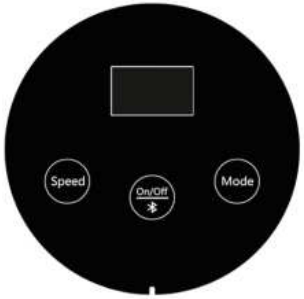
Operation：



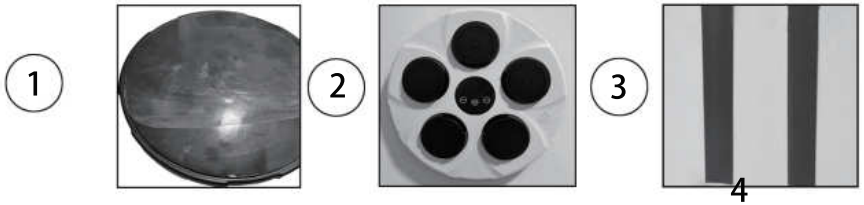
On/off : Long press to Power on and Power off.

✱ :Bluetooth,press On/Off button to power on or power off bluetooth.

Speed :Press it to adjust the speed, displaying H01-H09，Flashing faster accordingly.Default speed level H01. It has boxing counter, displaying C00-C99.

Mode : Press it to adjust mode, displaying P01-P09. Each mode has different speed and difficulty level.

Assembly：



Option 1. Peel off the transparent film behind the black adhesive tape and paste it to the back of the Boxing Pro. (Figure 1).Tear off the transparent film on the other side of the black adhesive tape, paste the whole Boxing Pro on the wall or door. (Figure 2).

Option 2. Paste the 2 velcros together and peel off covers of both sides, paste one side to the back of Musical Boxing Pro and other side to the wall.

Introduction：

Boxing is a combat sport in which two opponents of equal size and ability cover their fists with gloves,Fighting each other, it is both an usually used to train the speed and strength of the players during amateur and a professional sport. In boxing, boxing targets are boxing training. Since the opponent's gap in boxing matches is so short, speed is more important than strength training.hand offensive and defensive reflexes, the product uses electronically controlled light guidance to train people’s ability to respond by sound signals to accurately hit the target point, thus efficient forging exercise one's overall coordination and sensitivity.

Technical Data：

Input：DC 5V Power：5W Working Voltage：3.7V

Charging (If Battery preset)：

Use the mobile phone charger (5V/1A-2A) to charge via the attached cable link. Mounting Boxing Pro should be considered close to the wall socket position

Type C

FCC Warnning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection againstharmful interference in a residential installation. This equipment generates, uses and can radiateradio frequency energy and, if not installed and used in accordance with the instructions, maycause harmful interference to radio communications. However, there is no guarantee thatinterference will not occur in a particular installation. If this equipment does cause harmfulinterference to radio or television reception, which can be determined by turning the equipmentoff and on, the user is encouraged to try to correct the interference by one or more of thefollowing measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1)This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.