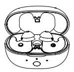
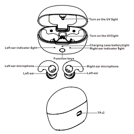
英文版

Bluetooth6.0



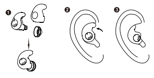
Sleep3S

PRODUCT MAP



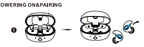
Note: The headset has no buttons or touch keys and needs to be used with the charging box and mobile phone!

WEARING DIAGRAM

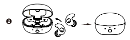


For a better experience, please wear it correctly according to the illustration. Please choose a silicone ear cap that fits your ears. The default silicone ear cap for the headset is Small S. After proper fitting, there is a feeling of snugness, comfort, and stability within the ear.

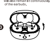
POWERING ON&PAIRING



Open the charging case, remove the headphones, and remove the blue insulating film.



Place the earbuds back into the charging case for charging. Place the left earbud into the charging slot of the charging case. The white indicator light on the charging case for the left earbud will remain lit continuously. Place the right earbud into the charging case's charging slot. The white indicator light for the right earbud on the charging case will also remain lit continuously. Closing the charging case lid does not affect the charging of the earbuds.



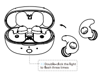
Open the lid of the charging case. The indicator light for the charging case's battery status will briefly illuminate to show the current battery level. The left and right earbuds will be removed from the charging case and enter pairing mode. Please search for the pairing name "Sleep3S" within your phone's Bluetooth settings and click to connect. (If the earbuds are not connected to a phone, they will automatically shut down after 3 minutes.)

Switching between Bluetooth mode and sleep mode

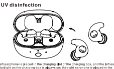
The factory settings default to Bluetooth mode.

Switch to sleep mode: Please verify that the charging case indicator light is green or orange before proceeding. A red light indicates low battery levels. Charge the device before continuing.
1. Place the left and right earbuds back into their charging cases for charging. The earbud indicator light will remain on with a steady white glow.
2. Double-click the function key on the charging case. The green or orange light will flash three times (open the lid operation; closing the lid does not have any function).
3. When the left and right earbuds are removed from the charging case, a sleep mode notification sound is heard, indicating a successful switch, and the earbuds automatically play the music stored within them.

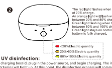
When using it again, the device will restart and retain the mode used last time. To switch back to Bluetooth mode, follow the same steps as above to complete the task.



Charging & UV disinfection



The left earphone is placed in the charging slot of the charging box, and the left ear indicator light on the charging box is always on; the right earphone is placed in the charging slot of the charging box, the right ear indicator light on the charging box is always on; closing the cover of the charging box does not affect charging; after being fully charged, the white light turns off.



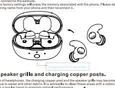
The red light flashes when the battery is at 20% charge.
An orange light will flash when the battery is between 20% and 80% charged.
Green light flashing when the battery is between 80% and 100% charged.
Green light stays on continuously when the battery is fully charged.

Use of UV disinfection:

Close the charging box lid, plug in the power source, and begin charging. The internal top and bottom UV lamps will light up. At this point, the disinfection process will commence for 8 minutes. Since the UV lamps emit dual wavelengths (UVC: 270–280 nm + UVA: 395–405 nm), there may be a slight warmth sensation, which is normal.
Place the earbuds or an empty charging case inside. As long as the charging case is closed and plugged into power, it will sanitize every 8 minutes.

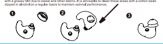
RESTORE TO FACTORY SETTINGS

Please check that the charging box indicator light is green or orange before proceeding. A red light indicates low battery levels. Charge the device before continuing.
1. First, take the left and right earbuds out of their charging cases and wait for 2 minutes outside of the cases to allow the earbuds to release some charge.
2. After 2 minutes, place the left and right earbuds back into their charging cases for charging. The earbud indicator light will remain on with a steady white glow.
3. Press and hold the pairing button on the charging case until it (the green or orange light) flashes rapidly before releasing it to complete the reset process.
4. Remove the left and right earbuds from the charging case. The earbuds will automatically power on and enter pairing mode. Wait for 30 seconds after successful pairing, then open your phone to search for and connect to the earbuds.
Resetting to the factory settings will erase the memory associated with the phone. Please delete the original pairing name from your phone and then reconnect it.



Clean the speaker grille and charging copper posts.

After prolonged use of headphones, the charging copper post and the speaker grille may become covered with a greasy film due to sweat and other debris. It is advisable to clean these areas with a cotton swab dipped in alcohol on a regular basis to maintain optimal performance.



Single headphone mode
When using one earphone, please take out the left or right earphone from the charging box, follow the above "easy pairing" process to complete the connection with the smart device, and then you can use it.

Automatic reconnection
1. Take out the earphones from the charging box, and the earphones will automatically connect back to the last successfully connected smart device.
2. When the headset and smart device are disconnected beyond the effective distance, they will return to the effective distance within 3 minutes and automatically reconnect.If it doesn't reconnect, please put it back into the charging case and turn it on again to attempt the connection.

Music playback mode
This headset does not have an operation interface (play/pause, volume increase and decrease, song up and down), please operate it on your mobile phone.

Incoming call mode
This headset supports call function, please use your mobile phone to make and receive calls.

