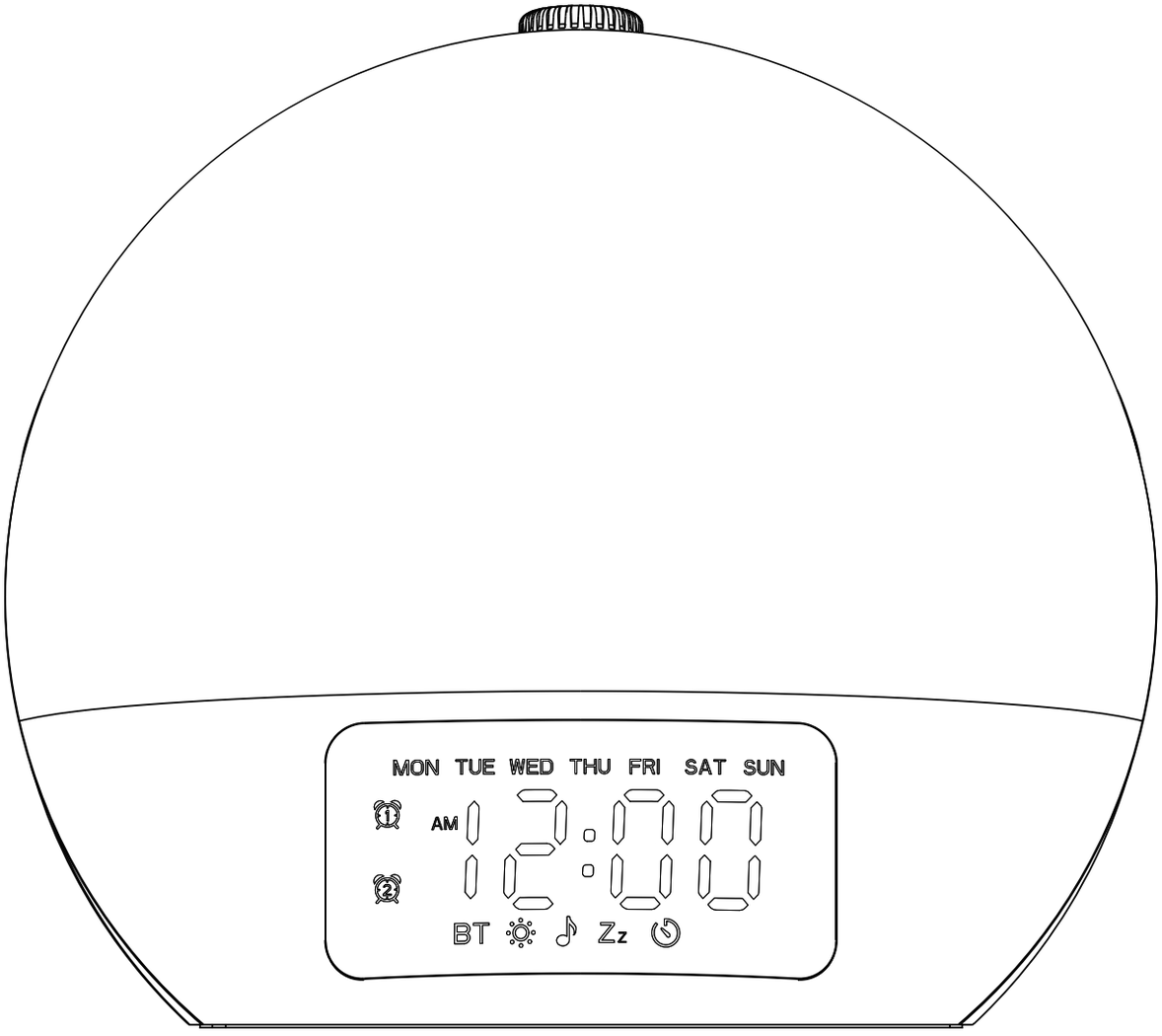
White Noise Sunrise Alarm Clock

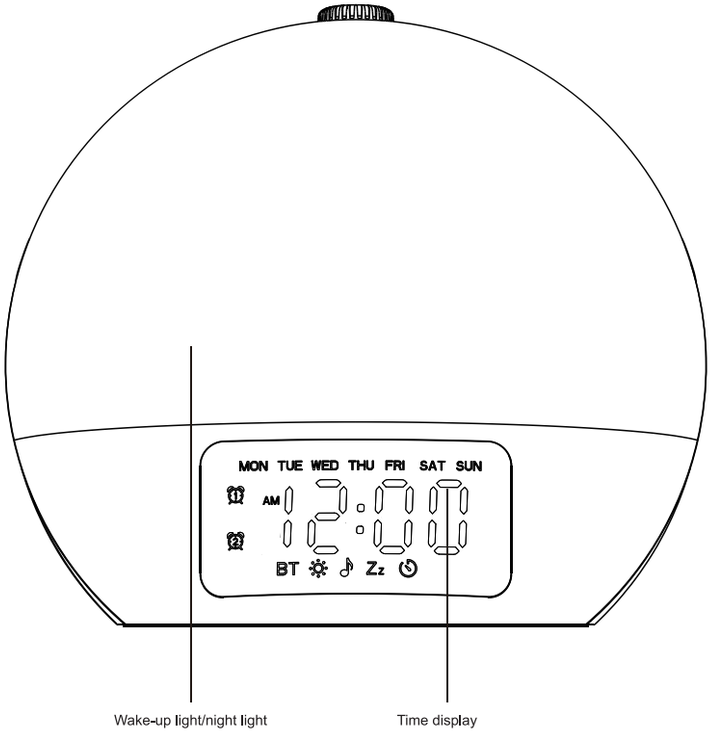
User Manual

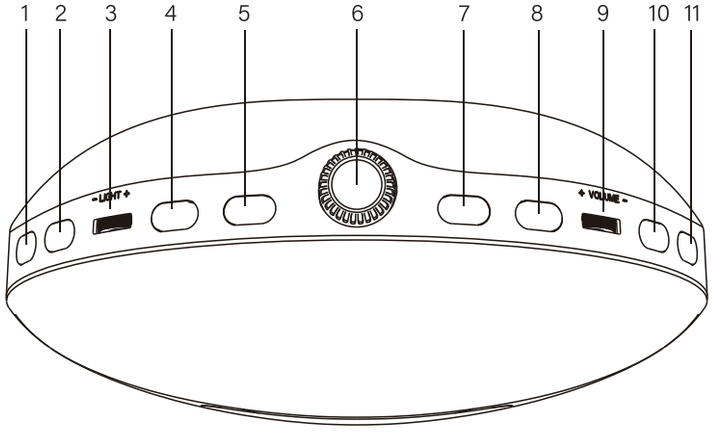


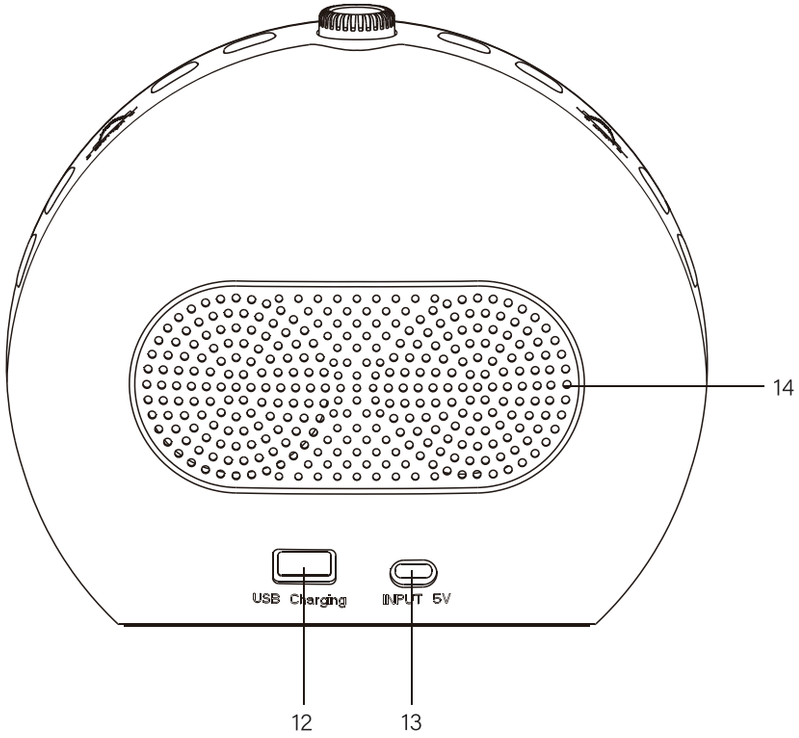
Model:YF-02

Service Email:Support@geuuap.com

Produtct Overview







1. Alarm 2 Switch / Setting.

2. Alarm 1 Switch / Setting.

3. Light Control Roller.

4. Sunirse Simulation & Solid Color Lights.

5. RGB Lights.

6. Snooze Button & Setting +/-.

7. Time Display Brightness Setting / Bluetooth Switch.

8. Sleep Timer & Time Setting

9. Volume Control Roller.

10. White Noise Switch.

11.Natural Sounds Switch.

12.USB Charging.

13.Type-C Input.

14.High Quality Speaker.

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Set up and Maintenance

1.Connect the AC adapter to your device

