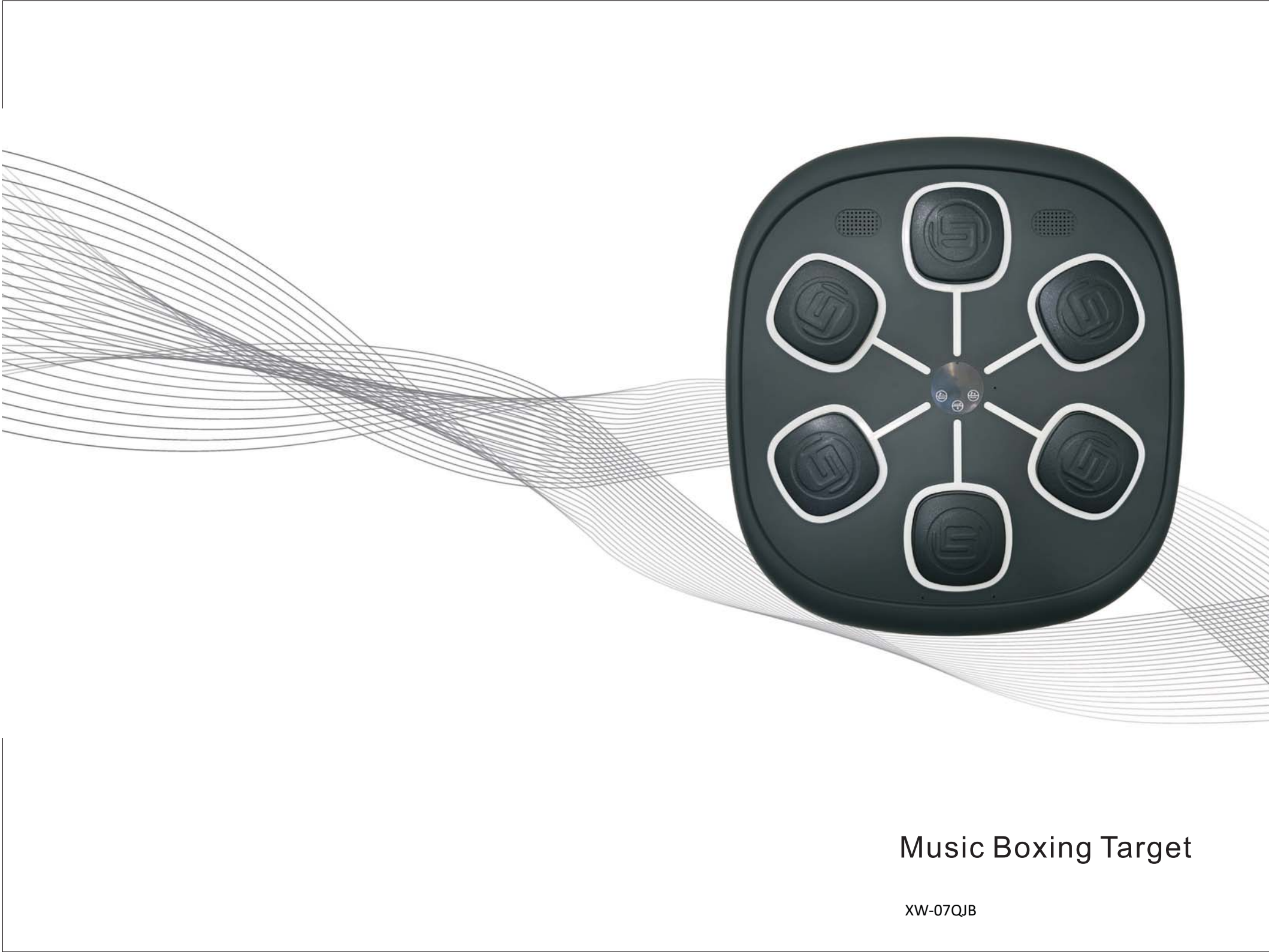
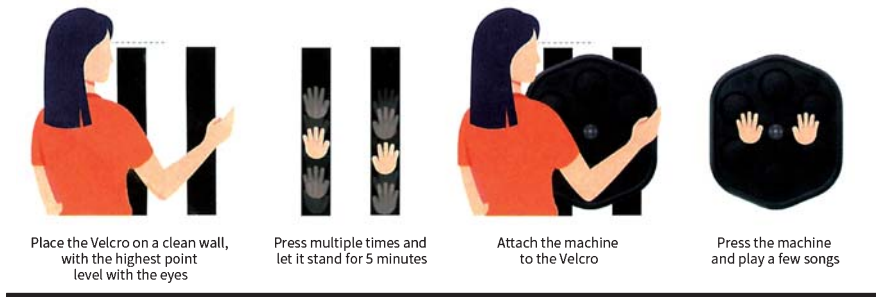




