

USER MANUAL

HL3688系列



HENGLIN

Thank you for purchasing the HL3688DS series massage office chair.

Please read this manual carefully before use.

Keep this manual for future reference.

This user manual contains product warranty information.

The design or specifications of this product are subject to change without prior notice.

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01 Safety Precautions

1.1 Precautions

Do not use or store this product in humid places such as bathrooms, as it may cause electric shock, fire, malfunction, or mildew.

Do not allow children to play or climb on the chair, as this may cause malfunction or injury.

Do not wear hard objects such as hair accessories while using the product, as this may result in injury.

Make sure the power cord is properly arranged before using the product, otherwise it may cause accidents, product malfunction, or injury.

Do not use the product on heating devices such as electric blankets, as this may cause fire.

Do not use the product after consuming alcohol, as this may lead to accidents or injury.

Do not allow two or more people to use the product at the same time, as this may cause product malfunction or injury.

Turn off the power when cleaning or repairing the product, otherwise electric shock or injury may occur.

When adjusting the reclining angle, pay attention to the surrounding environment to avoid knocking items over or pinching yourself.

Do not lean heavily on the armrests when they are flipped up, as this may cause you to fall and get injured.

If any of the following side effects occur while using the product, discontinue use immediately:

- Abrasions, contusions, bruises, punctures, or lacerations caused by the product.
- Injury to muscles, tendons, nerves, spine, etc. due to overuse of the product.
- Skin diseases, burns, fractures, dislocations, deformities, etc.
- Respiratory or digestive system disorders, suffocation, etc.

Safety Precautions

Individuals with the following conditions may be at risk when using this product and should try to avoid using it:

- Diagnosed with thrombosis, embolism, severe varicose veins, or acute varicose veins
- Suspected of having acute cervical spondylitis, or experiencing muscle deformation or sudden muscle contractions
- In early pregnancy, shortly after childbirth, or having spinal abnormalities or scoliosis due to accidents or illness
- Suffering from visceral diseases or severe heart conditions
- Having an implanted electronic medical device such as a pacemaker, or having had a severe stroke, or having psychogenic disorders (e.g., arousal disorders)
- Having advanced peripheral circulatory disorders due to diabetes or other conditions, resulting in loss of temperature perception
- Suffering from osteomyelitis or rickets (with symptoms of whole-body muscle contractions and inability to extend limbs)
- Unable to express intentions independently or move the body normally, or currently undergoing treatment for lumbar disc herniation

Individuals with the following conditions should consult a physician before using this product:

- Pregnant women or others concerned about potential side effects from using the product
- Having a body temperature above normal due to acute inflammation, chills, etc.
- Suffering from acute skin diseases, malignant tumors, or other skin conditions
- Currently under medical treatment and requiring rest
- Having any other abnormal physical conditions
- Having been advised by a physician not to receive massage
- Experiencing muscle weakness or frailty due to advanced age

01 Safety Precautions

1.2 Power-Related Precautions

If the product fails to operate or any abnormality occurs, turn off the power immediately and contact the customer service center for inspection and repair. Failure to do so may result in fire or electric shock due to electric shock, leakage, or short circuit.

If the product's protective cover is cracked or detached, it may get caught in clothing or hair and cause a serious accident. Please check the product's exterior for any issues before use; otherwise, electric shock or injury may occur.

Do not touch the power plug with wet hands. When cleaning or repairing this product, unplug the power plug from the outlet. Otherwise, there is a risk of electric shock.

In the event of a power outage, immediately turn off the power switch and unplug the power plug from the outlet. Otherwise, electric shock or fire may occur.

Please be careful during use, as damage to the outer sheath may cause a short circuit.

Disposal of used batteries: Removed waste batteries should be handed over to a battery recycling department or placed in a battery recycling bin.

Do not pull on the power cord while charging.

