

ANRUOLA

ANRUOLA Cooling Gel Hat USER MANUAL



Lifetime Warranty

✉ Customer Service Email:
Anruolausa@gmail.com

Feature

- 5.3 Bluetooth Version. Compatible with any Bluetooth enabled devices.
- Built-in microphone for answering phone.
- Hand- washable after removing the Bluetooth modules
- Lifetime warranty and 24 hours friendly customer service

Specifications

- Bluetooth Version: V 5.3+BR&EDR
- Transmission Distance: 33ft(10m)-49ft(15m).
- Rechargeable Lithium Battery: 180mAh
- Charge Input: 5V/0.1A
- Charging Time: 1.5-2 hours
- Working Time: 10-12 hours

-1-

Package Included:

- Music Cooling Gel Hat x1,
- Charging Cable x1,
- User Manual x1,
- Customer Service Card x1

Register your product and activate lifetime warranty
Enter our website:

www.anruola.vip

or scan the QR Code to claim:



-2-

Function Summary



- ① LED Status Light
- ② Volume Down/ Next Track
- ③ Volume Up / Previous Track
- ④ On / Off / Play / Pause / Answer

⚠ Please do not heat it in the microwave, and please do not freeze it in the refrigerator. Because the hat contains headphones and batteries. If heating or freezing is required, please remove the headphone module first, thank you.

-3-

Control

Power On/Off		Press and hold for 3 seconds
Play/Pause Music		Press once
Volume Up/Down		Press and hold during music playing
Next Track		Press once
Previous Track		Press once
Answer/End Phone Call		Press once when phone ringing
Reject Call		Press and hold for 3 seconds
Switch to Mobile Device		Press and hold for 3 seconds

-4-

How To Use It?

1.Connect to Bluetooth

- ① Turn on Bluetooth on device.



- ② Turn on the Music Cooling Gel Hat

Press power buttfn for 3 seconds until red and blue lights blink. On your device, go to Bluetooth settings and choose ANRUOLA.

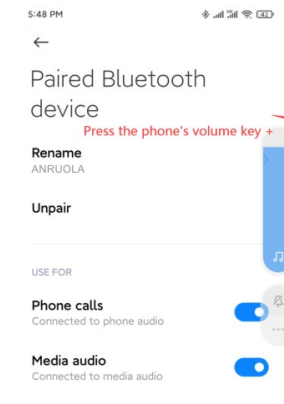


- ③ Connect to Bluetooth (Name: ANRUOLA) on device.

-5-

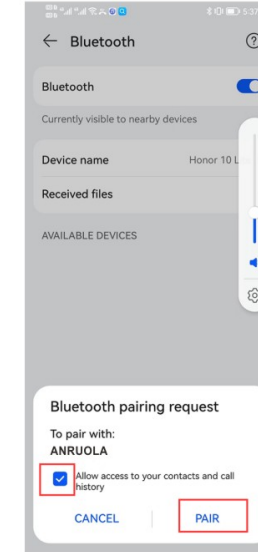
- Please try to restart your device if the Music Cooling Gel Hat keep cutting out.

- If you hear a low volume when you connect for the first time, try to adjust the volume key on your phone or tablet.



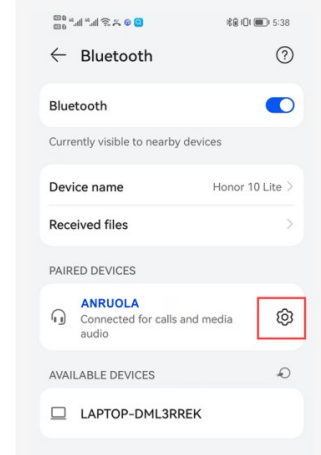
-6-

How to use Music Cooling Gel Hat answer calls?
Please select agreement for the first time use.



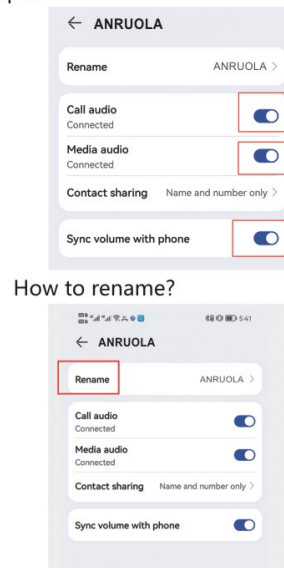
-7-

Step 1:
How to sync volume with phone?

