CW Watch S6 G

User Guide

初步了解您的产品

使用步骤

您可以通过按下步骤来使用 CW Watch S6 G：

❶ 初戴 ❷ 开机 ❸ 设置手表 ❹ 开始使用

按下表冠直至步骤大约需要点亮显示屏 1 秒 左右时，请选择语言的时间来开始。

❶ 佩戴手表

第一步：将长表带穿过短表带的第一个环。

第二步：调整长表带直到紧紧贴近，将长表带的孔就放入短表带的金属灯柱。

第三步：将长表带嵌入短表带的第二个环并收紧。

❷ 开机

长按 数码表冠 直到出现启动界面

提示：如果手表在关闭状态，可通过长时间按置等待电量时间。请充电约 15 分钟后等待启动时间。

❸ 设置手表

第一步：下载 *Fitdevring app*

请前往您手机的应用商店，搜索 *Fitdevring* 并安装。

Android 系统用户请前往应用商店搜索 *iPhone* 请前往 App Store

您还可以：

使用手机扫描右侧二维码，快速进入应用商店到达 *Fitdevring* app，然后选择安装。

第二步：与 App 配对

进入 *Fitdevring app*，在首页点击 '配对设备'，通过 '蓝牙搜索' 的方式，按照指引进行配对设置 **'CW Watch S6 G'**，在完成后即可使用手表。

注意：

1. 请确保您手机系统的蓝牙和操作系统已更新，避免连接出现问题或兼容性问题。
2. 请在进入 *Fitdevring app* 期间保持手机 蓝牙、位置、通知、响铃、以保持配对状态。

❹ 开始使用

触摸屏操作

支持全屏触控（滑动、点触、长按）

↑ 向上滑
← 向左滑
→ 向右滑
↓ 向下滑

表冠常用的使用方式

按表冠

1. 息屏时按按表冠点亮屏幕
2. 在主表盘按按表冠进入应用中心
3. 退出应用

长按表冠（3秒）

强制重启手表

旋转表冠

1. 滚动界面视图
2. 调节或计算和电话通话的音量

常用功能

通知中心

在主表盘向下滑出通知中心。

控制中心

在主表盘向上滑出控制中心，即可启用'安静模式'、睡眠模式、常亮显示'等功能，也可以快速调节'亮度、音量'等设置。

快捷手势

在主表盘左右滑动，可以快速切换浏览：活动、心率、睡眠、建议、天气或运动。

切换表盘

在主表盘按住屏幕 1 秒，即可进入切换表盘功能。

记录运动

进入运动，选择一项运动即可开始进行运动记录。

产品说明书，请在官方网站等待 GPS 连接正常，✓ 表明可以表示正在定位，你必须在表示定位成功。

健康测量

佩戴手表时自动测量 心率、睡眠、压力和活动等健康数据，进入应用后可以查看和测量。

亚马逊 Alexa

如何唤醒Alexa？

❶ 长按表冠（约2秒），即可开始使用。根据提示在APP端设置制定义

❷ 在Alexa一级子片中，点击Alexa图标

❸ 在应用列表中，点击Alexa图标

注意：

1. 需要提前在APP端登录Amazon账号（我的手表 > Amazon Alexa）
2. 确保手表与APP保持连接
3. 确保您的网络连接稳定

Alexa允许您使用语音和命令，查天气、控制智能家居等；用你的声音来控制Alexa来聆听热声音，灯和恒温器。

在手表上你可以用语音自设提闹钟、定时器、提醒、查询天气和添加物品到你的购物清单等等

当设置循环的闹钟时，每次响铃之后需要和APP连接同步之后循环的闹钟，不然会导致闹钟无下次的闹铃循环不会响铃。

在Alexa设置的闹钟定时器等可以进入Alexa中更多上查询设置的闹钟定时器等，当你需要删除闹钟定时器时，需要回到Alexa，并进出你想要删除的闹钟定时器

Your CW Watch S6 G

Steps for Use

You can follow these steps to use CW Watch S6 G: ❶ Wear ❷ Power On ❸ Set up ❹ Start Using

The following charging time is approximately 5 to 10 minutes; please schedule a suitable time.

❶ Wear Your Watch

Step 1: Thread the longer band through the first loop of the shorter band.

Step 2: Adjust to a comfortable tightness, then press the holes on the longer band onto the metal pin buckle of the shorter band.

Step 3: Insert the longer band into the second loop of the shorter band and tighten.

❷ Power On

Press the Digital Crown until the startup screen appears.

Note: If the watch can't power on, it may be because the battery has drained due to long periods of inactivity. Please charge it for approximately 10 minutes and wait for it to power on automatically.

