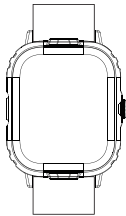


SMARTWATCH
智能手表说明书

01.包装清单



手表本体(含表带)x1



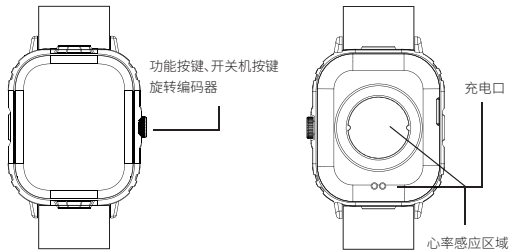
充电线x1



说明书x1

02.了解手表

注:如关机状态下,长按电源键没有开机,请先给手表充电以后尝试。



03.安装APP

- 1.长按电源键开机
- 2.使用手机扫描下方二维码或者搜索“Fit pro”，下载并安装APP。



- 注:1.为更好的使用体验,请按提示及时将APP升级至最新版本。
- 2.系统要求为Android 5.0或iOS 9.0及以上版本。

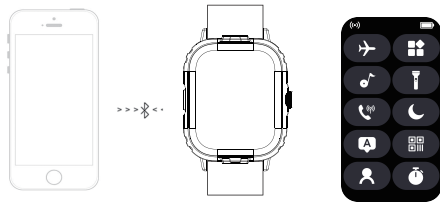
04.绑定手机

首次使用,需连接APP进行校准,连接成功后手表会自动同步时间

打开手机系统蓝牙开关→进入app设备模块设置→点击“绑定设备,体验更多功能”进入,会自动搜索到附近手表蓝牙设备,找到“设备名称”设备并与连接。

- 1.安卓机配对成功后,APP端会弹出音频配对框,点击连接成功后即可拨打/接听电话和听音乐
(备注:IOS需要到手机蓝牙搜索“设备名称”音频蓝牙名,点击进行连接)
- 2.APP会自动保存手环蓝牙地址,APP打开或在后台运行,都会自动搜索并连接手环。
- 3.安卓手机使用要读取联系人信息等所有通知权限和手机设置中赋予APP后台运行。

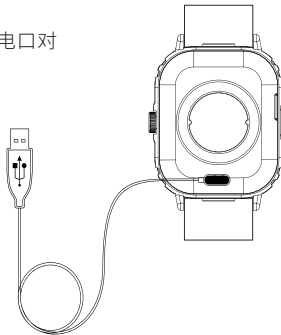
相关功能根据需求进行设置。



注:本产品为双蓝牙模式:APP蓝牙和通话蓝牙。若通话蓝牙未连接,手表是无法接听,拨打电话和音乐播放。

05.手表充电

本产品为磁吸式充电, 请使用标配的充电适配器进行充电。将充电口对准、贴合充电器上的金属触点, 直到手表屏幕出现充电电量指示



注:1.请使用包装内自带的充电器充电, 充电前请擦干充电口。

2.将USB接口连接输出电流在1A以上的手机充电器或者电脑USB接口进行充电。

06.手表功能介绍



电话

键盘拨号:拨号盘可拨打电话(备注:手机同时需要连接WellAudio设备)
电话本:在APP中添加8个常用联系人,手表与APP蓝牙连接成功后,联系人即可同步到手表电话本里显示,点击联系人即可拨打电话(备注:手机同时需要连接WellAudio设备)。



运动记录

记录运动记录。



睡眠

在睡眠详情页面本地显示最近7天的记录,连接APP端可查看睡眠数据详情。
注意:需连接app状态下且佩戴手表入睡才会有睡眠数据上传APP且从晚上10点开始检测。



心率

将手表贴近手腕,最佳佩戴位置在手腕骨靠手臂上方,可测量出心率,手表记录最近测量记录。



血压

将手表贴近手腕,最佳佩戴位置在手腕骨靠手臂上方,可测量出血压,手表记录最近测量记录。



血氧

将手表贴近手腕,最佳佩戴位置在手腕骨靠手臂上方,可测量出血氧,手表记录最近测量记录。



运动模式

跑步、骑行、力量训练、足球、篮球、网球、排球共7种。

06.手表功能介绍



健康三环

步数(最外面那个环):每天的总步数,隔夜清零,根据目标步数平均按比例来显示圈的区域。
锻炼(中间环):数据来源于任何一项运动,根据锻炼目标时间,平均按比例来显示圈的区域。
站立(最里面环):数据来源(一个小时内步数连续大于20步,就显示一个站立),目标12小时满圈,0点到23点后结束。