1.Find the Type-C input port on your device 2.Plug the small end of the AC adapter into the Type-C input port. 3.Plug the AC adapter into a power outlet.

2.Placement

For optimal performance, place this device in a cool and dry location. Avoid areas with extreme temperatures or high humidity, as these can damage the device.

3.Cleaning

To clean the device, wipe it down with a soft, damp cloth. You can use a mild cleaning solution, but avoid harsh chemicals, abrasives, or solvents.

Never submerge the device in liquid or expose it to excessive moisture.

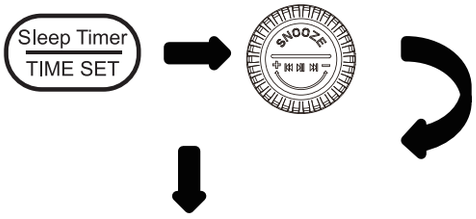
4.Pay Attention

While this alarm clock comes with a pre-installed CR2032 battery, it requires a constant AC power connection to function properly. The battery is solely intended to preserve your settings and memory in case of a power outage.

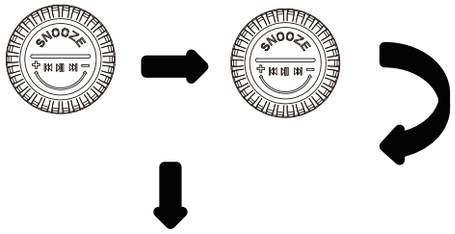
This ensures your alarm preferences and other customizations are saved even if the power goes out temporarily.

