smartwatches

产品手册

Thank you for choosing our smart watch. You can read this manual to fully understand how to use the device. This device is mainly connected to the mobile phone through Bluetooth for adaptation and use.It provides a variety of practical functions and services to facilitate your operation of the mobile phone.Human movement and health functions.The company reserves the right to modify the contents of this manual without any prior notice without notice

Instructions

Side button function:

1. Upper right button: Short press to turn on the screen when it is off, and short press to enter the menu style interface when it is on. Double click on the menu interface to switch styles.
2. Bottom right button: In the off screen state, short press to turn on the screen, turn off the screen, and long press to turn off.
3. Upper left button: Quickly enter sports mode
4. Touch gesture: On the dial interface, slide down to enter the shortcut control center, slide up to enter the program dock, slide right to enter split screen, and slide left to enter the function interface.
5. Dial switching: Rotate the upper right encoder to switch the dial.

Charging instructions:

Put the bottom of the watch into the wireless charger base,the watch will automatically hold it; if the green light on the wireless charger is on,it means it is charging,and there will be a charging interface prompt on the watch end.After charging is completedthe watch will prompt to charge 100%.

Connection between watch and mobile phone:

First,the mobile phone must download the APP"RDFit" to the mobile phone and install it in two ways.

1、IoS/Android phone user:

Scan the QR code below through the mobile browser,or scan it with WeChat.When the interface is opened,click the Android/iOS download option and choose to open the download with the mobile browser.

The QR code in the figure below is the RDFit APP download

Android/IOS

2、For Android phones, search for"RDFit" and download in App Store,Google Play, and various mobile app stores,and for Apple phones,search for"RDFit"and download on the App Store.
After the download is complete,there will be various permission reminders during the installation process, click to agree to all, and the watch and the mobile phone must be connected to two Bluetooth 3.0 and 4.0 to realize all functions.
Bluetooth 4.0 connection method: After the installation is complete, open "RDFit" and turn on the Bluetooth of the mobile phone.RDFit will have an enable notification prompt,click oK.Click More in the lower right corner,enter Scan Device, search for Bluetooth address and click Connect. Some Android phones need to turn on the GPS of the phone to search for the Bluetooth name of the watch.
Bluetooth3.0connection method:
1.Open the main menu of the watch-Bluetooth-Search for Bluetooth-select Activate Bluetooth -click the Bluetooth name of the mobile phone you want to connect-prompt to connect to the Bluetooth device,click OK, and click agree to the mobile phone permission reminderClick pairing Bluetooth 3.0 to connect.
2.Turn on the bluetooth of the mobile phone,-click the bluetooth name of the watch you want to connect-connect the bluetooth device according to the prompt,and the mobile phone displays "Connected"
How to verify that the Bluetooth connection is successful:
When the watch pulls down the status bar, when the watch 3.0 and 4.0 Bluetooth are color colors, it means that the Bluetooth connection is successful.When the color of the Bluetooth logo is grayed out, it means that the Bluetooth is not connected.

Simple handling methods for common problems: Since the Bluetooth protocol of each mobile phone brand is not uniform,sometimes the Bluetooth connection between the mobile phone and the watch may be unstable.You can turn off the Bluetooth of the mobile phone and reconnect it again, or reset the watch to factory settings.

How to set the notifications: Mobile phone enters settings-should have management,find"RDFit" -permission management,open all.Then enter the notification management-find all the permissions of"RDFit" to open.Open"RDFit"-more-application push-open the background running permission, enter the option unlimited.When you return,you will be prompted to open the auto-start again and enter the open. Go back,select the APP for synchronization information notification, such as QQ WeChat, and select Open.

Note:If the WeChat computer version is online at the same time,the mobile phone will not receive notifications. Some mobile phones also need to add"RDFit" to the power saving whitelist to avoid being turned off by the mobile phone when the batteryis low. What should I do if I do not receive thenotification?
First of all, the notification function of the watch is only to synchronize the notification function of the mobile phone, such as incoming call and letterQQ WeChat letter reminder, if your mobile phone does not receive the notification,then the watch will not receive it.You should find the corresponding APP in the phone settings-notification functionTurn on the permission notification.

