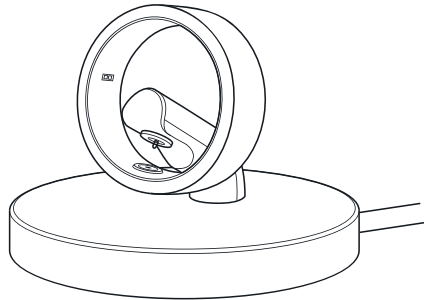


1



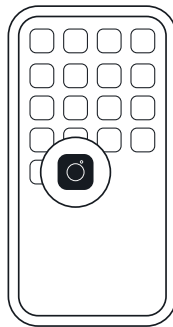
Connect the charging cable to the ring.

2



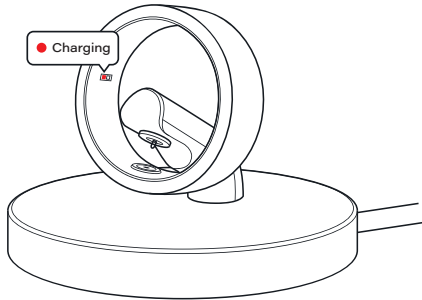
Search and download [Nova Ring] App.

3



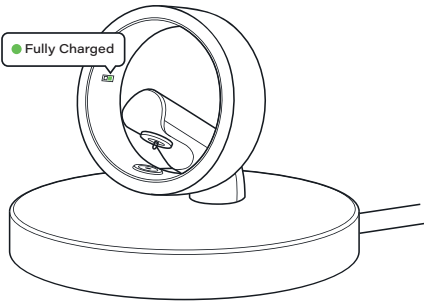
Open the App and pair your ring.

4



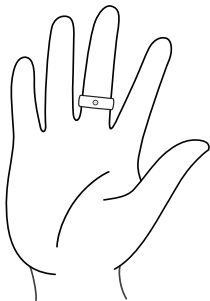
When the ring is charging, a red light will flash.

5



When the ring is fully charged, a green light will flash.

6



Please wear the ring correctly

Please ensure that the tactile marker (small dimple pattern), of the smart ring's casing is on the palm side. Furthermore, the sensor inside the ring should be closely attached to the underside of the finger. If there is a gap between the finger and the ring, it will affect the accuracy of the data.