Time Setting

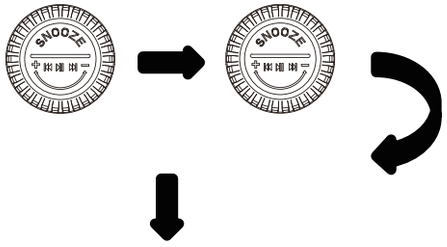
When you plug it in for the first time, the time will be displayed as AM 12:00.



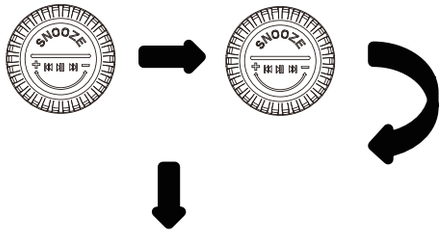
1.In time display mode, hold Sleep Timer / TIME SET button 2 seconds to enter the 12/24H setting.
The 12/24H will blink. Rotate the SNOOZE button to set 12/24H.



2.Press the SNOOZE button to confirm and enter the hour setting.
The hour will blink. Rotate the SNOOZE button to set the current hour.



3.Press the SNOOZE button to confirm and enter the minute setting.
The minute will blink, and rotate the SNOOZE button to set the current minute.



4.Press the SNOOZE button to enter the week setting.
Rotate the SNOOZE button to set the day of the week.

Once you have finished setting the day of the week,
Press SNOOZE to confirm and exit the time setting.

