

Quick Guide

OBZ-L01

Product Parameters



OBZ-L01
SMART BAND

Product Appearance

Color: Moonlight Silver | Size: 25.4×40.5×10mm | Weight: 13.6g

Strap

Strap Type: Woven, 22mm width, adjustable up to 210mm

Sensors

PPG, accelerometer, gyroscope, temperature sensor

Connectivity

Bluetooth 3.0/5.3; Android 5.0+, iOS 8.0+

Button

Long press 3s to power on/off

Download & Register “BZ Health Assistant”

- 1、Search “BZ Health Assistant” in app stores or scan the QR code to install.
- 2、Register with your mobile phone number (membership bound automatically).



Download APP



Health Consultant



Customer Service

Note: If unavailable in stores, scan the service QR code for download support.

Activate and Connect the Band

- 1、Unpack, remove protector, charge to activate automatically.
- 2、Check device SN on band or package, turn on Bluetooth.
- 3、Open BZ Health Assistant, select your band by SN, and pair as prompted.
- 4、Enable Bluetooth, location and notifications as prompted to connect.
- 5、After syncing, view health data in APP Data Dashboard.

⚠ Important Tips

- First wear continuously for 24 hours for complete data collection.
- Android users please lock the APP in the background to avoid disconnection caused by system clearing.
- If you have usage problems, check the New User Guide in the APP or mini-program first. Contact official customer service if the issue remains unresolved.

Health Insight/Progressive Calibration

Adopt a scientific multi-level dynamic calibration framework. Health insights become more accurate with longer wear time. Actual data may vary slightly due to wearing habits.

- Get initial daily health overview in 1–2 days;
- Enable multi-day HRV observation in 2–4 days;
- Enable multi-day cardiovascular health observation in 3–6 days;
- Get initial health trend insights in 5–8 days;
- Complete personalized baseline calibration in about 21 days;

Thereafter, all insights are dynamically adjusted continuously. Subscribe now for your exclusive health manager.

Warranty Instructions

- 1、This product enjoys free warranty with valid purchase certificate for performance faults under normal use.
- 2、Warranty Period: 12 months.
- 3、Warranty Scope: Only for inherent product quality issues. Damage caused by man-made factors, disassembly, modification, water, drop, external force or non-official accessories is excluded from warranty.
- 4、Not covered by free warranty: expired warranty, invalid/altered purchase proof, unauthorized disassembly, modification or repair; man-made damage including water ingress, dampness, drop, extrusion and scratch; damage from force majeure such as lightning, fire and flood.
- 5、Present the purchase information on this page for warranty service.
- 6、Contact the retailer if any issues occur during use.
- 7、We reserve the right of final interpretation.

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.