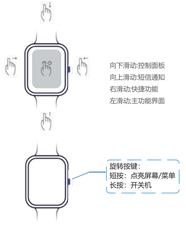


智能手表

S7

触摸和按键



应用下载

您需要在手机上下独并安装Da Fit 应用程序。Da Fit
APP支持iOS11.0和Android5.0
1.打开手机蓝牙，打开应用注册登录进入主页。
2.将手表与APP配对，配对时，请确保手表和APP可以相互通信
（同步数据）：正常开始
APP->设备>新添加设备>选择S7
3.在搜索绑定列表中，选择信号最强的S7，然后单击配对。此时，
手表上的蓝牙图标为蓝色，表示您已连接蓝牙5.0
4.蓝牙3.0连接模式:
苹果手机用户支持蓝牙5.0+3.0双蓝牙一键链接
(匹配时按既系统提示框操作)
Android用户系统会弹出蓝牙配对请求，检查预授权，点击“配对”
完成蓝牙5.0+3.0配对
2.如果Android用户系统没有弹出蓝牙配对请求，您需要在
蓝牙配对提示界面，然后按照界面操作提示完成蓝牙，后续与手机
的链接将为手表3.0蓝牙生成内存，从而实现双蓝牙一键链
（如果蓝牙3.0没有自动链接，请在手机上手动搜索蓝牙手表型号S7）

标配功能



拨号
用蓝牙连接手机进行拨号，您可以在手表端拨打电话



心率
将手表放在手腕附近，佩戴它的最佳位置是手臂上方的腕骨上。这个可以测量实时心率值。一般人的正常值是60-100次/分钟，您还可以查看心率记录



运动
进入运动模式选择界面，再次点击，开始相应的运动模式数据检测



血氧
将手表放在手腕附近，最佳佩戴位置是手腕骨和手臂上方。此时可以测量血氧值，正常值范围一般为95%至100%



睡眠
打开睡眠检测以检测睡眠期间的睡眠质量，并查看睡眠持续时间、深度睡眠和轻度睡眠等数据



信息
它可以推送真实消息的内容，如短信、QQ、微信等



相机
连接APP,在手表上操作拍照



运动记录
统计当天的活动数据。每天的步数可以在APP中设置为达到标准值，手表也将达到标准的提示



设置
包括拨码开关、亮度调节、语言设置、密码锁定等功能



久坐提醒
在APP端设置时间后，会提示你起身起来活动



秒表
开始和结束秒表



闹钟
您可以自定义闹钟并将其删除



天气
连接手机同步数据后，可查看近7日天气信息



游戏
休闲趣味游戏



减压助眠
按节奏呼吸，帮助减压，促进睡眠



语音助手
连接手机蓝牙时，点击通话即可实现远程控制



音乐
它可以控制手机中音乐的播放，切换上一首和下一首音乐，并调整音量

FCC 合规声明

FCC 合规声明
此设备符合 FCC 规则第 15 部分中的规范。操作设备须符合以下两个条件：
(1) 此设备不会导致有害干扰；
(2) 此设备可承受任何外来干扰，包括可能导致非预期操作的干扰。
【注】此设备经测试确定符合 B 类数码设备（依照 FCC 规则第 15 部分规范）的限制。这些限制旨在合理避免居住场所安装存在的有害干扰。
此设备生成、使用并可以发射射频能量。如果未按照指示安装和使用，可能对无线电通信造成有害干扰。但是，在特定安装条件下，不保证这类干扰不会发生。
如果此设备确实对无线电或电视机信号接收造成有害干扰（可通过开关设备确定），那么建议用户尝试使用以下一种或多种措施来消除干扰：
-调整接收天线的方向或位置。
-增加设备与接收器之间的距离。
-将设备连接到其他电路的插座中，而不是接收器所连接电路的插座。
-咨询经销商或有经验的无线电/电视技术人员以获得帮助。
该设备经过评估，符合一般射频暴露要求。该设备可以在便携式暴露条件下不受限制地使用。

注意事项

- 未经授权，不得拆卸、维修或修改产品。
- 请勿猛烈撞击产品，以免损坏产品。
- 请避免强磁场、直射光线或高光环境。
- 本产品不用于疾病诊断、治疗和预防目的。
- 本产品的防水等级为IP68，不防水蒸气、温水、热水，可以防生活溅水/不建议佩戴手表/手环游泳，可能会受水压影响）。
- 请避免将表带系得太紧并保持手表与皮肤接触的地方清洁。
- 儿童请在父母的指导下使用本产品，以免受到伤害。

