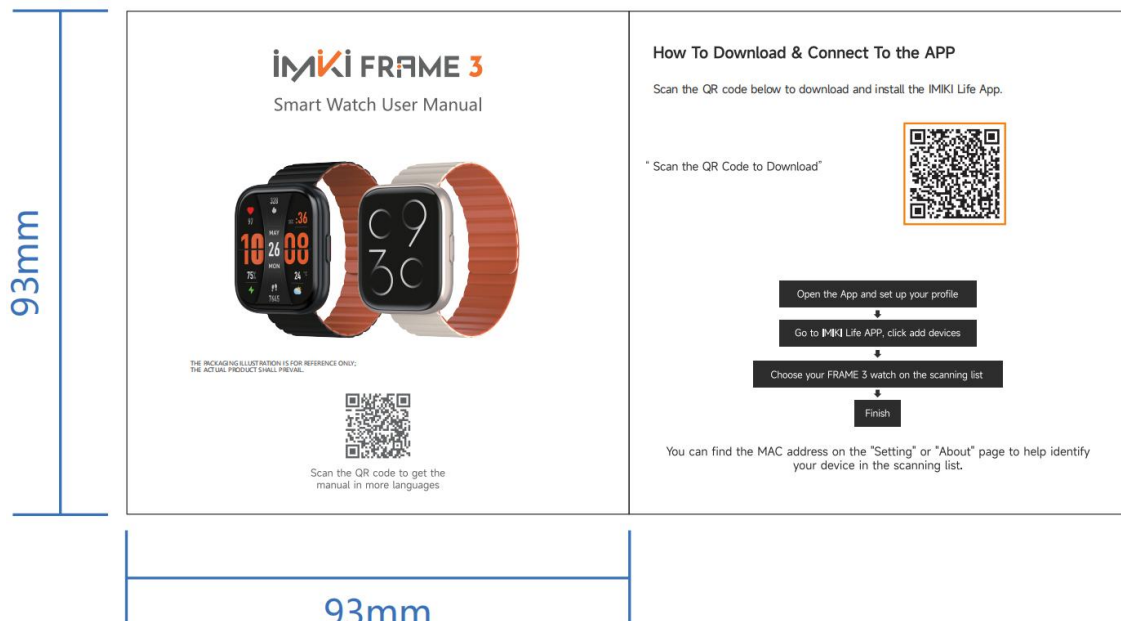




01. Product Introduction Select language; select the corresponding language upon first power-on, QR code; scan the code to download the "IMIKI LIFE" APP. After downloading the APP, scan the code to bind your watch. Long press the QR code to enter the watch face page. Button : Press and hold for 8 seconds to turn the watch on/off. Note: When using the product for the first time, please activate the watch by charging. 02. Wearing When wearing the watch daily, please place it on your wrist, about one finger's width from your wrist bone, and adjust the strap to a comfortable size. Tips: If the watch is too loose, it may affect the data collected by the heart rate sensor. 03. Connection Open the "IMIKI LIFE" APP; log in to the device page, select the watch to establish a connection and add a device, select IMIKI FRAME 3 or scan the watch's QR code.	How To Download & Connect To the APP Scan the QR code below to download and install the IMIKI Life App. "Scan the QR Code to Download" <pre> graph TD A[Open the App and set up your profile] --> B[Go to IMIKI Life APP, click add devices] B --> C[Choose your FRAME 3 watch on the scanning list] C --> D[Finish] </pre> You can find the MAC address on the "Setting" or "About" page to help identify your device in the scanning list. 04. Operation 1. Open the control panel: Scroll down the watch's main screen from top to bottom. 2. View information: Swipe up from the bottom of the homepage. 3. Access the main menu: Swipe right on the watch's home screen (Note: Swiping right on other pages will return you to the previous page). 4. Open the status interface: Swipe left on the main interface. 5. Quickly change watch faces: Press and hold the main screen for 3 seconds, then you can swipe left or right to select the watch face. 6. Power on: Press and hold for 8 seconds (Power off: When the screen is on, press and hold the 05. Functions Multiple sports modes: (outdoor running, cycling, badminton, tennis, hiking, walking, basketball, football, baseball, volleyball, cricket) and other sports modes also allow you to view sports data (heart rate, speed, duration, calories, steps and distance). Call function: First, ensure the call switch is turned on. After pairing, you can access the functions of contact management, viewing call logs, and making calls. Contact person: You can select the corresponding contact card through the mobile app, confirm the selection, and then import it into the watch.
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Call logs: Save recent received and made call logs. Dialing page: You can enter the phone number you want to dial, long press the X button to delete it with one click, or use your watch to answer and hang up the phone. Heart rate monitoring: Monitor your real-time heart rate over 24 hours; you can also view historical heart rate data. Blood oxygen monitoring: Simply turn on the blood oxygen monitoring and wait for the measurement to complete. A red light will illuminate during the measurement. Women's Health: Menstrual cycle reminders (for female users, settings need to be configured within the app). State: Record details of daily steps, distance, and calories. Sleep monitoring: Records detailed information about sleep time and sleep patterns (view records in the app). Music controller: the watch can control music playing from your phone, including play/pause/stop/previous playback, and volume adjustment. (Note: Compatible with the phone's built-in music player; third-party music players may not be compatible.) Voice assistant: You can use your watch to wake up your phone's voice assistant and control your phone with your voice. Message notification: The watch has a message notification function, which can synchronize and push notifications to your phone and make calls. (Note: Displaying messages from the app is compatible with social media software.) More: Stopwatch, timer, flashlight, find my phone, remote camera, calculator	<table border="1"> <tr> <td>Dials and Themes</td><td>Switch watch faces and themes</td></tr> <tr> <td>Language selection</td><td>Switch watch language</td></tr> <tr> <td>Switching effects</td><td>Classic translation, Rubik's Cube, Prism</td></tr> <tr> <td>Brightness adjustment</td><td>Adjust screen brightness and screen-on time (5S/10S/15S/30S/45S/60S).</td></tr> <tr> <td>Sound and vibration</td><td>Adjust vibration intensity, media audio on/off, and silent mode.</td></tr> <tr> <td>password</td><td>After setting a password, you need to enter the password to access the system to unlock the watch.</td></tr> <tr> <td>Raise to wake screen</td><td>Turning on raise-to-wake will turn on the screen.</td></tr> <tr> <td>Do Not Disturb Mode</td><td>It can be set to be on all day or on a set time (when on, incoming calls and notifications will not vibrate, and raising your wrist will not turn on the screen).</td></tr> <tr> <td>QR code</td><td>You can download the app by scanning the QR code using WeChat or your browser.</td></tr> <tr> <td>System Menu</td><td>The operation involves restarting the device, shutting it down, or restoring it to factory settings.</td></tr> <tr> <td>about</td><td>View device name, device version, MAC address</td></tr> </table> 06. Charging 1. Place the watch on the charger so that the charging contacts are open and the back of the watch fully aligns with the metal contacts on the charger. (Charging time: 2 hours or more) 2. Connect the charging cable to the standard charger provided by the authorized supplier, which has an output voltage of 5V, Output current 1A. If the watch cannot be turned on after a long period of inactivity, please wipe the charging contacts on the charging cable to remove any residue. Residual sweat or moisture. Note: (If you do not use it frequently, please charge it once a month).	Dials and Themes	Switch watch faces and themes	Language selection	Switch watch language	Switching effects	Classic translation, Rubik's Cube, Prism	Brightness adjustment	Adjust screen brightness and screen-on time (5S/10S/15S/30S/45S/60S).	Sound and vibration	Adjust vibration intensity, media audio on/off, and silent mode.	password	After setting a password, you need to enter the password to access the system to unlock the watch.	Raise to wake screen	Turning on raise-to-wake will turn on the screen.	Do Not Disturb Mode	It can be set to be on all day or on a set time (when on, incoming calls and notifications will not vibrate, and raising your wrist will not turn on the screen).	QR code	You can download the app by scanning the QR code using WeChat or your browser.	System Menu	The operation involves restarting the device, shutting it down, or restoring it to factory settings.	about	View device name, device version, MAC address
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07. Frequently Asked Questions