02 Product Overview

2.1 Basic Product Specifications

Item	Specification
Product Name	Massage Office Chair
Product Model	HL3688DS
Product Dimensions	67cm x 66cm x 110cm
Net Weight	15.2kg
Gross Weight (including carton)	
Usage Conditions	Indoor, well-ventilated, and dry environment
Maximum Load Capacity	125kg
Charging Voltage (V)	Supports charging voltages of 5V/9V/12V/15V/20V

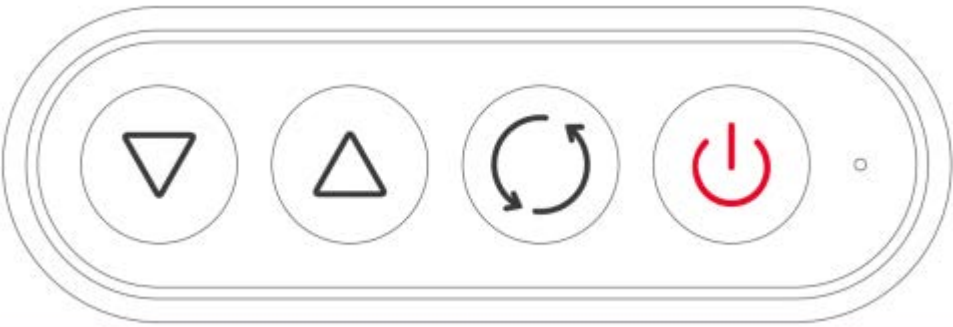
Item	Specification
Rated Voltage (V)	12V
Rated Power (W)	36W

03 Product Parts Names and Functions

3.1 Basic Product Components

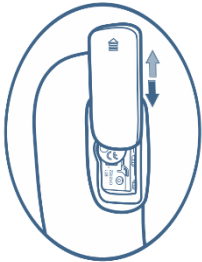


3688 Button Instructions

	
	Power Button - Short press to turn the device on or off.
	Auto Program Button - Short press to run the automatic program.
	Position Adjustment Button - Long press to move the mechanism upward; release the button to stop and perform spot massage at that position.
	Position Adjustment Button - Long press to move the mechanism downward; release the button to stop and perform spot massage at that position.
	Indicator Light - Flashes during power-on reset; stays solid during massage; flashes when massage ends or the device is turned off.

Note:For first-time use, press and hold the **Power** button and **Auto Program** button simultaneously. When you hear a long "beep..." from the buzzer, the wireless control has been successfully paired with the main unit. You can then operate the massage functions using the button instructions above.

Product Parts Names and Functions



3.3 Wireless Control Button Battery Replacement

To replace the button battery of the wireless control, flip up the right armrest and push the battery cover upward (as indicated in the illustration) to access the CR2032 button battery. After installing the new battery, insert the cover downward to secure it.

Once the battery has been replaced, the wireless control will function normally. Should any operational issues arise, please re-pair the wireless control with the main unit following the initial pairing procedure.

3.4 Configuration Table

Model	HL3688DS
Structural Configuration	
Full chair function	Full-back flexible rail 3D retractable massage mechanism
	Control method: button control on the right side of the seat cushion

Model	HL3688DS
Base / Chassis	Spring-loaded tray mechanism
Armrest	Armrests can be flipped up 90°, with the right armrest featuring a wireless control unit.
Casters	Silent / noise-reducing casters
Mesh fabric	Special mesh fabric
Hardware Configuration	
Battery	2500mAh
Massage assembly	Back massage mechanism with retractable massage balls
Charging	5V/3A, 9V/2.5A, 12V/1.875A, 15V/1.5A, 20V/1.125A
Safety certification	GB 4706 household electrical appliance standard testing
Packaging Materials	
Package contents list	Instruction manual × 1