NOVA
S M A R T

QUICK GUIDE

FCC ID:2BG4A-A



PANTONE 293C



C15 M0 Y0 K100

1 We extend our gratitude for selecting the Ring. Recognized as a trusted choice, to ensure an optimal and seamless experience, we strongly encourage a thorough review of the accompanying brochure and documentation. This comprehensive understanding will facilitate the proficient utilization of your Smart Ring, the associated mobile application, and the suite of Services provided. Adherence to the guidelines outlined is paramount for the preservation of product integrity and the prevention of any operational disruptions. In the Box Smart Ring/Quick Guide & Manual Instruction/USB Cable/Magnetic Charging Doc  Smart Ring  Quick Guide & Manual Instruction  USB Cable  Magnetic Charging Dock <td> 2 Health and Safety Warnings The Smart Ring and associated services are not designed to diagnose, treat, or prevent any medical conditions. The information provided is for general guidance and should not be considered medical advice. It is imperative to consult with a healthcare professional before making any changes to your health regimen based on the use of services. We expressly disclaim any liability for any health issues that may occur from the application of information obtained from our services. Any modifications to your sleep or activity habits using the Smart Ring are made at your own risk. Immediate medical consultation is advised if you encounter persistent or unusual symptoms. To ensure your safety, take care to prevent the Smart Ring from catching on solid structures or heavy objects when in motion or during the handling of heavy items. </td> <td> 3 Important Notice Ensure the Smart Ring is worn securely on your finger to prevent accidental loss. Follow the charging instructions provided to avoid damage to the device. Do not immerse the Smart Ring in water beyond its specified water resistance rating. If you notice any redness or skin irritation on your finger from wearing the Smart Ring, promptly remove it. Should the symptoms continue beyond 1-2 days after its removal, it is advised to seek the advice of a dermatologist. Child Safety Guidelines Please ensure the Smart Ring is kept out of the reach of children. This product is intended solely for use by individuals who are 18 years of age or older. In the event that you suspect or are aware that a child has swallowed the Smart Ring, it is crucial to seek immediate medical attention. Additionally, avoid exposing the Smart Ring to high temperatures, such as leaving it in a vehicle or under direct sunlight, and never attempt to puncture the ring or its battery. </td> <td> 4 Use, Care, and Maintenance Finger size can fluctuate throughout the day and across the seasons, which may occasionally make it difficult to remove your Smart Ring. If you encounter issues removing the ring: - Utilize cold water or food-safe oil to moisten your finger, then gently twist the ring to slide it off. - Elevate your hand above your heart to reduce blood pressure, and attempt to remove the ring once the pressure has decreased. - If you're unable to remove the ring with the above methods or if you experience discomfort, seek immediate medical attention. - When engaging in strength training, operating heavy machinery, or handling metallic objects, it is advised to remove the Smart Ring to prevent damage to both the ring and the skin. - Avoid wearing the Smart Ring in situations where it may be exposed to water submersion or extreme temperatures, such as during showers, baths, swimming, diving, or in severe weather. This would be an appropriate time to charge the ring. </td>	2 Health and Safety Warnings The Smart Ring and associated services are not designed to diagnose, treat, or prevent any medical conditions. The information provided is for general guidance and should not be considered medical advice. It is imperative to consult with a healthcare professional before making any changes to your health regimen based on the use of services. We expressly disclaim any liability for any health issues that may occur from the application of information obtained from our services. Any modifications to your sleep or activity habits using the Smart Ring are made at your own risk. Immediate medical consultation is advised if you encounter persistent or unusual symptoms. To ensure your safety, take care to prevent the Smart Ring from catching on solid structures or heavy objects when in motion or during the handling of heavy items.	3 Important Notice Ensure the Smart Ring is worn securely on your finger to prevent accidental loss. Follow the charging instructions provided to avoid damage to the device. Do not immerse the Smart Ring in water beyond its specified water resistance rating. 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5 - To maintain the ring's finish and prevent surface corrosion, refrain from applying excessive skincare products to the area of the finger where the ring is worn. - Regularly clean the Smart Ring with water and mild soap, and dry it with a soft cloth, paying special attention to the skin-contact areas. - Periodically remove the ring to allow your skin to breathe and to recharge the ring. - Be aware that the ring surface may scratch, and it could also scratch skin, softer metal jewelry, or other items such as electronic devices with delicate coatings. Exercise caution when wearing the Smart Ring. FCC Compliance Statement This device is in compliance with Part 15 of the FCC Rules. Its operation is subject to the following two conditions: - This device may not cause harmful interference to other devices. - This device must accept any interference received, including interference that may cause undesired operation.	6 Any changes or modifications to the device that are not expressly approved by the party responsible for compliance may invalidate the user's authority to operate the equipment. Note: This equipment has been tested and confirmed to comply with the standards for a Class B digital device as regulated by Part 15 of the FCC Rules. These standards are designed to provide reasonable protection against harmful interference when the equipment is used in a residential setting. While this equipment has been designed to minimize interference, it may still cause harmful interference to radio communications. There is no absolute guarantee that interference will not occur in a specific installation. If the equipment does cause harmful interference to radio or television reception, which can be identified by turning the equipment off and then on again, the user is encouraged to attempt to correct the issue by taking one or more of the following steps: - Reorient or relocate the receiving antenna.	7 - Increase the distance between the equipment and the receiver. - Connect the equipment to a different outlet, one that is on a circuit separate from the one to which the receiver is connected. - Consult with the dealer or an experienced radio/TV technician for assistance. FCC Radiation Exposure Statement The device has been evaluated and found to meet the general RF exposure requirements. It can be used in portable exposure conditions without any restrictions.	 MANUAL INSTRUCTION



PANTONE 293C



C15 M0 Y0 K100