寻找手表

连接状态下,点击“寻找手表”选项,手表会发出震动。



设置

包含语言设置、日期设置、时间设置、语音播报、勿扰模式、蓝牙通话、声音模式、背光时间、背光亮度、重置等功能。



音乐控制

连接APP 可控制音乐播放。



秒表

手表支持秒针计时。



天气

连接APP 可同步天气。



遥控拍照

手机的快门键

07.注意事项

- 1.禁止使用充电电压>5V、充电电流>2A的适配器,充电时长大约120分钟左右;
- 2.禁止在有水渍的情况下充电;
- 3.本产品为电子监测产品,不作为医疗参考,数据仅供参考;
- 4.心率测试方法方式:请保持测试时身体放松、静止,测试时也请不要说话;
- 5.光电传感器属高敏感元器件,要小心硬物碰伤,佩戴一段时间可能会有汗渍、灰尘附在表面,可用软布定期清洁。
- 6.佩戴设备沐浴,游泳,出汗后,请及时清洁并擦干设备。
- 7.避免在桑拿室和蒸气室佩戴设备,以免影响抗水性能,避免在潜水,滑水等高速水流的场景使用该设备。
- 8.手表出现死机重启现象,请注意检查手机内存信息清除再试,或退出APP重新打开。

08.基本参数

主控芯片:JL7011

工作环境温度:-5~45°C

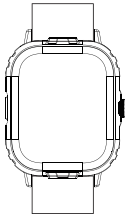
无线连接:蓝牙5.0+5.0

电池容量:180mAh

系统要求:安卓5.0或IOS9.0以上,支持蓝牙4.0

SMART WATCH INSTRUCTIONS

01.Packing List



Watch body (including watchband) x1



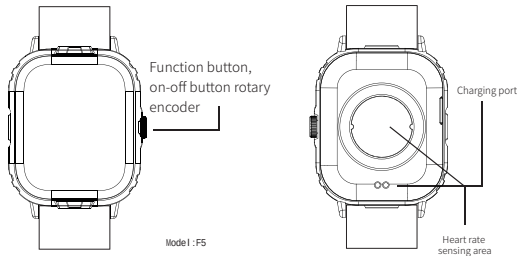
Charge line x1



Instructions x1

02.Know Your Watch

Note: If long pressing the power button doesn't power on the watch, please try again after the watch is fully charged.



03.Install APP

- 1.Long press the power button to turn on the watch.
- 2.Scan the QR code below or search for "Fit pro" with your phone to download and install the APP.



Note:

1. For better user experience, please follow the instructions and update the app to its latest version in time.
2. The operating system should be at least Android 5.0 or iOS 9.0..

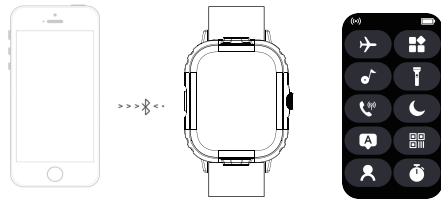
04.Bind Mobile Phone

The first time you use it, you need to connect to the APP for calibration. After the connection is successful, the watch will automatically synchronize the time.

Turn on the Bluetooth switch of the mobile phone system → enter the app device module settings → click "Bind device, experience more functions" to enter, it will automatically search for the nearby watch Bluetooth device, find the "Equipment name" device and connect with it.

1. After the Android phone is successfully paired, an audio pairing box will pop up on the APP side. After clicking the connection successfully, you can make/answer calls and listen to music (Note: IOS needs to search for the "Equipment name" audio Bluetooth name in the Bluetooth of the mobile phone, and click to connect)
2. The APP will automatically save the Bluetooth address of the bracelet. When the APP is opened or running in the background, it will automatically search and connect to the bracelet.
3. When using an Android phone, you need to read all notification permissions such as contact information and give the APP background running in the phone settings

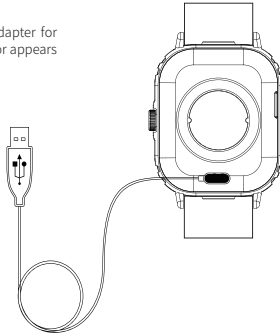
Relevant functions can be set as required., and set Reconnect pairing in the Bluetooth interface in .