1. Unable to connect via Bluetooth

Check if your phone's operating system is Android 5.0/iOS 9.0 or later;

Please check if the watch is connected to another phone. If so, please disconnect it first.

Check if your phone's Bluetooth is enabled and functioning correctly. It's recommended to close all applications and then re-enable it.

Bluetooth connection before connection:

2. The message will not be notified.

① Ensure your phone's Bluetooth is turned on, and

Check that your phone is connected to the watch.

② Check if you have authorized this app to run in the background.

Mobile phone.

③ Check if the device's notification and reminder switches are functioning properly.

Open the corresponding application within the app;

④ Check if your phone's notification bar is displaying application notifications or SMS messages. If not, please enable app message notification permissions in your system settings.

⑤ If the above steps do not resolve the issue, please reset the watch.

Then restart your phone and test the connection again.

⑥ Check if the watch is in Do Not Disturb mode. (When not...)

When interference mode is activated, notifications and wrist sensors will be triggered. (Not working)

3. How to synchronize data?

① Automatic synchronization: When the watch is successfully connected

Data will automatically sync on your phone via the app;

② Manual synchronization: After the watch is successfully connected

Data synchronization can be manually initiated via a mobile app.

Pull down the data list on the app's homepage and data interface;

③ If data cannot be synchronized, please turn it off and on again.

Turn your phone's Bluetooth back on or restart your phone;

(Note: Frequently Asked Questions in the App's User Center can provide assistance.)

You solved some problems using this device.

Disposal of electrical and electronic equipment



The crossed-out garbage can means that you are legally obliged to collect these devices separately from unsorted municipal waste. Disposal in the residual waste bin or yellow bin is prohibited. If the products contain batteries or accumulators that are not permanently installed, they must be removed before disposal and disposed of separately as batteries.

Possibilities of returning old appliances

Owners of old devices can hand them in within the framework of the options set up and available by public waste disposal authorities for returning or collecting old devices to ensure that the old devices are properly disposed of.

Data protection

We would like to point out to all end users of waste electrical and electronic equipment that they are responsible for deleting personal data on the old equipment to be disposed of.



We, IMIKI Co. Ltd, hereby declare that this device complies with the basic requirements and the other applicable provisions of the EU Declaration of Conformity according to the Radio Equipment Directive 2014/53/EU and the RoHS Directive 2011/65/EU. The full EU declaration of conformity can be found on the website: <https://www.imikilife.com>

Manufacturer: IMIKI Co., Ltd

Address: 1401F, South Area, Jingji Yujing Times Building, Longgang District, Shenzhen, China

FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

—Reorient or relocate the receiving antenna.

—Increase the separation between the equipment and receiver.

—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

—Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.