正面

智能手表

使用说明书

适配平台要求

Android 5.0　　IOS 9.0　　支持蓝牙BT4.0

APP下载方法

- IOS/安卓手机用户：扫描上面二维码下载安装应用
- 安卓：通过软件应用商店搜索"Hiwatch Ultra"下载安装应用
- 苹果：通过App store搜索"Hiwatch Ultra"下载安装应用

使用前准备

初次使用请确保手环电量充足，若手环无法开机使用，请先将手环进行充电。

手环与APP的连接

1.连接方式：安卓：手环与安卓手机连接，在手机进入APP点击添加设备，搜索到设备蓝牙地址连接4.0后自动弹出3.0连接点击同意，若未弹出，请到手机设置-蓝牙 搜索你的设备名称并连接。
iOS：iOS与手环连接在手机APP中点击添加设备搜索到设备蓝牙地址4.0连接，在手机中进入设置菜单进行3.0手动连接
iOS断连方式：如需更换手机连接设备需要当前手机中APP中断开设备，再进入手机设置菜单中蓝牙取消此次设备配对方可让其他设备连接蓝牙3.0支持共享联系人、媒体音频、通话音频

注：APP只连接蓝牙4.0功能、只能与手环进行数据交互，无法进行音乐播放及使用语音通话功能，需要连接蓝牙3.0功能才能使用，蓝牙3.0的连接方式需仔细阅读APP连接完成后弹出的引导页。

手环操作说明

- 拨号：已连接蓝牙3.0的情况下，可以通过拨盘号拨打电话，此时手机会自动拨号，手机可将通话装置设置为手环
- 电话本：手环与APP成功连接后，可以在APP中添加50个常用联系人，联系人添加成功后手环电话本会同步显示，手环点击电话本中的联系人可以拨打电话
- 通话记录：保留手环拨打电话的记录
- 信息：保留手机推送的信息：可查看最近的8条推送信息
- 运动模式：1.记录跑步模式下的跑步距离及卡路里消耗 2.记录跳绳模式下的卡路里消耗 3.骑行模式下的骑行距离及卡路里消耗 4.游泳模式下的卡路里消耗 5.登山模式下的行走记录及卡路里消耗
- 计步记录：显示当天的计步步数、完成情况、行走的距离及卡路里
- 睡眠检测：佩戴手环入睡，手环会记录睡眠时长、深睡、浅睡和清醒的时长、在APP端可以查看您的睡眠数据详情，也可以设置睡眠检测时间范围
- 久坐提醒：久坐提醒的周期时长、久坐提醒的生效时间范围内，久坐开关需要在APP端久坐提醒内设置
- 心率测量：进入心率后会自动测量并显示测量的心率数据，测量完成后数据会上传到APP 备注：需要手环支持心率传感器
- 远程拍照：需要已连接APP，打开远程拍照手机会打开照相机，晃动手环手机会拍照，手环退出远程拍照手机也会退出相机
- 手电筒：打开手电筒功能，手环屏幕会长亮显示白色
- 找手机：已连接APP的情况下，进入找手机功能长按图标手机会发出铃声提醒
- 设备信息：显示本设备的MAC串码及版本号
- 亮度调节：对手环的屏幕亮度进行调节、5档亮度进行选择
- 闹钟提醒：已连接APP、可以在APP端闹钟提醒添加闹钟、添加完成后同步到手环最多可以添加5个闹钟
- 蓝牙音乐：已连接手机蓝牙3.0 才可以使用，苹果首次连接APP跳出的引导页连接3.0蓝牙，可以通过蓝牙音乐控制手机正在播放的音乐机型播放/暂停
- 主题：进入后上下滑动可以选择不同的表盘主题
- 二维码：该设备的APP下载二维码
- 设置：APP打开/关闭手环的抬腕亮屏，震动提醒，手环显示其状态开关

APP设置

- 个人信息：设置您的头像、昵称、性别、年龄、身高与体重，设置目标步数监控每日计步的完成情况
- 寻找设备：已连接手环的情况下，点击寻找设备手环会发生震动
- 消息提醒：设置手机推送给手环的消息类别，如：QQ、微信、微博、来电等信息
- 闹钟提醒：设置闹钟提醒时间，设置完成后会同步到手环，手环届时会有震动提醒，即使与APP断开连接，手环也会保存APP设置到点提醒
- 久坐提醒：开关久坐功能及设置久坐的提醒时长和时间范围，设置成功后会同步到手环，到久坐设置的时间点手环会发出震动提醒
- 遥控自拍：与手环连接状态下，从手环端启动拍照或APP端进入遥控拍照界面，摇一摇/翻腕手环，倒计时3秒后自动拍照请允许APP访问相册以保存自拍的照片
- 睡眠检测：与手环连接状态下，可以设置手环睡眠检测的时间点、睡眠心率检测辅助开关等检测功能，
- 心率自动测量：已连接手环状态下，设置心率自动测量的时间点，设置完成后会自动同步到手环，在佩戴过程中会自动检测您的心率数据并传输到APP端保存
- 勿扰模式：开启勿扰模式此功能，您可设置勿扰时间段，在设定时间段内手环停止接收通知消息，以免提醒消息打扰
- 震动：开启/关闭手环的震动提醒功能，关闭后您的手环不会在有震动功能
- 语言设置：可根据手环支持的语言进行设置，设置完成后手环自动切换到您设置的语言
- 佩戴方式：左手/右手佩戴方式，可根据您的佩戴方式进行匹配心率计步等数据算法
- 同步系统时间：手动将手机的时间同步到手环
- 恢复出厂：让您的设备重置并清除数据，如计步睡眠等抬手亮屏：开启此功能当手环息屏状态下，抬起手腕将屏幕转向自己即可点亮屏幕，放下屏幕会熄灭

