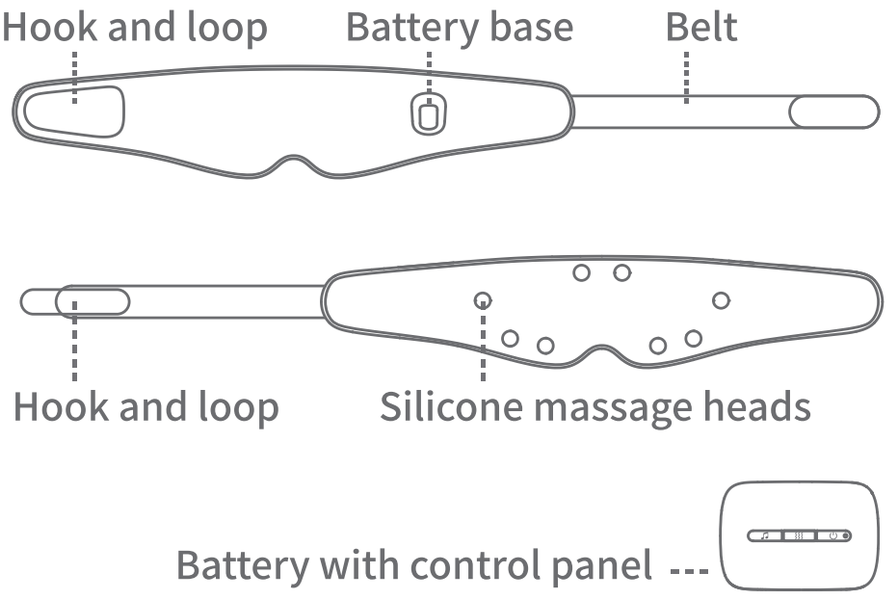
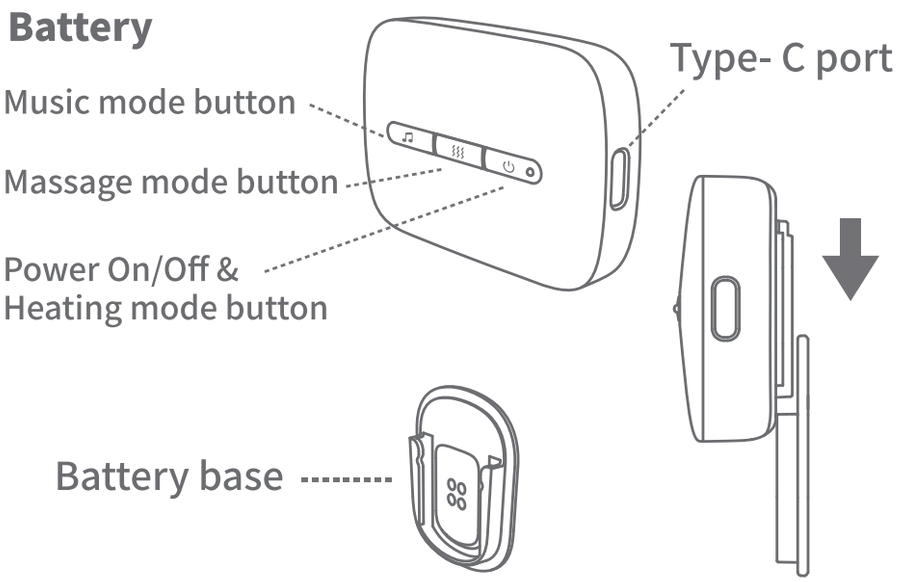
User Manual

Product Introduction

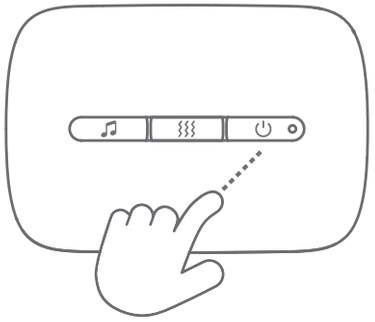


How Use Battery

As shown in the picture, please insert the battery vertically into the battery base until it's firm.



How to Power on



After installing the battery on the eye mask(battery base), press and hold the power button for 2 seconds to power on; Then press and hold the power button for 2 seconds to power it off.

