

尺寸： 65*48mm

Android 5.0 and above mobile phones
ios 9.0 and above mobile phones

1. iOS/Android phone users: scan the above QR code to download and install the application.
2. Android: Search for "LaxasFit" through the software application store to download and install the application.
3. Apple: Search for "LaxasFit" through the App store to download and install the app.



- 1.To ensure the normal use of the watch, please charge it first.
- 2.Make sure the magnetic charging cable is powered, then align it with the charging port on the back of the watch.



Encoder:
Wake up/turn off the screen long pre
to turn on/off.

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Wake up/turn off the screen long pre
to turn on/off.

Clock inter face:
Turn the Style or Side Panel left and right
slide up and down shortcut component
or message notification.



2. The permissions during the APP installation process are fully agreed, and the watch and the mobile phone must be connected to the APP and the mobile phone Bluetooth to achieve all functions.
3. After the APP is installed, click on the "Connect" button to connect to the mobile phone. In order to enable the notification point to confirm, Click to add a device, search for the device name, and click Connect to connect to the watch device.
3. Mobile phone Bluetooth connection Bluetooth must be turned on on the watch side, enter the mobile phone number, click on the "Connect" button, select the model name, and click Connect to pair.
4. Simple solution to common Bluetooth problems:
Due to the lack of uniformity in the Bluetooth protocol of various mobile phone brands, sometimes the connection between the watch and the mobile phone will be unstable. You can turn off the Bluetooth of the mobile phone and reconnect it again, or reset the watch to the factory settings. Since the watch is in a dead state, you can press and hold the power button for 10 seconds to reset the watch.
5. How to verify that the Bluetooth connection is successful: The bluetooth icon in the upper left corner of the main menu is used to indicate that the Bluetooth connection is successful. Use the watch to click on the main menu icon to open the APP to find the watch. If there is vibration, it means that the voice BT is connected successfully.
6. If the watch has an incoming call, there is no notification reminder on QQ WeChat, you need to set the phone settings-notification settings, open the corresponding application and open the

1. Not suitable for bathing and swimming.
2. Please connect the watch when synchronizing data.
3. Use the built-in charging cable to charge.
4. Do not expose the watch to high moisture, extremely high or extremely low temperatures for a long time.

	Standby interface	enter the standby interface.
	Dial pad	connect to the phone number to dial via the Bluetooth, and you can make a call on the watch side.
	Contact	After the bracelet is successfully connected to the APP, you can add a contact in the APP. After the contact is successfully added, the phone book on the bracelet will be displayed synchronously. Click the contact in the phone book on the bracelet to make a call. (Note: The bracelet needs Connect mobile phone Bluetooth.)
	Call record	can display the call record of the wristband, click the phone number to call.
	Information	The content of the message push can be displayed, such as: QQ, WeChat, etc. (The system above IOS12 will display SMS messages by default).
	movement	Enter the sports mode (running, rope skipping, cycling, mountain climbing) selection interface, click on the left to select the mode, and on the right to set the corresponding sports mode: exercise time, calories burned and heart rate data
	sports record	record all exercise data
	Pedometer	Calculate your step count data for the day, clear the data at 00:00 in the morning, and view it in the APP.
	Sleep monitoring	Turn on sleep detection to monitor the quality of sleep while sleeping.
	Heart rate	Put the watch close to your wrist, and the best place to wear it is on the upper arm of the wrist bone. The real-time heart rate can be measured. The normal value of the average person is 60-100 beats/min.

