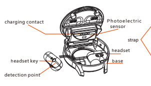
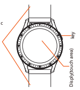
Smart Watch TWS Headset

1 Appearance Description

1.1 Overall Introduction





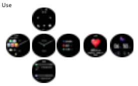
1.2 Packing List

Bracelet strap x1, Charging cable x1, Packing box x1
Bluetooth headset x1, Spare headphone head X2, User guidex1

2 Instructions to Initial Use

2.1 Introduction to Device Function Interface

After booting, enter the time interface, swipe up, down, left and right to enter the corresponding menu.



2.2 In the main interface state, press the key to enter the submenu, and three styles are available.

2.3 Software download, install APP:

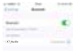
Android phones can scan the QR code, or search for "FitCloudPro" in the application market to download and install.

Apple phones can scan the QR code, or search for "FitCloudPro" in the APPStore to download and install.

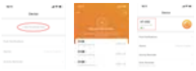
2.4 Bluetooth Connection between Bracelet and MobilePhone (this device is dual Bluetooth connection, 5.0/4.0 need to be connected once both.)

(1)5.0 Bluetooth connection is as follows.
a. Turn on the Bluetooth of the bracelet: Take the headset out of the bracelet, and the Bluetooth of thebracelet will automatically turn on.

b. Next, turn on the phone, click Settings, turn on Bluetooth, the phone's Bluetooth will automatically search for the Bluetooth number of the bracelet, find the Bluetooth number "X7_Audio" of the bracelet in the available devices below,and click to pair to complete the 5.0 Bluetooth connection.


X7_Audio

(2)Open the mobile APP "FitCloudPro", search for the device model "X7" in "Add Device" under the "Device" interface, and click to connect. After the connection is successful, the device model "X7 (connected)" will be displayed under "Device" in the APP.



2.4 Notes on Connection and Pairing
(1) Ensure that the Bluetooth of the mobile phone is turned on;
(2) Ensure that the device has sufficient power, and please turn on or charge it before use;
(3) Make sure that the device is within 50cm of the mobile phone when pairing and connecting;

(4) If the device cannot be found in the APP, please check in the mobile phone permission settingswhether to allow "FitCloudPro" to use Bluetooth;
(5) When pairing the headset (Bluetooth 5.0), make sure that the headset is taken out from the base of the bracelet;
(6) If the bracelet or mobile phone has been paired with other Bluetooth devices during the period,you need to reconnect;
(7) If there are multiple X7 bracelets, when the APP is connected to Bluetooth 4.0, you should pay attention to whether the Bluetooth ID address is consistent with the bracelet .

3 Earphone touch button function

3.1. 4 times of click before pairing - Chinese and English switch;
3.2 Press for 2S to turn on, 1.5S to reject the call, 3S to turn off;
3.3. Double-click the key ---Answer/hang up the call;
3.4. 4 times of click - wake up SIRI;
3.5. Double click the key - Play/Pause ;
3.6. Triple click on the left: Previous, Triple click on the right: Next

3.7. Reset the headset to original settings: Disconnect the phone from the headset, take out the headset from the watch, quickly double-tap and hold the headset touch area for 5 seconds.(If the headset can't paired, can restore the original factory to pairing)

4 Instructions and Precautions for the Use of the Headset Function

4.1 If there is a call when the headset is in the base of the bracelet, take out the headset from the base and double-click the headset key to answer.

4.2 The Call Rejection
When there is an incoming call, the device will vibrate and display a reminder. Long press the touch area for 3 seconds to directly reject the call, or long press the headset key for 3 seconds to reject the call.

4.3 Voice Assistant and Call
4 times of the headset key to activate the phone's voice assistant, which can dial out the phone through the voice assistant operation.(Currently, Siri for IOS and Android phones that support Assistant are already supported. The voice assistants of other Android phones after secondary development need to confirm with the dealer or shop whether they support it.)
The success rate of command execution after the voice assistant is activated is related to the intelligence of the mobile phone voice assistant itself.
When activating the voice assistant, you must ensure that the headset leaves the base of the bracelet and is in a valid connection with the Bluetooth of the mobile phone. The activation operation is only valid on the standby interface or the main time interface.

5 Main Function Introduction

*Note: To ensure that the data is valid, please enter the real gender, height and skin color in the personal information of the APP.

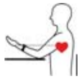
5.1 Turn On/Off
When the device is off, press and hold the touch area for 3 seconds to turn on, and switch to the shutdown interface and press and hold for 3 seconds to enter the shutdown option.

5.2 Exercise Monitoring
Enter the exercise monitoring interface, it displays the current number of steps, distance and calories burned.

