altro.

• Funzionalità

Il modello Udfine Watch Starry vanta funzionalità quali la resistenza all'acqua 5ATM, la durata della batteria ultra estesa, il controllo touch a schermo intero, la bassa latenza, 100 modalità di allenamento e diversi quadranti dell'orologio sul cloud. Supporta il monitoraggio della frequenza cardiaca e il rilevamento dello stress durante il giorno, il rilevamento dell'ossigeno nel sangue e il monitoraggio del sonno, ecc. Per le istruzioni per l'uso e le domande frequenti su queste funzionalità, accendere l'app e accedere alla sezione "Guida per l'utente".

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