Alarm Switch

Alarm Switch

In time display mode, press the (ON/OFF / AL1 SET) / (ON/OFF / AL2 SET) button to turn the alarm on or off.

User Prompt

1.Alarms 1 and 2 work the same way.

2. It is possible to disable either the alarm sound or the alarm light, or to enable both.

Alarm Setting

1.Hold the ON/OFF AL1 SET / ON/OFF AL2 SET button to enter the alarm settings.

The hour is blinking, rotate the SNOOZE button to set the hour.

2. Press the SNOOZE button to confirm.

The minute is blinking, rotate the SNOOZE button to set the minute.

3. Press the SNOOZE button to confirm.

Then Sound Selection is blinking, rotate the SNOOZE button to choose a sound effect.

The screen displays OFF, S01-S07 (where 01 is the variable value corresponding to the sound effect).OFF turns off the wake-up sound.

4. Press the SNOOZE button to confirm.

The volume is blinking. Then rotate the SNOOZE button to adjust the volume level. The screen will display V01-V16 (with V16 being the maximum volume level).

Alarm Setting

5. Press the button to confirm.

The wake-up light maximum brightness is blinking.Then rotate button to adjust the brightness.

The screen displays OFF, L01-L20 (with L20 being the brightest setting). OFF turns off the wake-up light.

6. Press the button to confirm.

The Sunrise simulation time setting is blinking. Then rotate the button to set the Sunrise simulation time to 10-60 minutes.

7. Press the button to confirm.

The alarm mode setting is blinking. Then rotate the button to select the mode.

Daily Alarm: Mon-Sun(1-7)

Weekday Alarm: Mon-Fri (1-5)

Weekend Alarm: Sat-Sun (6-7)

8. Press the button to complete alarm set.

Snooze Setting

1.To enter the snooze setting, hold the button while the time is displayed, The snooze time is 9 minutes by default.

The snooze time will start blinking, rotate the button to set the snooze duration.The snooze duration can be set from 5 to 20 minutes.

2.Press the button to confirm.

Display:ON/OFF blink

Rotate to set the snooze wake-up light

ON turns on the wake-up light (the light stays on during snooze)

OFF turns off the wake-up light (the light turns off during snooze)

3.Press to confirm and exit the snooze setting.

User Prompt: If the wake-up light is turned off in the alarm settings, the snooze setting light will automatically turn off.

Operations when the alarm goes off and Pre-bright snooze

After the alarm is turned on, the wake-up light will turn on at the preset time:

Full sunrise simulation: The light gradually increases, and when the alarm goes off, the light reaches the preset brightness and the sound turns on to wake you up.

Pre-bright snooze:

When the alarm enters the pre-bright state, press the

button to turn off the wake-up light.

The wake-up light will remain off until the alarm goes off, at which point it will turn on again.

When the alarm goes off, you can perform the following operations:

1. Alarm snooze:

When the alarm goes off, press the

button to enter snooze mode.

When the snooze time is up, the alarm will sound again. You can repeat this process multiple times. There is no limit to the number of snoozes.

2. Stop the current alarm:

When the alarm is ringing or in snooze mode, you can stop the current alarm by:

Pressing the ON/OFF AL1 SET or ON/OFF AL2 SET button.

Hold SNOOZE the button for 3 seconds.

A confirmation sound will be played when the alarm is stopped, and it will not affect the next alarm.

3. Automatic stop after 30 minutes:

If the alarm is not turned off or snoozed within 30 minutes, it will automatically stop. This will not affect the next alarm.

Bluetooth Mode

1.Bluetooth on/off:

In time display mode, hold the DIMMER/BT button for 2 seconds to turn Bluetooth on or off.

When Bluetooth is turned on, the voice prompt "Bluetooth mode" will be played, and the "BT" icon on the display will blink.

2.Bluetooth Search

1). Turn on Bluetooth on your mobile device (such as a phone or computer).

2). Search for the Bluetooth device "YF-01".

3). Manually click on "YF-01" to pair and connect.