Product Maintenance and Storage

4.1 Product Maintenance and Storage

- Avoid prolonged direct sunlight exposure to the whole or part of this product.
- When reclining the swivel chair, control your body's center of gravity to prevent tipping over due to excessive force.
- Do not use cleaning agents containing corrosive chemicals to clean this product, and avoid contact with corrosive liquids such as acids and alkalis.
- Do not place excessively heavy items on the edge of the seat surface, as this may cause instability or tilting, leading to damage to the chair's structure and function or personal injury.
- Do not use this product in excessively humid or dusty environments, as this may cause functional failures.
- After installation, use a soft velvet cloth to remove dust from the product surface. Do not use abrasive rags for cleaning.
- If the product will not be used for an extended period, it is recommended to recharge it once every 2 months (when the battery is depleted, the charging time will be longer than normal, which is a normal phenomenon).

- This product contains internal circuits and electronic components. Be careful to prevent water ingress when cleaning or using the product.

4.2 Handling and Storage

- When moving this product, handle it gently and do not drag or push it forcefully.
- When transporting this product, keep it in its outer packaging and handle it with care.
- When storing the product for a long period, cover it with dust-proof and light-proof packaging materials, and store it indoors in a dry, well-ventilated environment.

Troubleshooting

If you encounter any issues while using the product, please refer to the solutions below:

If the problem persists, turn off the power, unplug the power plug from the outlet, and contact our e-commerce customer service or call the national after-sales service hotline at 400-9266-988.

Under no circumstances should you attempt to disassemble or repair this product yourself or through unauthorized repair services; doing so will void your warranty.

Problem Category	Common Issue	Solution
Power-on	Product cannot be turned on.	Make sure the power switch is turned on. Check that the battery has sufficient charge.
Function buttons not responding	Battery is depleted	Check if the battery level is low and needs charging.
Function buttons not responding	Poor power connection	Re-plug the power cord.
Charging and power consumption	How long does it take to charge the product?	This product is only compatible with multi-voltage adapters. Charging time depends on the adapter: approx. 2.5 hours at 5V/3A.
Charging and power consumption	How long does the battery last?	With all functions turned on, the operating time is approximately 120 minutes.
Charging and power consumption	Battery LED remaining power indicator	4 LEDs lit: 75–100% 3 LEDs lit: 50–75% 2 LEDs lit : 25–50% 1 LED lit: 1–25%

06 After-Sales Service

Thank you for purchasing the ergonomic chair! Please read this manual carefully before use and keep it properly for future reference. The manual contains product warranty information. Do not disassemble, modify, or repair the product without authorization. Product designs or specifications are subject to change without prior notice.

Kind Reminders:

1. If there is anything abnormal upon receipt, please contact our e-commerce customer service or your local dealer immediately and take photos on the spot. In case of any dispute, the photos taken upon receipt shall prevail.
2. After unboxing, please check the accessory quantity against the accessory list in the manual. If any accessory is missing, contact our e-commerce customer service or your local dealer, and we will arrange to send the missing parts. If any accessory is found damaged, please take photos on the spot and contact our e-commerce customer service or your local dealer. After confirmation, send the defective accessory back according to the instructions provided by customer service. We will arrange for a replacement and resend it upon receipt.

6.1 Self-Service After-Sales Procedure Flowchart

Contact e-commerce customer service or call the national after-sales service hotline 400-9266-988 to process returns, refunds, or replacement parts. → Cut out the *After-Sales Warranty Card*, fill it out, and send it back together with the product. → After receiving the goods, the after-sales department will review and process the after-sales service.

6.2 Return and Exchange Precautions

1. Return/exchange requests must be processed within 7 days of delivery confirmation, based on the logistics tracking receipt date.
2. Before requesting a return or exchange, please be sure to contact our e-commerce customer service or your local dealer first. Returns sent back without prior contact will not be accepted.
3. When returning or exchanging, please fill out the attached *After-Sales Warranty Card* in detail and send it back together with the product.
4. Returned or exchanged products must remain in good condition and not affect secondary sales. The original packaging, accessories, hang tags, gifts, etc., must be complete.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits

are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement.

The device can be used in portable exposure condition without restriction.