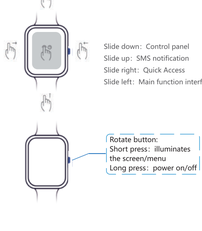
部分功能针对软件版本会有所差异，请及时检查版本并更新。



Smart watch

S7

Touch and buttons



Application download

You need to install the Da Fit application separately on and off your phone. Da Fit
The app supports iOS 11.0 and Android 5.0
1. Turn on your phone's Bluetooth, open the application, register and log in to enter the homepage.
2. Pair the watch with the app. When pairing, please ensure that the watch and app can communicate with each other (Synchronized data): Open
APP>Devices>New Device>Select S7
3. In the search binding list, select the S7 with the strongest signal, and then click on pairing. At this moment,
The Bluetooth icon on the watch is blue, indicating that you have connected to Bluetooth 5.0
4. Bluetooth 3.0 connection mode:
Apple phone users support Bluetooth 5.0+3.0 dual Bluetooth one click connection
(Follow the system prompt box when matching)
The Android user system will pop up a Bluetooth pairing request. Check the pre authorization and click "Pair"
Complete Bluetooth 5.0+3.0 pairing
If the Android user system does not pop up a Bluetooth pairing request, you need to
Bluetooth pairing prompt interface, then follow the instructions on the ticket to complete Bluetooth, and subsequently connect with the phone
The link will generate memory for Bluetooth 3.0 of the watch, thus achieving dual Bluetooth one key link
(If Bluetooth 3.0 does not automatically link, please manually search for Bluetooth watch model S7 on your phone)

Standard Features



Dial
Connect your phone via Bluetooth for dialing, and you can make calls from the watch end



Heart rate
Place the watch near the wrist, and the best position to wear it is on the wrist bone above the arm. This can measure real-time heart rate values. The normal range for an average person is 60-100 times per minute. You can also check the heart rate record.



Sports
Enter the sports mode selection interface, click again to start the corresponding sports mode data detection



Blood oxygen
Place the watch near the wrist, with the best wearing position being the wrist bone and above the arm. At this point, blood oxygen levels can be measured, with a normal range of 95% to 100%.



Sleep
Turn on sleep detection to monitor sleep quality during sleep and view data on sleep duration, deep sleep, and light sleep.



Message
It can push the content of real messages, such as SMS QQ、WeChat, etc



Camera
Connect the app and operate the camera on the watch



Sports Record
Collect activity data for the day. The daily step count can be set in the app



Set up
Including functions such as dip switch, brightness adjustment, language setting, password lock, etc



Sedentary reminder
After setting the time on the app, you will be prompted to get up and move around



Stopwatch
Start and end stopwatch



Alarm clock
You can customize the alarm clock and delete it



Weather
After connecting the phone to synchronize data, you can view the weather information for the past 7 days



Game
Leisure and Fun Games



Breathing exercise
Breathing exercise



Voice assistant
When connecting the Bluetooth of the phone, click on the call button to achieve remote control



Music
It can control the playback of music on the phone, switch between the previous and next music, and adjust the volume

FCC Compliance Statement

This device complies with the specifications in Part 15 of the FCC regulations. The operating equipment must meet the following two conditions:
(1) This device will not cause harmful interference;
(2) This device can withstand any external interference, including interference that may cause unexpected operations.
[Note] This device has been tested and determined to comply with the limitations of Class B digital devices (as specified in Part 15 of FCC regulations). These restrictions aim to reasonably avoid harmful interference caused by the installation of residential areas.
This device generates, uses, and can emit radio frequency energy. If not installed and used according to instructions, it may cause harmful interference to wireless communication. However, under specific installation conditions, there is no guarantee that such interference will not occur.
If this device does cause harmful interference to radio or television signal reception (which can be determined by switching devices), it is recommended that users try one or more of the following measures to eliminate interference:
-Adjust the direction or position of the receiving antenna.
-Increase the distance between the device and the receiver.
-Connect the device to a socket in another circuit, rather than the socket in the circuit to which the receiver is connected.
-Consult with dealers or experienced radio/television technicians for assistance.
The device has been evaluated and meets the general RF exposure requirements. This device can be used without restrictions under portable exposure conditions.

Precautions

- Unauthorized disassembly, repair, or modification of the product is prohibited.
- Do not violently impact the product to avoid damaging it.
- Please avoid strong magnetic fields, direct sunlight, or high light environments.
- This product is not intended for disease diagnosis, treatment, or prevention purposes.
- The waterproof rating of this product is IP68. It is not waterproof to steam, warm water, or hot water, but can prevent Splashing water in daily life (it is not recommended to wear a watch/wristband while swimming as it may be affected by water pressure)
- Please avoid tying the watch strap too tightly and keep the area where the watch comes into contact with the skin clean
- Children should use this product under the guidance of their parents to avoid harm.
 Some functions may vary depending on the software version, please check the version in a timely manner and update it