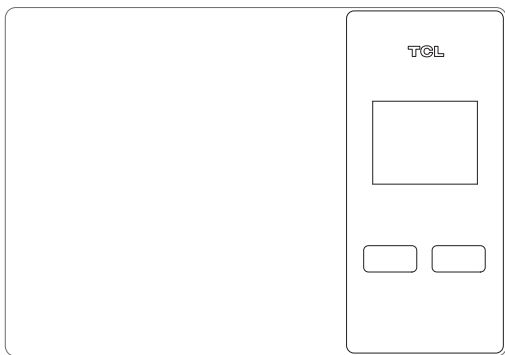


TCL



TCL Food Scale

Read this manual before using and save for future reference
Model : TCL Food Scale V3

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1.Product Overview

The Smart Kitchen Scale combines precise weighing capabilities with smart nutrition tracking. Designed for modern kitchens, this digital scale integrates with a mobile app to monitor macronutrients like fats, carbs, and proteins.

Main Features:

- Max Capacity: 5000g
- Min Weight: 2g
- Graduation: 1g
- Units: g, ml (water/milk), lb:oz, foz (water/milk)
- Power: 4x AAA batteries
- Bluetooth connectivity
- Touch control: UNIT & TARE

2.Product Diagram

Top Surface:

- Reinforced glass with LED display

Buttons:

- UNIT: Switch weighing units
- TARE/POWER: Power ON/OFF and Tare (reset weight to 0)
- Display: Digital with numeric and symbol indicators
- Battery Compartment: Back panel, 4x AAA

3. Getting Started

Powering On:

Insert 4x AAA batteries into the compartment.

Short press TARE to power on.

Turning Off:

Long press TARE.

Auto-off: Scale powers down after 120s of inactivity.

4. Weighing & Unit Conversion

Default unit: g

Press UNIT to toggle between:

- g (grams)
- lb:oz (pounds and ounces)
- ml (water)
- fl'oz (water)
- ml (milk)
- fl'oz (milk)

TARE Function:

Tap TARE to reset weight to zero.

Add additional items to measure net weight.

5. Bluetooth & App Integration

App Name: Fitdays + (available on iOS & Android)



Pairing Instructions:

1. Turn on scale.
2. Open the app and enable Bluetooth.
3. Select device "TCL Food Scale V3"

Once connected, weight is synced and food macros are calculated.

App Features:

- Log weight and food type
- Track calories, protein, carbs, fat
- Save meal history and generate reports

6. Troubleshooting

Issue	Cause	Solution
"Lo" on display	Low battery	Replace all 4x AAA batteries
"Err" on display	Overweight (>5020g)	Remove excess weight
No Bluetooth	Not paired/app closed	Reconnect in app settings
Inaccurate weight	Not on flat surface	Use on flat, stable platform

7.Safety & Maintenance

- Do not immerse in water.
- Clean with damp cloth.
- Store in dry, cool place.
- Keep away from strong electromagnetic sources.

8.Specifications

- Model: TCL Food Scale V3
- Dimensions: 230mmx160mmx17mm
- Net Weight: 0.39kg
- Power: 6V (4x AAA)
- Display Area: 48mm x38mm
- Operating Temp: 5°C–35°C
- Storage Temp: –20°C– 60°C

9.Warranty & Support

This product includes a 12-month limited warranty.

FCC Statement

Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC ID: 2BG9T-SCALEV3



Customer Service

● Call Us

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Saturday and Sunday: 9:00 AM – 6:00 PM (PT)

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