SMART WATCH USER GUIDE

Downloading the App

Scan the following QR code, download and install the App.

Scan QR Code and Download

Charging and Active

Charging the device to active before the first time using:
To charge your device, plug the charging cable into the adapter or USB port on your computer.
(Please use 5V1A and below charger to charge the device)

Pairing

Open the App and set up your profile

Go to the「Device」, Click「Add a Device」

Choose your device on the scanning list

Finish

The MAC address on the "Setting"-"About" page could help you identify your device on the scanning list.
The device will be automatically connected to the phone in the future after successfully bound, and the data can be synchronized by pulling down on the client data page.

Use the Touch Screen

Smart Watch Features

Sleep
If you wear wearing Smart Watch in your deep, it can provide the hours slept and quality of sleep stats on both the screen and the APP.
NOTE: Sleep stats reset to zero at 8:00 pm.

Heart Rate Test
The Smart Watch could record your heart rate all day.
You also could tap on the page to start measuring heart rate.

Smart Watch Features

SpO2 Test
Tap the SpO2 page to start measuring your SpO2.
On the SpO2 page, it can show the SpO2 measured data of the last times.

Blood pressure
Click on the blood pressure interface to measure the current blood pressure. More detailed information analysis and data records can be viewed in the client.

Smart Watch Features

Sports
The system automatically tracks Steps taken on the screen.
NOTE: Your movement stats reset to zero at midnight.

Training
Tap the training icon on the menu to start a new training measure recording, there are 8 sport modes to be chosen.
The last training recording will be shown on the training page.

Smart Watch Features

Remind to Drink
The smart watch will remind you "Time to Drink Some Water" at the planned drinking time.
Note: You can set the feature in the APP.

Weather
It could show the weather info of current and tomorrow on the weather page.
Weather info is synced after connecting with the APP. It will not be updated after a long disconnected.

Smart Watch Features

Messages Reminder
The device can sync incoming notifications from Twitter, Facebook, Whatsapp, Instagram etc.
Recently 5 messages can be stored.
Note: You can switch on/off the incoming notification in the APP.

Remote Shutter
After connecting the device,you can remote control the camera on your phone.

Smart Watch Features

Player Shutter
After connecting the device,you can remote control the music player on your phone.

Other Features
Other features include stopwatch, alarm, timer, brightness,mute on/off, theatre mode,factory reset, power off and about.

Smart Watch Features

Silent Alarms
Set the alarm on the APP. ISP device will vibrate to remind of time.

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

Smart Watch Features

DND
When DND mode is enabled, Calls and notifications will be silenced.
Note: You can turn on/off the theater mode in the control center.

Remind to Move
The device will vibrate to remind you to make a relaxe after 1 hour sitting.
Note: You can switch on/off the feature in the APP.

Smart Watch Features

bluetooth call
After the phone and the watch connect the watch Bluetooth, and synchronize the mobile phone to realize Bluetooth calls on the watch side

Remark: After the Apple phone and the watch are successfully connected to Bluetooth, you need to enter the Bluetooth interface in the phone settings again to connect the watch's audio Bluetooth to make the Bluetooth call.

During the connection process, please make sure that the Bluetooth of the watch is turned on.

Getting to Know Your Device

Frequent Questions& Answers
Why the watch can't receive push notifications? Android phone system:
1.Confirm that the message push switch is turned on in the mobile.
2.Confirm that the message can be displayed in the notification bar of the mobile. The device message is depending on reading the message in the notification bar of the mobile. The device will not be able to receive the push message if there is no notification on the mobile.
(You need to find the notification settings in the mobile, and turn on the switch of WeChat, QQ phone call, SMS and so on)
3. Open the accessibility settings of the device.
(Some mobile phone models, etc.), the message results may be inaccurate, and the App may be avoided.
Special Explanation: The measurement of test data and results of this product are for reference only, not as a basis for diagnosis and treatment. If you have any discomfort, please consult a doctor in time for medical treatment.
The charging head must not be in contact with the metal when charging to avoid danger caused by short circuit !
Please unplug the charger in time when the battery is full.

General Info & Specifications

Frequent Questions& Answers
Why can't wear a watch in a hot bath?
The temperature in the bathroom is relatively high, and a lot of water vapor will be generated, and the water vapor is in the form of small droplets suspended in the air. It can penetrate through the gap of the device case. When the temperature drops, it will condense into liquid water droplets again, which will easily cause a short circuit internal and damage the circuit board , and then damage the whole device.
Why is the measurement data sometimes inaccurate?
Affected by external factors (such as low blood perfusion, more arm hair, tattoos, darker skin, drooping arms, arm shaking, cold environment, etc.), the measurement results may be inaccurate, and the App may be avoided.