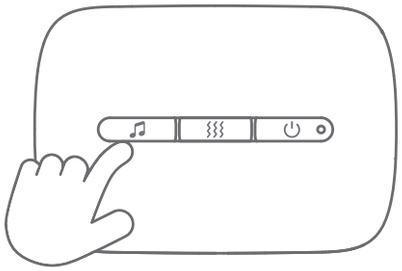
- The motor vibrates for 1 second when it is turned on each time, and it will remain in the mode when it was turned off last time.
- When you turn it on for the first time, the defaulted mode is the middle gear of the heating mode, the energetic massage mode and the mindfulness mode.
- If the heating massage or music mode is not turned on for more than 15 minutes after power on, it will power off automatically.
- If the battery is removed, it will turn off automatically.

Product Specifications&Maintenance

Size:678 x 100 mm
Input：5V
Battery Capacity：1000 mAh
Charging Time：90 mins
Battery Using Time: 60 mins
Material: Polyurethane、Polyester、Spandex、Plastic
Distributor: Dreamlight, Inc.
Designed in the U.S.
Made in China

Don't drop the device.
Do not use it for two people at the same time.
When washing, you need to remove the battery case.
Do not use in places with room temperature above 35 °C or direct sunlight.
Do not use it in the bathroom or in a place with a lot of humidity.
If it has not been used for a long time, when using it again, be sure to confirm whether the switch is good.
Please do not use volatile oil, thinner, alcohol, strong alkaline detergent, bleach, etc. for cleaning during maintenance.

Music Mode

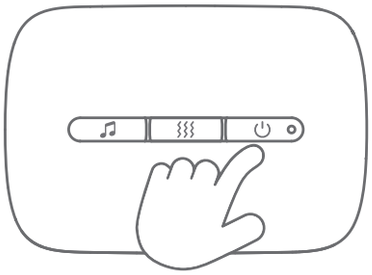


Click the music button to switch the music modes. The corresponding indicator lights of the modes are shown as below:

Green light is always on -----Rainy forest sound
Green light is always on -----White noise
Green light is always on -----Running water sound
Blue light is flashing ----------Bluetooth pairing
Blue light is always on--------Bluetooth connected
Light off----------Music off

After 15 minutes sound playing(Bluetooth mode not included), the music mode will stop automatically.
After 15 minutes of no sound playing when Bluetooth connected,
the music mode will stop automatically.
Bluetooth music will not be turned off automatically when playing.

Heating Mode

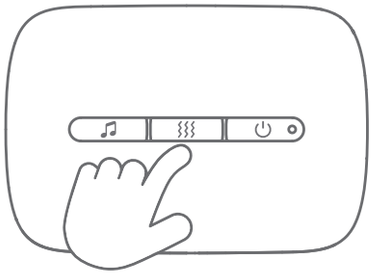


Click the power button to switch the heating modes. The corresponding indicator lights of the modes are shown as below:

Green light is always on -------- Low temperature
Blue light is always on ---------- Mid temperature
Red light is always on ----------High temperature
Light off ----------No heating

After 15 minutes of heating each time,
the heating mode will stop automatically.

Massage Mode

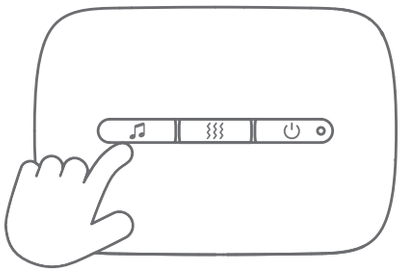


Click the massage button to switch the massage modes. The corresponding indicator lights of the modes are shown as below:

White light is always on---Energetic massage mode
White light is always on---Gentle relaxation mode
White light is always on---Mindfulness mode
Light off----------Massage mode off

After 15 minutes of massage each time,
the massage mode will stop automatically.

Bluetooth Pairing



Click the music button to enable Bluetooth mode for connecting. Bluetooth name: Zen Cave
The corresponding indicator lights of the modes are shown as below:

Blue light is flashing----------Bluetooth pairing
Blue light is always on---------Bluetooth connected

Press and hold the music button in Bluetooth mode for 5 seconds will release the current connection, then it can rerun Bluetooth pairing.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement.