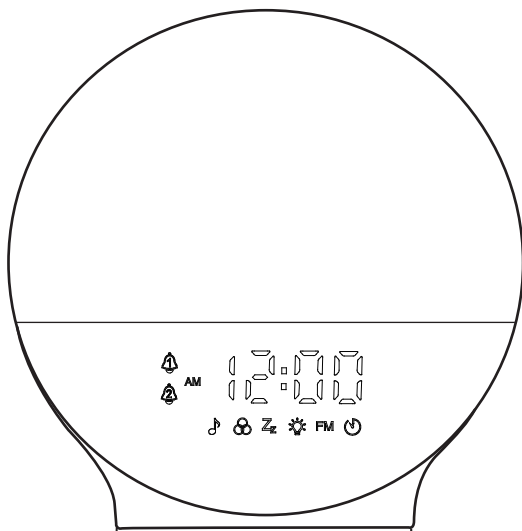


Wake-Up Light User Manual



Thanks for selecting our products.

FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

*** RF warning for Mobile device:**

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 20cm between the radiator & your body.

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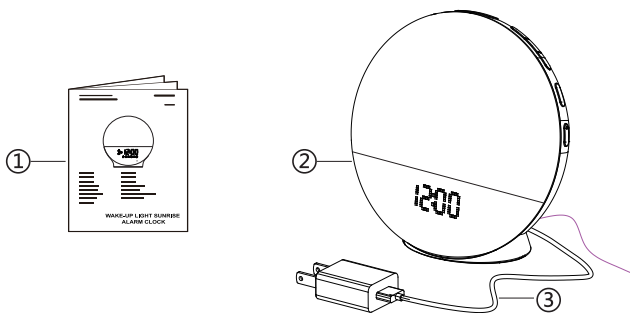
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① User Manual

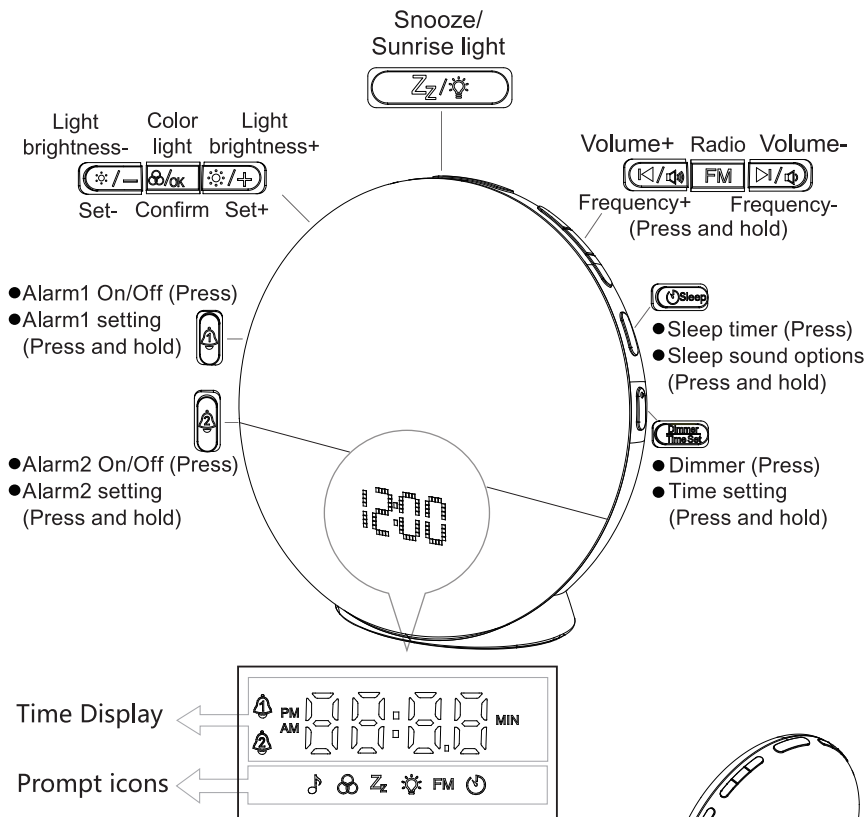
② Wake-Up Light

③ Power Cord

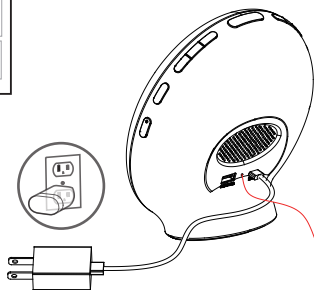
The effects of Wake-Up Light

The Wake-Up Light gently prepares your body for waking up during the last 10 to 60 minutes, depending on the Sunrise Simulation time you set. In the early morning hours our eyes are more sensitive to light than when we are awake. During that period the relatively low light levels of a simulated natural sunrise prepare our body.