Note: This product is in dual Bluetooth mode: APP Bluetooth and call Bluetooth. If the call Bluetooth is not connected, the watch cannot receive calls, make calls and play music.

05. Charge Your Watch

This product uses the magnetic charging technology for charging, so please use the given adapter for charging. Align and fit the charging port with the metal on the charger until the charging indicator appears on the watch's screen.



Note:

1. Please use the charger provided in the package for charging and wipe the charging port dry beforehand.
2. To charge, connect the USB port to the phone charger or a >1A computer USB port.

06.Introduction to Watch Functions



telephone

Keyboard dial: dial pad can make calls (Note: the mobile phone needs to be connected to the WellAudio device at the same time)

Phonebook: Add 8 frequently used contacts in the APP. After the watch is successfully connected to the APP via Bluetooth, the

Contacts can be synchronized to the phone book of the watch and displayed, click on the contact to make a call (Note:

The mobile phone also needs to be connected to the WellAudio device).

Record motion records.



sports record

The latest 7-day records are displayed locally on the sleep details page, and the sleep data details can be viewed by connecting to the APP.

Note: Only when the app is connected and the watch is worn to sleep will the sleep data be uploaded to the app and the detection will start at 10 pm.



sleep



heart rate

Put the watch close to the wrist, the best wearing position is on the wrist bone above the arm, you can measure the heart rate, and the watch records the latest measurement record.



blood pressure

Put the watch close to the wrist, the best wearing position is on the wrist bone above the arm, you can measure the blood pressure, and the watch records the latest measurement record.



blood oxygen

Put the watch close to the wrist, the best wearing position is the wrist bone above the arm, you can measure blood oxygen, and the watch records the latest measurement record.



Sport mode

There are 7 types of running, cycling, strength training, football, basketball, tennis and volleyball.

06.Introduction to Watch Functions



health
tricycle

Steps (the outermost ring): The total number of steps per day, reset to zero overnight, and the area of the circle is displayed proportionally according to the target number of steps.
Exercise (middle ring): The data is derived from any sport, and the area of the circle is displayed in an average proportion according to the exercise target time.
Standing (innermost ring): Data source (if the number of steps in an hour is more than 20 consecutive steps, a standing is displayed), the target is fully circled within 12 hours, and it will end after 0:00 to 23:00.



find a
watch

When connected, click the "Find Watch" option, and the watch will vibrate.



set up

Including language setting, date setting, time setting, voice broadcast, do not disturb mode, Bluetooth calling, Sound mode, backlight time, backlight brightness, reset and other functions.



music
control

Connect APP to control
music playback.



stopwatch

The watch supports second
hand timing.



weather

Connect the APP to
synchronize the weather.



Remote
control camera

phone shutter button

07.Precautions

1. Please don't use adapters with a charging power >5V and a charging current >2A. Charging time is about 120 minutes.
2. Please don't charge the watch if there are water stains.
3. The product is specifically designed for electronic monitoring scenarios; use the data as a reference only, and not as a medical reference.
4. Heart rate testing method: Please keep your body relaxed and still during the test, and please do not speak during the test;.
5. The photoelectric sensor is a highly sensitive component, so please be careful in case it is broken due to impacts with hard objects. After wearing the watch for a prolonged period of time, sweat stains and dust may stick on the surface; please clean it regularly using a soft cloth.
6. If the watch is worn while showering, swimming or sweat-inducing exercises, please clean the device in time and wipe it dry.
7. Please avoid wearing the device in sauna rooms or steam rooms to prevent the water-resistance from being compromised. Please refrain from using it in scenarios with high-speed water flows, such as diving and water skiing.
8. When the watch crashes and restarts, please check and clear the memory information of the mobile phone and try again, or quit the APP and reopen it.

08.Basic parameters

Master control chip: JL7011

Working environment temperature: -5~45°C

Wireless connection: Bluetooth 5.0+5.0

Battery Capacity: 180mAh

System requirements: Android 5.0 or IOS 9.0 and above, support Bluetooth 4.0

09.FCC Caution

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.