Smart Watch

User Manual

Watch quick use instructions

Note: When testing heart rate/blood pressure/blood oxygen, the heart rate sensor is required to be in full contact with the skin.

Charging & Activating

Charging watch is required before using the watch at the first time. Using the magnetic charging cable to contact the charging pin on the back of the watch, and connect with the charger or USB port.

Charging Diagram

Charging diagram

English

Power On/Off Method

Power On：long pressing the Power On/Off button or charging to power on the watch.
Power Off: long pressing the Power On/Off button to power off the watch.

Watch App Downloading

Scan the QR code below to download and install the App.

Open the mobile client to set personal information

Switch to the "Device" page and click "Device Binding"

Click on your device in the scanned device list

Binding completes

In other options, you can determine your device by the MAC address in the options
After the watch board successfully, the watch will be automatically connected to the client next time, and the data can be synchronized by refreshing the app data page.

English

Watch Operating Guide

Sports

The watch is able to record and display your daily steps, calories burned and mileage information.More detailed information analysis and datarecords can be viewed in the client.

Sleep

The watch is able to record and display the total length of your sleep last night and this length (deep sleep and light sleep. More detailed information analysis and datarecords can be viewed in the client.

Heart Rate

Click the heart rate icon to measure the current heart rate.More detailed information analysis and datarecords can be viewed in the client.

English

Exercise

Multiplesports modes are available, including: walking, running, cycling, basketball, football, badmintonand rope skipping. More detailed information analysis and datarecords can be viewed in the client.

Phone Calling

This interface can control the phone to make calls View recent calls etc

Blood Oxygen

Click on the blood oxygen icon to measure thecurrent blood oxygen value.More detailed information analysis and datarecords can be viewed in the client.

Weather

The weather page displays current weather, air quality information,and tomorrow's conditions.The weather information needs to be connected to the client to update. If the watch has been disconnected for a long time, the weather information will not be updated.

Message Notification

The watch is able to receive the notification messages of the mobile phone. The type of the push itemswhich can be set in the client.The watch message page can store the latestmessage records.

English

Camera control

After connecting the phone, the watch can beused to control the camera of the phone. Click on the watch camera on the phone, click on the watch camera control page to trigger thephone camera shutter. The delayed photo opportunity can be set toSeconds 3 seconds and 10 seconds.

Alarm Clock

The smart alarm clock of the watch can be set inthe client, and up to 3 alarm clocks can be set. When setting the time, the watch will display thealarm icon and vibrate.

Other features

Other features of the watch include silent mode, brightness adjustment, factory reset, andshutdown operation.

Music Control

You can contro lphone play backpause on the music control interface Music, Previous/Next, Volume ofMusic+,-

Special Notes

Please ensure that the phone mu st be opened in the smart watch according to the diagram.Audio can only be used for audio and call functions

English

Frequently Asked Questions and Answers

Q: Why is there a deviation between the blood pressure value and the sphygmomanometer?

A: The deviation of the measured values between the watch and the sphygmomanometer is normal. Because the location of the measurement of the sphygmomanometer is in the brush artery, and the measurement site of the watch is in the two main branches of the arteries. Under normal circumstances, the blood pressure in the brush artery is slightly lower than the artery. If the micro-arterial blood pressure measurement value will be three to forty. When the watch and thesphygmomanometer are used for measurement at the same time, the sphygmomanometer will cause the blood to temporarily flow to the brush, which causes the particles like middle of the elbow to be compressed,when the sphygmomanometer measures, causing the blood to temporarily fail to flows monthly to the branch of the artery below.At the same time, the vascular tension will increase, so that the deviation of the upper andlower bloodpressure measurement will be relatively large.

Q: Why don't the watch be worn while taking a bath?

A: The temperature of the bath water is relatively high, which will generate a lot of water vapor. Ifonce water vapor is in the gas phase, itsmolecular radius is small, and it is easy to penetrate into the gap of the watch case. When the temperature drops, it will condense into water droplets, causing the circuit board to be damaged, causing the watch tonormal circuit, damaging the watch's circuit board, and then damaging the watch.

Q: Why can't the watch receive message push?

A: Android phone settings:
1. Confirm that the message push switch is turned on in the mobile client;
2. Confirm that the message can be displayed normally in the mobile phone notification bar, the watch messagepush is pushed by reading themobile phone notification information, if the mobile phone notification bar cannot be displayed, the watch will not be able to receive thepush.(It is required to find the notification settings in the phone settings,turn on the notificationof switch of WeChat, QQ, phone, SMS, mobile alert)
3. Confirm that the watch and the mobile phone are connected normally, if disconnected for a long time, the watch is required to find the auxiliary function in the phone settings, open theauxiliary function settings of the bracelet client).

IOS phone settings:
1. Confirm that the message push switch is turned on in the mobile client;
2. Confirm that the message can be displayed normally in the notificationbar of the mobile phone.(It is required to find the notification setting in themobile phone settings, turn on the notificationmonitor of WeChat, QQ,phone SMS, mobile alert)

English

How to connect to a smartwatch and use call answering and dialing functions?

Step1: Download the FitCloudPro App via the QR code in the user manual or search for " FitCloudPro" in the App Store)

Step2:Turn on Phone's Bluetooth on Setting

Step3:Open the FitCloudPro, click "+Add Peripheral Now"

Step4: Search for a "MTK" device, tap it to bind. (Please fully charge it when the first time to use.)

Step5: After the mobile phone is successfully bound, you need to click to allow "Pair" and "Allow" notification

Step6: Swipe down the watch to access the control center, click on the "Call" function.

Step3: You can now use your watch to receive and make calls

*Note: Please do not connect the watch to the phone's Bluetooth directly, otherwise some functions may not be available

English

Warning:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and
(2)this device must accept any interference received,
including interference that may cause undesired operation.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate theequipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there isno guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interferenceby one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consultthe dealer or an experienced radio/TV technician for help.

NOTE: This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

RF exposure:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Attention :This app is not a medical device. Data obtained during the use of this app is for reference only, and should not be used for clinical diagnosis , medical research, diagnostic, or treatment purposes.

Español