If the Sunrise Simulation is active (default is 30 minutes), the light intensity of the lamp gradually increases to the set level and the light color changes from deep morning red to bright daylight. The light gently prepares your body for waking up at the set time. To make waking up an even more pleasant experience, you can use natural wake-up sounds or the FM radio to wake up to.



NOTE: All your personalized settings will be permanently stored in the memory, they will not be erased by removing the adapter from the electrical outlet. You can change all settings at any time, the last setting will be stored.



i Display icons

Prompt icons

 FM Radio

 Sound

 Alarm1/2

 Snooze

 Fall-asleep

 Sunrise light

 Colored lights

Buttons

 Alarm1 / Alarm2

 Snooze / Sunrise light

 Light brightness- / Set-

 Color light

 Light brightness+ / Set+

 Frequency+ / Volume+

 FM Radio

 Frequency- / Volume-

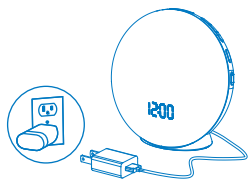
 Sleep

 Dimmer/Time set

NOTE:

The Wake-Up Light comes with a pre-installed CR2032 battery. When the Wake-Up Light is not plugged in, the attached battery stays memory mode. Normally, the battery lasts 3 years.

Power on



Please use a 5V/2A adapter to connect the Wake-Up Light and power on. Some functions will be limited if the adapter power is less than 5V/2A.

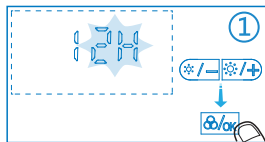


Place the Wake-up Light 16-20in/40-50cm from your head, for example on a bedside table.

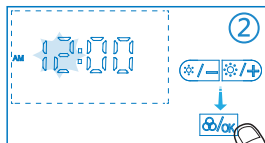
Setting the clock time

You have to set the clock time when you plug in the appliance for the first time.

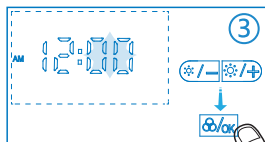
Press and hold the  button on the right to enter the time setting process. The operation steps are as follows:



① Press the  button to adjust it to 12-hour or 24-hour format. And Press the  button to confirm, then next;



② Press the  button to set Hours; And press the  button to confirm, then next;

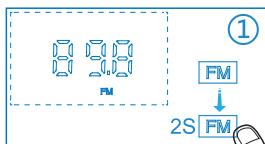


③ Press the  button to set Minutes; And press the  button to complete.

Searching for FM channels

Both the Fall-asleep and FM Radio are based on FM channels. Please search FM channels first.

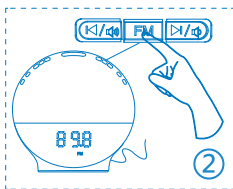
Tip: Make sure to unwind the antenna fully and move it around until you receive the best reception.



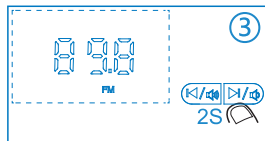
- ① Press  button to turn on the FM radio.
Press  for 2 seconds to automatically search for channels (frequency from 76.0MHz to 108MHz).

USER TIP: After searching for FM channels for the first time, you can step into the previous channel directly just by clicking the  button.

Listening to the Radio



- ② Press  button to turn on the FM radio.



- **Adjust the channels manually**

- ③ Press and hold  button to adjust channels manually after automatic channel searching.

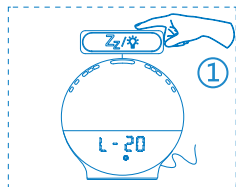
- **FM Volume**

When FM is enabled, click  to adjust the radio volume.
The volume ranges from 01 to 20.

- **Press button again to turn off radio.**



Using sunrise light as a lamp



- ① Press button to turn on the Sunrise light.