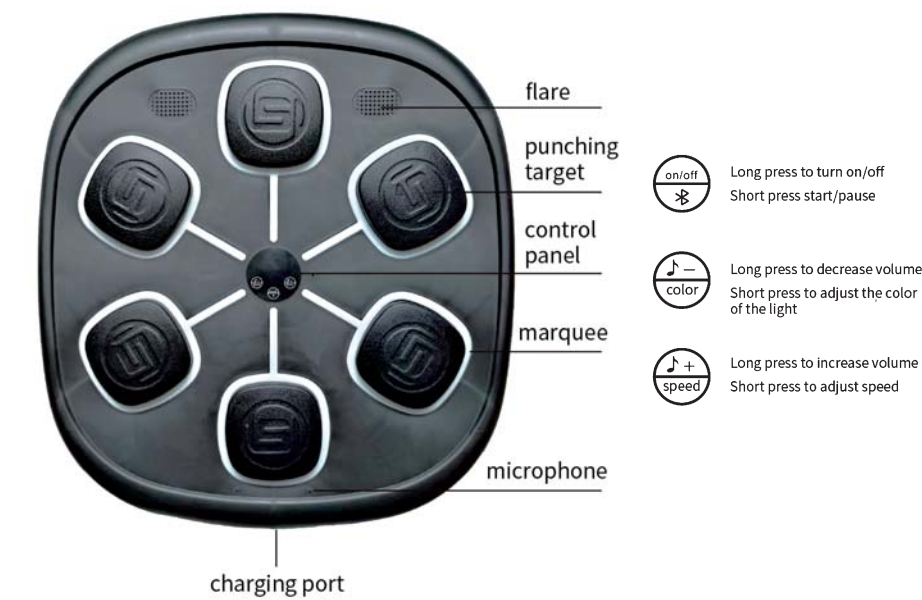
Equipment installation process

1. Choose a smooth and flat wall (ensure that the wall is clean, dry, and does not shed dust), stick the Velcro on the wall, with the top of the sticker slightly higher than the horizontal height, and fix it for five minutes (be sure to press it firmly with your hand)
2. Stick the velvet surface on the back of the boxing machine onto the Velcro and press firmly on the body to confirm complete contact.
3. Connect the power cord of the device, and the machine will automatically turn on and perform self check after being powered on.

Note: Excessive or insufficient temperature may cause a decrease in viscosity. Please extend the fixing time to ten minutes



Button Instructions



Volume: U1-U30 in 30 levels

Speed: Pl-P10 10 10 speed adjustment+P11 for checkpoint function (local music and mobile music can achieve rhythm checkpoint)

Lighting: E0-E8 9 color modes adjustable

1. **Bluetooth mode is turned on by default after booting up, named Music boxing plate; Automatically power off after 10 minutes of non use after startup**
2. **After turning on, you can connect to Bluetooth to play songs from your phone for exercise; If the Bluetooth device is not connected, it will enter offline mode and start playing built-in music**
3. **Can record the correct number of hits**

Voice operation

Voice command function
(Hello Wheat+any command below)

Explanation: The command can only be used when the device is turned on

Voice:

Hello wheat
Increase the volume / Reduce the volume; Maximum volume/Min volume

Standby mode:

Standard standby mode(waterfall light), Start/end exercising
Show-off standby mode(flashing light), Start/end exercising
Before switching to this mode, you need to send the instruction to end the exercise first.

song:

Hello wheat
Previous song / Next one

Shutdown:

Please turn off the device

FCC Warning Statement
Changes or modifications not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction. This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.