

User Manual

Remote Control

Model:Nobel PA04

FCC Warning

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE 1: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

NOTE 2: Any changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Using the Remote Control

Start/Stop the Movement

- Press the Start/Stop button once to begin moving the pedals or handles.
- Press the Start/Stop button again to stop the movement.

Adjust Speed/Resistance Level

- The unit starts at a slow speed of 30 RPM in the motorized mode.
- The unit starts at level 1 in the resistance mode.
- To increase the speed/resistance level, press the Plus (+) button.
- To decrease the speed/resistance level, press the Minus (-) button.

Set the Timer

- Press the Clock button to set the timer. The timer will start at 10 minutes.
- Each press of the Clock button will add 10 minutes, up to a maximum of 90 minutes.

Switch Display Modes

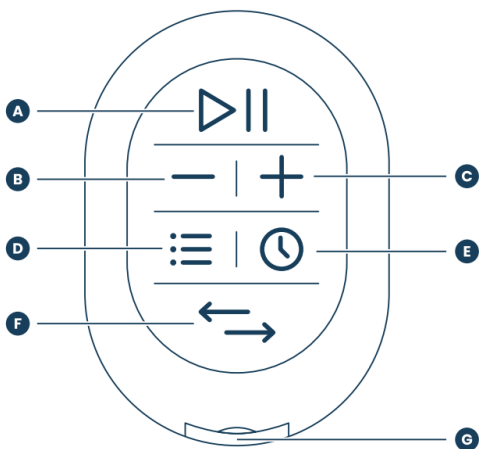
- To toggle between Time, Calories, and Steps, press the Menu button.

Change Rotational Direction

- To change the direction of the pedal rotation, press the Two Arrows button.

Reconnect the Remote

- If the remote control stops working, it may need to be reconnected to your PhysioPedal.
- To do this, first turn the PhysioPedal ON. Then, on the remote control, press and hold the Switch Direction button for 3 seconds until you hear a beep. This indicates the remote control has been successfully reconnected.



A Start/Stop

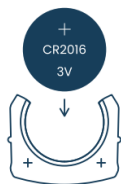
B Decrease Speed

C Increase Speed

D Menu

E Timer

F Switch Direction



G Battery Compartment

Slide the battery compartment out, and when depleted replace the existing battery with a compatible CR2016