NNOXX

manual

Welcome to

NNOXX

We're thrilled to have you join our community of health and performance enthusiasts. Get ready to unlock the benefits of improved nitric oxide levels.

Let's go!

Simply scan the QR code or visit **nnoxx.com/letsgo**. This will guide you to our mobile app, where you can begin your first personalized AI-guided workout. For questions, visit **nnoxx.com/support**, or contact **support@nnoxx.com**.

Get to know your NNOXX One device

Getting Started

1. Charging Instructions

BEFORE USING YOUR NNOXX ONE DEVICE FOR THE FIRST TIME, IT IS IMPORTANT TO FULLY CHARGE IT. Follow these steps to charge your NNOXX One device.

a. Locate the USB-C charging cable included in the package.

b. Connect the USB-C end of the charging cable to the charging port on the back of your NNOXX One device. Ensure that the cable is properly aligned with the port before connecting.

c. Plug the other end of the charging cable into a USB wall adapter, computer, or any USB power source.

d. The NNOXX One device will display a charging light, indicating that it is charging. Allow the NNOXX One device to charge until the battery light shows a full charge, which should take approximately 1-2 hours.

2. Turning On/Off the NNOXX One device

a. To turn on your device, press and hold the power button located on the top of the device until the LED indicator turns blue.

b. Once on, the LED indicator on your device will blink green.

c. To turn off the device, press and hold the power button for 5 seconds until the LED stops blinking.

3. Downloading the NNOXX Mobile App

a. Apple App Store Instructions

i. Open the App Store on your iPhone or iPad.

ii. Tap the Search icon at the bottom of the screen.

iii. Type "NNOXX" in the search bar and hit "Search."

iv. Locate the correct app in the search results and tap the "Get" button to download and install it on your Apple device.

b. Google Play Store Instructions

i. Open the Google Play Store on your Android device.

ii. Tap the magnifying glass icon at the top of the screen to access the search bar.

iii. Type "NNOXX" in the search bar and hit "Enter."

iv. Locate the correct app in the search results and tap the "Install" button to download and install it on your Android device.

c. QR Code Instructions
   i. Scan the QR code
   ii. You will be redirected to the correct App Store
d. Browser Instructions
   i. Go to **nnoxx.com/letsgo** on your mobile device.
   ii. You will be redirected to the correct App Store.

4. Logging in or Creating an Account

a. Launch the NNOXX mobile app on your mobile device.
b. Login with the same credentials used at time of purchase.
c. Click "Sign-in".
d. If you did not create an account previously, follow these steps:
   i. Tap "Sign Up" on the welcome screen.
   ii. Choose an account creation option.
   iii. Tap "Create Account."

5. Connecting your NNOXX One device to the NNOXX Mobile App

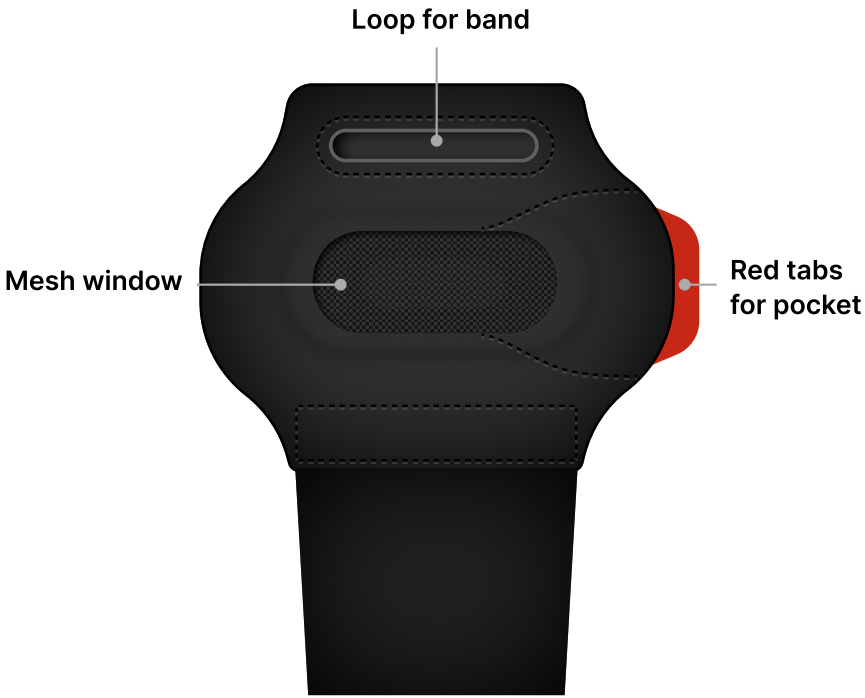
a. Ensure that your device is turned on and close to your smartphone or tablet.
b. Turn on Bluetooth on your smartphone by accessing the settings menu.
c. Launch the mobile app and sign in with your account.
d. Tap "Add Device" or navigate to the "Devices" section in the app settings.
e. Choose your device from the list, then follow the on-screen instructions to complete the pairing process.
f. Start a Workout to finish connecting your device.

6. Fitting the NNOXX One device Into the Band

a. Pull apart red tabs on the pocket of the band.

b. With the NNOXX logo on the device facing down, slide the device into the pocket of the band.

   i. It does not matter which end goes in first.



7. Adjusting the Band for a Comfortable Fit

a. To ensure accurate tracking and comfortable wear, follow these steps to adjust the strap:

i. Wrap the band around the muscle you want to measure.

ii. Thread the end of the band through the loop, and adjust the tightness until it feels snug, but not too tight.

iii. Secure the band by pressing the hook and loop fastener together.