注意事项

- 洗澡和游泳时不宜佩戴。
- 同步数据时请连接手环。
- 使用自带的充电线充电。
- 不要把手环长时间暴露在水分较高、温度极高或极低的地方。
- 手环出现死机重启现象，请注意检查手机内存信息清除再试，或退出APP重新打开。

手环保养

- 不要划伤传感器，保护它避免受损
- 可用湿布擦拭手环表面，用温和的肥皂水去油污或灰尘
- 请勿将手环暴露在有强烈化学物质的环境中，如汽油，清洁溶剂、丙醇、酒精或驱虫剂，化学物质会损坏手环的密封性和外壳表面
- 避免你的手环遭受强烈的撞击、极度高温的暴晒
- 当镜片和外壳保持完整才是防水的，暴力拆装后会影响防水性

常见故障排除

- 蓝牙连不上怎么办？

1、请确认手机是否支持（IOS9.0或安卓4.2系统以上，带蓝牙4.0的手机或平板产品）
2、由于蓝牙无线连接存在信号干扰的问题，可能每次连接的时间会不一样，如果长时间连接不上请确保在无磁场或没有太多蓝牙设备干扰的地方进行连接。
3、关闭手机蓝牙再打开
4、清除手机后台应用或重启手机
5、手机不要同时连接其他同类型产品
6、APP是否还在后台运行，如果不在后台运行则连接不上

- 无法搜到手环？

因为手环的蓝牙广播没有被手机搜索到，请确保手环处于有电和激活状态，且没有被其他手机连接上，将手环靠近手机重新搜索，如果仍然无效，关闭手机蓝牙20秒后重新开启蓝牙再次搜索。

- 蓝牙连接要一直开启吗？关了的话还会不会有数据？

没有同步数据前，运动和睡眠数据会保留在手环主机上。当手机和手环蓝牙成功连接时，手环会自动上传数据到手机端，但手环存储的数据有限，大约只能存储一周的蓝牙数据，空间满后会自动覆盖最早的数据来产生最新数据，所以请及时将手环同步到手机上。
备注：如果开启了来电、短信提醒功能则需要保持蓝牙处于连接状态，闹钟提醒支持离线.

- 手环出现不能充电怎么办？

1、请确认充电架的方向是否正确，充电夹与手环接触是否良好。
2、当手环电量低于3.6V时，会有一段时间的电池预充时间。备注：支持插上充电器后会立马进入充电状态，如果没有显示则需要充3-5分钟就可以进入充电状态

- 手环长期佩带会不会对人体造成伤害？

设备辐射远低于美国的FCC标准，基本可以忽略不计，长期佩带不会对人体造成辐射伤害

反面

Smart Watch

User Manual

Adapt to platform requirements

Android 5.0　　IOS 9.0　　support Bluetooth BT4.0

APP download method

- Android download method:
  Search"Hiwatch Ultra"in the Android application market to download the application or scan the QR code to download
- IOS download method:
  Scan the QR code to download the APP application

Preparation before use

For the first time, please make sure the Hand has enough power. If the Hand cannot be turned on, please charge the Hand first.

Binding use

1. Connection mode: android: the bracelet is connectedto an android phone. Click "add device" to enter the APPand search for the device's bluetooth address connection 4.0 After the automatic pop-up 3.0 connection click agree, if not, please go to the phone Settingsbluetooth search your device name, and connect.

IOS: iOS is connected to the bracelet. Click add device in the mobile APPtosearch forthedevice's bluetooth address 4.0 connection, and enter the setting menu in the phone Single 3.0 manual connection iOS disconnect modeIf the device needs to be replaced, the APPin the currentmobile phone needs to interrupt the device before entering In the setting menu of the mobile phone, bluetooth cancels thep airing of this device to allow other devices to connect; Bluetooth3.0supportsSharedcontactsmedia audioand communication Audio

- After the APP is connected to the Hand successfully, a guide page will pop up. According to the guide page enter the Bluetooth search pairing "Hiwatch Ultra"
  After successful connection, you can make / receive calls and play Bluetooth music