Blood pressure	Put a watch closer to your wrist, the best place to wear it is the wrist bone above your arm, you can measure the real-time blood pressure, adult systolic blood pressure: 60-80 (mmHg) adult systolic blood pressure: 100-120 (mmHg).
Blood oxygen monitoring	The watch is tightly attached to the wrist, and the best wearing position is on the wrist bone and above the arm. The time-limited blood oxygen value can be measured. The normal range of the value is generally 95% to 100%.
Bluetooth camera	When the phone is not locked, when the app interface is opened, the watch enters the Bluetooth camera, the phone will automatically pop up the camera interface, shake the watch to take a photo, the phone will take a photo and store the photo on the phone. Or open the app, enter the remote control interface, click the red video pop up the camera interface, and then shake e watch will take pictures According to
Bluetooth music	control to play music in the phone.
Find the phone	When the watch is connected to the mobile phone, click on the watch to find the mobile phone, long press the magni if ying glass on, and the mobile phone will ring
Weather	Display the current weather temperature in degrees.
Stopwatch	start stopwatch timing and end timing.
Alarm bell	You can set a custom alarm clock and set the alarm time at the APP.
Settings	You can set to turn on or off the vibration and raise the wrist to brighten the screen.
Recall alarm	Racing

	Style	You can set and change the UI style.
	About	Display the MAC Serial code, Bluetooth name, and version number of this device.
	Brightness	Can set the brightness size and backlight off time.
	QR code	QR code downloaded by mobile App.
	Reset	Let your device reset and clear data, such as pedometer sleep etc.
	Breathing screen clock	After turning on the screen clock, the screen pops up and turns off the clock.
	Language	After connecting to the APP, you can set the language on the APP side, and the language can be synchronized to the watch after setting or switch the language on the watch side, that is, it will also be synchronized to the APP side.
	Dial push	Enter the APP and end dial function, you can view my dial and local dial; you can also push dial dial calls and dial calls to the watch end.
	Gesture answering	Answer the phone using the specified gesture.
	Lingdong Island	Click on the settings interface of the watch to open the Lingdong Island switch, and return to the dial to view in formation.

1. Do not touch the screen, protect it from damage.

2. Do not expose the phone to water, rain, steam, bath, and use mild soap and water to remove oil or dust.

3. Do not expose the watch to an environment with strong chemical substances, such as gasoline, cleaning solvents, propellant alcohol or insect repellent; chemical substances will damage the sealing of the watch and the surface of the case.

4. Do not use the phone in the presence of flammable and explosive substances. This product does not support IP68 waterproof, doesn't support rain, hand washing, swimming water, hot showers or saunas, etc., can not be worn and cannot prevent water pollution. If the watch is damaged due to water ingress due to use in violation of the instructions, the manufacturer will not provide a free warranty.

common problem:

Can't find the watch?

Answer: Because the Bluetooth broadcast of the watch has not been searched by the mobile phone, please make sure the watch is turned on and activated, and is not connected by other mobile phones. Move the watch close to the mobile phone and search again. If it still does not work, turn off the Bluetooth of the mobile phone and turn it on again after 10 seconds. The Bluetooth connection will be successful.

Why does the Bluetooth connection always fail?

Answer: Before synchronizing the data, the exercise and sleep data will remain on the watch. When the Bluetooth is turned on, the watch will automatically upload the data to the mobile phone. If the data is not uploaded, the data will be deleted, but the data stored by the watch is limited. I can only store Bluetooth data for about one week. When the space is full, the oldest data will be automatically overwritten to generate the latest data, so please Sync your watch to the phone regularly.

Note: If the call and SMS reminder function is turned on, you need to keep the Bluetooth connection and the alarm clock function.

What should I do if the watch cannot be charged?

① Please make sure that the direction of the charging cable is correct and the charging pins is in good contact with the reminder straps.

② When the power of the watch is lower than 30%, there will be a period of battery being charging time.

③ After the charging is completed, the charging status will be displayed on the screen. If there is no display, you need to charge for 3-5 minutes to enter the charging state.

Will the watch cause harm to the human body if worn for a long time?

Answer: The radiation of the equipment is much lower than the FCC standard of the United States, which is basically negligible.

① One-time testing of the equipment is much lower than the FCC standard of the United States, which is basically negligible.

FCC Warning: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause interference to other electronic equipment, you may be required to take certain actions to correct the interference. If the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 10cm between the radiator and your body.