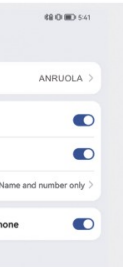


-8-

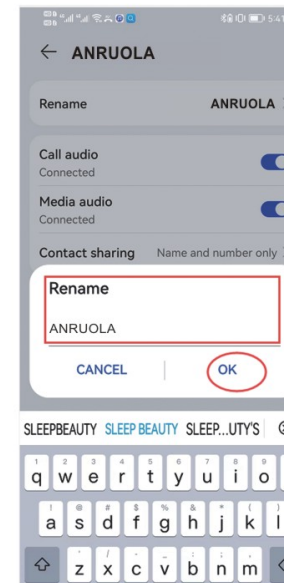
Step 2:



How to rename?

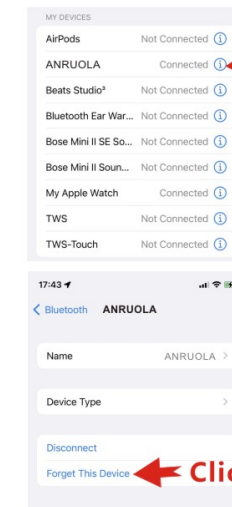


-9-



-10-

Want to connect with a new phone.
How to prevent automatic connection with last used phone?



-11-

LED Color	Status
Rapidly flashing blue and red	Pending to be Connected
Red and blue lights disappear	Connected

⚠ When turned on, the Music Cooling Gel Hat will automatically connect to the last connected device if available. If no previously paired device detected, it will keep pairing mode.

⚠ Warning: Only one Bluetooth connection is allowed, if user want to connect to another device, please make sure to cancel the previous device.

⚠ Warning:Do not attempt to connect the device while charging.The Bluetooth transmitter is disabled while it is charging,thus you will not be able to connect while charging.

-12-

⚠ Please note that you MUST remove the control panel & speaker before washing the Music Cooling Gel .

⚠ It is not compatible with the iPhone 15 type-C charging cable. Please do not use the iPhone 15 charging cable to charge the Music Cooling Gel Hat.

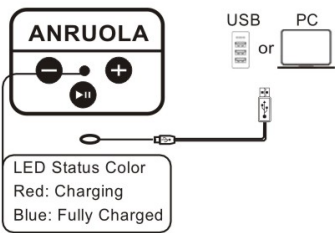
⚠ Please use the charging cable we provide to charge the product. If you accidentally lose the charging cable, please contact our after-sales customer service to obtain it for free.

⚠ Please do not heat it in the microwave, and please do not freeze it in the refrigerator. Because the hat contains headphones and batteries. If heating or freezing is required, please remove the headphone module first, thank you.

-13-

CHARGER AND BATTERY

Slide cable out through the slit to connect to USB. Before using a different charger, check whether the specifications of the charger meet requirements. The recommended output voltage of the charger is DC5V+/-0.25V, and the recommended output current is 100 mA to 500 mA. A higher charging voltage may damage the device. Do not use the Music Cooling Gel Hat while charging. Connect the charging cable to USB charger (or computer USB port).



-14-

How to wash music migraine relief cap



IC: 32288-ARLHAT01

Model Number: ARLHAT01

FCC ID: 2BFRC-ARLHAT01

-15-

IC Caution:

Radio Standards Specification RSS-Gen, issue 5

- English:

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:
This device may not cause interference. This device must accept any interference, including interference that may cause undesired operation of the device.

RF exposure statement:

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

-16-

- French:

Cet appareil contient des émetteurs / récepteurs exemptés de licence conformes aux RSS (RSS) d'Innovation, Sciences et Développement économique Canada. Le fonctionnement est soumis aux deux conditions suivantes:
Cet appareil ne doit pas causer d'interférences. Cet appareil doit accepter toutes les interférences, y compris celles susceptibles de provoquer un fonctionnement indésirable de l'appareil.

Déclaration d'exposition RF:

L'appareil a été évalué pour répondre aux exigences générales d'exposition aux RF. L'appareil peut être utilisé dans des conditions d'exposition portable sans restriction.

-17-

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to

-18-

part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the

-19-

receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

-20-

- Do not expose Music Cooling Gel Hat to liquid or moisture.
- Do not store Music Cooling Gel Hat near acidic or alkaline material.
- Do not keep Music Cooling Gel Hat close to the fire. Do not tumble dry.
- Please remove the Bluetooth module before washing. After completely dried, put back to their original position.
- The speakers can be adjustable, you can adjust it to the best place until they fit for your ears!
- Please charge the Music Cooling Gel Hat when you receive it.
- Please turn off Bluetooth function to save power when not working.
- Please note that a 'DI DI DI' sound will be heard when reaches max/min volume level.

-21-

- Please try to restart your device if the Music Cooling Gel Hat cutting out.

Register your product and activate lifetime warranty
Enter our website:

www.anruola.vip

or scan the QR Code to claim:



-22-

For warranty service or support, Please contact our Service Team, We promises: FREE RETURN, FREE REPLACEMENT or FULL REFUND to solve your issue and make you satisfied.

✉ Customer Service Email:
Anruolausa@gmail.com



-23-