
User Manual

Model: SB1062H



IN THE BOX

- 1 x Smartband
- 1 x Charging Cable
- 1 x User Manual/Quick Guide

1. Quick start guide

Overview



1. Heart Rate Sensor (Green light) and Blood oxygen Sensor (Red light)
2. Side light: Show the machine status
3. Charging Pins

- Make sure the charging cable fit correctly onto the charging pins on the back of your Smartband, then plug the other end to the user cable to a power source.
- Plug the big end of the USB cable into the power supply, after successful charging, When the red side light flashes, it serves as a reminder that the device is currently charging. The green light remains constantly on to indicate that the charging process is complete.
- Power on automatically when charging, go to the APP setting and find the "Smart Device Settings" to click "Power Off".



2. Install the App and Connect with Smartband

Search and install the “Oplayer Smart Life” app from Google Play or App Store. Or scan the following QR code to directly install the app.



To connect the Smartband with App, open the “Oplayer Smart Life” app on your smart phone, then go to setting and select “Add New Device” and select the Smartband to connect.

3. Functions

Activity

Wearing the device, in the mail page of APP, it will record your steps/distance/calories in the APP.

Active measurement of Heart Health

In the mail page of APP, Click corresponding functions under Heart Health and “Manual Measurement” in the APP to actively detect Heart Rate/Blood Oxygen/HRV/Respiratory Rate.

Active measurement of Emotion Health

In the mail page of APP, Click corresponding functions under Emotion Health and “Manual Measurement” in the APP to actively detect Stress/Emotions/Fatigue.

Sleep

In the mail page of APP, click it to see your sleeping data. Sleep with your device. It will record your sleep time in the APP.

The product can track whole day sleeping, but only if it takes more than 30 minutes at a time.

PAI

In the mail page of APP, click it to see PAI vitality Index. Your health score will be

calculated based on your sleep, steps, and heart rate data from the previous day.

Sports

Click the “Exercise records “in main page, there are 120+ sports modes to choose from, including walking, running, climbing, cycling and etc...

Click corresponding sports to start exercise, for the “Walking, Running, Hiking, Trail Running, Cycling”, it can work with your phone GPS. After the exercise ends, the exercise data will show in APP, and you can also check your movement trajectory in APP for those sports with GPS.

Find My Smart Device

You can go to the APP, find the “Smart Device Settings” in Setting, and click this function, then your device will vibrate and flash the red and green light on the side at the same time.

Camera Shutter

After successfully connecting with the app, you can go to the APP, click the “Camera Shutter” in Setting to open camera of your phone, short press the touch key to take photos, and long press the touch key to exit.

Add Alarm

You can go to the APP, find the “Smart Device Settings” in Setting, and click it, you can set different types of alarms, then it will vibrate to remind you.

Smart Preferences

You can go to the APP, find the “Smart Device Settings” in Setting, and click it, you can set vibration effects as you prefer.

Reset Smart Device

You can go to the APP, find the “Smart Device Settings” in Setting, and click it, you can reset the device and will erase your data and settings.

The measurement results of this product are for reference only and are not intended for any medical use or basis. Please follow the doctor’s instructions.

Do not self-diagnose and treat according to the measurements taken by this product.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and if not installed and used in accordance with the instructions, may cause harmful interference to radiocommunications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subjected to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

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