Main function introduction:

Encoder: Rotate the button to switch between the dial and the main menu at will, and slide up and down in the secondary menu; the gypsophila style menu can be zoomed in and out;

Split screen:Swipe right on the dial interface to enter the split screen function,and you can quickly enter the corresponding function;
Dial push: Push the pointer dial,digital dial and custom dial on APP;
Alipay: Follow the prompts to use Android or Apple mobile phones,open Alipay and scan the QR code to bind(Note: Do not connect to Bluetooth 3.0/4.0 before binding Alipay to avoid binding failures)
Dial: Bluetooth call via cellphone talk at the watch end
Call record: The call record of the mobile phone can be synchronized;
Phonebook: 20 contacts can be synchronized on the mobile phone.
Pedometer: You can view the number of steps you walked,calorie consumption and walking distance on the day.At 12 o'clock every night, the data of the day will be saved and reset to 0
Information: View the messages pushed by the mobile phone; Bluetooth music: Control to play music in the phone.
Heart rate: Place the watch close to your wrist and the best place to wear it is the wrist bone against the upper arm.The real-time heart rate can be measured. The normal value of the a verage person is 60-90 beats/min;
Blood oxygen: Enter blood oxygen, click to start measurement, the data will be out after about15 seconds;
Blood pressure: Enter blood pressure, click to start measuring, the data will be out after about12 seconds;
Alarm clock:Five alarm clocks can be synchronized through the APP;the alarm clock can be turned on and off on the watch side;

Siri:After connecting to Bluetooth,enter Siri and you can talk normally;
Sleep monitoring: Your sleep duration and quality will be recorded every night from 9 o'clock in the morning to 9 o'clock in the morning to help you better adjust your work and rest time and improve sleep quality.You can view historical sleep records through the APP,and view the length of deep sleep and light sleep.
Sports: The watch can select multiple sports modes for sports: such as walking, running mountaineering,cycling,basketball, badminton,table tennis,football sports mode.
Remote photo: When the phone is not locked,the watch enters Bluetooth to take a photo, the phone enters the camera interface, tap the watch to take a photo,and the photo is stored on the phone. Find a mobile phone:connect to Bluetooth,click on the watch to find a mobile phone, the phone ring will ring;
Find device: Tap on the APP to find the deviceand the bell on the watch will ring.
Weather: After connecting to Bluetooth,the watch can display the weather conditions in the next 3 days;
Stopwatch: Turn on this function for single or multiple timing
Breathe: Can set the length of exercise and breathing rate.
Blood pressure: Enter blood pressure,click to start measuring,the data will be out after about11 seconds;
Calculator: Enter to perform simple calculations.
Menu style:You can choose smart style,list style,Rotation style,Rubik's cube style according to your own preferences.
Settings:System settings can be made
Female assistant: you can set menstrual period,ovulation,safety period of time reminder as needed.

Settings: Various local settings can be made.
Screen off time: Enter to set the screen on time;
Gesture: Turn it on or off according to your needs
Two-dimensional code:Use your mobile phone to scan the two-dimensional code,you will be redirected to the RDFitAPP download
Brightness:enter the adjustable screen brightness
Do not disturb mode:can be set to do not disturb all day or regularly;
Vibration intensity: the vibration mode can be turned on to adjust the vibration feeling;
Language: Support multiple languages, choose according to your needs
Power off: Enter to power off the watch. Restart: Enter to restart the watch.
Restore factory settings: Generally, when some software problems occur, restore factory settings can solve it.
About: You can view the watch model,software version and watch Mac address.

Warranty description:

1.During normal use of this product, if there are product quality problems caused by manufacturing material, design and other reasons,the motherboard will be guaranteed for free within one year, and the battery and charger will be guaranteed for half a year from the date of purchase.
2.Free warranty is not provided for failures caused by users, as follows:
1)Failure caused by unauthorized disassembly or modification of the watch.
2) Failure caused by accidental fall during use.
3)All man-made damage or misuse due to the fault of a third party(such as: water in the main unit, external force cracking,damage to the scratches of peripheral components, etc.) are not covered by the warranty.
3.When requesting free warranty, please provide the warranty card with the date of purchase and the stamp of the place of purchase.
4. When the user repairs the product, please take the product to our company or our company's sales office.
5. All functions of the product are based on physical objects

Purchase dete:	Customer signature:
IME code:	Signatuer of clerk:
Where to buy:	Store stamp:

FCC Warnning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection againstharmful interference in a residential installation. This equipment generates, uses and can radiateradio frequency energy and, if not installed and used in accordance with the instructions, maycause harmful interference to radio communications. However, there is no guarantee thatinterference will not occur in a particular installation. If this equipment does cause harmfulinterference to radio or television reception, which can be determined by turning the equipmentoff and on, the user is encouraged to try to correct the interference by one or more of thefollowing measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.