

QwatchPro

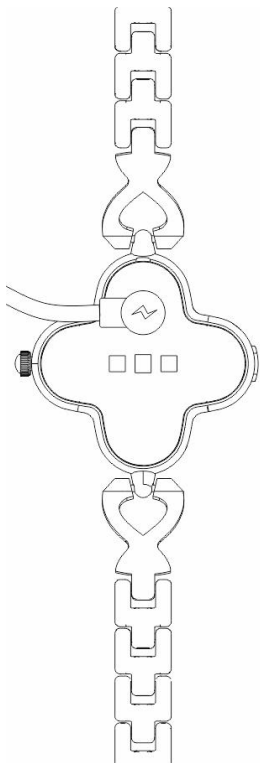


What's in the package?

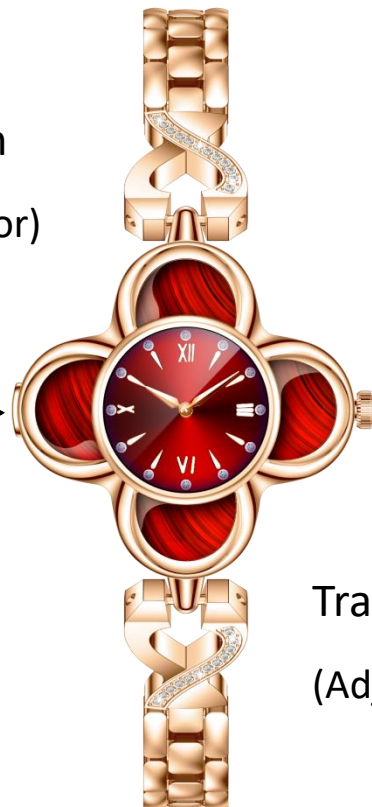
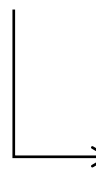
1. Smart watch
2. DS09
3. Magnetic USB charger
4. User manual

User Guide

1. Please charge for 2 hours before switching on to activate the device.
2. Long press smart button to open the device
3. Remove the buckle on traditional button and adjust the time.



Smart button
(Health Monitor)



Traditional button
(Adjust Time)



4. Download the app

Scan the QR code below to download Make sure the Bluetooth function of your mobile device is turned on. Select the device identified in the app and connect to your smart bracelet.



Precautions

1. Daily Wear:

- **Water Resistance, Not for Diving:** Although the product features daily water resistance (e.g., IP68 or 5ATM), avoid using it in hot showers, saunas, diving, or high-speed water flow environments (such as water slides). Extreme temperatures and water pressure may damage the seals.
- **Avoid Impact:** The case and lens (e.g., sapphire glass) are durable but should still be protected from severe collisions with hard objects to prevent scratches or cracks.
- **Chemical Exposure:** Avoid contact with chemicals such as perfume, solvents, detergents, and cosmetics, as they may corrode the case, jewelry clasp plating, and water-resistant seals.
- **Magnetic Fields:** Strong magnetic fields (e.g., MRI equipment, large speakers, refrigerator door magnets) may interfere with the accuracy of traditional movements and could temporarily affect smart sensors.

2. Smart Function Usage:

- **Charging Safety:** Use only the officially provided charging cable and power adapter. Ensure the charging port is completely dry before connecting to prevent short circuits and electric shock risks.
- **Data Accuracy:** Optical heart rate, blood oxygen, and other sensor data are for health reference only and should not be used for medical diagnosis. Keep the device snug against your wrist and remain still during measurements.
- **Electromagnetic Radiation:** The device includes wireless modules such as Bluetooth/Wi-Fi. Follow regulations to disable these functions on airplanes or in medical facilities.
- **Extreme Temperatures:** Avoid prolonged exposure of the device to temperatures above 60°C

or below -20°C, as extreme temperatures can severely damage the battery and electronic components.

II. Maintenance Methods

1. Cleaning:

- Daily Cleaning: Gently wipe the case, lens, and jewelry clasp with a soft, dry lint-free cloth (such as a glasses-cleaning cloth).

- Deep Cleaning: If the device is particularly dirty, use a soft cloth dampened with a small amount of clean water to wipe it, and immediately dry it with a clean cloth. Do not immerse the product in water for cleaning (unless its water resistance rating explicitly allows it).

2. Battery and Charging:

- Charging Cycle: It is recommended to begin charging when the battery level drops below 20%. Avoid allowing the battery to fully deplete before recharging to extend the lifespan of the lithium battery.

- Long-Term Storage: If the device will not be used for an extended period, power it off and maintain the battery level between 40% and 60%. Store it in a cool, dry place.

3. Storage:

- Store the product in its original box or a soft fabric pouch to avoid contact with other jewelry or hard objects that may cause scratches.

- Keep the storage environment away from strong magnetic fields, direct sunlight, and humid conditions.

4. Emergency Treatment: Methods to Eliminate Moisture

Preferred Method (Gentle Evaporation):

- Immediately remove the watch and refrain from pressing any buttons.

- Dry the exterior: Use a soft, dry cotton cloth or watch-cleaning cloth to thoroughly wipe the case, crystal, and both inner and outer surfaces.

- Wear it to evaporate moisture: Place the watch on your wrist upside down, with the case back facing outward and the crystal against your wrist. Your body temperature (approximately 36-37°C) will act as a gentle heat source, slowly evaporating the moisture inside the watch. This is the safest method and minimizes the risk of secondary damage. It is typically suitable for small amounts of moisture.

Leave it in a desiccant:

- If the moisture does not completely disappear after wearing it upside down for some time, find

a sealed container (such as an airtight food storage container or sealed bag).

- Place a generous amount of food desiccant (silica gel packets, commonly found in new shoe boxes or electronics packaging) or uncooked rice inside the container.
- Pull out the watch crown (to stop its operation and allow minimal air exchange between the interior and exterior) and place it in the container. Seal the container and leave it for at least 24 hours.
- The desiccant or rice will effectively absorb any remaining moisture inside the movement.

How to Effectively Prevent Moisture Buildup

1. Proper Use of the Crown and Buttons:

Always ensure the crown and buttons are fully pushed in or screwed down (if applicable) before exposing the watch to water. This is the most common cause of water ingress.

Never operate any buttons or adjust the crown while the watch is submerged.

2. Avoid Thermal Shock:

Avoid wearing the watch in hot showers, hot springs, or saunas. Heat can cause the air inside the watch to expand, increasing internal pressure. When the watch cools, the air contracts, creating a vacuum that may draw small amounts of moisture inside—even in water-resistant models—resulting in fogging.

Avoid subjecting the watch to sudden extreme temperature changes (e.g., moving from a cold outdoor environment to a warm indoor space).

3. Timely Replacement of Seals:

The water-resistant seals (gaskets) inside the watch can degrade and lose elasticity over time. It is generally recommended to replace them every 2-3 years to ensure optimal waterproof performance.

4. How to Adjust the Strap Length:

As shown in the diagram, open the movable clasp and gently remove the links to shorten the strap.



FCC Warning:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

NOTE: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

RF exposure:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.