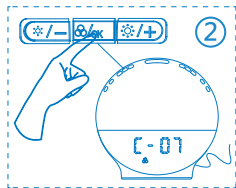
• Light Brightness

Use the / button to adjust the light brightness while it is lightening. The brightness ranges from 01 to 20.

- Press button again to turn off sunrise light.



Colored lights



- ② Press button to turn on the colored lights.

• Adjust the lighting mode:

Press button repeatedly to adjust the colored lights in turn. There are 11 lighting effects.

1~5: Color-Mode(Red, Green, Cyan, Blue, Purple);
6~11: Effect-Mode(autochromic, clockwise, counterclockwise, aurora, flame, Snowy mountain).

• Light Brightness

Use the / button to adjust the light brightness while it is lightening. The brightness ranges from 01 to 20.

- Press button again to turn off the colored light When you adjust it to C-11 mode.

• Sleep sound options

① Press and hold  button on the right to enter sleep sound setting process. The following steps are completed by .

② The word "S-0x" will flash on the screen. Use the  button to choose among the following 7 options: S-01 ~ S-07 (Built-in White Noise); FM Radio (The channel of the Radio depends on the channel you listened to last time).

Press the  button to complete.

• Sleep timer

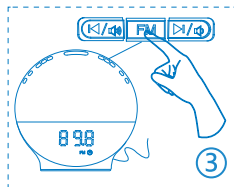
Press the  button repeatedly to adjust the duration of the sleep timer. Options available are 15/30/60/90/120/180 minutes, OFF. The setting will automatically be saved and start after 2 seconds.

• Sound volume

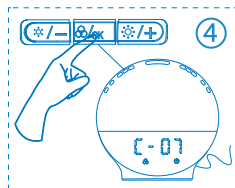
Press  to adjust the sound volume while it is sounding (level 1 to 20).

• The operation after sleep started

You can continue to adjust the sleep sound parameters and light mode. And the volume and light brightness will fade until the timer is ended.



③ You can continue to adjust FM radio, See page 8 for details.



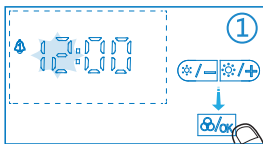
④ You can continue to adjust the light, See page 9 for details.



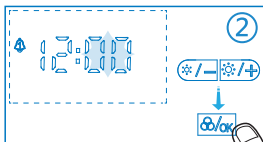
Setting alarms(Alarm 1)

Press and hold  button on the left to enter Alarm1 setting process. The following steps are completed by   .

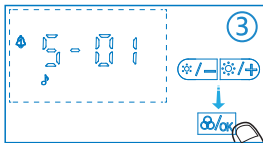
When you set your alarm, you set the alarm-time (steps①-②), the alarm-sounds(steps③-④) and the sunrise profiles (steps⑤-⑥) you want to wake up to.



- ① Press the / button to set Alarm-hours;
And press the  button to confirm, then next;



- ② Press the / button to set Alarm-Minutes;
And press the  button to confirm, then next;



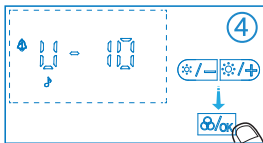
- ③ Press the / button to set alarm-sounds;
And press the  button to confirm, then next;

The range is:

OFF: No Sound;

S01~S07 : Wake-Up ringtones(Beep, Ocean, Valley Echo, Doorbell, Guitar, Piano, Message);

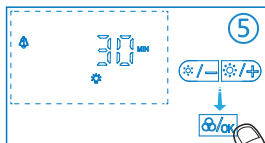
FM Radio(The channel that the Radio wakes up depends on the channel you listened to last time).



- ④ Press the / button to adjust Alarm Volume;
And press the  button to confirm, then next
(Volume level 01 to 20);



Setting alarms(Alarm 1)

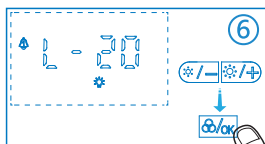


- ⑤ Press the / button to set sunrise time in advance; And press button to confirm, then next;

The range is:

OFF: Sunrise off

10~60MIN: Sunrise minutes before alarm goes off.



- ⑥ Press the / button to set maximum brightness of Sunrise; And press the button to complete(Sunrise level 01 to 20).

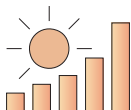


NOTE(Alarm 2):

Alarm 2 works in the same way as alarm 1.

