How to set auto timer

You can set the shut-off timer to 60 or 120 minutes.
Once enabled, the SnoozeBand will power down automatically as you drift off to dreamland.

1. Double press the + button to set the timer to 60 min, double press again for 120 minutes. Double press one more time to clear the timer.
2. The corresponding voice prompt will remind you of the timer set.

How to use SnoozeBand

SnoozeBand works just like your normal headphones - You can connect it to any Bluetooth device and listen to your favourite audio from apps like Spotify, Audible, Calm & more.

1. Connect SnoozeBand to your device via Bluetooth
2. Gently push the speakers in the right position to make sure they sit over your ears for the best audio experience
3. Play your favourite audio and drift off to dreamland whilst listening to soothing sounds, white noise or podcasts

Washing the SnoozeBand

1. Carefully remove the electronics of the headband before washing
2. Hand or machine wash with cold water and air-dry

Precautions

- DO NOT expose the product to liquids or moisture
- DO NOT attempt to tamper with the product by dropping, disassembling, opening or scratching etc.
- DO NOT store the product near acidic or alkaline material
- Take out the headphones before washing
- Keep the product away from fire and high temperatures
- Keep the product away from children and animals
- Note: when not used for 3-6 months, charge once.

Features

- Built-in wireless speakers and microphone
- Compatible with any Bluetooth device
- Automatic shut-off timing function
- Rechargeable through USBC cable

Specifications

- **Wireless version:** V5.2
- **Frequency:** 2.402 GHz - 2.480 GHz
- **Transmission range:** 20m/66Ft
- **Rated power:** RMS 10mW x 2
- **Speaker unit:** 32 /30mm
- **Battery:** 200mAh rechargeable Li-polymer battery
- **Play time:** 10-12 hours
- **Charge time:** 1-2 hours

SnoozeBand

SNOOZEBAND USER MANUAL

The world's most comfortable sleep headphones

Wireless Technology | Compatible with all Smartphones | Rechargeable Battery | Automatic shut-off timer

SnoozeBand

Control Buttons

Power On/Off	> 3 s	Press and hold for 3 seconds
Play/Pause Music	x 1	Press once when connected
Volume Up/Down	− +	Press and hold during music playback
Next Track	+ x 1	Press once during music playback
Previous Track	− x 1	Press and hold during music playback
Answer/End Phone Call	x 1	Press once during phone call
Set auto-timer to 1 hour	+ x 2	Double click for power off in 1 hour
Set auto-timer to 2 hours	+ x 2	Double click again for power off in 2 hours
Cancel auto timer	+ x 2	Double click one more time to clear the timer

Turning On/Off

Press and hold the middle button for 3 seconds

Pairing with your device

1. Turn on Bluetooth
2. Turn on the SnoozeBand
3. Connect to Snoozeband on your device

> 3 s

A blue and red light will flash while attempting to pair the Snoozeband with your device. Once paired, the light will stop.
If you want to pair it with a new device next time, make sure it's disconnected from the previously paired device.

Charging

The USBC charging port is located on the inside of the headband at the back of the control unit. You can access the port through a small fabric opening.

1. Plug the USBC charging cable into the charging port and the other end into a power source with ~5V (e.g. phone charger)
2. The LED light will turn red whilst charging. It will turn blue as soon as the battery is fully charged (approx. 1-2 hours). Please do not charge longer than 2 hrs to preserve battery life.

SnoozeBand

LED Indicators

Status	Indicator
Bluetooth pairing mode	Flashing red/blue lights
Charging	Solid red light
Charging complete	Solid blue light

Troubleshooting

Status	Indicator
Snoozeband won't turn on	Make sure the SnoozeBand is charged
It won't connect to my device	Make sure Bluetooth is enabled and Snoozeband is within 15m of your device
The earphones do not align with my ears	Gently push the speakers in the right position so they sit over your ears

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are
designed to provide reasonable protection against harmful interference in a
residential installation. This equipment generates, uses and can radiate radio
frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.