Troubleshooting

1. Visit NNOXX's support page on our website at www.nnoxx.com/support
2. Contact NNOXX customer support via email at support@nnoxx.com
3.LED Status indicator

State	Status
Off	No lights
On / Measuring	Single / double green blink every 5 seconds
Low Battery	Single or double red blink every 5 seconds
Charging	Solid yellow-green; complete when blinking green
Error	Solid red

Important Safety Instructions

1. IMPORTANT SAFETY INSTRUCTIONS:

a. Read this entire instruction manual before using the NNOXX device. These warnings apply to the NNOXX device and, where applicable, to all accessories.

2. NNOXX ONE DEVICE WARNING:

a. KEEP AWAY FROM WATER. Do not wear or use the NNOXX device while showering, bathing or swimming. As with most electrical appliances, electrical parts in the NNOXX device are electrically live even when powered off. Do not use the NNOXX device near or place in water. The NNOXX device is not intended to be used or worn while swimming, bathing or showering.

b. Do not attempt to take apart the NNOXX device. If repairs are required, they must be done by the manufacturer. Please contact customer service at support@nnoxx.com for more information. Do not use the NNOXX device if it is damaged or requires repairs.

c. Use the NNOXX device only as recommended and with the charger and power cord provided. The use of other chargers and power cords may harm the operation of the system. Keep the USB charging port of the NNOXX device free of debris.

3. Battery WARNING:

a. The NNOXX device uses a rechargeable lithium-ion battery. If the following guidelines are not followed, batteries may experience a shortened life span or may present a risk of damage to the NNOXX device. Other potential risks include fire, chemical burn, electrolyte leak, or injury.

b. Do not leave your NNOXX device exposed to heat or in a high temperature location.

c. Do not disassemble, modify, re-manufacture, puncture, or damage the NNOXX device or batteries.

d. Do not remove or attempt to remove the non-user-replaceable battery.

e. Do not expose the NNOXX device or batteries to fire, explosion, heat, or other hazards.

f. The charging port of the NNOXX device must be dried completely before charging.

g. Do not use a charging cable that is not approved or supplied by NNOXX Inc.

h. Contact your local waste disposal department to dispose of the NNOXX device/batteries in accordance with local laws and regulations.

4. Health WARNING:

a. If you have a pacemaker or other internal electronic device, consult your physician before using a device athletic tracking device such as the NNOXX device.

b. Always consult your physician before beginning or modifying any exercise program or routine.

c. The NNOXX device, apparel, accessories, and related data are intended to be used only for general informational purposes, not for medical purposes, and are not intended to diagnose, monitor, treat, cure, or prevent any disease or condition. Personal nitric oxide, usable oxygen consumption, and other data insights provided are for reference only, and may be inaccurate under certain circumstances, including due to the fit of the NNOXX device.

d. Data and insights from NNOXX device should not be relied upon for any health, safety, or other critical applications.

5. ⚠ **WARNING:** Cancer and Reproductive Harm - **www.P65Warnings.ca.gov**

Warranty

1. NNOXX LIMITED 12 MONTH WARRANTY

a. The NNOXX One device (Device), (including, but not limited to, all parts, accessories, etc.), contains only a 12-month limited warranty, as is more specifically set forth in NNOXX's Terms of Service which can be found at https://www.nnoxx.com/terms-of-use. By using the NNOXX device, you agree to and accept the limited warranty and all other terms as set forth in NNOXX's Terms of Service.

b. EXCEPT AS EXPRESSLY PROVIDED IN THE NNOXX TERMS OF SERVICE, TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW, THE NNOXX DEVICE (INCLUDING, BUT NOT LIMITED TO, ALL PARTS, ACCESSORIES, ETC.) IS PROVIDED "AS IS" AND "AS AVAILABLE," WITH ALL FAULTS AND WITHOUT WARRANTY OF ANY KIND, AND NNOXX HEREBY DISCLAIMS ALL WARRANTIES AND CONDITIONS WITH RESPECT TO THE NNOXX DEVICE, EITHER EXPRESS, IMPLIED OR STATUTORY, INCLUDING, BUT NOT LIMITED TO, THE IMPLIED WARRANTIES AND/OR CONDITIONS OF MERCHANTABILITY, SATISFACTORY QUALITY, FITNESS FOR A PARTICULAR PURPOSE, ACCURACY, QUIET ENJOYMENT, AND NON-INFRINGEMENT OF THIRD PARTY RIGHTS.

c. All replaced parts and products shall be the property of NNOXX Inc. New or reconditioned parts and products may be used in the performance of warranty service. Repaired or replacement parts and products are warrantied for the remainder of the original warranty period after purchase only. You will be charged for repair or replacement of parts and products made after the expiration of the applicable warranty period that expires 12 months after your date of purchase.

Technical Information

1. FCC Warning Statement

FCC Part 15.19

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) this device may not cause harmful interference

(2) this device must accept any interference received, including interference that may cause undesired operation.

FCC Part 15.21

Any changes or modifications (including the antennas) to this device that are not expressly approved by the manufacturer my void the user's authority to operate the equipment.

FCC ID = 2BC5ONXO1

2. Internal Battery Information

a. This NNOXX device contains a rechargeable lithium-ion battery.

b. This battery will provide power for up to 4 hours of continuous use.

c. The NNOXX device cannot be used while being charged by an AC/DC adapter.

d. It takes approximately 1-2 hours to fully charge the battery.

3. Electrical Details

a. NNOXX device electrical requirement

i. 5V DC 1.0A AC-DC Adapter. WARNING! - Use only the AC-DC Adapter provided with the NNOXX device.

4. Operating and storage conditions

a. Temperature (Operating): 32° F to 113° F [0° C to 45° C]

b. Temperature (Storage): 14° F to 113° F [-10° C to 45° C]