Set up the Watch

Step 1: Download the Fitbeing app

Go to the app store on your phone, search for *Fitbeing*, and install it.

For Android phones: go to the Google Play.

For iPhone: go to the App Store.

You can also scan the QR code on the left to quickly go to the *Fitbeing* app in the app store, and install it.

Step 2: Pair with the App

Open the Fitbeing app and select **'Set Up a Device'** on the home page. Follow the instructions to pair your **'CW Watch S6 G'** via Bluetooth. They can then start using the watch.

Attentions:

1. To prevent connection issues between the app and the watch, please do not pair directly within the Bluetooth device list in your phone's Bluetooth settings.
2. To ensure successful pairing, please grant Fitbeing App permissions to access Bluetooth, Location, and Camera on your phone.

Get Started

Touchscreen Operation

Support full-screen touch (swipe, tap, touch and hold)

↑ Swipe up
← Swipe left
→ Swipe right
↓ Swipe down

Digital Crown Operation

Press

1. Press the digital crown to wake up the screen.
2. Press the digital crown to enter the app center from the watch face screen.
3. Exit the app

Long press for 8 seconds to force restarting the watch.

Rotate

1. Toggle between screens or navigate through menus.
2. Adjust the volume of prompt tones and phone calls.

Common Functions

Notification Center

Swipe down on the watch face screen.

Control Center

To access the Control Center, swipe up on the watch face screen. Enable features like Silent Mode, Sleep Mode, Always-on Display, and adjust brightness and volume swiftly.

Tiles

To switch quickly between the Activity, Heart Rate, Sleep, Suggestions, Weather, or Workout Tiles, swipe left or right on the watch face screen.

Change the Watch Face

To change the watch face, press and hold the screen for 1 second to access the watch face gallery.

Record Workouts

To start your workout recording, access the Workout app and select a specific workout.

For outdoor workouts, wait in an open area until the GPS connects. The blinking icon ✓ shows it's acquiring a location fix and will stop blinking upon success.

Health Metrics Measurement

When wearing the watch, it automatically measures health data such as heart rate, sleep, stress, and activity. You can also view and track this data in the application.

Amazon Alexa

How to wake up Alexa?

❶ Press and hold the crown (approximately 2 seconds) to start using it. Button mapping needs to be set in advance in the app.

❷ In the Alexa primary card, tap on the Alexa icon.

❸ In the app list, tap on the Alexa icon.

Prerequisite:

1. Sign in to your Amazon account in the app in advance (Watch > Amazon Alexa).
2. Ensure that the watch is connected to the app.
3. Ensure that your network connection is stable.

Alexa allows you to use voice commands to listen to news, check the weather, control smart devices, and more. You can control Alexa-compatible speakers, lights, and thermostats with your voice.

On your watch, you can use voice commands to set alarms, timers, reminders, check the weather, and add items to your shopping list, among other things.

When setting up recurring alarms, it is important to ensure that the alarms are synced with the app after each ring. Failure to do so may result in the alarm not ringing at the next scheduled time.

You can access and manage your alarms, timers, and other settings by entering the Alexa app. When you need to delete an alarm or timer, launch Alexa and verbally command the specific alarm or timer you want to delete.

Install *New Watch Faces*

In the Fitbeing app, navigate to the Face Gallery page to pick up your preferred watch face.

Change the Band

Remove band

1. Lift the spring bar from the groove.
2. Pull and hold the spring bar.
3. Pull it out gently to remove the band.

Install band

1. Insert the metal pin at position 'A' in the hole.
2. Push and hold the spring bar.
3. Press the band into the body and release the spring bar.
4. Pull the watch band to confirm the firm installation.

Charge the Watch

To charge the watch, connect the charging cable to a USB power source. Attach the other end to the charging contact on the back of the watch. The watch will display a charging icon while it is being charged.

Notes:

1. Make sure the USB charging plug is of the same voltage as the crown.
2. Ensure to use a standard USB power source with an output of 5V⎓1A or above.
3. Prior to charging, ensure to clean the charging contacts of the watch to eliminate any lingering sweat or moisture.

Wear and Care

❶ It is advised to remove the watch for approximately one hour daily. If you experience discomfort such as redness, tingling, or a burning sensation, take off the watch and rest your wrist.

❷ To maintain hygiene, regularly clean your watch and wrist, particularly after workouts and sweating. Avoid using hand soap, shower gel, disinfecting liquid, or cleaning wipes as they can cause skin irritation. Instead, use mild soap and fresh water to clean the band.

❸ It is advised to remove the watch for approximately one hour daily. If you experience discomfort such as redness, tingling, or a burning sensation, take off the watch and rest your wrist.

❹ To prevent damage to the watch, adjust the band to allow a finger's width between it and your wrist. This ensures both comfort and fit.