Hand operation instructions

- Dialing: When Bluetooth 3.0 is connected, you can make a call by dialing the number. At this time, the phone will automatically dial, and the phone can set the call device as a Hand
- Phonebook: After the Hand is connected to the APP successfully, you can add 50 frequently-used contacts in the APP. After the contact is successfully added, the Hand phonebook will be displayed synchronously. The Hand can click the contacts in the phonebook to make calls : The phone needs to be connected to Hry3.0)
- Call record: keep a record of calls made by the Hand
- Information: keep the information pushed by the mobile phone: you can view the last 8 pushed message
- Sports mode: 1. Record running distance and calorie consumption in running mode 2. Record calorie consumption in skipping mode 3. Riding distance and calorie consumption in riding mode 4. Calorie consumption in swimming mode 5. Climbing mode Walking records and calorie consumptio
- Pedometer record: display the step count, completion status, walking distance and calories of the day
- Sleep detection: wear the Hand to fall asleep, the Hand will record the length of sleep, deep sleep, light sleep and awake time, you can view the details of your sleep data on the APP side, and you can also set the sleep detection time range
- Sedentary reminder: the period of the sedentary reminder and the effective time range of the sedentary reminder, the sedentary switch needs to be set in the APP-side sedentary reminder
- Heart rate measurement: After entering the heart rate, it will automatically measure and display the measured heart rate data. After the measurement is completed, the data will be uploaded to the APP Remarks: The Hand is required to support the heart rate sensor
- Remote camera: need to be connected to the APP, open the remote camera phone will open the camera, shake the Hand phone to take a picture, the Hand to exit the remote camera phone will also exit the camera
- Flashlight: turn on the flashlight function, the Hand screen will be bright
- Find mobile phone: When the APP is connected, enter the function of finding mobile phone, long press the icon, the phone will send out a ringtone reminder
- Device information: display the MAC serial number and version number of thedevice
- Brightness adjustment: adjust the screen brightness of the ring, choose 5 levels of brightness
- Alarm alarm: Connected to APP, you can add an alarm to the alarm reminder on the APP side, and synchronize to the Hand after the addition is completed, you can add up to 5 alarms
- Bluetooth music: It can be used only when connected to phone Bluetooth 3.0. The guide page jumped out of the APP for the first time is connected to 3.0 Bluetooth. You can control the play / pause of the music model being playeon the mobile phone through Bluetooth music
- Theme: After entering, slide up and down to select different watch themes
- QR code: download the QR code of the device's APP
- Settings: APP opens / closes the wristband bright screen of the Hand, vibration reminder, the Hand displays its status switch

APP Hand settings

- Personal information: set your avatar, nickname, gender, age, height and weight, set a target number of steps to monitor the completion of daily step counting
- Message reminder: set the message type that the mobile phone pushes to the Hand, such as: QQ, WeChatWeibo, incoming calls and other information (requires mobile phone system authorized APP to obtain notification permission)
- Alarm reminder: set the alarm reminder time, after the setting is completed, it will be synchronizedto the Hand the Hand will have a vibration reminder,even if disconnected from the APP, the Hand will savethe APP settings to point reminder
- Sedentary reminder: Switch on the sedentary function and set the reminder duration and time range of sedentary. After the setting is successful, it will be synchronized to the Hand, and the wristband will send a vibration reminder at the time point of sedentary setting
- Remote self-timer: When connected to the Hand, start taking pictures from the Hand or enter the remotecamera interface from the APP, shake / turn the wristband, take photos automatically after 3 seconds, pleaseallow APP to access the album to save the selfie photos
- Sleep detection: when connected to the Hand, youcan set the detection time of the Hand sleep detection, sleep heart rate detection auxiliary switch and other detection functions
- Automatic heart rate measurement: When theHand is connected, set the time point for automatic heart rate measurement. After the setting is completed, itwill be automatically synchronized to the Hand. Duringthe wearing process, your heart rate data will be automatically detected and transmitted to the APP to save,
- Vibration: Turn on / off the vibration reminder function of the Hand. After closing, your Hand will not have the vibration function
- Language setting: It can be set according to the language supported by the Hand. After the setting is completed, the Hand will automatically switch to the language you set
- Wearing mode: Left-hand / right-hand wearing mode you can match heart rate pedometer and other data algorithms according to your wearing mode
- Synchronize system time: manually synchronize the time of the phone to the Hand
- Restore factory: let your device reset and clear data, such as step sleep
- Raise your hand to brighten the screen: turn on this function. When the wristband is in the state of breathing the screen, raise your wrist and turn the screen to yourself to light the screen, and lower it to turn off

Precautions

- It should not be worn when taking a bath or swimming.
- When synchronizing data, please connect the Hand.
- Use the built-in charging cable to charge.
- Do not expose the handle ring to a place with high moisture or extremely high or low temperature for a long time.
- The wristband restarts unexpectedly. Please check the memory information of the phone to clear it and try again, or exit the APP and reopen it.

Hand maintenance

- Do not scratch the sensor, protect it from damage
- Wipe the surface of the Hand with a damp cloth and use mild soapy water to remove oil or dust
- Do not expose the Hand to the environment with strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent. The chemicals will damage the sealability of the Hand and the surface of the casing
- Prevent your Hand from being subjected to strong impact and extreme high temperature exposure
- When the lens and casing are intact, it is waterproof. Violent disassembly will affect the waterproofness.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

The device has been evaluatec to meel general RF exposure requirement. The device can be used in porlable exposure condition without restriction.