



100BURN - a tiny Action for health
Health & fitness

User Guide

100BURN Smart Scale



iOS App



Android App

Mobile&Device



iOS 7.0



Android 4.3



Bluetooth 4.0

For First Use

1. Battery Installation

Open the battery door, put into batteries with correct polarity.

2. Install the 100BURN App

Scan the QR code

or install the "100BURN" app from the Apple App Store or Android Google Play.

3. Register your smart scale

Turn on Bluetooth on your smartphone, launch the "100BURN" app and follow the instructions.

12 parameters in 1 measurment



Target weight

Users can set their own target weight to customize their own health plan.

Attention

1. Do not use the scale on people who have body implants such as a pacemaker, artificial limbs, contraceptive devices, or metal plates or screws. It may cause the device to malfunction or produce an inaccurate result. When in doubt, consult your physician.
2. Please make sure good contact between bare feet and the metal electrodes, otherwise it will display your weight only.
3. Ensure the scale is on a flat, even and firm surface. Avoid carpet or soft surfaces.
4. The surface of the scale will be slippery if wet. Please make sure both the glass and your feet are dry before use.
5. This scale is not water proof. Do not expose to moisture.
6. Clean the scale with a slightly damp cloth. DO not use any chemical/abrasive cleaning agents to clean the scale.
7. Please remove the batteries, if the scale is not to be used for a long time.
8. The appliance is intended solely for domestic use within the home.
9. Children should be supervised to ensure that they do not play with the appliance.

10. When weighing for the first time, there is a big difference in weight reading.

The electronic scale will be automatically adjusted when it is used for the first time or after being moved. The weighed data includes the weight of the product itself, and accurate data can be obtained by weighing again.

11. Why are the weighing data different on different grounds?

Because of the highly sensitive sensor systems of electronic scales, weighing needs to be placed on a flat and firm surface (such as uneven ground or placed on a carpet or foam floor mat will cause the weighing data to be inaccurate)

12. Reasons for inconsistent weighing data

Unsteady posture: body shaking, etc. make it difficult to lock the data during weighing. It is recommended to stand steadily in the center of the electronic scale

Ground factor: If the ground is uneven or placed on an unstable surface such as a carpet, foam pad, etc., the weighing data will be incorrect.

An important point- It is recommended to stand steadily in the center of the electronic scale.

FCC Compliance Statement:

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) this device must accept any interference received, including interference

that may cause undesired operation.

- Reorient or relocate the receiving antenna.
- increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Compliance Statement:

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

Class B FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to

Part 15 of the FCC Rules.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter



Product Name : 100BURN Smart Scale

Model Name: BL0701BS

FCC ID: 2BAPM-BL0701BS

Customer Support

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