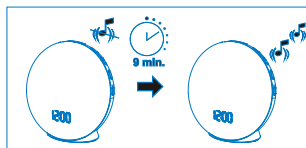
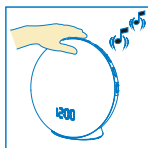


Snoozing



When the wake-up curve has ended (when the set maximum light intensity has been reached) and the alarm sound is playing, you can tap the top button to snooze.

The lamp stays on, but the sound is muted. After 9 minutes, the alarm sound starts playing again.





Turning the alarm off

When the alarm goes off, you can turn it off by pressing  button. If you turn off the alarm, the alarm profile is deactivated for that day.

Note: The light and sound automatically turn off 30 minutes after the alarm has gone off.



Alarm on/off / Alarm set

- Press  or  button if you want to switch the alarm on or off. The corresponding icon appears on the display when you switch on the alarm. It disappears when you switch off the alarm.
- Press and hold  or  button to enter alarm setting process. See page 11 for more details.



Colored lights

See page 9 for more details.



Snooze / Sunrise light

- When the alarm sound is playing, you can tap the top  button to snooze.
- Press  button to turn on the Sunrise light.



FM radio

See page 8 for more details.

Fall-asleep

See page 10 for more details.

Dimmer / Time set

- In the time display interface, click the  button to adjust the brightness of the screen to 100%-75%-25%-OFF in turns.
- Press and hold  button to enter time setting process.
See page 7 for more details.

BT Bluetooth Speaker

- ① Press and hold the  button, and the BT icon on the screen will start flashing.
 - ② Open the Bluetooth settings on your phone, find the device named "Sunrise Speaker," and click to connect.
 - ③ When the BT icon on the screen stays on, the device is successfully connected, and you can use your phone's player to play music.
- **Press and hold the  button again to turn off the Bluetooth speaker.**
 - **Click   to adjust the volume when you playing music (volume levels range from 01 to 20).**

Charging your USB device

You can use the USB port to charge your USB device (max 1000 mA).



Cleaning and storage

- Clean the appliance with a soft cloth.
- If you are not going to use the appliance for an extended period of time, remove the adapter from the wall socket and store the appliance in a safe, dry location where it will not be crushed, banged, or subject to damage.
- Do not throw away the product with the normal household waste at the end of its life, but hand it in at an official collection point for recycling. By doing this, you help to preserve the environment.
- Follow your country's rules for the separate collection of electrical and electronic products. Correct disposal helps prevent negative consequences for the environment and human health.

? Specifications

Model

Rated output power adapter	10W
USB charging port	5V, 1000mA
Nominal light output (level 1 - 20)	1 ~ 240 lux at 45cm
Nominal light color (Mode 1 - 11)	1600W

Physical characteristics

Dimensions (height × width × Depth)	17 × 17 × 8 cm
Weight main unit	Approx 0.3kg
Cord length adapter	120cm

FM

Operating frequency	76.0 MHz - 108.0 MHz
---------------------	----------------------

- a) The statement "Remove and immediately recycle or dispose of used batteries according to local regulations and keep away from children. Do NOT dispose of batteries in household trash or incinerate."
- b) The statement "Even used batteries may cause severe injury or death."
- c) The statement "Call a local poison control center for treatment information."
- d) A statement indicating the compatible battery type (e.g., LR44, CR2032).
- e) A statement indicating the nominal battery voltage.
- f) The statement "Non-rechargeable batteries are not to be recharged."
- g) The statement "Do not force discharge, recharge, disassemble, heat above (manufacturer's specified temperature rating) or incinerate. Doing so may result in injury due to venting, leakage or explosion resulting in chemical burns."
- h) For products with non-replaceable batteries, include a statement indicating the product contains non-replaceable batteries

BATTERY WARNING

KEEP OUT OF REACH OF CHILDREN

Swallowing can lead to chemical burns, perforation of soft tissue, and death. Severe burns can occur within 2 hours of ingestion. Seek medical attention immediately.



WARNING

- **INGESTION HAZARD:** This product contains a button cell or coin battery.
- **DEATH** or serious injury can occur if ingested.
- A swallowed button cell or coin battery can cause **Internal Chemical Burns** in as little as **2 hours**.
- **KEEP** new and used batteries **OUT OF REACH of CHILDREN**
- **Seek immediate medical attention** if a battery is suspected to be swallowed or inserted inside any part of the body.