3. Bluetooth Connection

When the connection is successful:

The voice prompt "paired successfully" will be played. The "BT" icon on the display will become solid. The time will be automatically synchronized after the Bluetooth connection is successful.

Bluetooth Mode

4. Clear Pairing Record

In the Bluetooth connected state, simultaneously hold the DIMMER BT and SNOOZE buttons for 2 seconds to clear the paired record.

5. Bluetooth Music Switching

When playing music via Bluetooth, you can rotate the SNOOZE button to switch to the previous or next song.

Tips: Rotate one notch to switch to the next song.

6. Bluetooth Music Play and Pause

When playing music via Bluetooth, you can press the SNOOZE button to play or pause the music.

7.Bluetooth Volume Adjustment

Scroll +LIGHT- to adjust Bluetooth playback volume.

Sleep Sounds

1.Sleep Sounds Switch(White Noise & Natural Sounds)

Press the or / button to turn on sleep white noise or sleep sounds.

Hold the or / button for 3 seconds to turn off sleep sounds.

2.Switching Sleep Sounds

With sleep sounds turned on, rotate the SNOOZE button to choose a different sound.

White noise has a range of N01-N10 sounds.

Nature sounds have a range of S01-S15 sounds.

3.Sleep Sounds Volume

With sleep sounds turned on, scroll the +LIGHT- to adjust the volume.

1.Oceanwaves	6.Wind	11.Gentle Waves	16.Birds	21.Wind Chimes
2.Fan	7.Brown Noise1	12.Campfire	17.Stream1	22.Church Bells
3.TV	8.Brown Noise2	13.Thouderstorm	18.Stream2	23.Lullaby
4.White Noise1	9.Pink Noise1	14.Rain Sound	19.Crickets1	24.Lullaby2
5.White Noise2	10.Heart Beat	15.Summer Night	20.Crickets2	25.Lullaby3

Sleep Timer Setting

1.Sleep Timer Switch

Turn on the sleep timer by pressing the Sleep Timer / TIME SET button.

The sleep timer icon will blink for 5 seconds, rotate the SNOOZE button to set the sleep timer duration.

The available durations are10-480 minutes.

Hold the Sleep Timer / TIME SET button for 3 seconds to turn off the sleep timer.

2.Sleep Timer Music and Light Settings

Once the countdown starts, you can turn on any of the following sleep aid features: white noise, nature sounds, sunrise light and colored lights. These features will automatically turn off when the countdown ends.

Tips: When the sleep timer is blinking, you cannot adjust the volume or brightness.

Once the blinking stops, you can use the device normally.

3.Check Sleep Timer Duration

When the sleep timer is on, you can check the remaining duration by pressing the Sleep Timer / TIME SET button.

Lights - Sunrise

1.Sunrise Lamp Switch Setup

In the time display interface, press the sunrise lamp switch to turn it on.

2.Sunrise lamp brightness setting

With the sunrise lamp turned on, scroll the +LIGHT- to adjust the brightness.

Lights - Solid LED Lights

1.Solid LED Lights Switch Setting

In the time display interface, hold for 2 seconds to turn the Solid LED Lights on or off.

2.Solid LED Lights Color Setting

Turn on the Solid LED Light s and press to cycle through the colors: Pink-green-blue-Indigo-purple-white-red-yellow in turn.

3.Solid LED Lights Brightness Setting

With the Solid LED Lights turned on, scroll +LIGHT- to adjust the brightness.

RGB Lighting Mode

1.Light Effect Switch

To turn on the light effect:In the time display interface, press RGB button.
To turn off the light effect:In the time display interface, hold RGB for 2 seconds.

2.Effect Mode Switching

Press RGB to switch between light effect modes. C08/C09 are Bluetooth music rhythm light effects.

3.Brightness Adjustment

Scroll +LIGHT- to adjust the brightness of the colored lights and RGB effects.

Screen Display

In the time display interface, press DIMMER/BT to adjust the screen display brightness.

There are 5 levels of brightness to choose from: high, medium high, medium, low, and off.

Contact US

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This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.

- - Increase the separation between the equipment and receiver.

- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- - Consult the dealer or an experienced radio/TV technician for help.ct.

This equipment complies with the FCC RF radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and any part of your body.