Wear Your Watch

For optimal data accuracy, please observe the following guidelines while wearing the watch:

1. Wear the watch at a position approximately two finger-widths from your wrist bone.
2. For comfort, adjust the band to allow a finger's width between it and your wrist. This ensures both comfort and fit.

Key Specifications

Product Name	CW Watch S6 G
Display	1.85 inch TFT
Resolution	240 × 280
Battery Capacity	300 mAh
Wireless Connection	Bluetooth 5.3
Water resistance garde	IP68
Satellite positioning	GPS L1
Body Dimension	46.5mm × 39.6mm × 11.4mm
Working Temperature	0°C - 50°C
Compatible Operating Systems	iOS 13.0 and above, Android 9.0 and above

Precautions

- Do not replace the built-in battery yourself as it may pose a safety risk.
- Avoid forcibly opening the watch case, as it may cause short circuits and overheating.
- Keep the watch away from environments exceeding 60°C to prevent battery leakage or explosion.
- Avoid using the watch in environments with high electromagnetic interference, as this may affect sensitive components, such as battery, drying, or water ingress leading to leakage issues, rusting, or liquid-induced flaws. Note that the waterproof performance may be compromised if the product structure is damaged.
- Be aware that firmware upgrades can lead to interfaces and usage changes. For detailed information, please refer to the product's upgrade instructions.

Help and Guide

Frequently Asked Questions

If you encounter any problems while using the product, you can access the "Profile → Help & Support" section in the Fitbeing app for assistance.

Scan the QR code on the right to access or visit Help Fitbeing.net for assistance.

Product Manual

You can find the complete product manual in Fitbeing app at: "Profile → User Guide"

Scan the QR code on the right to access it, or visit help.Fitbeing.net to browse.

FCC Requirement

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

GEO

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

1. This device may not cause interference,
2. This device must accept any interference, including interference that may cause undesired operation of the device.

Cet appareil de radiocommunication contient des émetteurs exemptés de licence conformes aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exemptés de licence. L'exploitation est autorisée aux deux conditions suivantes:

1. L'appareil ne doit pas produire de brouillage,
2. L'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

注意事项

请勿自行更换内置电池，以避免安全风险。

请勿过度去掉外壳，可能导致内部电路短路，造成发热或着火。

手表不适用于 IPX7 防温浮潜，这样可能引起电池泄漏甚至潜在的风险。

本产品产品有效期 IP68 防水或防尘等，但不适用于水泵、潜水、滑水或者其他涉及高温、热气、高速及长时间运动，剧烈水性或类似条件。产品因长期暴露于此等剧烈条件而损坏。

手表可能由于剧烈冲击，界面或使用方式发生变化或正常的现象。请以产品的外观为准为准。

帮助与指南

常见问题

您在使用产品过程中遇到任何问题，可以前往 Fitbeing app 中 "我 → 帮助与支持"寻找解决方法。

您也可以扫描右侧二维码或通过浏览器访问 help.Fitbeing.net 以获得帮助。

产品说明书

您可以前往 Fitbeing app 中 "我 → 用户指南" 找到完整的产品说明书。

您也可以扫描右侧二维码或通过浏览器访问 help.Fitbeing.net 查阅产品说明书。

FCC 要求

任何未经负责合规性的变更或修改，可能会使用户对设备操作的权限无效。

本设备符合 FCC 规则第 15 部分。操作须满足以下两个条件：

1. 该设备不会产生有害干扰，
2. 该设备必须接受任何干扰，包括可能导致意外操作的干扰。

注：经测试表明，该设备符合 FCC 规则第 15 部分的 B 类数字设备的限制。这些限制旨在为在住宅安装中提供合理保护，以防止有害干扰。该设备会产生、使用并可以辐射射频能量，如果未按照指示安装和使用，可能会对无线电通信造成有害干扰。但是，不保证在特定安装中不会发生干扰。如果该设备确实对无线电或电视接收造成有害干扰，可通过关闭设备和开启设备来确定，鼓励用户通过以下一种或多种方式来纠正干扰：

- 重新定向或重新安装接收天线。
- 增大设备与接收器之间的距离。
- 将设备连接到与接收器连接电路不同的电路上的插座。
- 请经销商或有经验的无线电/电视技术人员帮忙。

GEO

本设备含有符合加拿大创新、科学和经济发展部豁免许可证的发射器/接收器。操作须满足以下两个条件：

1. 该设备不会产生干扰，
2. 该设备必须接受任何干扰，包括可能导致设备意外操作的干扰。

Cet appareil de radiocommunication contient des émetteurs exempts de licence conformes aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

1. L'appareil ne doit pas produire de brouillage,
2. L'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.