智能手表 使用指南

扫码下载手机客户端

手表客户端下载

扫描下方二维码下载并安装手表客户端。

手表充电与激活

首次使用手表之前需要充电激活：
使用配套的磁吸充电器吸附到手表背面的金属触点，充电器另一侧插入USB充电头或者电脑USB口即可。
(请使用5V1A以下充电器给设备充电)

连接手表

打开手机客户端设置个人信息

切换至「设备」页面，点击「绑定设备」

在扫描到的设备列表点击你的设备

绑定完成

在手表设置菜单—关于界面，将显示手表MAC地址，可以通过设备列表中的MAC地址来确定你的设备；
手表绑定成功后，可在每次打开客户端，手表会自动与手机连接，在客户端数据页面下拉可以同步数据。

手表操作指导

手表功能简介

睡眠
手表可以穿戴显示安天24小时。
点击心率图，可测量当前心率值。
更多详细信息分析以及数据记录可以在客户端中查看。

心率
手表可以穿戴显示安天24小时。
点击心率图，可测量当前心率值。
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

血氧
点击血氧界面，可测量当前血氧值。
更多详细信息分析以及数据记录可以在客户端中查看。

血压
点击血压界面，可测量当前血压值。
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

运动信息
手表可以穿戴显示安天过去的步数。
点击图表可以查看数据。
更多详细信息分析以及数据记录可以在客户端中查看。

锻炼
多种运动模式可供选择，包括：走路，跑步，骑行，游泳，登山，有氧操，瑜伽，跑步机，步行机，椭圆机，踏步机，仰卧起坐，俯卧撑，哑铃，深蹲等
更多详细信息分析以及数据记录可以在客户端中查看。

手表功能简介

喝水提醒
手表在计划的喝水时间时，会提示你该喝水了。
喝水提醒功能可以在客户端中设置。

天气信息
天气页面会显示当前的天气，空气质量指数，以及明日的预报。
天气信息需要连接客户端后才可以获取数据，如果长时间断开连接，天气信息将无法更新。

手表功能简介

消息推送
手表可以接收显示手机上的通知信息，在客户端中设置推送项目后，手表消息页面可以储存最近8条消息记录。

相机控制
连接手机后，手表可以作为手机相机遥控器。
点手机上打开相机后，在手表相机控制页面点击照相按钮来手机相机拍照。

手表功能简介

音乐控制
连接手机后，手表可以控制手机音乐播放器。

其他功能
手表的其他功能中包含秒表，闹钟，计时器，恢复出厂，振动开关，勿扰模式，恢复出厂设置，关机操作，关于。

手表功能简介

智能闹钟
在客户端中可以设置手表的智能闹钟，最多可以设置十个闹钟。
在设置时间时，手表将会显示闹钟图标并振动。

秒表
点击秒表图标，进入秒表功能。

手表功能简介

勿扰模式
打开勿扰模式后，将不响起通知提醒手表震动。
可以在手表设置勿扰模式。

久坐提醒
手表每隔大约1小时后，会提示你起身走走。
久坐提醒功能可以在客户端中设置开关。

手表功能简介

蓝牙通话
打开APP连接手表蓝牙，同步手机可以在手表接收蓝牙通话。

注：苹果手机与手表连接蓝牙成功后，需要再次进入手机设置中的蓝牙界面连接手表音频蓝牙才可进行蓝牙通话。

连接过程中请确保手表通话蓝牙开关处于开启状态

常见问题与解答

为什么手表接收不到消息推送?

安卓手机设置：
1.确认您手机客户端的消息推送的开关
2.确认您手机应用程序可以发送通知，手表消息推送是通过消息手机通知栏消息进行推送;若手机通知栏没有消息，手表将无法接收消息。
(需要在手机设置中找到通知设置,开启微信, QQ, 电话, 短信, 手机客户端的通知开关)
3.打开手表客户端的辅助功能设置
(在手机设置中找到辅助功能,打开手环客户端的辅助功能设置)

苹果手机设置：
1.确认您手机客户端的开关
2.确认您手机应用程序可以发送通知
(需要在手机设置中找到通知设置,开启微信, QQ, 电话, 短信, 手机客户端的通知开关)

为什么手表会出现水滴?

高温水的温度比较高，会产生很多的水蒸气，而且水蒸气遇气，遇到冷的表壳，容易从手表的壳体空隙渗出，当温度降下来后又会重新凝结成液体的水滴，容易造成手表内部结露短路，损伤手表电路板，进而损坏手表。

为什么测量数据有时候不准?

受外界因素（如血流量较低，手臂毛发多，有纹身，皮肤较深，手臂下垂，手臂较小，等等），影响，可能会出现测量结果不准，或者无法测量的情况。

特别说明：本产品测量结果数据仅供参考，不作为诊断治疗的依据，如有不适请及时前往医院进行诊治。

充电时充电头应与金属接触触即，以防短路发生危险！
充满电请及时拔掉充电器。

FCC Warnning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection againstharmful interference in a residential installation. This equipment generates, uses and can radiateradio frequency energy and, if not installed and used in accordance with the instructions, maycause harmful interference to radio communications. However, there is no guarantee thatinterference will not occur in a particular installation. If this equipment does cause harmfulinterference to radio or television reception, which can be determined by turning the equipmentoff and on, the user is encouraged to try to correct the interference by one or more of thefollowing measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.