5.3 Sleep monitoring
Enter the sleep monitoring interface and it displays the to tal sleep time last night.

5.4 Heart Rate/Blood Pressure/Blood Oxygen Test Switch to the heart rate/blood pressure/blood oxygen test interface, the LED light on the back of the bracelet will light up, the heart rate/blood pressure/blood oxygen test will start, and the current heart rate/blood pressure/blood oxygen value will be displayed after 1-2 minutes. Tap the touch area to exit the current test . You can also test the heart rate/blood pressure/oxygen single item or all items at the same time through the mobile APP, synchronize the test data, set the whole point measurement of the heart rate , and turn on the heart rate alarm switch.

Blood pressure test method: Please keep your body relaxed and still during the test, make sure that the bracelet is at the same height as your heart (as shown in the picture on the right), and do not talk during the test;



The data measured by this product is only for reference and cannot be used as medical diagnosis data. It is not the same concept as the blood pressure trend and heart rate used in medical diagnosis. Please do not use it for diagnosis or treatment.

5.5 Find the Bracelet
Just click the smart search bracelet function in the mobile APP, you can easily and quickly identify the location through the vibration of the bracelet.

5.6 Alarm Clock
In the alarm setting interface of the APP, alarm can be set, and the device will remind accordingly.

5.7 Information Reminder/Push
When there is new information, the device will vibrate to remind and display the content of the message. The corresponding message displays the corresponding icon. Note: Please turn on the reminder switch in the APP first. If you need to display the notification content, you also need to set the corresponding instant tool to display the message content.

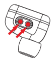
5.8 Remote Camera
Enter the "Shake and Shake to Take Photos" interface through the APP, press the middle button or quickly shake the bracelet to take pictures on the phone.

6 Matters Needing Attention

(1)It is forbidden to use adapters with charging voltage>5V and charging current>2A.
(2)It is forbidden to charge in the presence of water stains.
(3)This product supports waterproofing.
(4)This product is an electronic monitoring product, not as a medical reference, the data is for reference only;
(5)Wearing earphones during strenuous exercise may fall off during exercise and cause damage or loss of the product.
(6)The photoelectric sensor is a highly sensitive component, so be, you should so be careful to prevent it being hit by hard objects. Perspiration and dust may adhere to the surface after wearing it for a period of time and you can use a soft cloth to clean it regularly.

(7)In order to ensure driving safety, please do not make calls while driving. If you need to use X7 to answer calls, please be sure to remove the earphones from the base of the bracelet before driving and put on them. Do not do this operation while driving.
(8)To use the headset function in the car, please ignore the connection with the car Bluetooth in the Bluetooth settings of the mobile phone.

(9)If the earphone charging is not good, maybe dirty or water stains on the earphone charging point. Please wipe the charging point dry with a dry cotton swab.



7 Common Problems

Q1: Why is the heart rate (sleep) test inaccurate?
A1: First of all, the bracelet device monitors human activities through electronic sensors. It is normal for consumer-grade products to have certain errors. Please treat the data objectively.

Q2: Where can I set the APP permissions?
A2: Android phones-Settings-Authority management-find the "FitCloudPro" application-set to trust this software.

(1)If the mobile phone is installed with security management or cleaning acceleration applications, please set "FitCloudPro " as the daily list (trust list);

(2)In the authorization management program of the mobile phone system, please set "FitCloudPro" as a trusted application, functions such as caller ID need to obtain authorization to realize the function.

Q3: Call incoming: there is a reminder on the device, but no sound can be heard in the headset after connecting?
A3: There will be a delay on the Bluetooth headset when there is an incoming call, you can answer it after a few rings. If the call is connected through a mobile phone, please check whether the voice channel is a mobile phone or a headset on the mobile phone. If the mobile phone is switched to a headset, the default is to follow the princip le of which device is connected to and answered on which device.

Q4: I am wearing headphones, but I cannot hear the ringtone when I call?
A4: Please make sure that the headset and the phone are within the effective Bluetooth connection distance. If the phone has been connected to many Bluetooth devices, please clear the invalid connection in the phone's Bluetooth settings.

8 Basic Parameters

Main control chip: RTL8762D
Body weight: 57g
Bluetooth version: Bluetooth 5.0,Bluetooth 4.0
Battery type: polymer lithium battery
Battery capacity: Charging Module 250mAh ;Headset 30mAh .
Charging voltage: 5V
Charging current: 150mA
Working temperature: -5~45 °C
Waterproof: IP67 level

Equipment requirements:
Android 4.4 and above system phones, and support Bluetooth 4.0 and above Android phones. IOS 8.0 and above system, iPhone 4S and above iPhone.

QUALIFIED
CERTIFICATE
(MODEL):
(CHECKER):
(DATE):
QC
PASS
01

Warning:
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However. there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
--Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver
--Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
--Consult the dealer or an experienced radio/TV technician for help
NOTE: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.