Headphone battery
1. After Bluetooth is paired with a smart device, if the smart device supports the power display function, the headset power will be displayed on the Bluetooth icon in the upper right corner of the screen.
2. When the power of the earphones is low, the earphones will automatically shut down (there will be no beep sound to avoid being woken up by the beep sound while sleeping). Please put it into the charging box to charge.

Please pay attention to the following precautions when using headphones:
1. The wearing method is very important to avoid the signal antenna being blocked by the inside of the ear. Please wear it according to the wearing diagram.
2. Do not cover the earphones with your hands unless necessary to prevent the human body from seriously affecting the transmission of wireless signals. When worn, there should be no obstacles with strong signal interference between the headset and the Bluetooth-matched smart device, and the distance between the two needs to be kept within three meters to ensure stable signal transmission.
3. During daily use, if the headset has Bluetooth connection problems, please check whether the headset has sufficient power, normal pairing, and whether there is signal interference in the environment. Bluetooth is similar to WiFi network, both belong to wireless signal transmission. If it is occasionally unstable, it is normal. If the connection is frequently disconnected, please contact after-sales service.

Why is there no sound after my headphones are turned on and connected?
1. When this happens, please first try to put the left and right earphones back into the earphone box for a while, then take them out at the same time and restart the phone.
2. Make sure that the audio functions in the Bluetooth settings of the smart device are enabled.
3. Make sure the smart device displays the Bluetooth icon, indicating that the audio signal is being transmitted through the Bluetooth device.
4. Make sure the playback device is adjusted to have volume output and is not mute.

Why is there no sound from one side of my headphones after I turn them on?
1. When this happens, please first try to put the left and right earphones back into the earphone box for a while, then take them out at the same time and restart the phone. Generally, it can return to normal after reconnecting.
2. Make sure there is no signal interference, obstruction, or cover on the silent earphones, and then try to power on again.
3. Check the power of the earphones, try to put the no sound earphones back into the charging box, close the lid, use a suitable power adapter to charge wiredly for 1 hour, then take it out and try to turn it on again.
4. If there is still no sound from the earphones after the above operations, please re-pair the earphones. For details, see the TWS re-pairing and connection process for the left and right earphones.
5. If the above operations are ineffective, observe whether the silent earphones are mechanically damaged (such as being dropped, waterlogged, damaged, etc.), and contact after-sales service to assist you in handling it.

Why can't the headphones be turned on or off?
1. After ensuring that the charging box and earphones have sufficient power, open the sliding cover of the charging box and take out the left and right earphones at the same time. The earphones will automatically turn on.
2. After ensuring that the charging box and earphones have sufficient power, put the earphones back into the charging box and close the lid. The earphones will automatically shut down.
3. When the charging box has no power or is in a low power state, the earphones cannot automatically shut down when placed back into the charging box. Please turn off the Bluetooth function of the matching smart device and wait for 3 minutes. The earphones will automatically enter the shutdown state.
4. Please keep the bottom of the earphones and the charging area inside the charging box clean. When the earphones and charging box cannot fit closely due to dirt or obstructions in the charging area, the earphones may not be able to be turned off or on, or the Bluetooth connection may not be disconnected. phenomenon (the headphones are in the cabin), at this time, you need to use cotton swabs, paper towels and other tools to wipe the charging areas of the two to return to normal.
5. If the above operations are ineffective, observe whether the silent earphones are mechanically damaged (such as being dropped, waterlogged, damaged, etc.), and contact after-sales service to assist you in handling it.

Product daily maintenance
Do not wear the product while bathing or getting exposed to the rain, or immerse the product in water, or use it under extreme conditions such as abnormal temperatures. After each normal use, it is recommended to use a dry cloth, paper towel, etc. to dry the sweat, rain, and stains on the earphones. , and then let it sit for storage. Note: This method can effectively extend the service life of the product and avoid failures to a large extent.

warn
1. Please do not dismantle or modify the headphones for any reason, otherwise it may cause product fire, electronic breakdown or even complete damage to the product. The product damage caused by this behavior has nothing to do with our company, and the consequences will be borne by the buyer.
2. Do not place the device in an environment with a temperature below 0°C or above 45°C.
3. Please avoid using the device indicator light close to the eyes of children or animals.
4. Please do not use the device during thunderstorms. Thunderstorms can cause the device to work abnormally and increase the risk of electric shock.
5. Please do not use oil or other volatile chemical liquids to wipe the surface of this product, but you can use alcohol for daily cleaning and maintenance products.
6. Do not let the device get wet when it comes into contact with liquids.

Product specifications
Product name: **Sleep3S** sleep wireless Bluetooth headset
Bluetooth connection name: **Sleep3S**
Bluetooth version: 6.0
Power input: DC 5V
Charging interface: Type-C
Headphone battery capacity (each): 60mAh
Play time: 10+hours
Charging time: 120 minutes
Charging box battery capacity: 700mAh
Supported protocols: HSP/HFP/A2DP/AVRCP
Headphone input parameters: 150mA
Charging box input parameters: 500mA
Charging box output parameters: 150mA

FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
•Reorient or relocate the receiving antenna.
•Increase the separation between the equipment and receiver.
•Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
•Consult the dealer or an experienced radio/TV technician for help.
Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

RF Exposure Information
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.